



THE ARCHWAY

Bryant College, Smithfield, RI

August 31, 1999

Volume 68 Issue 1

Welcome From President

August 27, 1999

Dear Faculty, Staff, and Students:

Welcome to the 1999-2000 academic year at Bryant College. The start of each year is a perfect occasion to set new goals and challenge ourselves to meet higher standards as we continue our educational journey. Kati and I are excited each fall as we have the wonderful opportunity to welcome new faculty, students, and staff and to renew friendships from the past.

Our exceptional faculty and staff are committed to providing each student the very best education pos-

sible. This year we welcome seven new full-time faculty members to Bryant College. We know that they will provide the same educational excellence as the other faculty members who have so capably taught here during the many years of our educational life.

Over the course of this year, I hope each student experiences and appreciates the many people in the Bryant Community who work hard every day to meet the responsibilities of our mission, which is to be student centered, focuses on excellence, preparing our students to achieve their personal best in life and in business. We judge the success of this great institu-

tion by the success of our graduates.

Many physical changes on our campus are occurring over the course of this year, not the least of which are the new intramural and varsity fields for our community's recreation needs. Additionally, we have spent significant money this summer to paint and upgrade the townhouses, as well as updating the technology for our labs, for our academic classrooms, and the Koffler Center. We are most excited over the expected groundbreaking in May for our new Bello Center for Information and Technology, which will house not only our new library, but two

very sophisticated classrooms, and even a cyber café. Additionally, our new Wellness Center is designed to provide all students with excellent exercise and wellness facilities, including a new swimming pool. The models of the designs at this point are in the lobby of the President's reception area if anyone is interested in viewing the proposed new buildings.

This is a particularly exciting time to be at Bryant College. I hope you can see that we are committed to ensuring the College will continue to improve and grow throughout the next century, to assure every student the very best educational opportunity possible.

For new students, staff, and faculty, a special welcome. I hope you have one of the best and most rewarding experiences of your life. For the returning faculty, staff, and students, I hope you join me in making this the very best year that we have experienced in the long history at Bryant College. This will be a very busy academic year in front of us. I know that you will join me in meeting the year's challenges and enjoying the rewarding results of our efforts.

Sincerely,

Ronald K. Machtley
President

Greetings From Dr. Eakin

August 26, 1999

To: New and Returning Students

Welcome to each of you. We're looking forward to a great academic year. Faculty and staff have prepared for an exciting year of living and learning together and we're glad to have you on-campus.

As members of the Bryant Community we enjoy opportunities and privileges. Our membership brings responsibilities as well. As we go about our daily activities we all need to think about the impact of what we each do on others.

These principles were identified through extensive research by the late Ernest Boyer of the Carnegie Foundation as contributing to a strong sense of campus community. A campus should be a place where:

- faculty, staff and students work together to strengthen learning and make academic life the centerpiece.
- the dignity of all individuals is affirmed and equality of opportunity is pursued.
- freedom of expression is protected and civility is powerfully affirmed.
- individuals accept their obligations to the group and procedures guide behavior for the common good.
- each person's well-being is sensitively supported and serving others is encouraged.
- the heritage of the institution is remembered and rituals affirming both tradition and change are widely shared.

These principles can help shape individuals lives and contribute to a spirit of community.

The College has provided each of you with a copy of the Student Handbook. It provides important information about procedures, policies and rules and is a helpful resource. I'd like to call your attention to several key areas:

- Safety is an important issue. On campus, the Student Affairs and

Public Safety staff work closely to address safety issues. Please work with them and develop responsible patterns of behavior. The highways surrounding the campus are incredibly busy. Be especially careful when walking and/or running along them. Be alert and make sure you can see and/or be seen by any oncoming traffic. Best advice - get your exercise on campus. Similarly, obey the traffic laws when driving. The speed limits are enforced and many of the areas around campus are neighborhoods with children and families. Be responsible.

- The Entry Control Station will monitor all traffic closely. On weekdays from 8 PM to 7 AM non-Bryant decal vehicles will be stopped. At those times, and from Noon Fridays through 7 AM Mondays vehicles without decals will be stopped. Bryant vehicles with multiple occupants will also be checked. Bryant students without ID cards will experience delays while their status is confirmed. Students are encouraged to make prior arrangements when guests are expected. The guest policy is being enforced.
- Please be advised that the college will follow the alcohol and social gathering policy printed in the Student Handbook. Students violating the college's alcohol and/or drug policy are subject to disciplinary action. Parental notification will occur when students are underage. The Student Programming Board, other groups and staff have planned a wide range of activities and programs for the Fall Semester. You are encouraged to get involved, try things and make the most of this investment.

I have touched on several things I wanted to share early. I'll be communicating with you often and be available to discuss ideas and issues with you. Please feel free to contact me. I look forward to a great year and hope you do as well. Best wishes for a successful year.

Sincerely,

Dr. J. Thomas Eakin,
Vice President for Student Affairs/Dean of Students

ANNOUNCEMENTS

CAMPUS MINISTRY

The chaplains who serve the Bryant Community are eager to inform you of spiritual and social events available to all members of the College family.

The Bryant College Campus Ministry Office is located in the Student Affairs Complex on the second level of the Unistructure. Catholic, Protestant, and Jewish chaplains are available to all members of the College community as sources of support, guidance, and spiritual development and integration. The campus chaplains are also available to participate in programs and discussions sponsored by faculty, resident assistants, campus groups/clubs, and individual students.

CATHOLIC CAMPUS MINISTRY

The Rev. Joseph Pescatello, MS; MDiv.

Catholic Chaplain

Location: Student Affairs Complex
Campus Ministry/Counseling Services

Telephone: 232-6119/232-6045 Office
762-5117 - Res. (Our Lady Queen of Martyrs, Woonsocket)

Office Hours: Monday, Tuesday, & Thursday - 10 a.m. - 4 p.m.

LITURGY Sunday Mass - 8 p.m. - Bryant Center (Room 2A&B)
Mass - Tuesdays & Thursdays - 12:30 p.m. (Chapel)
Holy Day Mass - 12:30 p.m. (Chapel)
Residence Hall Masses: By appointment
Sacrament of Reconciliation: Before or after Mass
Sacramental Preparation (RCIA): Begins in October

JEWISH CAMPUS MINISTRY

To Be Announced
Jewish Chaplain

Location: Student Affairs Complex
Campus Ministry/Counseling Services

Telephone: 232-6119/232-6045

Bryant One Card

All resident students, other than those residing in a townhouse, must participate in a meal-plan. If you purchased a Meals Plus Plan, you will be entitled to a number of meals, plus there will be a balance of "points" on the card which may be used as discretionary spending money at the following locations: The Bagel Express, Bookstore, Heritage Dining, the Scoop, Subway, Pizza Hut, Images, The Info Desk, Salmanson Dining Hall, and South Dining Hall. Additional points, (minimum of \$25.00), may be purchased through the Bursar's Office.

Your Bryant One Card may also be used for vending, laundry and the Library. Discounts will be given by using the One Card for those services. The above services are activated only after you have deposited

funds to your vending stripe, or have transferred points to vending. Either transaction mentioned above must be done at the CVC machines located in the Unistructure near the ATM, or the new location in Hall 15. After numerous requests from students it was decided to relocate the CVC machine formally located inside the Bryant Center to the lobby inside Hall 15. We are sure this will be a more convenient location for our students.

As in the past, if you should loose your Bryant ID, please report it to the ARAMARK office immediately. ARAMARK will continue to lock out cards for dining hall entry when the card is reported as lost, but we cannot prevent anyone from using the vending stripe.

The magnetic stripe used

for vending, is an off-line function. There are no tracking capabilities for deposits or usage to your card. This means, should you lose or damage your card, a refund cannot be issued for any funds remaining on your vending stripe. Having dollars on the vending stripe is like having cash. For this reason, we are restricting the dollar value allowed on the vending strip to \$20.00. You may add cash to the vending stripe at any time, by visiting either CVC unit. Since your ID is now worth money, Please be careful with it.

Please direct any questions, concerns, or thoughts on this system to Lisa Mathewson, Support Services Assistant, at x6035 or email her at lmathews@bryant.edu.

To the Bryant Community:

Editorial

As we embark on a new academic year, we would like to welcome everyone. We hope that everyone has an adventurous and prosperous year. As summer has been winding down, we have been preparing for an informative and exciting semester.

Our plans for this year are bigger and better than last year. Check out future issues for our business and classified sections, crosswords puzzles, comics, horoscopes, improved community calendar, and lifestyle and arts reviews.

The Archway is looking for members of the community to join our staff. Everyone is welcome, including freshmen. No experience necessary. Freshman are welcome! If interested call x6028.

Our first meeting will be a pizza party on Tuesday September 7th, at 6:30 pm, in our office, third floor Bryant Center. New and prospective staff are welcome. Come see what we are all about!

Our 1999-2000 publication dates are:

September 17, 1999	February 4, 1999
October 1, 1999	February 18, 1999
October 15, 1999	March 10, 1999
October 29, 1999	March 31, 1999
November 12, 1999	April 14, 1999
December 3, 1999	April 28, 1999

All submissions are due by 4 pm on the preceeding Monday of the publishing date. All submissions must be on disk and hard copy. All are subject to editing.

Sincerely,

Andrea Piccarelli & Adam Fontaine, Co-Editors-in-chief

WELCOME TO BRYANT'S NEW TENURE TRACK FACULTY

Cileine de Lourenco,
Assistant Professor of Latin American Studies
and the Spanish Language

Tom Chandler,
Assistant Professor of Creative Writing
and Freshman Composition

Robert DiSario,
Assistant Professor of Mathematics

Kimberlianne Podlas,
Assistant Professor of Legal Studies

Anna Styblinski Rose,
Assistant Professor of Accounting

Jake Rose,
Assistant Professor of Accounting

Keith Vorkink,
Assistant Professor of Finance

The Archway Staff

Editor-in-chief Publishing: Andrea Piccarelli

Editor-in-chief Business: Adam Fontaine

Copy Editor: Julie Bethke

Layout Manager: Stephanie Sedivy

Staff: Leanna Mansour, Kerri St. Jacques, Brie Martin, Max Dittleman, Josh Lopes, Marilyn Radei, Si Lee, Andrew Bishop, James Corcoran

The Archway is composed bi-weekly during the academic year by the undergraduate students of Bryant College. The publisher is Bryant College. This newspaper is written and edited by a student staff. No form of censorship is exerted over the content or style of any issue. Opinions expressed in this publication are those of the students and do not necessarily reflect the views of the faculty or administration of Bryant College. The Archway is printed at TCI Press in Seekonk, MA.

Copy considered objectionable by the Editorial Board will not be accepted. All letters to the Editor must be signed. All submissions become property of The Archway and cannot be returned. Announcements and news releases from the College and surrounding communities are printed at the discretion of the Editor-in-Chief.

Advertising rates may be obtained by contacting The Archway office during business hours. Offices are located on the top floor of the Bryant Center. Business hours are Mondays and Tuesdays from 3 p.m. to 5 p.m. Mailing address is Box 7, Bryant College, 1150 Douglas Pike, Smithfield, RI, 02917-1284. Our telephone

ANNOUNCEMENTS

LIBRARY HOURS

August 30th - December 16th

Monday	7:30am - 12:00am
Tuesday	7:30am - 12:00am
Wednesday	7:30am - 12:00am
Thursday	7:30am - 12:00am
Friday	7:30am - 9:00pm
Saturday	10:00am - 6:00pm
Sunday	12:00pm - 12:00am

Attention Sophomores!!!

There is a vacant seat on the Student Senate in **YOUR** Class. If you would like to run for Sophomore Senate, election packets maybe picked up in the Senate Office beginning **August 30th**. You also may begin campaigning **Monday August 30th**. Candidates will give speeches at the **September 15th** senate meeting and the election results will be announced!

Represent YOUR Class!

FRESHMEN

Represent **YOUR** Class!!

Do you want to...

Be a voice for the Bryant Community? Work closely with the Administration? Have fun and meet new people?

THEN LET YOUR VOICE BE HEARD!

Run for one of the 6 Legislative Body seats on the Student Senate to represent **YOUR** class!

Nomination forms are available August 30th in the Senate Office, 3rd floor of the Bryant Center, and are due back by 4:00pm on September 6th.

If you have any questions, you can call me, Amy Thistle, Elections Chair at x8383, or email me at aht1@bryant.edu

Senior Orientations

...Mandatory...

In order to participate in the **Corporate Recruiting Program**, you must **REGISTER** with Career Services. You will have the opportunity to do this at the **Senior Orientation**. After receiving a comprehensive explanation of the recruiting policies and procedures, you will complete and sign a registration card that acknowledges your understanding of the program.

Attend **ONE Session** listed below

- Tuesday, 9/7 @ 9:00am, MRC Lecture Hall
- Wednesday, 9/8 @ 5:00pm, Bryant Ctr., 2A/B
- Thursday, 9/9 @ 3:00pm, MRC Lecture Hall
- Friday, 9/10 @ 1:00pm, MRC Lecture Hall
- Monday, 9/13 @ 3:30pm, RM 275-276
- Tuesday, 9/14 @ 5:00pm, MRC Lecture Hall
- Wednesday, 9/15 @ 9:00am, MRC Lecture Hall
- Thursday, 9/16 @ 1:00pm, MRC Lecture Hall

NO EXCEPTIONS... you must attend ONE session

The Archway...

...Is Looking For

Members of the Bryant Community to Join Our Staff

- Students
- Faculty
- Staff

All Are Welcomed!

Staff Writers

Photographers

Layout Staff

Columinists

Many More Positions Available

Contact Andrea or Adam for Info at X6028

CATHOLIC MASS

SUNDAY EVENINGS

8 P.M.

BRYANT CENTER

ROOM 2A&B

BEGINNING AUGUST 29

ANONYMOUS AIDS Test

Tri-Town Health Center

351-2750

FEATURES

RACHEL'S HOPE WALK TO BE HELD ON SEPTEMBER 18 AT BRYANT COLLEGE

The Rachel's Hope Walk will be held at Bryant College in Smithfield, RI, on Saturday, September 18, to benefit the Rachel's Hope Fund. The walk is designed to help Rachel Epstein, an 11-month-old Worcester resident who has recently been diagnosed with Canavan Disease, a fatal disease with no known cure or treatment. The walk is sponsored by Delta Zeta Sorority of Bryant College. Sherri Epstein, Rachel's mother, graduated from Bryant College in 1989 and is an alum of Delta Zeta.

Rachel was born to Sherri and Ken Epstein in September 1998, a seemingly healthy and happy baby girl. Within a few short months, it became obvious Rachel was not developing at a normal rate. Three months ago, she was diagnosed

with Canavan Disease, which is known to affect only about 500-1,000 children in the United States. Rachel is the country's youngest known case at this time.

Canavan Disease is a rare genetic disease in which there is a deterioration of myelin (white matter) in the brain. It is a progressive disease that will steal Rachel's vision, muscle tone, and cause seizures and eating problems. She will never sit up, crawl, walk or speak. Children like Rachel have a life expectancy of one to four years, although some survive into adolescence.

Rachel's parents discovered the Canavan Research Fund which will be orchestrating a second Gene Therapy Trial to be held in the year 2000 at the Thomas

Jefferson Medical University in Philadelphia, PA. Rachel is a prime candidate for the trial which, at this point in time, offers the only hope for a cure or effective treatment for Rachel.

"You never want to believe that this is actually happening to your child," said Sherri Epstein, Rachel's mother. "The response from our friends and family has been short of a miracle; we had no idea which way to turn, but we knew we had to do everything in our power to find help for Rachel. This walk means so much to us, to Rachel, and to the fight against Canavan Disease," she added.

Since the study is still in the research stage, Rachel's insurance company will not pay for doctors' fees, hospital expenses, prescrip-

tions, and travel and overnight costs that are necessary for Rachel's inclusion in the study. Through the walk-a-thon, Sherri and Ken's friends and family members are hoping to raise money that will help them pay for these related expenses.

Registration for the walk will begin at 9 a.m. on Saturday, September 18, at the Bryant College Campus. The walk will begin at 10 a.m.

People who are interested in participating in the walk can contact Sherri or Ken Epstein at 508-852-6282 or register on-line at REcanavan@aol.com. If people or companies wish to make donation to Rachel's Hope Fund, theIf people or companies wish to make donation to Rachel's Hope Fund, the

address is Rachel's Hope Fund, c/o Flagship Bank, 75 Gold Star Boulevard, Worcester, MA 01605. Checks may be made payable to Rachel's Hope Fund.

Donations may also be made to the Canavan Research Fund, which will help pay for the research trials, the research mouse, researchers' salaries, and necessary equipment. The address is Canavan Research Fund, 16 School Street, Rye, NY 10580. Please note on all donations that the donation is in honor of Rachel Epstein.

To learn more about Canavan Disease, visit www.canavan.org or www.canavanfoundation.org. Rachel's web site address is <http://hometown.aol.com/recanavan/index.html>.

Use your dollars with sense.

The Associates Student Visa® can help you manage college expenses with fewer worries. Your dollars go further with all these great benefits.

- **3% cash back on purchases***
- **No annual fee**
- **Credit line up to \$2,500**



To apply, call toll free
1-888-SEND-ONE.

*See Rebate Terms and Conditions accompanying the credit card.
For more information and great discounts, visit our Web site at
www.studentcreditcard.com.

GREEK LIFE

Greek News

By Ericka Hagenaars

The Greek community would like to welcome you to Bryant College! Bryant's five sororities and eight fraternities are eager to meet you. Both the sororities and fraternities have planned fun events and interest sessions that you are encouraged to attend. While chapter names have changed, most of Bryant's Greek chapters have been active since the early 1900's. Being a long-standing tradition, Greek Life makes up approximately 15% of the student population, making it one of the biggest organizations on campus. We would be glad to answer any ques-

tions you may have. Call the Greek Life Office at x6199 for more information or to ask questions.

All-Sorority Recruitment

Greek Life...What A Grateful Experience is this year's theme for membership recruitment. All-Sorority recruitment is a time for students to meet Bryant's sororities on a more personal level. The Panhellenic Recruitment Chair, along with the Panhellenic Council, has planned a weekend of activities that will give prospective members a more in depth look at what sorority life has to offer. Prospective mem-

bers are required to sign up for membership recruitment. Look for sign up tables outside Salmanson or Halls 14 & 15. You may also sign up anytime in the Greek Life Office, located on the third floor of the Bryant Center.

Fraternity Rush

Each fraternity chapter has their own rush schedule. The chapter's Rush Chairman is in charge of setting the schedule and keeping prospective members interested. Many events will include such things as informational sessions, Monday night football, and open houses. Look for signs in

the Rotunda and around campus. Informational folders will be provided to all interested men. The folders will include information on each chapter as well as a list of Rush Chairs. Don't hesitate to call the Greek Life Office at x6199 or any of the Rush Chairmen for more information.

Paint the World Greek Greek Week 1999 September 6th - 12th

The Greek community will be kicking off the new year with a week of fun-filled events. Each year the members of Bryant's fraternities and sororities join together to celebrate and give back

to the community. This year, we will be raising money for a local elementary school the entire week. Each chapter will also be giving a generous donation to the cause. Members from each chapter will be traveling to the school for a day of service. This day is designed to kick off a new All-Greek supported Adopt-A-School program. The program's purpose is to help make the education of others a more positive and rewarding experience. If any one would like to know more about the program or make a donation, please call the Greek Life Office at x6199.

All-Sorority Recruitment Schedule

September 24th - September 28th

Friday, Sept. 24th

Membership Recruitment Orientation
6:15 pm-6:50pm

South Dining Hall

Round 1 Events-Welcome Events

7:00 pm-8:50pm

Event 1 7:00-7:20 pm

Event 2 7:30-7:50 pm

Event 3 8:00-8:20 pm

Event 4 8:30-8:50 pm

Social at Cornerstone 9:00pm

Saturday, Sept. 25th

Round 2 Events-Info. Event

1:00 pm-4:45pm

Event 1 1:00-1:45 pm

Event 2 2:00-2:45 pm

Event 3 3:00-3:45 pm

Event 4 4:00-4:45 pm

Sunday, Sept. 26th

Pick up invitations & make selections in
South 11:00 am

Pick up event schedule in South 1:30 pm

Round 3 Events-1st Round Invites

2:00 pm-4:45 pm

Event 1 2:00-2:45 pm

Event 2 3:00-3:45 pm

Event 3 4:00-4:45 pm

Monday, Sept. 27th

Pick up invitations & make selections in
South 10:00am

Pick up event schedule in South 5:30 pm

Round 4 Events- Preference Night

Event 1 8:30-9:30 pm

Event 2 9:45-10:45 pm

Tuesday, Sept. 28th

Bid Ceremony 9:30 pm

Unistructure

Paint the World Greek

Greek Week Schedule

Monday Sept. 6th

- ◆ Banners due in Greek Life Office Greek BBQ

Tuesday Sept. 7th

- ◆ Banners hung in Roto
- ◆ Table in Roto (10:00 a.m. - 2:00 p.m.) to sell Frisbees -any one who buys Frisbee will be entered in drawing to win free tickets to Ball

Wednesday Sept. 8th

- ◆ Outside Movie on Koffler lawn-rain: Janikies
- ◆ GAMMA sponsored "Mocktails" at movie
- ◆ Color Sale in Bryant Center

Thursday Sept. 9th

- ◆ Color Sale in Bryant Center
- ◆ Banner Contest Winner & Winner of Ball Tickets Announced

Friday Sept. 10th

- ◆ Greek Ball w/ awards ceremony

Saturday Sept. 11th

- ◆ Public Service to neighboring elementary school

Sunday Sept. 12th

- ◆ Greek Games

HEALTH SERVICES

Welcome Back

by Betty Cotter

Health Services extends a warm welcome to all new and returning students. We are located in Residence Hall #16 and offer a variety of programs and services. The clinical staff includes a part-time physician, certified family nurse practitioners, and a health educator. The hours are Monday through Friday, 8:30 - 4:30 P.M. EMTs from the Office of Public Safety are available at 232-6001 when Health Services is closed.

Students who are ill or have health problems are welcome to walk-in between 8:30 A.M. and

11:30 A.M. or make an appointment for the afternoon. You may want to take advantage of some of the following programs and services:

1. Treatment of illnesses and injuries;
2. Daily delivery of prescription medications;
3. List of referrals to off campus specialists;
4. Laboratory services available (can be billed to your health insurance);
5. Disabled student counseling;
6. Women's health care;
7. Sexually transmitted disease treatment;
8. Healthy Spring Break Program;
9. Nutrition Counseling
10. Peer Education

Program (call 6703);

11. AIDS Awareness Day, December 1;
12. Health education programs tailored to individual needs;
13. Library on health issues, including videos;
14. Special presentations to groups of 12 or more on a health topic of your choice;

All health care and advice are completely confidential. Parents are only notified in the event of a life threatening illness or injury.

Again, welcome to Bryant College, and please stop by for a visit or call 6220 for an appointment.

Food Safety for Townhouse Residents

by Betty Cotter

The following are some tips on food safety for seniors living in townhouses adapted from The Nutrition Action Letter, September 1991:

1. Keep the temperature of your refrigerator just below 40 degrees and your freezer at 0 degrees. Buy a thermometer and adjust your fridge's warm and cold knob until the temperature's right.
2. Put away leftovers as soon as possible, and certainly within two hours. Don't wait for them to

and carrots. Keep your knife out of the mold, and cut out at least one inch around and below the spot. Store the food in a clean container, and use it as quickly as possible.

8. You can scoop out tiny spots of mold from jelly or jam. Just make sure you wash the spoon carefully and then scoop out a larger area around the spot. If the jelly or jam tastes fermented, throw it out.
9. Invisible mold spores can easily penetrate soft foods, and some molds may contain cancer-causing

Campus Scene

The Archway Will Be Holding a Meeting for All Organizations that want to Submit to the Campus Scene

Section of the Paper

Wednesday September 8th at 6:30 pm in Archway Office

3rd Floor, Bryant Center

This is a Mandatory Meeting. Submissions Will Not Be Accepted From Organizations That Are **Not** Represented at This Meeting!

cool. That just invites bacteria to multiply.

3. Transfer food from hot pots and pans to containers before you put it in the fridge. Use the shallowest containers possible. The idea is to help the food cool quickly.
4. Don't keep raw fish in the refrigerator for more than 24 hours. Raw poultry will keep for one to two days, and red meat for three to five days. Leftovers should keep for about three to four days. Vacuum sealed packages of lucheon meat will keep for about two weeks, but only five to seven days once opened.
5. Throw out any cans that have dents, holes, rust, bulges, or leaks.
6. Don't store acidic foods like tomatoes or citrus juices in open cans. If there is any lead in the solder, it can leach into the food.
7. It's OK to cut away small moldy spots from hard cheese, salami, and firm fruits and vegetables like cabbage, bell peppers,

toxins. That's why you should throw out these foods whenever you find mold on them, no matter how little: individual slices of cheese, and soft cheese (like mozzarella), cottage cheese, cream, sour cream, yogurt, bread, cake, rolls, pastry, corn on the cob, nuts, flour, whole grains, rice, dried peas and beans, and peanut butter.

10. Handle raw chicken with great care. About one out of every three chickens is contaminated with salmonella or campylobacter bacteria that can cause illness. Cook chicken well. Never place cooked chicken on a dish that held raw chicken. Wash hands, counters, dishes, etc. well with hot soapy water if they came into contact with raw chicken.
11. Never thaw and then refreeze meat or meat products.
12. Call Health Services at 232-6220 or stop by Hall #16 if you have any questions about food safety.

FEATURES

HOW DO STUDENTS REACH THEIR ACADEMIC PEAKS?

by Learning Assistance Staff,
Boston University
Recompiled by
Laurie L. Hazard, Ed.D.,
Director of the Academic
Center for Excellence

One goal of the Academic Center for Excellence (ACE), which was formerly called the Learning Center, is to help students earn and maintain superior grade point averages. The staff at ACE is dedicated to helping all students achieve academic excellence. We realize that students are not born with good study skills and we believe that all students can be taught the study strategies necessary to help them reach their academic peaks.

What, then, are the study strategies that the best college students use to allow them to perform to the best of their abilities? The staff at ACE, learning specialists, and psychologists have observed and analyzed what it is that the best students do as they read, take notes, study, and participate in classes. Consistent patterns have emerged among the top students in various schools and among students of widely divergent backgrounds and abilities. Although many succeed in academic settings, six study strategies stand out, which any student can apply. We urge you to try these techniques and see if they make a difference for you.

First, successful students focus their attention on the course objectives. This may seem obvious, but it appears that the average student has

the attitude that "if it's in the course, I'll have to memorize it." Unfortunately, most courses have too much information to allow anyone to memorize everything; also, most professors are not impressed with simple memorization of details. They want to know whether students can apply, compare, and use the concepts and thinking strategies presented in the course. How does a student find out what the course objectives are? The syllabus usually outlines the course objectives. Research has shown that professors often give critical information to students at the beginning and end of classes or lectures, and in their directions for assignments.

This brings us to the second characteristic of good students—they take comprehensive notes in classes and lectures. Comprehensive means complete notes with all levels of information, including generalizations, examples, explanations, transitions, questions, introductions, summaries, and repetitions. "But my teacher told me to just write down the important things," most students will say. The professors can say that—they already know what the important things are, and they are so familiar with their fields that they are able to remember details. Students can't always tell what is important, and they will forget all but about 10% of a lecture in less than one month if they don't write down enough information. So, as

one learning specialist advises, "Write as much as you can down," and figure it out later. "But you can't write down everything!" Students will object. True. However, most students find that by going into a lecture with the objective of writing down everything, and by writing continuously during the lecture, they can record almost everything they need. Of course, there are many further tricks to doing this—which is what good students find out.

Another skill which better students develop is the ability to make connections between the "whole" and the "parts." That is, they always figure out what the most important ideas, concepts, or relationships are in a reading, laboratory, lecture, class, or work of art, AND they figure out how each part is related to the main points. For example, if the notion of "self-concept" is presented in a lecture, these students will watch and listen for examples of "self-concept" in readings and class discussions. Since the types of relationships between the parts of a course may vary from book to book, course to course, and professor to professor, good students spend a lot of their time "figuring out what's important" or "psyching out the situation."

How do you know when you've figured out what's really important? That's another strategy of good students: they establish feedback procedures to find out whether they understand

the subject. The most common sources of feedback are study groups, professors, upperclassmen that had the course last year, and the ACE staff. Students can get internal feedback by using some of the following strategies: predicting the questions which might appear on examinations, making summary sheets, tutoring other students, and self-testing (that is, closing the notes or textbook and saying everything aloud).

Perhaps the single most significant characteristic of the best students is this: **THEY ASK A LOT OF QUESTIONS.** These questions fall into two categories. First, in reading and listening, these students silently ask questions of the author or lecturer. Put another way, they form hypotheses and then read or listen to see if they have predicted correctly what will be said next.

The other category of questions is those asked of people around them: in classes, tutorials, conferences with professors, and in meetings with learning specialists. They question professors, other students, upperclassmen, the ACE Staff, and tutors. This questioning already appears to be the major way that students with reading, language, or learning difficulties compensate for whatever problem they have. By asking questions, these students verify their understanding and gradually learn new skills, which will enable them to be independent

learners.

Finally, related to asking questions, and actually a prerequisite for asking useful questions, is the fact that better students find out where and from whom they can get help when they need it. They get to know their professors, counselors, and the professional staff, such as the learning specialists at ACE by talking to them. They find out where they can get help for study skills, reading, math or for the content of their courses. They find out who could be of assistance with personal, academic, or administrative problems. They find out who the best students are which upperclassmen have had the same course or professor, and which tutors can help them.

Innumerable students study very hard and spend long hours on their assignments, yet they get only C's. Other students take action; they go to their professors and to the Academic Center for Excellence to find out why they're not getting higher grades. Generally, they find it relatively easy to discover the source of the problem and to improve their grades by a full letter grade.

You too can be a student who takes action by using these techniques in an effort to reach your academic peak. These six strategies for success in college may seem to be common sense to many people... but all six of the strategies call for action on the part of the college student. That, perhaps, is what success in college is all about.

STUDENT PROGRAMMING BOARD BIG PLANS

By Lynne Morrison

Welcome Back Bryant College and SPB Members. The Student Programming Board has been working very hard this summer to organize events for this semester. To start the semester off, we've planned "Welcome Weekend" from September 3-6. The weekend kicks off with "Paul Plays it All" and A giant Twister game on Friday from 11 a.m. - 2 p.m.

during the organizational fair outside the Bryant Center. "Can't Hardly Wait" will be playing in "Nick's Place (in the Bryant Center)" at 7 p.m. on Friday night. Saturday begins at 12 noon with a picnic-style barbecue, inflatables, and a Ben and Jerry's ice cream cart. All of this will be located outside the Bryant Center till 3 p.m. The Ben & Jerry's ice cream will cost \$0.75. How-

ever be on the lookout for a \$0.25 off coupon in your mailbox. The rain date for these activities will be Sunday. Saturday night from 8-9 p.m. in Salmanson Dining Hall, Frank Santos, the R-rated Hypnotist will be performing, free of charge. The "Film Series" will be starting off with "10 Things I Hate about You" on Sunday night at 9:30 on the Bryant Center lawn and a second

showing will be Monday night at 9:30 in Janikies Auditorium. Refreshments will be sold at the movie for \$0.50 each. All events for this weekend are FREE, so come on out and enjoy the events.

The next movie will be Austin Powers 2, starting Thursday, September 16th and running through Sunday the 19th. Admission to all movies will be \$1.00 (unless otherwise

noted), with refreshments at \$0.50 each. Showtimes will be Thursday evenings at 9:30, Saturdays at 7:00 p.m. and Sunday evenings at 7 and 9:30.

The student programming Board will hold its first meeting on Monday, September 6th at 4:30 p.m. in Papitto Dining Room, located on the first floor of the Bryant Center. All are welcome to attend!

Hope to see you all at "Welcome Weekend"!

SPORTS

Fall Sports Preview

FOOTBALL

The first season of Bryant football met with an overwhelmingly enthusiastic response. The first home game in school history—and the opening of Bulldog Stadium—attracted nearly 6,000 fans as Bryant defeated Assumption, 30-14, on September 26. Overall, more than 13,000 fans watched Bryant football in Bulldog Stadium for the team's three home games. With 70 freshmen on their roster, the Bulldogs, coached by former University of Maryland assistant, Jim Miceli, posted a 2-5 record. Three of those losses came at the hands of Division I-AA opponents. The upcoming seasons looks to be exciting with over 50 returning players from last year.

MEN'S SOCCER

The Men's Soccer team hopes to build on last year's successful season. They ended the 1998 season at 9-7 overall and 5-3 in the NE-10, which was good enough for the semi-final round of the NE-10 Tournament. The team consists of sophomore Mark Kostovski (Thompson, CT/Tourtenotte) and junior, Adam Stern (Olney, MD/Magruder) who were both named to the 1998 NE-10 All-Conference Team. Also look for juniors Chris Herrschaft (Miller Place, NY/Miller Place), Daniel Cain (S. Windsor, CT/S. Windsor) and Brent Grolnic (Walpole, MA/Walpole) and sophomores Jim Thompson (Bristol, CT/Bristol Eastern), and Brendon Collins (Springfield, MA/Cathedral) to make considerable contributions in the upcoming season.

WOMEN'S SOCCER

The women's team will have to cope with the loss of Kathy Harrison. This senior was a second team all-conference selection while breaking the single-season record for goals, 12, at Bryant. The '99 squad looks strong with seniors Jaime Lannon (Scituate,

MA/Scituate) and Andrea Hurley (Norfolk, MA/King Phillip) leading the way. Some of the freshmen, including Leah MacDonald (Bennington, VT/Bennington) have shown signs of great talent. The squad will be strong with returning juniors Meghan Laprade (Easthampton, MA/Easthampton) and transfer Kara Sullivan (E. Hartford/Mitchell College) who was named All-New England and All-American last year.

VOLLEYBALL

Third year coach Theresa Garlacy's fall volleyball season will begin in Florida with the St. Leo's Tournament. The team is trying to rebuild from the loss of graduates Carnevalini, Monaco and Beaumont. The '99 team consists of 8 freshmen who will help lead the team in the near future. The sophomore class is strong with returning players, Colgate, Wright, Wesley, Dickson and Rulli. The team is lead by senior Meredith Vachon (Cumberland, RI/Cumberland) who has been the setter for the past three years.

FIELD HOCKEY

Coni Fichera will lead her Lady Bulldogs into battle for the first time at home on Saturday, September 11 against the AIC Yellow Jackets. This is the inaugural season for Bryant Field Hockey. Look for junior captains, Erica Davis (Kittery/ME, Traip Academy) and Mary Beth Winslow (W. Yarmouth, MA/Dennis-Yarmouth). In goal will be freshman Sharon Foley (Littleton, MA/Littleton) while junior Darci Brown (Belfast, ME/Belfast Area) is in charge of the forward position. Dana Scott (S. Yarmouth, MA/Dennis-Yarmouth), Emily Grandmont (Auburn, MA/Auburn), and Lindsay Schoolcraft (Barre, MA/Quabbin Regional) are three of the eleven freshman on the squad that are beginning to show signs of great talent for the team.

Home Games

Thursday, September 2	Field Hockey	Bridgewater (Scrimmage)	3:30 p.m.
Friday, September 10	Volleyball	Bryant Invitational	6&8 p.m.
Saturday, September 11	Women's Soccer	St. Michael's	12:00 p.m. (S)
	Field Hockey	American International College	1:00 p.m.
	Volleyball	Bryant Invitational	10 a.m./12&2 p.m.
	Men's Soccer	St. Michael's	3:00 p.m. (S)
Tuesday, September 14	Volleyball	Stonehill	7:00 p.m.
	Women's Tennis	Assumption	3:00 p.m.
	Women's Soccer	UMass/Lowell	3:30 p.m.
Wednesday, September 15	Men's Soccer	Franklin Pierce	3:30 p.m. (S)

Check Out Bryant Athletics at the Above Home Games!

Pick-Up
Friday, September 17th's
Issue of
The Archway
for the Answers
To the Crossword Puzzle

All Sports Articles
Are Provided By
The Athletic Department

Crossword 101

By Ed Canty

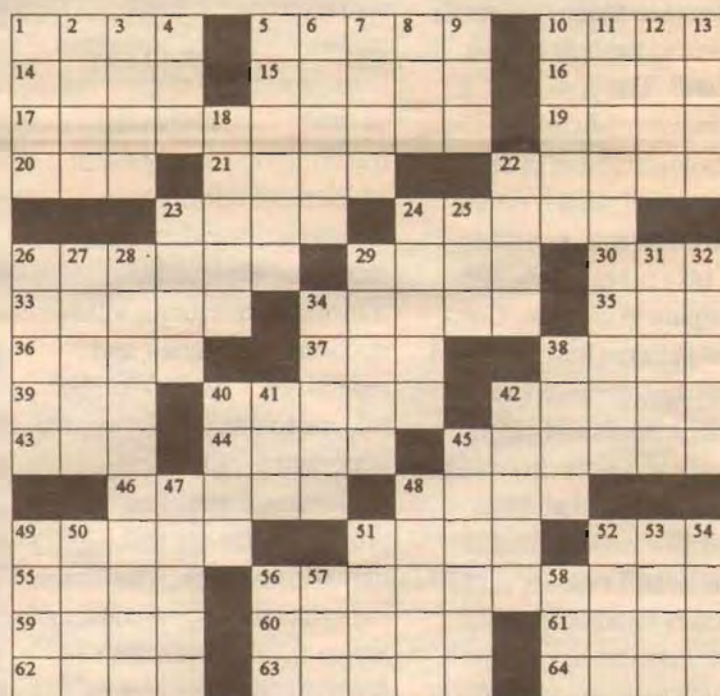
"No Big Deal"

ACROSS

- 1 Legal lead in
- 5 Hermann __, Siddhartha author
- 10 "___ poor Yorick!"
- 14 Mil. truant
- 15 Reproductive gland
- 16 Liver secretion
- 17 Pierre's big crush
- 19 Like ___ of bricks!
- 20 Promotions
- 21 Stow
- 22 Treaded the boards
- 23 Cone or tree
- 24 Danger
- 26 Ready and ___ to go
- 29 Mountain lion
- 30 Work unit
- 33 Clapton & Dickerson
- 34 Bush
- 35 Jelly container
- 36 Twitches
- 37 Postal creed word
- 38 Soft drink
- 39 Approximate suffix
- 40 Bridges
- 42 Master of India
- 43 Electric, for one
- 44 Birthday treat
- 45 Trousers
- 46 Florence's place
- 48 Target of 5 Down
- 49 The devil
- 51 Grain works
- 52 The woman
- 55 Against
- 56 Part of a Big Mac Value Meal
- 59 Collapsed
- 60 "On Golden Pond" actor
- 61 Mine way
- 62 Barnyard moms
- 63 More shy
- 64 Existed

DOWN

- 1 Mr. Hemingway



- 2 Amazed
- 3 Spoils
- 4 The Greatest
- 5 Gardening job
- 6 Sidestep
- 7 Identical
- 8 ___ Lanka
- 9 Watch
- 10 Calculators
- 11 Robin's big friend
- 12 Lotion ingredient
- 13 Mail
- 18 Dilutes
- 22 Semite
- 23 Snapshots
- 24 Contented sounds
- 25 Flightless bird
- 26 Adjust the ascot
- 27 Roll out
- 28 A big ape?
- 29 Call
- 31 Word with clock or ham
- 32 Snaps up
- 34 Eellike

- 38 Uttered
- 40 Leaf through
- 41 Friend
- 42 Book support
- 45 Wine area
- 47 Follows
- 48 "The Importance of Being Earnest" author
- 49 Secure
- 50 Again
- 51 Umpteen
- 52 Team
- 53 Son
- 54 Royal Italian family
- 56 NCO
- 57 Barnyard babble
- 58 Untreated

Quotable Quote

"God heals, the doctor takes the fee."

... Benjamin Franklin