

Drownproofing

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Just cup your hands
and peel back
water like sky.
Try to fly
the way paper in wind would:
dipping down current,
giving over, giving up.
Take yourself breaths when you can
but don't be concerned
with breathing overmuch:
swimming is a dance
to the mystery of motion,
groundswell and scud.
Let the world leak
through your pores,
touch you all over
at once like the sea.
Make believe your toes
and fingers are webbed
if that will help,
but always believe
you will be saved.
You are just a dream
the ocean is having:
you, slipping past
the surface, giving
over, giving up.