



LOYAL GUARD

Salute

A RESOURCE FOR BRYANT COLLEGE ALUMNI

**SOLOMON A. SOLOMON '56, '64
IS AWARDED KEY TO THE COLLEGE**

Each year, Bryant presents achievement awards to alumni and faculty who are recognized for their dedication to their professions, communities and to the college. The awards include the Nelson Gulski Service Award, Distinguished Alumnus Award, Young Alumni Leadership Award, and Distinguished Faculty Award.


At this year's ceremonies, held April 3, a new award made its debut: the Key to the College. Candidates for this award have made a sustained impact on Bryant College. The recipient's commitment to the college is evidenced by his or her support on many levels, such as financial contributions, active participation in various events, and attendance at Bryant functions. He or she serves as an inspiration to others, leading by example in manners of conduct and character in the advancement of the college mission. This special award is not given annually.

These criteria describe one of Bryant's loyal members perfectly: Solomon A. Solomon '56, '64. When asked what has motivated him to stay involved with Bryant for almost 50 years, Sol Solomon responds without hesitation. "Bryant has played a prominent role in my life," he says. "If it wasn't for this college, I wouldn't be where I am today."

Where he is today reflects a life dedicated to others. Sol founded the Greater Rhode Island Chapter of St. Jude's Research Hospital in 1957 and

remains active with the organization as a board member of the national committee and through his participation in fund-raising events. He is an active member of the Knights of Columbus. And until his retirement last year, Sol was professor of business and retailing, as well as chair of the business administration department at the Community College of

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DO NOT REMOVE



TIMELINE

HIGHLIGHTS FROM 1953

SILVER SCREEN

Best Motion Picture: "From Here to Eternity"

Best Actor: William Holden, "Stalag 17"

Best Actress: Audrey Hepburn, "Roman Holiday"

RADIO

Top 3 Record Singles (need we say we mean vinyl records?)

1. *Song From Moulin Rouge (Where Is Your Heart?)*, Percy Faith
2. *Vaya Con Dios*, Les Paul & Mary Ford
3. *Doggie In The Window*, Patti Page

NOTABLES:

- Con-Tact Brand adhesive paper debuts in kitchen cabinets everywhere
- TV is broadcast in "living" color and a new pastime is begun - fiddling with the knob to get the color just right.
- Speaking of the boob tube, *TV Guide's* first issue comes out on April 3, 1953, featuring *I Love Lucy's* (Lucille Ball) baby, Desiderio Arnaz IV. The issue cost 15 cents and provided listings for programs such as *You Asked For It*, *The Burns and Allen Show*, *Make Room for Daddy*, and *Dragnet*.
- Ian Fleming publishes *Casino Royale*, a mystery novel whose main character introduces himself as "Bond, James, Bond." While his drink is shaken, not stirred, it is not a vodka martini; it's three measures of Gordon's Gin, one of vodka, and half a measure of Kina Lillet vermouth.
- Francis Crick and James Watson discover the "double helix" of DNA, which contains the blueprint for what makes us human. This milestone led to genetic engineering, cloning, gene therapy, and more.
- Dr. John H. Gibbon performs the first successful open heart surgery on 18-year-old Cecelia Bavolek at the Jefferson Medical College Hospital in Philadelphia.
- Edmund Hilary and Tenzing Norgay become the first persons to reach the summit of Mount Everest. Edmund was 34, Tenzing was 39; both were, no doubt, very, very cold.
- Army General George C. Marshall is the first professional soldier to win the Nobel Peace Prize; it is granted for his plan of economic assistance to a war-torn Europe.
- Jacqueline Bouvier and then-Senator John F. Kennedy are married in Newport, Rhode Island.

Watch for details of Red Sox spring training games at City of Palms Stadium in Fort Myers, FL in March.

ROBERT MUSKIAN. HE WROTE THE BOOK. (...AND THE OP-ED, AND THE WHITE PAPER, AND ...)

Bryant Professor Robert Muksian not only teaches "Mathematics of Finance" at Bryant College, he actually wrote the textbook used for the class. "Mathematics of Interest Rates, Insurance, Social Security, and Pensions" was published in October 2002 and is used at Bryant and other colleges throughout the United States, Canada, England, Japan, and China.

Professor Muksian joined Bryant as a mathematics professor in 1971 and was chair of the department for 13 years. He designed the original actuarial mathematics curriculum and led the process of instituting the applied actuarial mathematics minor.

In addition to being a mathematics scholar, this tireless professor, is a teacher, mentor, and pension expert who is internationally recognized for developing formulas to help people determine the best age to receive Social Security benefits. NBC News reporter Ann Thompson recently interviewed him as part of the "Financial Survival Guide" series on the "NBC Nightly News with Tom Brokaw" in the spring of 2003. Before the interview, Professor Muksian asked Ann how she happened to find him in this small, private New England College hundreds of miles from Washington or Wall Street. She replied, "We searched the Web on the topics of pensions and Social Security, and your name popped up all over the place."

That's no surprise. Professor Muksian has written articles about Social Security reform for "Financial Planning Magazine", the

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LOYAL GUARD PHOTO GALLERY



Jay I. Kramer '42 and his 1923 Buick Roadster at an antique car show in the Fall of 2002.

CLASS NOTES

EDWARD L. MEDICK '53

Ed received a bachelor of science in business administration with a concentration in accounting and has now retired. He has one daughter, three grandchildren, and three great-grandchildren.

BESSIE (CARAMBELAS) MOUNTZOURES '53

Bessie is retired. She and her husband, William, have been married for 47 years, and they have a son, two daughters, and 11 grandchildren.



JEAN (BASSETT) PIERCE '53

Jean received a degree in secretarial science, and is now retired from her position as an administrative assistant at the Prosser Public Library in Bloomfield, Connecticut.

She enjoys bird watching, camping, hiking, quilting, and music. Jean and her husband, Richard, have been married for 49 years and have two daughters, and three grandchildren.

JOHN J. RISICA '53

John received a bachelor of science in business administration degree, and is retired from GMAC. He enjoys traveling, and was saddened that he was not able to attend the 50th



reunion, since he resides in Sicily. John and his wife of 44 years, Constance, have two children and two grandchildren.



BERNARD J. ST. JEAN '53

Bernard received a bachelor of science in business administration degree. He is retired and a

widower. Bernard enjoys golfing, reading, and cooking. He has two sons, one daughter, and eight grandchildren.

SAMUEL SIEGEL '53

Sam received a bachelor of science in business administration degree in management. He retired from the IRS as a revenue agent. Sam enjoys photography and sports. He and his wife, Ann, have been married for 45 years, and have two sons and one grandson.

ROBERT KARLSSON '53

Robert Karlsson received a bachelor of science degree in business administration in management, and



received a master of business administration degree in management at Fairleigh Dickinson

University. Robert

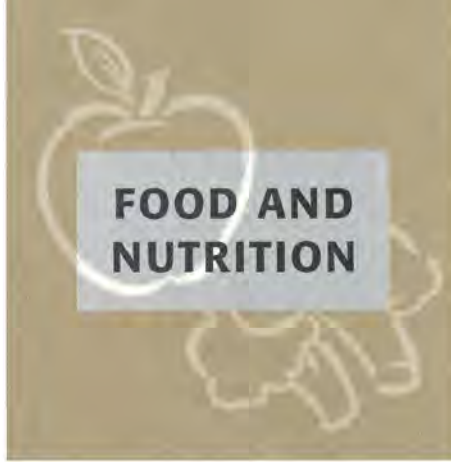
retired from Mobil Corporation, and now enjoys playing golf. Robert and his wife, Lee, have been married for 48 years, and have two sons and a daughter, and four grandchildren.

FRANK S. KELLEY '53

Frank received a bachelor of science in business administration degree, and retired as the President of Northfield Concrete Products Corporation in Northfield, Massachusetts. Next July, Frank and his wife, Dorothy, will be celebrating their 50th wedding anniversary. They have six children and eight grandchildren.

FRED C. KENNEY '53

Fred received a bachelor of science in business administration degree with a concentration in management and finance, and is now retired. Fred enjoys golf and reading. He and his wife, Ann, have been married for 46 years and have two children and four grandchildren.



FOOD AND NUTRITION

HOW ARE YOU ... LIVING WELL?

It seems everyone has an opinion on how to live longer, healthier lives. There are Web sites, magazines, talk shows, and books that will tell you how to eat right, lose weight, get more sleep, be energized, look younger, feel better, and be happy. What's your secret? Share your tip for feeling great with us and we may publish it in our next issue.

Here's a tasty and healthy recipe – it's quick, too! But if you want your guests to think you spent hours preparing this yummy dish, we won't tell.

Florentine Chicken

1 10-OZ. package frozen, chopped spinach
 1/4 cup olive oil
 1 pound thin-sliced chicken cutlets
 2 cloves of garlic, minced
 1 (2 1/4-OZ.) can sliced black olives
 3 tablespoons roasted red peppers, chopped
 4 tablespoons parmesan or Romano cheese, grated
 salt and pepper to taste

1. Follow package directions for thawing spinach in microwave. Drain well, squeezing to remove as much water as possible.
2. Season chicken cutlets with salt and pepper. Over medium-high heat, add 3 tablespoons of the oil in a large frying pan. Add the chicken, turning once; remove when lightly browned and cooked throughout. Remove to a plate and cover with foil to keep warm.
3. Reduce heat to medium; add remaining oil to the pan. Add garlic, stirring frequently; cook for one minute. Add spinach and cook about one minute. Stir in black olives, red peppers until heated through, about a minute. Add cheese and remove from heat. Add salt and pepper to taste.
4. Arrange chicken cutlets on a platter and spoon spinach mixture on top.

FOOD QUIZ

Which is healthier a bran muffin or a donut?

This is somewhat of a trick question. Neither qualifies as healthy, but it's a reality that we have to make choices about what we eat. The trick is to be informed and make the better choice.

(in grams)	Calories	Fat	Cholesterol	Sodium	Carbohydrates	Sugar	Protein	Fiber
Chocolate frosted donut	200	9	0	260	29	10	3	1
Bran muffin, with raisins	490	14	60	510	81	45	10	5

Maybe we should add a column titled, "Justification." Under that, the chocolate donut tallies 4 percent of the U.S. Recommended Daily Allowance of iron; the muffin has 20 percent. That should count for something, right?



TRAVEL

In New England, it's time for mother nature's fashion show as fall foliage announces autumn with vibrant hues of color. Driving on scenic, but traffic-laden, roads and having to pull over every few miles to admire the scenery is one way to enjoy the show. Or, you could:

- Take a Hike – Choose an easy, moderate, or challenging walking tour along the coast or through the mountains of the region's most picturesque vistas.

- Go Cruisin' – From a three-hour tour to a luxurious two-week cruise, you can view the vistas from the waterways.

- Bike It – A variety of miles per day, accommodation styles, and trails provide many ways to see the sights on two wheels.

- Rent an RV – Shower, bed, kitchenette, microwave – will travel. This is the way to take the comforts of home with you.

- Rise Above It – Take a hot air balloon ride and get a bird's eye view of the local color.

For more information, contact your travel agent or search the Internet (Hint: search for "New England fall foliage").

A travel note from Elizabeth Mazzotta Carlson '79, *"It was with great interest that I read "Tuscany Report Card" (Bryant College Alumni Bulletin, March 2003). My husband and I spent October 2003 in Tuscany. We rented a villa and drove 2,200 miles all through Toscano. We, too, spent time in Cortona and sought out Frances Mayes' villa there. She is the author of three books on Tuscany. Our villa was in a very small town, Tuopina, about 20 minutes from Sienna. Every morning, I went to market for the day's groceries. Everything fresh – never frozen. And every day, we stopped for cappuccino and gelato, frequenting the small cafes where the town folk gathered for their espresso after work."*

Send us a recent photo of you at your favorite vacation spot and tell us why it rates as your favorite and we may publish it in our next issue!

By the Numbers

There are 6,229 Loyal Guard members, spanning graduation years 1907 – 1965. Of this number, 56 percent are men, 44 percent women.

Just about 74 percent of you are located in the following states:

State	Number of Alumni
Rhode Island	2,117
Massachusetts	1,027
Connecticut	861
Florida	601

GIVING TIME

"The more you lose yourself in something bigger than yourself, the more energy you will have."

- Norman Vincent Peale,
Clergyman 1898 – 1993

There are so many reasons to volunteer and just as many opportunities. It's a chance to meet new people and maybe even learn a new skill. Here are a few ways to lose yourself.

BRYANT COLLEGE - Share your professional insight with current students, answer questions for newly admitted students, participate in alumni networking activities, or join any of the numerous volunteer activities with the Bryant community.

VOLUNTEER MATCH - An online service that matches volunteers' skills with community service needs across the United States. Go to www.volunteermatch.org and enter your zip code to find opportunities in your area.

UNITED WAY - Go to www.nationalunitedway.org and enter your zip code in the Volunteer Now box on the left to get a listing of local opportunities.

PROLITERACY WORLDWIDE - call toll free (888) 528-2224 or go to www.proliteracy.org to find volunteer opportunities to teach adults how to read or speak English. On the Web site, click on "Find a Program," then on "Volunteer." Select your state from the drop-down list.

Tell us about the volunteer organizations you give your time to and we may publish your story in an upcoming issue.

"Muksian" continued

"Journal of American Association of Individual Investors," and "Consumers Research Magazine." His work has been cited in the "New York Times" and "Kiplinger's Personal Finance Magazine;" and he's written op-ed pieces picked up by the "Washington Times," the "Providence Journal," and "Providence Business News."

His interest in Social Security was sparked when he started teaching the subject. He became curious about what his benefit would be at retirement, so he created a formula to figure it out. Whenever Congress changes the law, Professor Muksian develops new formulas that help people calculate what is best for them.

Professor Muksian completed his undergraduate work at the United States Naval Academy and holds a Ph.D. in Mechanical Engineering and Applied Mechanics from the University of Rhode Island.

"Solomon" continued

Rhode Island, where he is now professor emeritus. He has received awards from these and many other organizations for his selfless devotion. Sol's simple and heartfelt summation of these achievements is, "I did what I loved and loved what I did."

These notable accomplishments are equaled only by his service to Bryant College, which has included roles as president and treasurer of the National Alumni Council, member of the Alumni Executive Board, 2000 General Reunion chair, and involvement with countless special events. Perhaps his phone calls to newly accepted Bryant students, as part of an admission program, best reveal the motivation for his level of commitment. "I tell them about how Bryant has paid off for me and the opportunities available to them as students of one of the best colleges," says Sol.

And he often leaves them with one of his favorite mottos, paraphrased from the man who was president of the United States when Sol was a Bryant student: "Ask not what Bryant College can do for you; ask what you can do for Bryant College," which surely has guided him all these years.



To submit news and photos for this newsletter, send the information in writing via fax: (401)-232-6376, e-mail: alumni@bryant.edu or mail to: Office of Alumni Relations
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