

Bryant College's student newspaper since 1946

The Archway

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Student Pioneers Curriculum to New Level

By Vanessa Wernik
Campus News Editor

The newest addition to the Bryant College curriculum is the Africana/Black Studies minor.

A new minor can be created in a variety of ways. But the most common way a new minor is fashioned is through faculty initiation. This minor is "rare and more important", Professor Judy McDonnell explained, "because it was student initiated." Sophomore, Charles Hill has been hard at work with this idea since his freshmen year. "It really was Charles who was looking for a new minor for himself, who considered all the possibilities and noticed we didn't have an African-American or Black studies minor."

Professor McDonnell stated. Charles began this process by looking at other school programs and seeing what they had to offer. Being a member of the Multicultural Student Union, he spoke with other members to see what types of courses they would like Bryant to offer. Some of the titles they came up with were minority literature and African-American studies.

Charles next ventured around campus to talk with a number of students to see if they would be in support of this, in addition to just seeing who else would want to take up this possible new minor or simply just as a few elective courses. He also composed a letter with a large

number of signatures as a petition in case it might be needed later in the process. Charles, then got in contact with Dean Powers, Professor Terri Hasseler, Gregg Carter, the chair of history and social sciences and

on what their goals were and made a plan. He then decided to take this on because according to him, he thought it was important to have different Ethnicities minor on campus.

"I almost fell out of

this minor might fit into the curriculum, and what type of courses that are already offered would fit into this minor. Five committee members met once a week to come up with a justification for the new minor.

A feasibility study was developed to show the administration that this minor is possible and the college has faculty to teach potential classes. A proposal was submitted to the curriculum committee, who reviewed and fired back questions. The ultimate result is for them to recommend it to the Vice President of Academic Affairs, who has the final say, and just recently approved it.

"It might seem like a long time, but the reality is, less than a year and we have a new minor," McDonnell said. They also had to go back and see if it fit with the college mission. They figured out how this new minor would connect with what our institutional goals are.

The minor is allowing the school "to expand its intellectual horizon and gain a more global perspective" Professor Paul Lokken said.

Another interesting fact about this minor is that it is retroactive. This means that classes that students have taken in the past few years might fall into this new minor. Some students might be well on their way to completing this new minor and not even know it yet. This minor combines classes from

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Ebenezer Mills-Robertson

Sophomore Senator Charles Hill has pioneered a new Africana/Black Studies minor.

Professor Keshia Moore to talk about the possibility of the new minor.

Over the summer, Charles and the FLAC (Faculty Liaison Advisory Committee) co-chair of the Senate focused

my chair" McDonnell said, "when I heard that this was a student's idea." McDonnell was part of the committee that was put together to figure out how to present a minor, look at what people had done in the past, how

Student Leaders Speak Out about Possible Name Change

Compiled by Brian Levin
Assistant News Editor

Beginning in January when the discussion concerning Bryant's University status was first tabled, many opinions began to surface on either side of the issue, even before information was distributed by Bryant officials.

Through the month of February President Ronald Machtley and fellow administrators have put on an intense information session hoping to dispel the many rumors, and inform the interested students. These efforts have led to new and stronger informed opinions regarding the issue.

One of the key distinctions between those who are in favor and those who are not, deals with the programs offered and our specialization in the area of business. Christopher Companik, President of SPB, explained, "I don't have very good feelings about the potential change from college to university. I guess in order to make the

switch, the school would have to add some other liberal arts colleges, which will make the business school less respected.

If we spread ourselves too thin by taking more liberal arts majors, then the business program will not be as prestigious and will not have the reputation it has now. A business degree from Bryant might not be the same to employers if it is a University instead of the college."

Others feel as though we could maintain some degree of specialization while still expanding to accommodate more people and bring more academic diversity to campus.

Laura Wiederhold, a member of the 2002-2003 student senate who over all is "undecided on the University issue due to the lack of information being provided by the administration", felt that a "slight expansion of programs, courses, and concentrations would be a helpful addition to our community, and if becoming a university allows that, then I

am all for it."

Agreeing was David Kwag, President of the International Student Organization, who in visions "it would not affect the condition of the school in terms of the small class size, or the community feeling of the campus" which he admits is the factor that attracts most students himself included." Kwag feels it would offer "more classes in different areas, but still considered a prestigious Bryant as business school, just with other majors, and classes to take."

Another issue of interest among student leaders was the potential effect on diversity. The general consensus was that it only stood to benefit the school in terms of diversity. Machtley has stated that one of the most clear and present benefits of the change would be the recognition and recruiting internationally.

Kwag believes, "It definitely helps the school bring in a more diverse student population,"

Ebenezer Mills-Robertson, *The Archway's* Editor-in-Chief, agrees but with some concern stating, "As an international student, I feel it is about time considering the fact that it might open new opportunities to both foreign students and the Bryant community. It might be a step in the right direction but the nagging thought in my head is, at what cost?"

Rich Hurley, President of the Senate felt strongly in favor of the switch to university and touched on many of the topics above as he explained:

"I personally am an advocate for the change, I think as an institution we have worked so hard to open our doors to new facilities, new people and new opportunities that have been such a positive impact on Bryant today.

Bryant is not the same place that I walked onto three years ago and personally I don't want it to be the same place that

cont'd on page 3

Kemp Harris Jazzed up Janikies last week

By Emily Giannini
Staff Writer

The President's Cultural Series at Bryant took off this week with vocalist Kemp Harris performing on Thursday, February 19.

Harris, who performed at the last President's Cultural Series here at Bryant, is a multi-talented artist with an impressive history of accomplishments. Not only is Harris an incredible musician, but composer, actor, author and teacher as well.

Born in North Carolina, Harris found a passion and talent for composing music at only fourteen.

His ability to teach himself to play piano and begin writing music at such an early age marked his ambition and desire to succeed with anything he touched. Harris' recent album, "Sometimes in Bad Weather," shows his talent and diverse mindset through exploring an intersection of American roots music, jazz, and African folk influences.

According to Judy Mastronardi, Director of Alumni Relations, "Kemp Harris was chosen to perform at The President's Cultural Series in conjunction with Black History Month again this year because he is an awesome, incredible musician and person."

"Sometimes in Bad Weather" has met critical acclaim and is a thoughtful album with creative influences - just a great CD available today."

Further, "Sometimes in Bad Weather" features the acclaimed, "If Loneliness was Black," a piece Kemp composed and performed with the Alvin Ailey American Dance Theater.

Presently, Harris maintains a songwriting residency at the Wang Center for Performing Arts in Boston in conjunction with Berkley College of Music. There, Harris assists talented young artists with composition and performance.

Additionally, Harris has written and performed original compositions in the United States and Europe for the Alvin Ailey American Dance Theater and WGBH Public Television. Harris has shared the stage with artists such as Taj Mahal, Gil Heron, and Koko Taylor.

With such talent and background, it is hard to believe that Kemp Harris could be more than an accomplished musician and composer. Nevertheless, he has been working with kids for over twenty years as a teacher and published children's author. As an actor, Kemp Harris has performed in televi-

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Inside View

Opinion

Check out our staff writer Beth Thornton, who is in sunny Australia where she is studying abroad. Find out what she is up to in Opinion this week.

Sports

Read about the Racquetball Club, who has placed nationally in the past several years in Sports. Also check in with Women's and Men's basketball.

Variety

Thinking about going to see the new comedy, EuroTrip? Before you buy your ticket for the journey, check out the movie review in Variety.

FRI

42
Sunny

SAT

45
Mostly Sunny

SUN

51
Partly Cloudy

Two young Michigan women want to live where they can say 'I do'

By Joe Guy Collier
Knight Ridder Newspapers

Jennifer Judd and Odessa Nesbitt sit in their living room during a mid-day break from college classes.

On the television screen in the corner, a CNN broadcast titled "Gay Marriage Gridlock" shows gay and lesbian activists protesting outside the Massachusetts State House. They're trying to persuade legislators to back down from a Massachusetts constitutional amendment banning same-sex marriage.

"See those people," says Nesbitt, a 24-year-old student at Saginaw Valley State University. "They just want to be accepted and they're having to stand in a picket line." Judd and Nesbitt, who have been a couple for 5 years, would like to get married, but Michigan has a law banning same-sex marriage. Legislators here, as in many states, are pushing to strengthen that law through a state constitutional amendment.

Judd and Nesbitt are among the young gay couples who say the acceptance or denial of gay marriage could steer their lives. As they start careers and families, gay marriage legislation could dictate where they live and raise children.

The Massachusetts Supreme Court ruled in November that the state must recognize gay marriages. Earlier this month, San Francisco's

mayor, in defiance of California law, issued marriage licenses to same-sex couples. Just across the border in Canada, gay marriages are legal.

Judd and Nesbitt are keeping a watchful eye. Ultimately, they say, they'll go where their relationship is recognized.

"If it means we have to leave, we have to go to Canada or have to go to another state, that's fine," Judd says. "We'll do that."

Judd, a senior, waits tables at a chain restaurant on the weekends. Nesbitt, a junior, is taking 18 hours, a full load of classes.

Born in the Philippines, Nesbitt moved to the United States when she was 5. Her parents live outside Chicago. Her father, retired from the Navy, is a computer programmer. Her mother is a dental technician.

Judd the daughter of a financial analyst and banking executive was raised in Hemlock, Mich., near Saginaw, Mich. Her parents are divorced and still live in Michigan.

The walls of the couple's apartment tell stories of their young lives. An example is the large painting with swirling figures on the far wall of the living room.

Nesbitt is an art education major; she created the piece two years ago.

The untitled work shows several figures of a Filipino girl outlined in black

against a stark white background. Some of the figures



Photo Courtesy of KRT

Hundreds wait in line for marriage license in San Francisco.

have strings attached. Some are holding themselves tightly. One figure in the corner is running in place, head down, hair flying, arms pumping, furiously trying to get somewhere.

Nesbitt joined the Navy out of high school. The U.S. military has a "don't ask don't tell" policy; gay and lesbian service members who reveal their sexual orientation are discharged.

Nesbitt thought she could handle the policy, but it started to bother her. Eight months into training, she sent a letter to her commanding officer saying that she was gay.

The following weekend, Navy officials found her with another woman in her

sleeping quarters. She was released a month later with an administrative discharge.

After leaving the Navy in 1999, Nesbitt followed a friend to Saginaw. She met Judd, and they started dating.

Nesbitt says it's hard to describe what they like about each other, but their relationship works. Nesbitt admires Judd's intelligence and confidence. Judd, a political science major, hopes to attend law school.

More than anything, they like being together. At the end of a long day, when they're tired of being around everyone else, they want to be around each other. Nesbitt already refers to Judd as her "wife."

Judd is a political junkie. She's constantly watching CNN or C-SPAN or listening to talk radio. She'll even listen to conservatives Rush Limbaugh and Bill O'Reilly, debating them as she drives along.

Judd was an intern on the campaign that helped elect Gov. Jennifer Granholm, a Democrat.

On the wall opposite Nesbitt's painting hangs a framed photograph of Granholm. It has a handwritten inscription to Judd: "Jennifer, Thank you for helping to make history in Michigan (wear that name proudly), Gratefully, Jennifer (Granholm)"

But Granholm isn't supporting marriage for gays. Liz Boyd, a spokeswoman for the governor, says she would support some basic rights for

same-sex couples. But Boyd says the governor believes marriage should be between a man and a woman.

Judd isn't likely to find much support from Republican legislators, either.

A few months ago, she wrote a letter to her state senator, Mike Goschka.

Judd urged Goschka to vote against the resolution proposing a state constitutional ban on gay marriage. Goschka wrote back saying he not only supported the resolution but was a co-sponsor.

"I firmly believe that same-sex unions of any kind are most inappropriate and unnatural in every way," Goschka wrote. "While I can understand your position on this issue, I oppose it completely."

Goschka stands by his letter. He says he has compassion for gays but thinks homosexuality is a sin. Allowing gay marriage would be a "degradation of the morals in our society," Goschka said.

But Judd and Nesbitt say they're not trying to destroy marriage. It is the only way to describe what they want.

She would like the same recognition for their relationship that straight couples receive. She'd like the respect of others and the rights provided by law.

To me, it would show we're included in a community," Judd says. "That's what it's all about."

Nader announces run for president

By Maria Recio
Knight Ridder Newspapers (KRT)

Ralph Nader, the consumer advocate and former Green Party presidential nominee, brushed aside the "spoiler" label given him by Democrats after the 2000 election and announced Sunday he is running

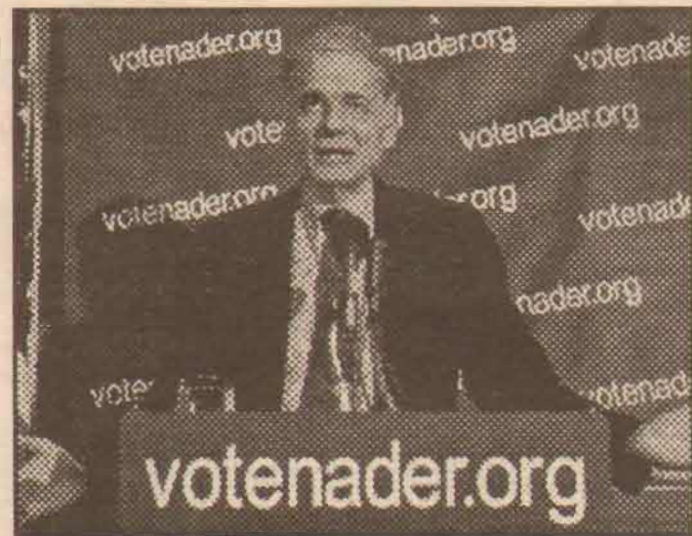


Photo courtesy of KRT

Presidential Hopeful Ralph Nader.

for president as an independent. In an appearance on NBC's "Meet the Press," Nader confirmed the decision that many Democrats had been expecting, and fearing for weeks. "There's just too much power and wealth in too few hands," said Nader. "Washington is now a corporate-occupied territory."

Nader's candidacy, first reported by Knight Ridder on Feb. 14, was harshly criticized by leading Democrats, including Democratic National Committee chairman Terry McAuliffe and New Mexico Gov. Bill Richardson, who fear that this time Nader would hand President Bush a re-election victory. Nader, who was on the ballot in 43 states and the District of Columbia, got 2.7 percent of the vote nationwide but was a deciding factor in those two states. Nader received 97,488 votes in Florida, which Bush won by 537 votes. In New Hampshire Nader earned 22,198 votes, which Bush won by 7,211 votes.

In an interview

Sunday with Knight Ridder, Nader said if he were spoiling anyone's chances it would be the Republicans. "This will enhance the Democrats," argued Nader, who said that his 2000 voters broke down 38 percent Democratic voters and 25 percent Republicans with Greens and independents making up the rest. Nader, who detests the "spoiler" tag, calling it "contemptuous," also has promised not to focus his attacks on Bush, but warned the Democratic nominee to avoid criticizing his independent candidacy.

Nader's announcement came after an unprecedented campaign to dissuade him from many of his core supporters, including the editors of the liberal magazine, The Nation. McAuliffe was so concerned about Nader's possible entry into the race that he met with him personally to convince him not to run. Republicans were not buying Nader's argument that he would hurt Bush. Republican National Committee chairman Ed Gillespie, also appearing on the CBS program, said, "From my perspective, regardless of what Ralph Nader does, President Bush is going to be re-elected come November."

But Nader said he could attract like-minded citizens, especially young people from the former campaign of liberal Democrat Howard Dean, the former Vermont governor who withdrew from the presidential campaign last week. Dean said he would support the Democratic nominee.

But Nader said he could attract like-minded citizens, especially young people from the former campaign of liberal Democrat Howard Dean, the former Vermont governor who withdrew from the presidential campaign last week. Dean said he would support the Democratic nominee.

By Bonnie Miller Rubin
Chicago Tribune(KRT)

Emergency room physicians and other health care professionals are reporting a sharp increase in teens abusing non-prescription cough and cold medicines, which are back in vogue as recreational drugs because the products are both accessible and easier to take than ever before.

Users call it "skittles," "triple Cs" (for Coricidin HBP Cough & Cold tablets) or "robo-tripping" to describe its hallucinogenic effects, similar to PCP. Medical personnel are calling it "an epidemic."

The latest concerns have caused some large drug-store chains to limit purchases or move the product off the shelves. But the efforts don't go far enough, say many critics, who are urging that all such products be sold strictly from behind not over the counter.

"It's not illegal to purchase. It's not even illegal to take in large quantities. It's just dangerous and foolish and that is what is scaring everybody," said Dr. Charles Nozicka, director of pediatric emergency medicine at St. Alexius Medical Center in Hoffman Estates, Ill.

While students have been guzzling cough syrup for years, this is a relatively new phenomenon. Sweet syrups would contain ingredients that cause vomiting before reaching doses large enough to hallucinate. Tablets don't have that effect.

The key ingredient is DXM, a cough suppressant that replaced opiates in the 1970s and can be found in more than 120 products, all safe when used as directed. But taking DXM in large quantities can cause slurred speech, tremors, seizures and even death.

Because the product

is at every pharmacy, the dangers are easy to dismiss, said experts.

While no national agency tracks fatalities, at least five have been attributed to cold medicines during the last year,



Photo courtesy of Meghan Hanlon

Over the counter medicines becoming drug of choice.

including one in September at Illinois State University.

More indicative of a growing problem: U.S. poison-control centers logged some 3,200 calls related to the substance in 2003-twice the number as in 2001. "It wasn't something we really noticed before 2001," said Dr. Michael Wahl, medical director of the Illinois Poison Center.

To raise awareness, the Chicago office of the U.S. Drug Enforcement Administration issued a parental advisory in early February, citing a "recent escalation" in area DXM abuse. In addition, the American Medical Association voted in December to pursue national restrictions on the products.

Dr. Tim Erickson, director of clinical toxicology at the University of Illinois Medical Center at Chicago, realized that this was quickly

becoming the drug of choice when he searched for Coricidin to bring to a conference and found stores were cleaned out.

Mike, 17, first heard about DXM from friends at his northwest suburban Chicago high school. Easy access was the main attraction, whose parents brought him to St. Alexius after he had tremors, he explained.

The problem remains stubbornly under the radar. Most cases don't end up in an emergency room. Even if they do, personnel don't regularly test for legal substances. Nor are they required to report the abuse to any agency.

Because the effects of DXM appear similar to PCP, they are often erroneously attributed to the white crystalline powder. And while marijuana or club drugs like Ecstasy are still more popular, those substances usually arouse parental suspicion. Cold products especially during the winter do not.

Coricidin's manufacturer, Schering-Plough HealthCare Products, has stepped up efforts in recent months, including working with national retailers and anti-drug organizations, according to Mary Fran Faraji, spokeswoman for the New Jersey-based drugmaker. Last month, Walgreens nationwide began limiting the sale of Coricidin HBP to three packages, with other chains such as Osco and Dominick's following suit. They leave it to the discretion of store managers whether to clamp down further.

However, balancing the accessibility for the drug marketed to those with high-blood pressure with restricting unauthorized use is a continual challenge, said Carol Hively of Walgreens. The pharmacy has shorter hours than the retail operation, creating potential problems for consumers who genuinely need the drug, she said.

New Minor cont'd from page 1

English, sociology and history areas.

There are a few minors already that are interdisciplinary. Professor Diana Cruz commented, "when I teach African-American literature, I inevitably get some history too." It was a new opportunity for the faculty, that were involved in the committee to be exposed to texts that they may not have been exposed to before thus, they will be able to grow alongside the students.

The deadline was made for submission to the course catalog. When registering for classes, students now have the opportunity to sign up for this new minor.

Examples of courses that are being offered are Urban Sociology, Race and Ethnicity, Post-Colonial Literature, Special Topics (African American literature) and a few new ones. So if you have taken any of these, think about the possibility of this being your minor or your second minor.

The task now is to get the word out to students. Opportunities for publicizing this new minor include the open houses, where faculty hope to spread the word out across all the disciplines.

"When thinking about the history of this country, it's literary history and it's history-history, African-American people are at the core, so it's important, depending on your major to have this perspective" said Cruz. "African-American literary tradition is central to the American literary tradition and it's false to separate them, they work in tandem. Black writers

were alive at the same time as white writers were alive. Black slaves that wrote and could have been killed for it needs literary focus, not ten pages in a textbook," continued Cruz.

This minor is not limited to African-Americans. The creation of the exact name itself took some time. It was changed from African-American studies to Africana/Black studies to encompass studying people from the Caribbean and Africa. "It's more about learning about cultures that are different from your own. There is something for everyone, a piece of a culture that a person should understand. No matter where you live, we are dealing with neighbors," Charles said.

When deciding in a short while whether or not this minor has been successful, it is important to know that when dealing with success of a minor, it's not about number of students enrolled.

Because it is new, there might be slow growth. But how do we really measure success? Maybe by looking for academic integrity in the minor itself would be an answer.

Bryant College has tried hard to be student centered and to always listen to students. It has tried to give its students a global experience, and offer something for everyone.

The fact that this minor was student initiated and approved shows that student ideas are important to the school. "Students have to take responsibility for their education and enlist our support, that's what we are here for" Diana Cruz stated.

"So if there is something that you want, but are not

getting, who better to approach than us, the faculty. The most striking thing about the minor was it was a student who pushed for it, and hopefully his spirit will open other doors for others," said Cruz.

Charles, who is a Communication major, will be one of the students choosing this as a minor. His other minor is the other newly acquired Management minor. FLAC was also involved with this other new minor. Charles hopes that "students will see that they can take the initiative to bring in more minors."

With the possibility of the college turning into a university, it will open up the window to bringing in more languages and a new international business major. This might bring in more international students, who at this time represent a definite minority, and will help Bryant College develop a more diverse population.

When asked how Charles felt about the process now that it was over, he said, "it was time consuming, but definitely worth it."

The process included going to talk with people, then getting directed to other people, and sometimes it felt like I was getting the run around. The committee really helped me; it would have been a lot harder without their support. They were very helpful, and motivated me to get it going."

He went on to say, "There are faculty members here that want to help and are motivated, and when they see that students care, they will be twice as likely to want to help. Go for it, don't hold back, and make your mark at Bryant College!"

Leader's Responses cont'd from page 1

I walk onto three years from now either.

Many people think that bringing Bryant to University status means that we are going to change to a school of 10,000 students and lose the appeal, the values, the traditions, and the morals that Bryant College stands by today, but I don't believe or even fathom that any of these things are anyone's intent.

I think that it will open the doors to new opportunities to future Bryant students. Not to mention how much it could help with bringing in more international and female students by emphasizing the other four important degrees that Bryant offers to an equally well-known level.

I believe it will help Bryant grow and put this institution in a whole new arena - the arena it deserves to be in.

Plus think about it, when someone asks you where you go to college, what do you say. I guarantee you say you go to Bryant not Bryant College. Bryant isn't the part of the name being changed."

Aliana Soto, President of the Multicultural Student Union spoke out against the notion of Bryant College as a University.

In responding to questions concerning the change she delivered a long list of dissatisfactions with Bryant.

These included the Bryant's language program, shortage in communications and other classes, the Bryant Transit Authority, the price of a taxi, housing and the night life.

While only some of these issues pertain to the question of university standing she stated them all to further her point:

"Bryant is not in a current state to be ready to change its name. Diversity at this school is still a merely 10% and the International population is somewhere around 1-3%... How are we fit to change from a college to a University when we don't even have the basics down.

The only benefits to be received from the name conversion, would be better global recognition, possibly more funding to the school, and better recognition on resumes for career seekers.

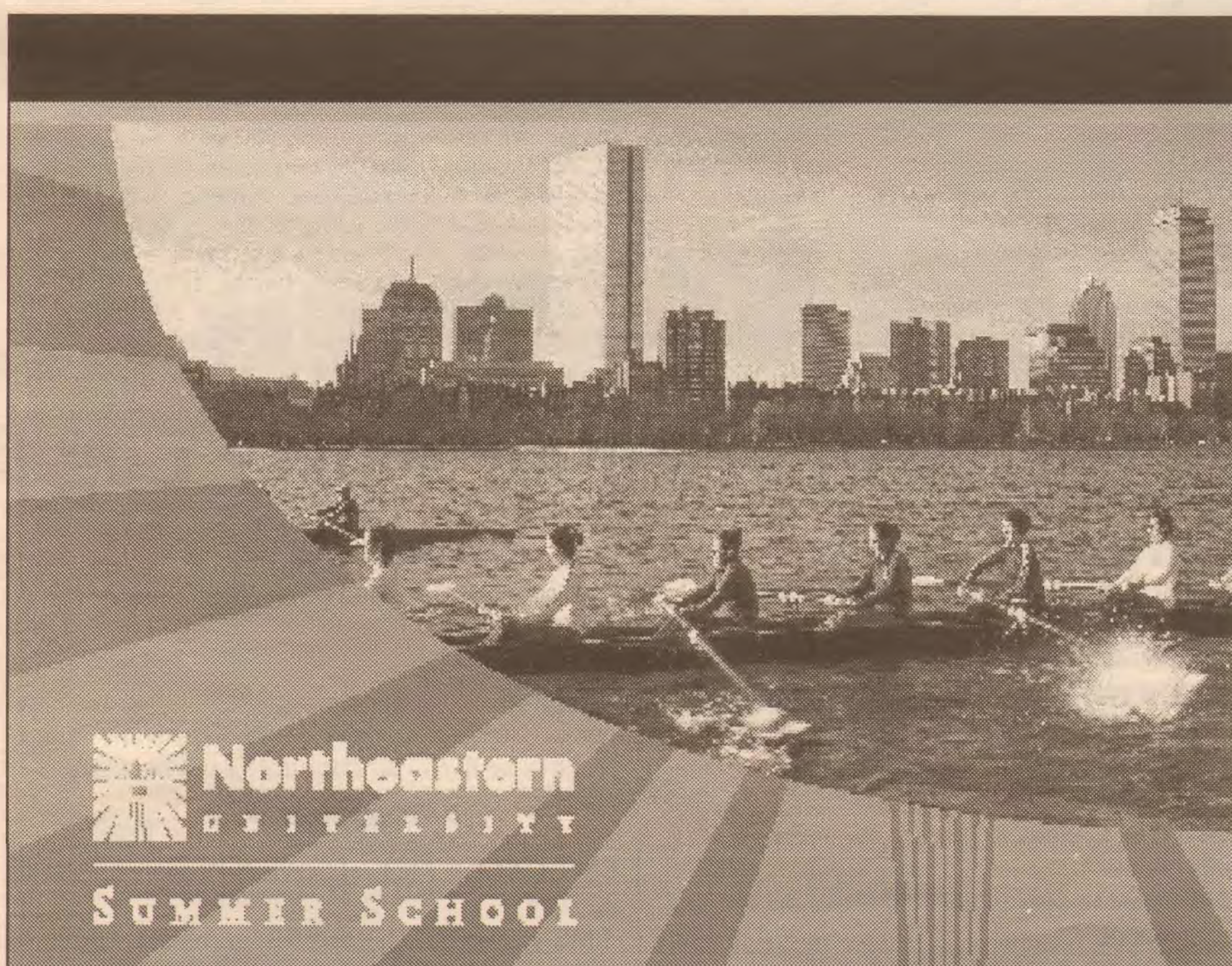
All in all, the Bryant experience whether College or University needs to change as the life on campus will still be the same; DULL."

Despite the efforts being made by the administration, there are some concerns about the types of information being presented.

Wiederhold said, "From what I understand, they are simply approaching this issue from a broad perspective, and then will work out the particulars if the college agrees to the change towards a university."

I feel that some of those unknown particulars should be considered and discussed prior to any final decision on the name/status changed.

I hope that before the 'university' committee finalizes any decision that they can offer Bryant students, faculty, staff, and alumni a plan which details some of the changes that will positively affect our campus and daily lives at Bryant College."



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➔ ➔ Summer registrations are now being accepted!

Physical Plant Contracts under Negotiations

By Meghan Hanlon
Layout Editor

For the last several months, the Service Employees' International Union has been negotiating a new contract with Bryant College. The current contract, which has been in effect since March 1, 2001, will expire on February 29. Bryant College and the Union began meeting in January and continued to meet on a weekly basis, sometimes even biweekly.

According to Roland Bell, one of the three stewards for the Union, the Service Employees' International Union consists of the service employees from housekeeping, trades, and grounds keeping.

The eighty-four members of the Union nominate three stewards to represent their side. It is the steward's job to listen to

Union members' concerns and ideas in dealing with the contract, organization, and to take the necessary steps to make improvements.

All workers at Bryant College are required to join the Union. According to Bell, the workers are put in a 90-day waiting period before they are officially in the Union.

During the weekly meetings, Bryant College is represented by Physical Plant management, Human Resources, and other management staff. Other members in the Union may also join the three stewards, to bring up any special concern.

Both sides have the option of having a specialist to present or analyze a particular case or point during these meetings. According to Linda Lulli, from Human Resources, the chief planner and presenter for

Bryant College said, "the President and Board have final say in all negotiations."

In order to start negotiations, each side presents their list of demands, and then begin to collectively bargain. The most common demands evolve around wages, health care and working conditions; the benefits package as a whole.

The time length of the new contract is also bargained during those meetings. Bell, feels that there are no major steps in negotiating until the last few weeks of the expiring contract.

Throughout the collective bargaining process, both sides take into consideration that at the end of this process, they will continue to work together and therefore want to keep their relationships strong.

Brian Britton, Director of Physical Plant, represents the

management side and says, "We have a great bunch of people who we work with and have always had good relations." Mr. Britton expresses, "cheerful optimism" during this time because the outcome of process affects the entire college. Mrs. Lulli stresses "cooperation" and tries to "build for the future" while the next contract is being drawn up.

The Union members are also voting on whether or not to change who represents them. On Friday, February 19, the members of the Service Employees Union voted whether they wanted to become part of the United Service and Allied Workers of Rhode Island.

This new union is in Rhode Island, while the current Union is stationed in Boston. In order for this to be passed, 51% of the members must vote in

favor of it. There are several possibilities for the outcome when drawing up a new contract.

Older students, like senior Juan Mariani, remembered when the Union decided to strike in 2000. According to Mariani, he and the other students all missed the relationships we formed with the maintenance people in our dorms. However, Bell said, "striking is used by the Union as their last resort and expressed their willingness to work under the old contracts terms while negotiating their new contract."

The Union feels there is a lack of communication about this process with the students, which causes misunderstandings, because the terms of negotiations are not revealed until the new contract is signed. The members voted to become part of USAW as of Feb 19.

Exploratory work begins outside of Koffler for future plans

By Ebenezer Mills-Robertson & Laura Wiederhold
Staff Writers

Most students have realized that some excavation

has been taking place behind the Koffler lab and just adjacent to Hall 6. According to senior Kara Dolan, "I thought the digging was related to Koffler television station."

However, this is not the actual ground breaking for what is going to be Bryant's new television facility. According to Peter Malkowski, the Senior Project Manager of Physical Plant, this is just exploratory site work for the proposed project.

It was conducted in order to locate the well points which provide the village suites with water as well as other utilities such as the main telephone system, high voltage lines and fiber optics used for internet connection. This was done to make enable the relocation of utilities before any major work started on the foundation.

However, due to the frost, digging was harder than it would normally be.

When asked why the dig was conducted in spring instead of last summer, Malkowski explained that there were three main reasons. Firstly, the television studio project was proposed for the fiscal year 2005 and as such, Physical Plant could not spend the 2005 budget in 2003. Since it is closer to the 2005 deadline, the project can commence without a hitch.

Secondly, last summer the school did not have any idea of what the shape of the building was going to be like. This made it impossible to do any exploratory digs since the general location was quite tentative. Thirdly, the school was not also sure whether to put the communication department with Koffler or not. All these issues have been resolved to some extent and final plans for the project should be decided soon.

The ideal scenario for groundbreaking for the studio would be in March or April.

Malkowski was enthusiastic and explained that the project would take flight, weather permitting. The construction on Koffler would not be disruptive to everyday campus activity. According to Malkowski, the architect knows that the building is in constant use and most of the construction would take place in summer when it is the least disruptive.

Thirty-eight to forty of inches of frost were encountered during the preliminary digging last week, which slowed down the process.

The temperatures need to warm up significantly for construction plans to remain on track.

As of now construction will still begin as planned and be conscious of the needs of faculty, students and staff of the campus during that time.

Look for more specifics on the design and layout of the new television studio in the weeks after spring break.



Brian Levin

Despite what it may look like, the renovations of Koffler have not begun.

Community Service Spotlight shines on MSU, ISO, & ICC

By Nicole Zisis
Advertising Manager

As part of Black History Month, the Intercultural Center in conjunction with ISO and MSU sponsored a day of events on campus for local children on Friday, February 20.

This service event has earned February's Spotlight on Service, which is a distinction to recognize an outstanding service event amongst student clubs and organizations.

According to Dee Vieira, the Assistant Director of the ICC, upon arriving on campus, the 28 children ranging in ages from 7 to 12 from the Southside Boys and Girls Club were welcomed by several members of both ISO and MSU as well as the staff of the ICC.

The participants then were treated to an afternoon of swimming in the Chase Wellness Center, lunch in Papitto with pizza and snacks from the Junction, and the day concluded with a bridge building project.

The students were challenged to build a bridge that could support the weight of two reams of paper and stood a specific distance off the floor out of nothing more than newspaper

and masking tape.

Once complete, the children decorated their creations with markers for the final judging. Although every child who attended won a prize, special recognition was given to the best overall, most creative, and most colorful creations, said Vieira.

The Southside Boys and Girls Club is an after school activities for children. This service event provided activities for local children during their February break and also served as a reward to those who achieved high grades in school.

The committee members who developed this event were Stan Lomangino and Jenny Tam from ISO; Raymond Mills and Michelle Carasco from MSU; and Dee Vieira and Abraham Hunter from the ICC.

In addition, this day of activities brought together staff and students and extended a helping hand into the local community, which is why it was selected as this month's Spotlight on Service.

Student Activities will continue to recognize one service project each month in *The Archway*. Look for future spotlights in upcoming issues.

Department of Public Safety Log

THEFT FEB 15 2004

A student reported a radar detector stolen from his car.

ACCIDENT FEB 16 2004

It was reported that a vehicle skidded off the road, near the ECS. No Injuries reported.

EMT CALL Medical Services Rendered FEB 17 2004

EMT called to assist with a cut above the eye in a resident hall.

VANDALISM FEB 18 2004

Student reports windshield broken by a beer bottle in the old townhouse lot.

TOWED VEHICLE FEB 18 2004

Towed from the Brycol Parking Lot for outstanding tickets.

VANDALISM FEB 19 2004

A college staff member reports a smashed window outside resident hall

ACCIDENT FEB 20 2004

Traffic accident reported to DPS, no injuries.

EMT CALL FEB 20 2004

EMS responding for possible food poison in a residence hall.

HARASS/THREAT CALL FEB 20 2004

A student call DPS and complained of harassing phone calls.

FIRE FEB 21 2004

Smoke condition reported on the first floor. Cause found to be due to an electrical fire in the Coke machine.

EMT CALL Medical Services Rendered FEB 21 2004

EMS activated for an intoxicated student.

VANDALISM FEB 21 2004

It was reported to DPS that a door was broken.

VANDALISM FEB 21 2004

It was reported to DPS that a window was broken

EMT CALL FEB 22 2004

EMS responded to a call for first aid in a resident hall

VANDALISM FEB 22 2004

Vandalism to DPS Patrol Car 1 Passenger side mirror broken off in the townhouse lot.

EMT CALL FEB 22 2004

A student reported that his friend fell on the ice and hurt his knee outside resident hall.

Campus News

Women's Summit to be held at Bryant

The seventh Women's Summit, "Foundations of Leadership: Character. Courage. Creativity," will be held at Bryant College on Wednesday, March 17, from 7:30 a.m. to 5 p.m. More than 900 women and men are expected to attend this event, which is chaired by Kati Machtley.

Fidelity Investments is once again the primary sponsor of the conference.

The Summit is sold out, but there are still a few openings for Bryant students to attend workshop sessions and keynote addresses.

"Bryant College is a great partner in education, and Fidelity Investments is proud to sponsor the Women's Summit," says John Muggeridge, general manager of Fidelity Investments in Smithfield.

"This event offers an excellent opportunity for women to hear from nationally recognized speakers and to gain skills and insights critical to professional achievement and personal success."

National, regional, and local speakers, as well as Bryant faculty and staff, will join together for a day of discussion, workshop sessions, and networking aimed at cultivating leadership skills and values in the workplace.

"Since 1997, the Women's Summit has offered a high quality, reasonably priced conference with renowned speakers, valuable workshops, and plenty of opportunities to network," says Kati Machtley, chair.

"The Summit's reputation is that of an enriching educational

experience that affirms the value of women in business."

Keynote speakers include Sharon Allen, chairman, Deloitte U.S. Board of Directors Claire Shipman, senior national correspondent for ABC News' "Good Morning America" Deborah Rosado Shaw, founder of Dream BIG! Enterprises and Umbrellas Plus

Undergraduate students may attend the conference, which includes keynote speakers and workshops. The fee is \$5, and registration is required.

Each student interested in attending should include his or her Bryant ID number on the application form (pick up brochure in the President's Office or download from web.bryant.edu/wsummit) and \$5 cash or check.

Please call 232-6008 as soon as possible to register.

The luncheon, which is sold out, is not included in the \$5 registration fee for undergraduate students.

Please note that all students may attend the luncheon keynote speech with Claire Shipman and have their lunch elsewhere on campus.

The Benefactor Sponsor is Deloitte. Patron Sponsors are Amica Insurance, EMC, General Dynamics Electric Boat, Providence Journal, Right Management Consultants, Sovereign Bank, and Texas Instruments.

Contributing Sponsors are Edwards and Angell, LLP; Leading Women, Inc.; and The Washington Trust Company.

President's Cultural Series

cont'd from page 1

sion, film, and on stage. His more recent works include Miramax's "Next Stop Wonderland" and Steven Spielberg's "Amistad."

According to Tom Ashbrook of *National Public Radio*, "Kemp Harris is a thief, a tease and a heartbreaker."

Plus, he knows too much. And it's all right there when he sings. Beautifully there. Watch out.

He'll "Take your breath away." Ronnie D. Lankford of *All Music Guide* contributes to

such praise, noting, "though Kemp Harris' name may lack wide recognition, he has contributed to the work of a number of artists ranging from Koko Taylor to Taj Mahal."

While these influences might suggest a proclivity to blues, Harris works on a larger canvas on "Sometimes in Bad Weather," embracing jazz, soul, and folk."

Needless to say, the performance is expected to be extraordinary.

FYI's:

-The Archway staff would like to express their condolences to Deanna Therrien and her family for their loss. Thank you for being a great mom to us.

-MSU Extravaganza Night takes place tonight at 8:00 pm in the M.A.C. Tickets for students \$3 in advance, \$5 at the door.

Emerging Leaders Shine at Retreat

By Amanda Pizzuto, Amanda Sherland and Jennifer Shoemaker

On the weekend of February 6 through to February 8, thirty students were given the opportunity to enhance their leadership skills during the Emerging Leader Retreat 2004.

The retreat was held at Camp Woodstock in Connecticut.

These students were chosen because they demonstrated their outstanding leadership in the many clubs here at Bryant College. We were three of those thirty.

The retreat was managed by the Lead Team that included six Bryant College upper classmen.

They worked together to create several energizing

workshops for us. These workshops were skillfully designed to help us become better leaders.

We experienced skill building in communication, conflict resolution, self assessment, trust, support, confidence, and teamwork.

The most memorable moment for us, and most likely for every other student who participated in the retreat, was our board breaking experience.

We were able to break a one inch board in half using the simple force of our hand.

This was made possible because we exhibited confidence in ourselves and in each other. In doing this exercise, we learned how rewarding and important it is to support the people around us.

The board breaking event was tremendous.

We learned a great deal about ourselves and how to be better leaders.

The retreat opened us up to meeting new people and listening to diverse voices.

We feel fortunate to have had this opportunity.

We were lucky to have been able to create the lasting friendships that we made during this retreat.

We speak for everyone as we thank you greatly for a truly amazing weekend.

Do not miss out the next time this opportunity comes around again!

Contact Hank Parkinson for further information on the next Emerging Leader Retreat at Student Activities Office @ 6952

BRYANT COLLEGE OFFICE OF CAREER SERVICES SUMMER JOB FAIR 2004

Thursday, March 4, 2004
1pm—4pm
Bello Center, Grand Hall



An opportunity for 1 - 3 year students to meet with employers seeking students for paid, summer positions in a business setting

List of companies to date:

Deloitte & Touche

United Rental

Citizens Bank

Cole Haan

Sovereign Bank

KPMG

Enterprise Rent-A-Car

Target

Bank RI

Johnson & Johnson

Mortgage Lender Network USA, Inc.

Ernst & Young

AAA Southern New England

Philip Morris

Robert Half International

What to wear: Professional attire

What to bring: Copies of your resume

What to do: Introduce yourself to recruiters and find out what opportunities they have available

Questions? Stop by the Office of Career Services or call 232-6090

A Student's Perspective: Abroad in Australia

By Beth Thornton
Staff writer

After months of preparation and a grueling 22-hour flight, my plane finally touched down in Melbourne, Australia, the place I will be calling my home for the next 5 months. Even now as I write this, it feels strange to think I am on the other side of the world and I will be here for so long. Melbourne is a large city; most Americans would compare it to Boston, minus "The Big Dig." I feel it is

learned to surf, hiked a beautiful waterfall, met a kangaroo, koala, and a wombat, and in April they are taking us to New Zealand for a week. The university I will be attending also put together a 5-day orientation that was absolutely incredible. We were given tours of the city, free meals, parties, and we have formed great relationships with students from the university.

The school is called the University of Melbourne. From what the locals have told me, Melbourne is an extremely hard

school, and people travel from all over the world to study here. The teaching styles are different and difficult. Their grading system is much more critical, their 80 is an A in the states. Thank goodness all I have to do is pass the classes to receive credit, but many abroad students do not have it so well,

their grades count. Along with the grading, there is also a significant difference in college life. While at home the majority of students live on campus, in Australia only 3,000 out of the 39,000 students that are enrolled in the university will live on campus.

I have been enjoying myself immensely. The Australians are party people. For the first two weeks, they had us going out every night. If you are planning to study abroad, be prepared to spend a lot of money. Melbourne is a fashion savvy city, so we are buying clothes all the time so that we

cont'd on page 7



Photo courtesy of Beth Thornton

Skyline of Melbourne, Australia.

similar to New York, but without the skyscrapers. The weather, well, let's just say that 32 degrees has a whole other meaning here. $(32 \times 2) + 20 = 84$ (a rough estimate in Fahrenheit of the temperature). I am definitely not complaining.

The program I came over with is called International Education of Students (IES). There are 70 students with the IES program, the majority from small east coast schools. There are about 500 international students combined with the other programs. IES has done a wonderful job putting together trips and orientations for the students to get to know one another. I

Opinion Simon Says: March Madness, Part Deux

By Toby
Simon

Staff
Columnist



March Madness isn't just about basketball. It's also the month that we celebrate women's history or as we like to say at Bryant, HERstory.

By now I hope you've all seen the poster and calendar with Rosie the Riveter on it highlighting all the events of Women's HERstory Month on campus.

Why did our students on the planning committee want Rosie the Riveter on the poster? Well, for starters, she represents the idea of working outside the home as something desirable. Rosie is the symbol of the working woman. We learned in history that once the United States entered the war following the bombing of Pearl Harbor, the mobilization of troops left millions of jobs vacant.

The war material already being produced for our European Allies was not sufficient for the new role that this country assumed. The bodies making the war materials were going off to fight the war. The jobs were opened and so began the entry of women into the workforce. "Do the Job He Left Behind" was a campaign slogan

that emphasized women's patriotism for the war effort. Unfortunately when the war was over, Rosie wanted to keep working. Neither the structure of the US economy nor the views about women working outside the home allowed this to happen for some time.

So we've come a long way baby, and it's fitting that Rosie is on the Bryant College poster advertising Women's HERstory month. There are many great talks scheduled during the month that we hope you'll check out. The week starts with two exciting events.

On Tuesday, March 2nd at 7 pm in Papitto, there's a talk entitled: Same Sex Marriage: For Better or Worse? Join the debate and discussion on this timely topic as we examine the societal and family issues as well as the implications related to same sex marriage. Where do you stand on this issue? Hear from a local expert on the topic.

And be sure not to miss this year's production of Eve Ensler's *The Vagina Monologues*. If it's your first or fiftieth time seeing this play, you won't regret it. The series of monologues was written several years ago by Ms. Ensler in an attempt to raise awareness about violence towards women. The play will have you laughing one minute and tearing up the next. Many of the college men I know who have seen this play comment that they felt privileged to have attended, that they felt as if they were privy to some very

private conversations among women. You know, the kind of conversations women or girls have when they are alone and NOT in the company of men.

But these topics get addressed in humorous and not so funny ways during the reading of the play and lots of men just love to hear what we have to say! Listen in on the conversations about first menstruation, first sexual experience, women's sexual anatomy, and female fulfillment.

This year's production features current Bryant students, one alumna, and a few faculty and staff. It's Thursday evening, March 4th at 8 pm in South Dining Hall (Café). There is a suggested donation of \$5 for the performance. All proceeds will go to the Sophia Academy in Providence. This is a private middle school for girls from low income families where the focus is on their academic, social, emotional, and spiritual growth in an atmosphere of non-violence.

Throughout the month there are several opportunities to hear "Telling Her Story" which features members of the Bryant Community. We hope you'll come out to these events, usually at noon in Nick's Place, to hear about the lives of students, faculty and staff. Check out the calendar on the Women's Center website at web.bryant.edu/~wcenter, or call us at x 6854.



The Archway

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Guidelines for Comment...

We welcome your comments and submissions on editorials, articles, or topics of importance to you. Only letters including author's name, and phone number will be considered for publication (phone numbers will not be printed, they are for verification purposes only).

Letters to the Editor of 300 words or fewer will have the best chance of being published. Also, except in extraordinary circumstances, we will not print submissions exceeding 500 words. All submissions are printed at the discretion of the newspaper staff. *The Archway* staff reserves the right to edit for length, accuracy, clarity, and libelous material.

Letters and submissions must be submitted electronically. Bryant College community members can email submissions to: archway@bryant.edu. Letters and arti-

cles can also be given to *The Archway* on disk. They can be left in *The Archway* drop box on the third floor of the Bryant Center or disks can be mailed through campus mail to box 7.

The deadline for all submissions is by 5 p.m. on the Monday prior to publication (for a complete production schedule, contact *The Archway* office). Late submissions will be accepted at the discretion of *The Archway* staff and more than likely will be held until the next issue.

Members of the Bryant community are welcome to take one copy of each edition of *The Archway* for free. If you are interested in purchasing multiple copies for a price of 50 cents each, please contact *The Archway* office. Please note that newspaper theft is a crime. Those who violate the single copy rule may be subject to disciplinary action.

We Can Do It! Bryant College 2004

Tuesday, March 2

**Same Sex Marriage:
For Better or Worse?**

7 pm, Papitto, Bryant Center

Thursday, March 4

The Vagina Monologues

8 pm, South Dining Hall, Bryant Center

Monday, March 8

Telling Her Story:

Ezenwayi Amaechi, '05

Noon, Nick's Place, Bryant Center

Tuesday, March 9

**Reproduction and
Human Sexuality**

7 pm, Papitto, Bryant Center

Thursday, March 11

Telling Her Story:

Adriana Dawson

Noon, Nick's Place,
Bryant Center

Gender Dynamics

3:30 pm, 2A and 2B,
Bryant Center

Flirting or Hurting:

**Sexual Harassment
in the Workplace**

5:30 pm, Bello

Women's HERstory Month

For more information: x6854, The Women's Center, Jessica Donovan at jmd8@bryant.edu

Opinion

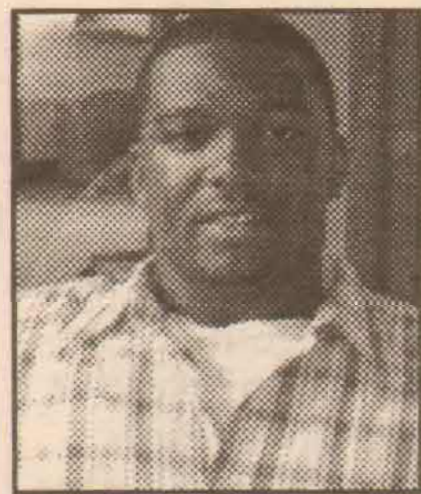
Hip Hop's History: 'Get By'

Lyrics

We sell, crack to our own out the back of our homes / We smell the musk at the dusk in the crack of the dawn / We go through "Episodes II," like "Attack of the Clones" / Work 'til we break our back and you hear the crack of the bone / To get by, just to get by / Just to get by, just to get by / We commute to computers / Spirits stay mute while you eagles spread rumors / We survivalists, turned to consumers / To get by, just to get by / Just to get by, just to get by / Ask Him why some people got to live in a trailer, cuss like a sailor / I paint a picture with the pen like Norman Mailer / Me and Willa raised three daughters all by herself, with no help / I think about a struggle and I find the strength in myself / These words melt in my mouth / They hot, like the jail cell in the South / Before my brotha Core bailed me out / To get by, just to get by / Just to get by, just to get by / We do or die like Bed-Stuy through the red sky / With the window of the red eye / Let the lead fly, some G. Rap stuff, "Livin' to Let Die"

<Chorus>

This morning, I woke up / Feeling brand new and I jumped up / Feeling my highs, and my lows / In my soul, and my goals / Just to stop smoking, and stop drinking / And I've been thinking - I've got my reasons...



By
**Raymond
D. Mills**
Staff
Columnist

Class the verse in front of you is by Talib, who favors clever, politically smart word-play rather than rapping about guns, gangsters, and money. The track "Get By," produced by Kanye West, expresses the truth that the "underground" and "commercial" division is a false union

where an artist that has been placed in a listeners' mind more often than not, has very little to do with authentic music.

"Get By," is a smart, vivacious song that's about the things people rely on to get them through life, yet it is also an excellent song that will make you feel happy to be alive.

It is evident that he possesses skills with the pen to create meaningful metaphors, such as mentioning life in New York City with in reference to Star Wars. As people throughout NYC deal with struggles Kweli brings the struggle to our face, like a cop with a flashlight.

He aptly describes the streets of Bed-Stuy, NYC - where there are rampant gun-shots and street-people. He even describes how the "City that Never Sleeps" works until they break their back and you hear the crack of the bone. As Kanye slings the offbeat twinkling piano tunes, "Kweli

revealed a flawed man struggling to become a better man," says Hyun Kim of the Vibe. What makes the song great is that Kweli does not appear to be preachy.

While many fantasize about being a P.I.M.P., the words,

*We commute to computers
Spirits stay mute while you
eagles spread rumors
We survivalists, turned to consumers*

hits close to home. It refers to how everyone is quick to adapt to what is hot, what everyone is doing and how that is causing our souls to be restless. We are not quieted because we are not ourselves but we live our life through lies. The chorus is full of a new revolution, a promise to self that he is going to make a change in his lifestyle after he has witnessed what he could be and what he is presently.

His approach feels less like a move toward what is popular today than a move toward combining Kweli's style with the music from all times that he loves. "Get by" is flavored with the history of black music-soul, rock, gospel, and jazz- yet it retains a sense of newness of fresh hip-hop.

Kweli manages to tap into the stream of bright, catchy music that everyday people can listen to all day long while also pushing himself in an even rawer hip-hop direction. Talib Kweli is exactly what hip-hop needs. His lyrics are above quality and make you think about your own personal struggles in life.

Study Abroad cont'd
can fit in and look like Aussies.

but we cannot take it personally, there are just some things we have no control over.

Although they speak English, the Aussies use funny words and sometimes speak too fast to understand. I feel like a complete dag (dork) for not understanding, but I think I am getting the hang of it.

I have met some awesome people who I have become quite good friends with. They are much more diverse than any group of people

I have encountered. I have become acquainted with a Frenchman, quite a few Scandinavians, a Brit, a Scott, a couple of cool Asian girls and a crazy Jamaican. I feel enriched with knowledge from all over the world, and I found them all in one place, Melbourne.

With all of these wonderful things happening, there have still been a few downfalls. Besides that my chair would not recline on the extremely long flight, there are some more serious events to be aware of, anti-American attitudes. It sounds crazy, but some countries do not like Americans. We have already had an egg thrown at us, someone has sneezed in our faces, and we witnessed a shirt that said "Screw (then an American flag)". It has been difficult to see the way some people feel towards our country,



Photo courtesy of Beth Thornton

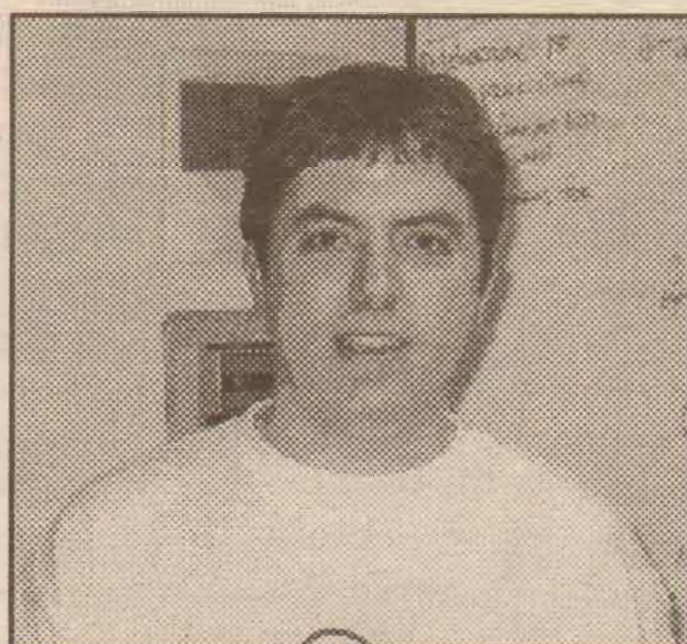
Archway staff writer, Beth Thornton at a winery in Australia.

The majority of my experiences here in Melbourne have made an everlasting imprint in my life. To explain everything I have done and will do here is not enough, I feel everyone should experience studying abroad and find out on his/her own. Yes, it was scary to come so far away from home and leave behind everything that is familiar and comfortable, but that is the most exciting part. Sometimes we need to leave our comfort zone and see what the world has to offer. I miss my friends, my family, and Bryant, but in the two weeks I have been here, I feel that I have already become a better person through this experience. To everyone who is planning on studying abroad next semester, be prepared to have the time of your life. To everyone else, I cannot wait to see you all in the fall!



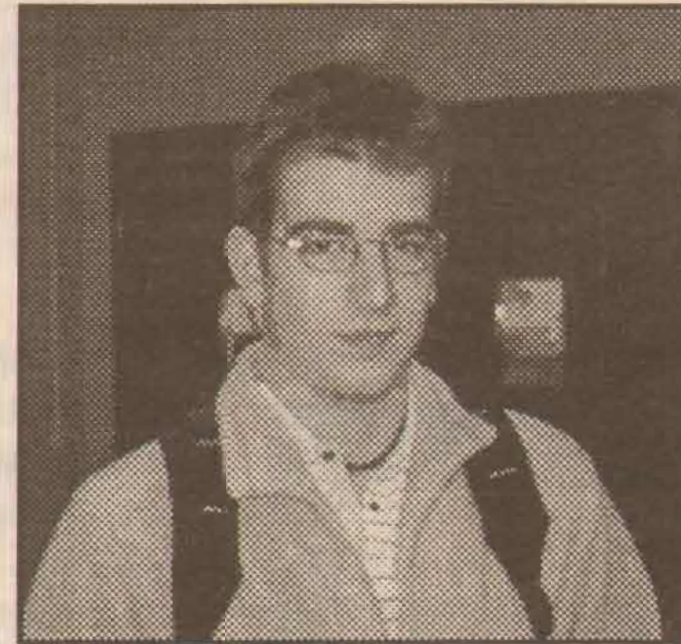
STUDENTS SPEAK OUT

Question of the Week: The College Republicans Organization of Roger Williams University has recently stirred debate over the practice of awarding minority-only scholarships. To parody this, they are now offering a \$250 scholarship to "whites only." Do you think this is fair?



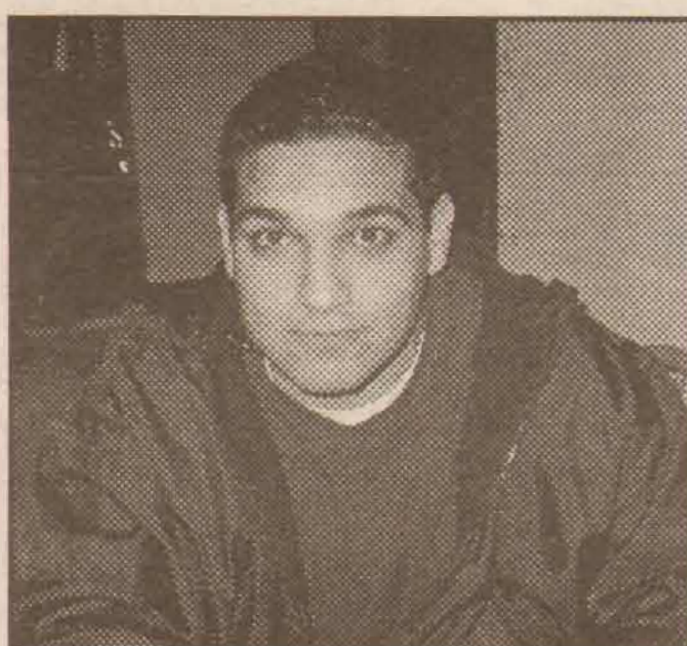
"Since they offer scholarships to minorities-only, they should offer scholarships to whites-only too."

Mike Young '04



"The intention of the scholarship is fair although the attitude that the group has is not necessarily appropriate."

Chris Jerin '05



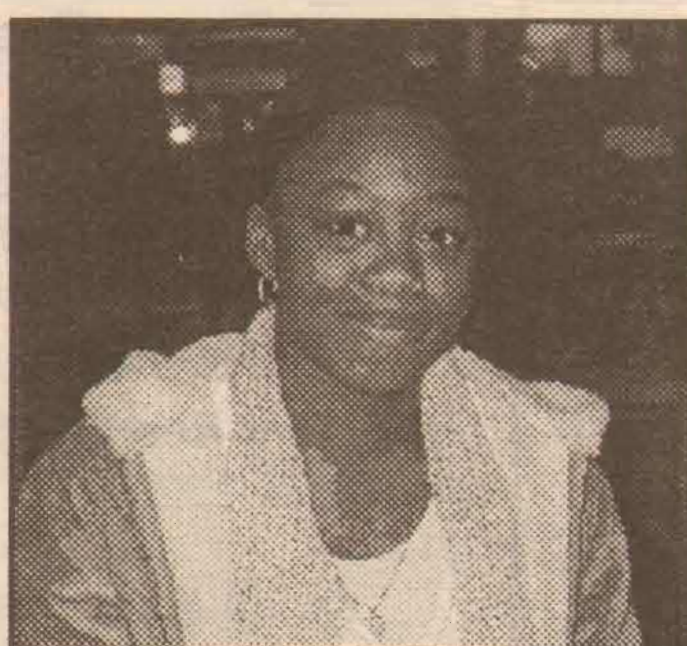
"People who feel this is discriminating are being hypocritical because there are plenty of scholarships for minorities that exclude other people."

Jim Venito '05



"I don't like the fact that Jason Mattera is mocking minority scholarships when in fact he is a minority and is benefitting from one himself. Minority scholarships are all based on merit, not the color of your skin."

Kim Gilbert '07



"I think it is unfair because it is a scholarship based on color, not merit. Mostly caucasions benefit from scholarships anyway, and only a small amount of minorities get into college and recieve scholarships."

Cherima Blyden '07



"Since they have scholarships for minorities-only, why not?"

Mikayla Truckey '06

Compiled By Steve Proulx, Opinion Editor

Chocoholics, take heart: The food of love has some health benefits

By Amy Bertrand
St. Louis Post-Dispatch

Feeling guilty about that box of chocolates you have just sitting there on your kitchen table?

Chocolate has long been seen as an indulgence for most of us, a guilty secret for others and a complete addiction for some. It can seem to hold a special power over us. A bite is never enough; a box is a nice start. "People just love chocolate," says Jean R. Caton, who has a master's degree in nutrition and owns My Food Coach, a nutrition company in St. Louis. "It's delicious. It's the food of the gods. It symbolizes indulgence, and it's really a comfort food." Americans consume about 3 billion pounds of chocolate a year, according to the Chocolate Manufacturers of America, a Virginia-based trade group.

Recent research has shown that chocolate may not be all that bad for us. But let's start with what we know. Chocolate has a considerable amount of fat and calories. A regular-size (1.55 ounces) Hershey's milk chocolate bar, for example, has 230 calories, 13 grams of fat, 9 grams of saturated fat, 25 grams of carbs and 22 grams of sugar.

"It's the sugar in the chocolate bar that isn't good for you (and it can cause tooth decay)," says Caton. "And a small piece goes a long way toward your calories and fat for the day." That said, "All foods can fit into a healthy diet. Just have small portion sizes, recognizing that the calories are there. If you get some health benefits out of it, you get a bonus."

Recent research has shown that chocolate is rich in polyphenols and flavonoids, which act as antioxidants. These plant-based compounds limit the effects of lipoprotein (LDL) components in the harmful kind of cholesterol (so-called "bad cholesterol"). Antioxidants are known for mopping up free radicals that damage the body; in recent studies they have been shown to reduce the risk of heart disease and certain types of cancer.

Recently, a German study published in the Journal of the American Medical

Association suggested that eating dark chocolate can even lower your blood pressure. Caton and Camilla Kotrba, a registered dietitian in private practice in Richmond Heights and a lecturer at Washington University, say the fat in chocolate does not appear to affect cholesterol levels.

"There is absolutely no health problem with chocolate," says Kotrba. "There is fat in chocolate, but the type of fat does not appear to raise blood fats, so it's really not that bad for you." Chocolate does contain caffeine, but not much.

There's a belief, especially in preteen circles, that chocolate causes acne. "That's just a myth," says Caton. "I don't think there's any research to support that." So once you've decided the fats aren't bad, the caffeine isn't too much, and it doesn't cause acne, what kind of chocolate should you indulge in?

Dark chocolate has more antioxidants than milk chocolate, and white chocolate doesn't have any, says Caton. "A colorful diet is healthy eating," she says. "It's like sweet potatoes (which are full of nutrients) and white potatoes (not so full of nutrients)."

Oh, and get the expensive stuff, says Caton. "The higher-quality chocolate tends to be higher in antioxidants; it has less additives." Kotrba agrees: "Chocolate is a wonderful food with a very rich history, and it's a much-loved food. You should enjoy it because it tastes delicious."

Chocolate has these qualities: Theobromine dilates pupils, prepares muscles for action and makes your liver release sugar into the bloodstream for extra energy. Phenylethylamine (PEA): Cocoa contains PEA, which can elevate the mood, raise the heart rate and boost energy. The brain appears to produce more PEA when we're in love.

Endorphins: Beta endorphins can function as natural painkillers and mood elevators. Chocolate causes the brain to release endorphins.

Anandamide: Chocolate can have a pleasant, calming effect, as N-acylethanolamines are produced in your brain and present in chocolate.

Positive ions can make your life better

By Sarah Sabalos
Knight Ridder Newspapers
(KRT)

It's hard enough to shun sugar, fat and carbs. Now, retailers are directing our attention to an invisible bogeyman: the positive ion.

In layman's terms, ions both positive and negative are electrically charged particles (atoms or molecules) found in the air. Positive ions have been blamed for physical and emotional health problems, while negative ions have been credited with curing everything from depression to asthma; from chronic pain to bad hair.

The retail translation: Hawkers of jewelry, lamps, hair dryers, facial saunas, air purifiers and water filters are making remarkable ion-related claims.

"The 'negative ion' is the vitamin of fresh outdoor air," says an online ad for a lamp called the E-On Light, which purportedly purifies air by generating negative ions, which collide with unhealthy airborne particles and imbue them with negative charges. Eventually, the particles become heavy and fall to the floor, vanquished.

"The reason we feel invigorated when we visit clean mountains, forests and crashing water falls is that we are exposed to heightened amounts of negative ions in the air," says the ad, which goes on to laud the negative ion as a body detoxifier; a remover of dust, bacteria, cigarette smoke, offensive odors and the harmful positive ions generated by electrical devices.

Scott Goode teaches chemistry at the University of South Carolina. He was unimpressed by the ad's claims.

"I think they're bogus," he said, "because every time you create one type of ion, you create another type of ion. If you do something to create negative ions, at some location pretty close by, you're going to create an equal number of positive ions. Any light that produces negative ions has to produce the same number of positive ions."

"The only place you can move ions around at whim is in a high-priced vacuum chamber."

But, he added, a person can generate a small beam of ions, and sometimes they'll attach themselves to other particles, such as pollutants. In fact, that's how some utility companies control pollutants — they use a device called an electrostatic precipitator, which puts charges on nasty things like sulfur dioxide.

But in science as in everywhere else, there's no such thing as a free lunch, so anything that destroys pollutants will also do a number on plastics and elastics.

"The particles don't know if it's a pollutant or the elastic band in your running shorts," Goode said.

But this kind of lamp, he said, does make the house smell clean: "I'm not sure how much of the pollution it reduces, but if people think their house is clean, then maybe it really is clean. There's a mental and psychological aspect to this as well."

He said that, while some ionized air purifiers have helped those with allergies, the air most of us breathe is completely neutral.

"It has as many positive as negative charges," he

said. "You have to get down to (measurements) on the scale of an electron microscope before you can discern which parts of the air are positive and which are negative."

Negative-ion claims go far beyond the air we breathe. One product, the Q-Ray ionized bracelet (\$49.95-\$249.95) claims to "restore the body to its normal electrical balance the natural way, thereby reducing pain and increasing energy!" The Web site (www.qray.com) contains a half-dozen glowing testimonials.

But an article by Pennsylvania physician Dr. Stephen Barrett on www.quackwatch.org (a site dedicated to exposing modern snake-oil salesmen) calls the Q-Ray "preposterous." "There is no such thing as an 'ionized bracelet,' because solid objects are not ionized," wrote Barrett, who is also the vice-president of the National Council Against Health Fraud. "There is no such thing as an ionic imbalance of the body, and no scientifically recognized connection between allegedly 'ionized' objects and pain relief."

Two products making money hand over fist are ionic hair dryers and straighteners. More expensive than their ordinary counterparts, they seem to be two ionic products that live up to their claims.

"This incredible invention emits millions of charged particles, called ions, which surround each hair shaft," says one hair-dryer ad. "This process breaks down moisture molecules, with very little heat. Cell damage is reduced and nutrients are sealed inside each hair shaft."

Doctor orders immediate treatment for foot aches

By Joseph Gidjunis
Knight Ridder/Tribune News Service (KRT)

Waking up with foot and heel pain? Feeling it again after you've been sitting down for a while? If so, you might have one of the most common foot and heel problems: plantar fasciitis. Though the pain subsides as you start walking, it may not heal until you see a doctor.

Characterized by pain in the base of the heel, plantar fasciitis results from an inflammation of tissue in your foot. About 14 percent of adults complain about the problem, according to the American College of Foot and Ankle Surgeons (ACFAS).

The problem is espe-

cially common with athletes and runners, but not exclusive to them, says Dr. Gary Peter Jolly, the president of ACFAS. Excess weight could also be a culprit for the problem, but studies are inconclusive, he says.

Remedies for chronic heel pain range from shoe inserts to medication to physical therapy, but sometimes the problem is more serious.

In a study published by Jolly in the Journal of Foot & Ankle Surgery, some patients treated for plantar fasciitis were not cured and required treatment for a pinched nerve.

In the study, Jolly tested 51 patients who had not responded to common plantar fasciitis treatments, and found the same nerve damage in every case. By decompressing the

nerve, a procedure similar to the one doctors perform on patients with carpal tunnel syndrome, Jolly found a 96 percent success rate.

"The moral of the story is just because your heel hurts, does not mean it's plantar fasciitis," Jolly said. "If it's not getting better, it could be a pinched nerve."

If you're having foot and heel problems, Jolly advises immediate treatment because early recognition is the best preventive medicine. If you must walk, don't use the outside of your feet because that will put more pressure on the pinched nerve, possibly causing increased damage, he says.



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Sports

Bryant Racquetball Gunning for Another National Championship

By Melissa Manseau
Staff Writer

The Bryant College racquetball team has had huge success in recent years. The team has three National Championships under their belts. Last year at Arizona State College, Bryant's racquetball team ranked fifth among the collective collegiate teams. The women placed third out of 20 teams and the men placed fifth out of 30 teams. This year, Bryant strives to win another championship at nationals out in Los Angeles.

The racquetball team has a demanding schedule. This includes practicing during the week, as well as traveling to tournaments on the weekends. The team participates in tournaments year round, which are run by the Eastern Collegiate Racquetball Conference (ECRC). The ECRC runs the main tournaments for the east coast. In the fall, the team traveled to Maryland and a local tournament in Massachusetts. During this spring season, the team will travel to Penn State for the last regular season tournament, Albany for regionals, and Los Angeles for nationals. The Bryant racquetball team hopes to dominate again this season and compete against their toughest

teams at the national tournament.

In the last two tournaments, the Bryant racquetball team has done extremely well. During a tournament in Massachusetts, the women's team placed first and the men's team placed second. In the Penn State tournament, the women finished third and the men finished fourth. The team leaves for regionals February 27th with hopes of winning the tournament.

The national tournament this year in Los Angeles will run from March 22nd to the 28th. The teams that they usually compete against are Penn State, RPI, Providence College, Nichols College, UMASS, Brigham Young, and many more.

The men's team is run by captain Timothy Wilson and Fred Drago. The women's team is lead by tri-captains Cindy Del, Vanessa Wernick, and Jess Donovan. These leaders hold two main practices each week, but most of the team goes to practice three to four times a week. During these practices, drills are run to improve each player's individual game. Once drills are complete team members play active and competitive games against each other.

Bryant racquetball



Photo courtesy of Sarah Rizk

Last year's racquetball team poses with their trophies after both the men and women captured the National Championship title.

plays as a team in a individual sport. Eight females and eight males attend local tournaments, while only six from each team are allowed at nationals. Each competitor participates in single and double matches. To claim these spots, each player works up a ladder, like in tennis. If they beat the person above them on the ladder, they claim their

position.

The Bryant racquetball team looks forward to and are ready to face who ever they need to win another title. Senior Vanessa Wernick is confident in her team.

She said, "For the last three years, we have basically had the same team. We do have a few new people, but I think we

can step it up and do well."

The team is lead by mostly seniors and the underclassmen are counting on the seniority to take them to the top.

It is getting down to crunch time for the team. With only a few weeks until nationals, they look to train hard and recapture another championship for Bryant.

Men's Basketball Team End Losing Streak

By Meghan Lovell
Sports Editor

With regular season coming to a close, the men's basketball team is heading to the Northeast-10 conference tournament off of a win against Merrimack. This win was a boost of confidence for the team after previously losing to UMASS/Lowell who is number one in the conference. The men will be ending their regular season with a record of 19-8 overall and 14-8 in the

not enough to take down the Riverhawks. The Bulldogs dominated the first half and led the game with a score of 39-32 with an impressive 53 percent shooting from the floor.

The team continued to lead the Riverhawks through the rest of the game, but the Riverhawks eventually tied it up 52-52. Bryant tied it 70-70, when Romauld Augustin nailed a pair of free throws with less than three minutes left. Unfortunately, UMASS/Lowell would

against the Merrimack College Warriors. The men ended their three-game losing streak, when they defeated Merrimack with a score of 81-71.

The men displayed their talent with three players scoring over 20 points each. Noel and junior Mario Correia each contributed 22 points, while Augustin netted 20 points.

The Bulldogs also sunk 13 three-pointers, which is a new school record. The team has recorded 221 three-pointers on the season. The team's shooting percentage from the floor on Tuesday night was 46 percent.

At the half, it looked like the Warriors just might come out on top with a score of 40-34, but the Bulldogs fought back in the second half. Bryant forced several turnovers that resulted in key baskets. The team sunk four three-pointers alone in the second half.

A highlight of the night was watching Augustin alley-oop dunk from a pass by Correia who had just stolen the ball away from a Merrimack player. This caused a major arousal from the crowd of 985 fans.

Because the team defeated the Warriors, they may have earned themselves a bye from the first round of the Northeast-10 Tournament. Bryant could be facing either AIC or Southern New Hampshire. Their seed position depends on the game where Stonehill faces Southern New Hampshire for it will be determined based on who wins. If Stonehill wins, Bryant will be the fourth seed and earn a bye until the quarterfinals on Monday. If Southern New Hampshire wins, Bryant will be the fifth seed and host AIC at home on Saturday.

UMAASS/Lowell had only seven.

February 24th was senior night for the men's team. The underclassmen and coaches paid tribute to their three seniors. These seniors are Augustin, Noel, and Gouty Gaye. The team faced off

Women Earn a Bye

By Meghan Lovell
Sports Editor

second time this season.

Iwanski led the team in points with 18 along with 11 rebounds. Kellie Fournier contributed 14 points. The Bulldogs outscored the Warriors in the

Women's basketball is heading to the Northeast-10 tournament in second place. Their current record is 20-7 overall and 17-5 in the conference. The team recently beat UMASS/Lowell 68-56 and lost to Merrimack 75-71. This is the Bulldogs 20th win. This is the first time under Coach Mary Burke's direction of the program that the team has had 20 wins in one season.

Dede Fogarty and Joanna Skiba contributed to the win over UMASS/Lowell with a joint effort of 31 points. Fogarty also netted three 3-pointers and had four steals. Skiba also had a pair of 3-pointers and hit double digits in points for the first time in six games.

The team was also led by Mary McConnell who recorded 11 points after her shockingly scoreless first half. McConnell sunk a pair of free throws to close the lead over UMASS/Lowell.

The Bulldogs entered the second half with a 34-31 lead. The team forced the Riverhawks to turnover the ball 35 times for a season-high in turnovers.

As the season comes to an end, four seniors enter the tournament for the last time. On Tuesday night, in front of a crowd of 645, the team thanked McConnell, Michelle Stevens, Colleen McLaughlin, and Tanya Iwanski for all their hard work over the four years at Bryant College.

The team unfortunately suffered an end of regular season loss. Merrimack College lead at the half with a score of 42-36 against Bryant. Merrimack defeated Bryant for a



Photo courtesy of Bryant College Athletics

Dede Fogarty is part of the women's basketball team that has broken the record for the number of wins in a season.

second half. Unfortunately, it was not enough to take down the number one team in the conference.

Merrimack made 29 of their 35 free throws, while Bryant only made 8 of 18. The team also had 18 turnovers.

The team enters the Northeast-10 conference tournament as the third seed and received a first-round bye. Tuesday night the Bulldogs will host either Assumption College or St. Michael's College, depending on the outcome of the first round game.



Photo courtesy of Bryant College Athletics

Mario Correia has been a key contributor to the Bulldog's success this season. Mario put up over 20 points in the Merrimack game to help Bryant back on track.

conference. The men are currently in fourth place in the Northeast-10.

UMAASS/Lowell defeated the Bulldogs for the second time this season. The final score was 77-72. Although the team fought until the end, it just was

POKER TOURNAMENT!

WJMF 88.7 will be holding its first annual Texas Hold'em Poker Tournament. The event will be on Monday March 1st, 2004 @ 7pm in Pappitto (Behind Pizza Hut). Sign Ups will be required for you to play, signups will be here at WJMF887.com until the day of the tournament. Room for only 100 people. The entrance fee will be \$5 and you must be a Bryant Student to play and have your ID with you to enter the tournament.

Great Bands You (Probably) Haven't Heard Of (Until Now) Part 12: "Serpentfly" Leslie Helpert

By Christian Collard
Variety Editor

Leslie Helpert is a rare and incredibly untypical artist who joins the ranks of the madly impassioned whose medium is primarily voice and guitar, as well as percussion and piano. She has an upstanding deep and kinetic lyrical content in her music which arrives from her love of internal rhyme scheme, metaphor, figure of speech and verbal rhythm, and more so, exploring these through the sweeping movement of voice. Leslie's rich voice is complimented by her guitar playing, which is profound in precision and filled with very unusual chordal voicings. The combination of her poetic expertise and rhythmic lyric create such an original and superb genre of song that challenges musical classification in a wonderful way.

Leslie spent most of her childhood engrossed in composition of lyric and music and went to The Berklee College of Music after high school. She studied extensively under the auspices of George Garzone, king of Avant-Garde jazz, who encouraged Leslie to free her musical ideas in ensemble. As her interests in the connection of the body and the voice grew, she transferred to The Naropa University, where she studied a rich variety of subjects pertinent in her quest to unify breath, sound and movement.

After school she took time to travel and come further into her voice and sense of her artistic expression. Leslie also teaches yoga in her seldom free time and finds much of her inspiration from her own practice and time spent painting and drawing with ink. She has performed extensively around the country as well as taken much time to quietly compose in nooks of serenity around the

country.

Leslie plays happily and vivaciously solo-style, but also musically collaborates with various other artists and has lent her voice to projects other than her own compositions. She has done work in the capacity of voice-over, beat-boxing, rhyming, and making vocal animation with acute sound for collective projects. She has written music used for dance perform-



Leslie Helpert, aka "Serpentfly".

ances and movement pieces. Her vision for the future includes performing more extensively in positive spaces catering to listening audiences while maintaining a connected explorative practice, plunging deeper and more richly into the depths of potential and bringing such fruits found there to the feast of the listener.

Within a plain black paper CD envelope sealed with a Serpentfly Productions sticker lies 71 minutes of acoustic lullaby bliss. The cuddly sheep donning the CD itself are a good clue as to what to expect when pressing play on your stereo; a very sedated exploration through the azure that is Leslie Helpert's second release, "13 Songs".

From the minute I

heard Leslie's voice and guitar playing, I couldn't help but be reminded of fellow female singer/songwriter/guitarist Ani DiFranco or the jazzy country-tinged vocal stylings of Norah Jones. The coupling of Helpert's acoustic guitar playing with her graceful voice is simply transcendent. She has supreme command over a uniquely complex fingerstyle method of playing. It often makes me wonder how she manages to both sing her intricately poetic lyrics and play guitar reminiscent of what I'd imagine a cherub playing a harp in the heavens would sound like.

Leslie does not limit her compositions in any way. You can expect anything and everything to be touched upon as the topic of her profound lyrics. From songs such as "Simple Strip" which tells the story of a young girl with aspirations of being a stripper/prostitute and the troubles that ensue to "A Serpentfly's Dream" which is a recollection of a dream in which she encounters an angel boy.

Another memorable composition which appears on Helpert's sophomore effort is "The Rudest Song I Ever Wrote". Entwined in the lyrics about her disappointment in "New England boys" is her personal heartache and misfortune with several "boys" from her past.

"13 Songs" from Leslie Helpert may currently be under the radar of the mainstream, but I believe whole-heartedly that her unique talent will not remain unnoticed for very long. Look for Serpentfly's third CD to surface in the months to come. Brad and Andrew Barr of the Slip were on board for the sessions, so look for this album to take her music in a new direction.

- for more information and some MP3s of Leslie Helpert, visit www.serpentfly.com.

The Slip Return Home With An Exciting Surprise For Providence

By Christian Collard
Variety Editor

The Slip and songwriter/poet Nathan Moore have teamed up this February and March for the "Surprise Me, Mr. Davis" Tour to support the album which bears the same moniker. The tour makes its way through the Northeast, stopping in on Rhode Island this Sunday, February 29 when they play at Ultra in Providence. Opening will be Leslie Helpert (see the "Best Bands You Probably Haven't Heard Of" column for more info). They'll continue to tour the rest of the country throughout the spring months, stopping back in to Boston at the Axis on April 18.

You may be wondering what exactly the story behind

the "Surprise Me, Mr. Davis" Tour title is? Last winter, when Nathan Moore was visiting the Slip in Boston, the largest snow storm since '78 hit. They were trapped. With little more than food from the

convenience store on the corner to survive on, they began playing with the new recording software on the Barr's home computer. "Surprise me" became a catch phrase that week whenever someone would get that glimmer in the eye and disappear into the headphones. If anyone asked, "What should I play," the inevitable answer was "Surprise me!"

Toward the end of the week, Nathan received a message on his cell phone from the enchanting voice of a sweet older lady with a thick accent saying, "O' you're having fun with that recording! Well I guess you guys are snowed in, I bet you're drinking alot of hot chocolate....have a nice day." It was a wrong number. She had called someone named Mister Davis.

The 12 recordings that resulted from the snowed-in recording session have surfaced as the "Surprise Me, Mr. Davis" sessions which were released in February on Frogville Records. The CD features not only the

Slip and Nathan Moore but also Aimee Curl, Jim and Bill Palmer, Daniel Moore and assorted friends.

The "Surprise Me, Mr. Davis" CD marks the third release in the past several months for the Slip. They recently released two CDs, on their own label, two.one.six records. "Alivelectric" is comprised of instrumental compositions written and recorded in 2002/2003 and "Aliveacoustic" is an intimate evening of acoustic Slip (mostly vocal songs) recorded during a lightning storm on May 11, 2003 at Club Helsinki in MA.

In related news, The Slip have recently been nominated for two Jammy awards in two different categories. Alivelectric is up for "Live Album of the

Year" and Aliveacoustic for "Album Cover of the Year". Winners will be announced March 16 at the Theater at Madison Garden in NYC. The Jammy's are an awards ceremony voted on by the supporters

of jambands around the country and abroad.

The Slip are also excited to announce an entrance into the digital galaxy of live music downloading. By popular request, the first show to be sold will be the heavily requested Aliveacoustic CD Release Party from the Narrows Center for the Arts over Thanksgiving, 11/28/03.

Additionally, The Slip band and crew have all selected their favorite live songs from the last eleven months forming a compilation from The Slip to your ears with love. Mr.the cake has created some artwork specifically for this 76 minute compilation disc, so once you buy the music, you can download the art.

Be sure to check out next week's issue of *The Archway* for a full review of the Slip's "Surprise Me, Mr. Davis" performance at Ultra Live in Providence as well as an article on "Surprise Me" collaborator Nathan Moore.



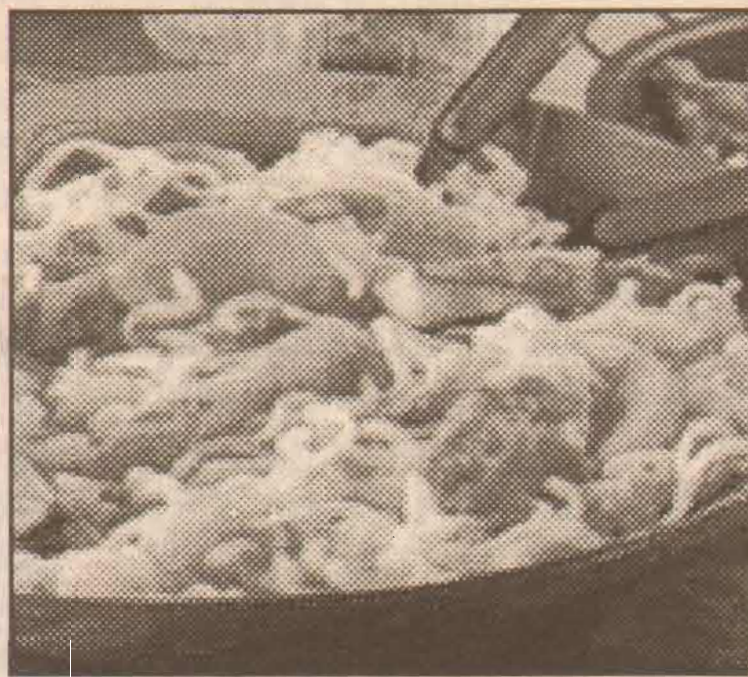
The Slip are Brad Barr (guitar/vocals), Marc Friedman (bass), and Andrew Barr (drums/percussion).

Recipe of the Week - Asian Chicken & Noodles

INGREDIENTS:

2 pkgs. Ramen noodles
2 carrots, thinly sliced
3 cups boiling water
1 lb. chicken breast strips
3 tbsp. green onion, diced
1 green pepper, sliced
6 oz. broccoli (fresh or frozen)
soy sauce (to taste)

- 1.) Marinade chicken in soy sauce (optional)
- 2.) Cook chicken thoroughly.
- 3.) Cook noodles, broccoli, carrots, and peppers in boiling water for 5-7 minutes.
- 4.) Add 2 tsp. of the seasoning packet and chicken breast strips; heat thoroughly. Lay on a bed of cooked noodles. Top with raw onions and cooked vegetables.

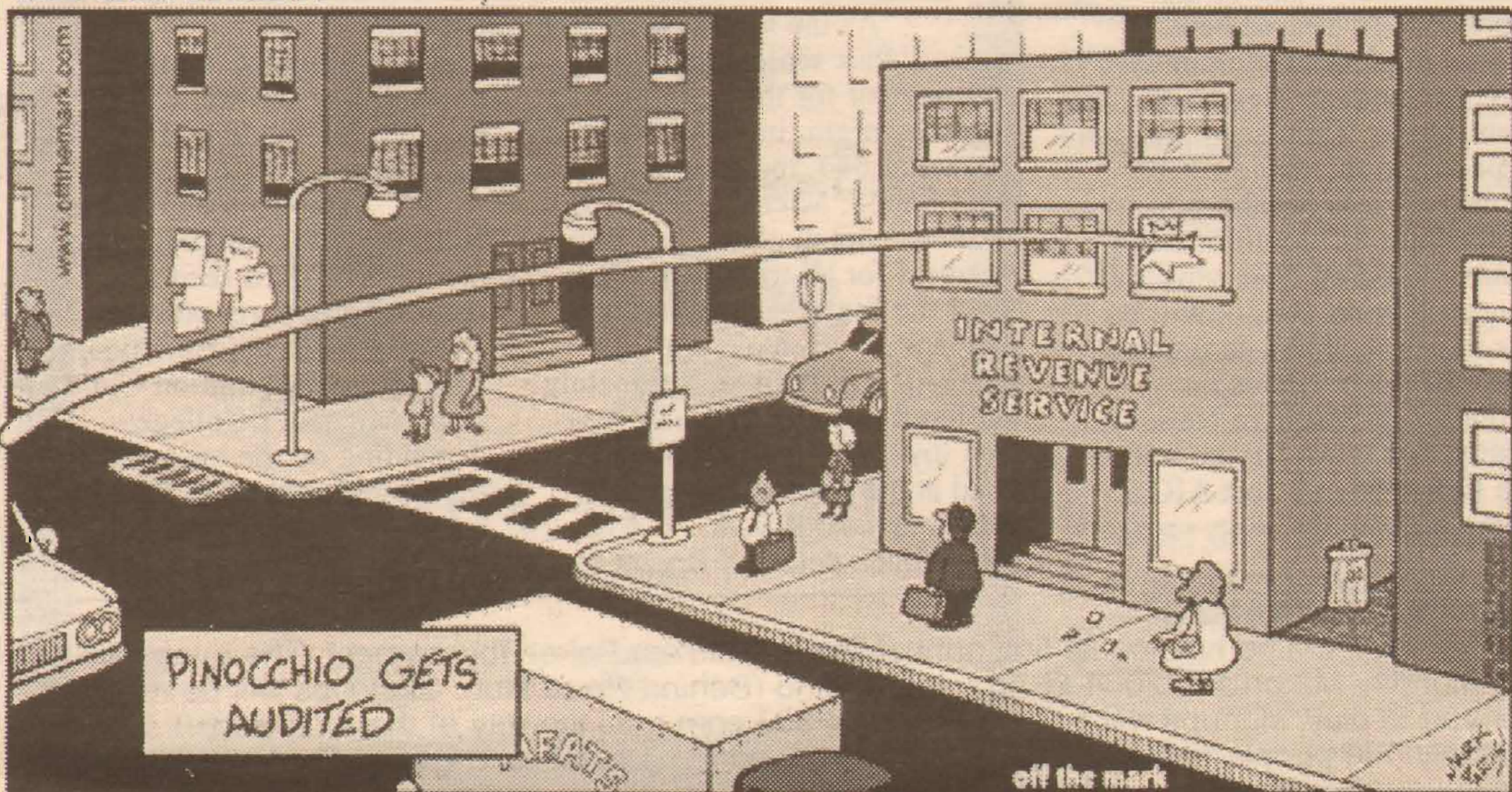


courtesy of www.kraftfoods.com

off the mark

by Mark Parisi

www.offthemark.com



Campus Events Calendar

Friday, February 27 - MSU Presents Extravaganza Night
The Bryant MSU will celebrate the finale of Black History Month with a fashion/talent show. Extravaganza Night begins at 8:00 PM in the MAC. Ticket prices range from \$3-\$7 - contact Abraham Hunter (ext. 6946) for more info

Thursday, March 4 - the Vagina Monologues
Sponsored by Women's HERstory Month, Eve Ensler's Obie-Award winning play, "The Vagina Monologues" comes to South Dining Hall on March 4 at 8:00PM. - contact Jessica Donovan, The Women's Center (ext. 6854)

Thursday March 25 - Singer Meredith LeVande
Sponsored by Women's HERstory Month, singer Meredith LeVande comes to the Cornerstone at 9:00PM. - for more info, visit <http://www.meredithlevande.com/>

Thursday March 25 - Pitch Tournament
Sponsored by the Commuter Connection, stop by South Dining Hall at 9:30 PM for some hi-lo jack card games. - contact Michael Young (mcy1@bryant.edu) for more info

March 29 - April 9 - Bryant Community Spring Art Exhibit
Submissions (drawings, watercolors, acrylics, oil paintings, photographs, and any other works that may be hung on walls) are being accepted through March 3. All works MUST HAVE the appropriate hardware (hooks, strings, or wire attachment) for hanging. - contact Bryant Center Operations (ext. 6117) for more info

Eurotrip: Is it Worth the Flight?



By
Greg
Nacheber
Staff
Columnist

Move over American Pie and Road Trip, here comes the cast of Eurotrip. Well maybe that is a bit of a stretch, cause everyone love the "Stiffmeister," but you will definitely fall in love with this fresh-faced all-star cast. And trust me, although it looks as if it is simply another knock-off teen movie, it has all the makings of being a college dorm favorite for years to come.

The premise of Eurotrip, like all teen movies, begins with a group of typical high school students that find themselves with an opportunity to have an outrageous adventure all for the sake of love and comedy. All the elements are essentially there: the average lead male, his comical best friend, the girl which suffers from the now popular "Joey from Dawson's Creek" syndrome of being looked upon as just one of the guys, and the more nerd-like wanna cut lose tag along outcast.

The basic overview is that it's graduation day for Scotty (Scott Mechlowicz) but the celebration comes to an abrupt end when his girlfriend Fiona (Kristin Kreuk from the WB's "Smallville") dumps him by blatantly announcing that she

has been unfaithful to him over and over again. At a graduation party later that night, Fiona makes her point by, along with special guest stars Matt Damon and the rock band Lustra, jumping up on stage during the performance to join the band and Matt in a song entitled "Scotty Doesn't Know," which basically tells all of the school just how dirty of a sex-kitten Fiona truly happens to be. Shaken by the experience, Scotty goes home to confide in his Berlin-based email pen pal Mieke (Jessica Boerhs), who is sorry for hearing about the breakup, and wants to come to America to help Scotty "work out" his aggression. Being as drunk as he was, and thinking that Mieke was really a man, he told her off.

When he finds out the truth about her real identity, he tries to make up for this by e-mailing her back, but she blocked his e-mail address. With failure to contact her Scotty soon loses all hope until his best friend Cooper (Jacob Pitts) convinces him to go to Berlin and meet up with her face-to-face. Short on cash, they take a cheap courier flight to London where they meet up with some rather rowdy Manchester United football fans, and their European trip begins. They are later joined in Paris by their twin friends Jenny (Michelle Trachtenberg) and Jamie (Travis Wester), who help to add to the overall hilarity of the situation.

This movie was not only entertaining to sit through, but it was also one of those

movies where you weren't afraid to laugh at the stupidity of the behaviors and stereotypes of other countries. Eurotrip spared no one and no country from embarrassment. The cast of countries hit included England, France, Amsterdam, Bratislava, Rome, the Vatican, and most importantly Berlin. This was great because its about time someone poked fun of the pope and those "I-ties." (Don't worry, Not only am I Catholic, but I'm also part Italian, so it's ok. I'm only kidding about the jokes.)

Not only was it a great comical movie, but more importantly, yes fellas...it had plenty of gratuitous nudity and sexual innuendos to make any immature male drool for a little milk and nookie, or a little hardcore S&M administered by none other than former Xena star Lucy Lawless. She was scantily clad in barely enough leather to cover a baseball, much less any form of clothing.

So whether or not you're in it for the comedy or simply the sexual exploits of four young college coeds traveling through Europe, this movie is one to see. Besides who knew that in eastern Europe you could stay in a 5 star hotel with full room service, and then party all night long in a high-class clubbing establishment all for \$1.87 U.S. and still have .27 cents left over the next day?

Thank you Eurotrip.



The Poet's Corner

Black tears have run
Right from my eyes of green
Down my pale pink face
And lost along the way,
Dreams inside my head
Thoughts of forever dead
Lost hope and self
Good thing I never said.

Bright smile on my face
Rosy lips await their kiss,
Blushing cheeks and golden hair
Just there for you to stare.

You have fixed my broken wings of hope
And filled my purple heart with love.
We beat together all at once
Forgetting what we once have done.
Sparkling tears of joy run on the inside
Fill my body with great joy
Never must I hide.

Blinding rays of sunshine
Fill my weary head
And like the days of warm spring
Where everything is new
This is where I sit
And this is where I see you.
Joy bubbling like a brook
Songs played from a book
Thank you, radiant soul
You have filled me through and through.

No longer black tears of pain run away from my face
With magic grace
You have taken me
Far away from that place.
To happy fields of me and you
To happy people old and new
Together so happy
And we're always true.

Amandalee Crossman - Class of 2007



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ANY OTHER OFFER. EXPIERIERS 3/30/04

Visit us online at www.jerseymikes.com

Every day, combo
your sandwich
with a chip and
22 oz fountain
drink or a cup of
soup add just
99 cents.

ONE
FREE
COOKIE

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Cold Subs

- #1 BLT
- #2 Cheese, Boiled Ham, Cappacuolo
- #3 Ham & Cheese
- #4 Cheese, Proscuittinl, Cappacuolo
- #5 Jersey Mike's Super Sub - Cheese, Ham Proscuittinl, Cap
- #6 Roast Beef
- #7 Turkey Breast
- #8 Club Sub - Cheese, Ham, Turkey, Lettuce, Tomato, Mayo, Bacon
- #9 Club Supreme - Roast Beef, Turk. Swiss, Let. Tom. Mayo Bacon
- #10 Tuna Fish
- #11 Cheese, Ham, Salami
- #12 Cancro Special - Cheese, Roast Beef, Pepperoni
- #13 Jersey Mike's Original - Cheese, Ham, Prosc, Cap, Sal, Pep
- #14 Vegetarian - Swiss, Provolone, Let. Tom. Green Pep. Onions
- ***Chicken Salad Sub - w/ Lettuce & Tomato

All Subs Made Mike's Way Which Includes: Onions, Lettuce, Tomatoes, Vinegar, Oil and Spices (except Club Subs)
Upon Request: Mayo, Mustard, Jalepenoe, Pickles, Banana Peppers.

Mini/Reg/Giant/Platter

- \$3.49/4.49/5.99/23.50
- \$3.49/4.39/5.99/23.50
- \$3.49/4.39/5.99/23.00
- \$3.49/4.99/6.69/24.50
- \$3.89/4.99/7.29/28.00
- \$4.29/5.29/7.49/28.00
- \$3.89/4.99/7.29/28.00
- \$3.89/4.99/7.49/28.00
- \$4.29/5.29/7.99/31.00
- \$3.89/4.79/6.29/24.00
- \$3.49/4.39/5.99/23.50
- \$4.29/5.69/7.99/31.00
- \$4.29/5.49/7.99/31.00
- \$4.29/5.49/7.99/31.00
- \$4.29/5.49/7.99/31.00

Hot Subs

- #15 Meatball & Cheese w/Grated and Provolone Cheese & Tomato Sauce
- #16 Chicken Philly
- #17 "Philly" Cheese Steak w/ boiled onions & peppers and American Cheese
- #18 Chicken Breast Sub "Pann", "Grilled" or "Cutlet"
- #19 Bar-B-Q Beef Sub
- #20 Pastrami / Corned Beef w/ Swiss, Sauerkraut and Thousand Island
- #21 Cheeseburger w/Lettuce, Tomato, and Mayo

Reg/Giant

- \$4.79/6.49
- \$5.29/7.29
- \$5.29/7.29
- \$5.49/7.99
- \$5.49/7.99
- \$4.99/6.99
- \$4.39/5.99

Signature Wraps

- Turkey with Honey Mustard Sauce w/ lettuce and tomato \$4.49
- Grilled Veggie w/ grilled pep, onions, melted swiss and prov. let, tomato, home style ranch \$4.49
- Grilled Ham and Cheese w/ let. tomato and roasted red pep. on a sun-dried tomato wrap \$4.49
- Grilled Roast Beef & Cheese prov. grilled onion. let. roasted red pep, sun-dried tom.wrap \$5.29

(Wrap any Regular)

Soups and Salads

- Small Soup \$1.89 Large Soup \$2.69
- Tossed Salad \$2.69 Chef Salad/Antipasto \$5.29
- Tuna Salad \$4.49 Chicken Salad \$5.29

Low-Fat Choices

5 Subs Under 5 Grams of Fat

Available on Mini Mikes only, Served with Lettuce, Onion and Tomato
*Ham *Turkey *Roast Beef *Veggie *Ham & Turkey

We genuinely care about your business. If anything was not up to the highest standard including food, cleanliness, service or quality, we would like to know. Please call the store and leave a message for Dave Mallon, (the area manager) or Mar and Michelle Siegel (local franchisees). We will contact you as soon as possible. Thank you for your patronage

they've already
guided the
tax policy of
an entire nation.
what's next?

PRICEWATERHOUSECOOPERS 

xTAX 2003

Last fall, 1,100 students from 24 colleges and universities were given a difficult task: create a tax policy that stimulates economic growth for a nation. Their ideas were evaluated by a panel of PricewaterhouseCoopers professionals, who named the top team at each campus.

Join us in congratulating all the students who participated and the top team from Bryant College:

Heidi Lucas
Megan McDonald
Laura Nadeau
Steve Vigliotti
Patrick Wrenn

Tim Krumwiede, Faculty Advisor

pwc.com/xTreme