



The Student Voice of Bryant University since 1946

THE ARCHWAY

Black and Gold and Read all over

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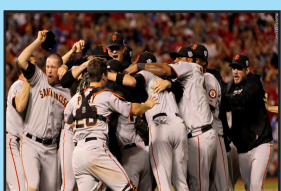
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The other side of Jack: Suzy Welch

By Molly Funk

Editorial Assistant & News Editor

Many are aware of Jack Welch, former CEO of General Electric, and were looking forward to his visit to Bryant on April 13th, 2015. Many forget about his equally impressive wife, Suzy Welch, former editor-in-chief of The Harvard Business Review. Born in Lexington, Massachusetts, Suzy attended Phillips Exeter Academy, Harvard College, and then Harvard Business School, where she graduated in the top five percent of her class.

As stated in her biography, Suzy began her career as a reporter for the Miami Herald, then turned to the Associated Press. Using her business degree, Suzy also worked for the management consulting firm Bain & Company in Boston. She then rose to the editor-in-chief of the Harvard Business Review until 2002.

Currently, Welch is an active writer working with her husband to publish a weekly column in The New York Times entitled "The Welch Way". The column discusses in a cut-throat approach the specifics about business and career success as



answers to readers' questions.

Suzy is a regular columnist for O, The Oprah Magazine. Her columns discuss how

to effectively balance work and life, as well as how to manage career challenges. Speaking directly to this is Welch's book

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Credibility crisis: Rolling Stone and UVA

By Allie Miller

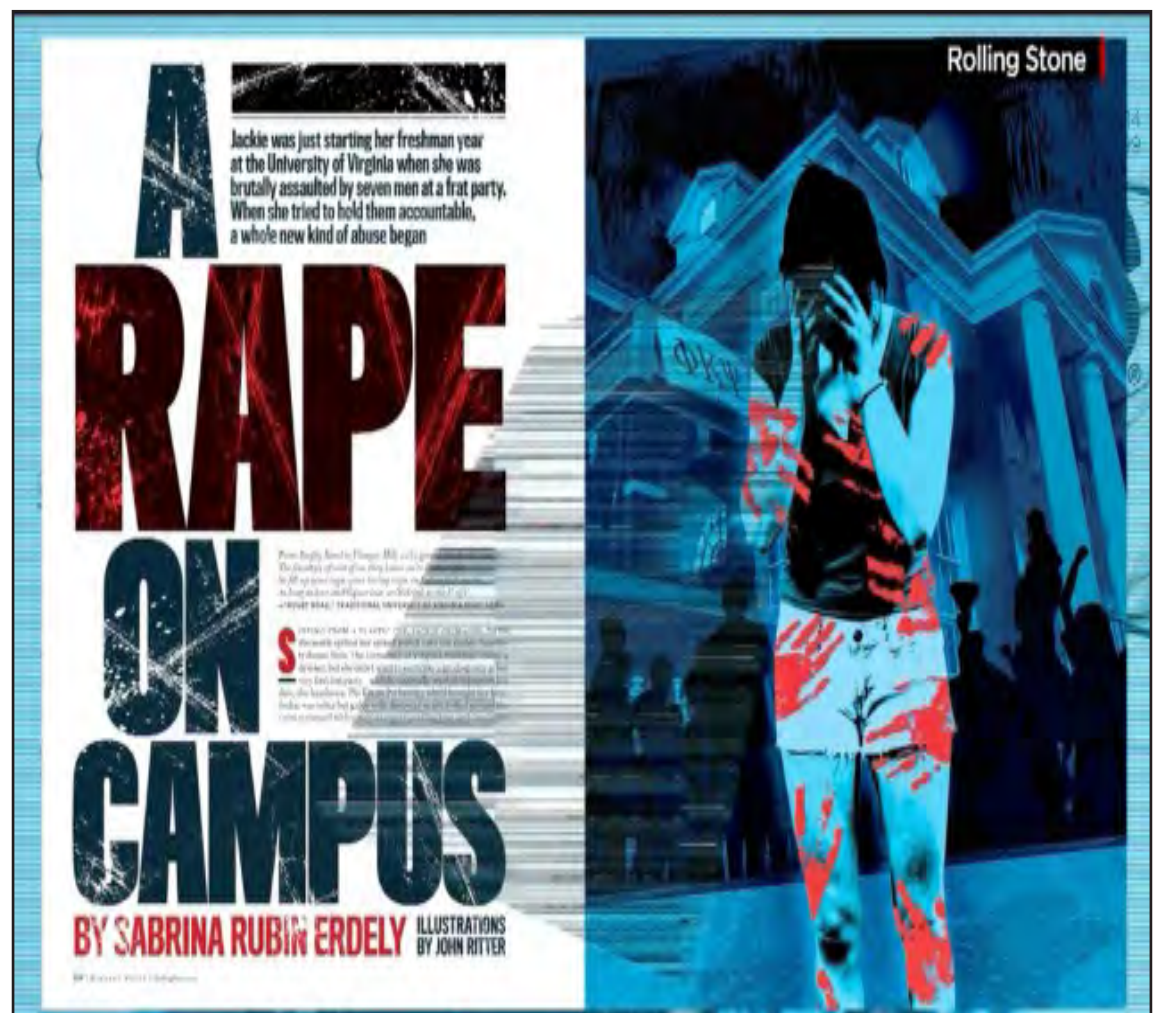
Staff Writer

In November 2014, Rolling Stone published 'A Rape on Campus' which recounted a University of Virginia student's alleged violent gang rape at the campus' Phi Kappa Psi fraternity house. Upon further investigation, the credibility of the story was completely damaged, ultimately leading the magazine to retract it.

According to Rolling Stone, the story was written by their writer Sabrina Rubin Erdely in collaboration with the survivor of the alleged rape, a UVA rising junior now known to millions of readers as "Jackie." Erdely, who specializes in stories about crime, was referred to the student by Emily Renda, a UVA staff member and rape survivor dedicated to sexual violence issues at the university.

While Erdely has been the face of this Rolling Stone credibility crisis, she is hardly the only person to blame. Erdely was one of many members of the Rolling Stone team who believed Jackie's story, which included editors and a fact-checker who spent over four hours on the phone with Jackie going over her story. It was unfortunately after the story was published that Erdely first questioned Jackie.

During the entirety of the investigation and writing process, Jackie refused to give Erdely the name of the man who orchestrated the supposed gang rape, referring to him only as a lifeguard. After the story was published Erdely finally convinced Jackie to share the name with her. But Jackie was



unsure of how to spell his last name, and that is when Erdely became suspicious, as stated in the report compiled by The Columbia University Graduate School of Journalism, 'A Rape on Campus: What Went Wrong?' she thought "how could Jackie not know the exact name of someone she said had carried out such a terrible crime against her – a man she professed to fear deeply?"

Upon further conversation with Jackie, Erdely's doubts became more serious, to the

point that she contacted her principal editor. The story has since been officially retracted, and the magazine has formally apologized to readers, members of Phi Kappa Psi, and the UVA community.

This journalistic blunder has been investigated by various news outlets, journalism groups, and even the Charlottesville, VA police department who found no evidence to support the Rolling Stone report.

Erdely's initial motive for the article was good – to support

victims of sexual violence. But instead, many are concerned that this very public false rape allegation has created a negative perception about women reporting sexual violence. This fabricated rape allegation may make it more difficult to involve college students in progress against sexual assaults on campus.

Although a terrible mistake, Rolling Stone has handled the difficult aftermath responsibly. In addition to removing the article

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Guidelines for Comment...

Only articles and letters including authors' names and phone number will be considered for publication. (Phone numbers will not be printed. They are for verification purposes only.) On rare occasions, names will be withheld upon request if the editors deem there is a compelling reason to do so. No letter will be printed if the author's identity is unknown to the editors.

Letters to the Editor that are between 400 and 600 words will have the best chance of being published. Also, except in extraordinary circumstances, we will not print submissions exceeding 600 words. All submissions are printed at the discretion of the E-board. The Archway staff reserves the right to edit for length, accuracy, clarity, and libelous material.

Letters and submissions must be submitted electronically from a Bryant email address. Bryant University community members can email submissions to: archway@bryant.edu. Letters and articles can also be given to The Archway on disk. They can be left in The Archway drop box on the third floor of the Bryant Center or disks can be mailed through campus mail to box 7.

The deadline for all submissions is by 5 p.m. on the Monday prior to publication (for a complete production schedule, contact The Archway office). Late submissions will be accepted at the discretion of The Archway staff and will more than likely will be held until the next issue.

Members of the Bryant community are welcome to take one copy of each edition of The Archway for free. If you are interested in purchasing multiple copies for a price of 50 cents each, please contact The Archway office. Please note that newspaper theft is a crime. Those who violate the single copy rule may be subject to disciplinary action.

Bursting the ‘Bryant Bubble’

John Lennon

Lennon was an avid writer of short stories and poetry. He published three books: *In His Own Write*, *A Spaniard in the Works*, and *Skywriting by Word Of Mouth*, and wanted to write a children stories book before he died.

Paul McCartney

There is a conspiracy theory that the Paul McCartney you saw performing at the Grammy's a few months ago is not the original Paul McCartney. The theory states Paul died in the early 1960s in a car crash and The Beatles had a look-a-like contest to replace him. Don't believe us? Google it!

George Harrison

No one really knew when George Harrison was born, including himself. Some say he was born on February 24th 1943 while others believe his birthday was the 25th.

Ringo Starr

His real name is Richard Starks but he was called “Ringo” because of the amount of rings he used to wear. He was also the first Beatle to try drugs after John Lennon was too scared and was the last Beatle to be inducted into the Rock and Roll Hall of Fame as a Solo Artist.

Who do you think wrote these fun facts? Email The Archway (archway@bryant.edu) and if you're right you can win a Dunkin Donuts gift card!

Department of Public Safety Log

EMT CALL / MEDICAL SERVICES RENDERED Apr 06, 2015 Monday at 05:12 Location: RESIDENCE HALL Summary: DPS received a 911 call from a student stating that his room-mate was having an allergic reaction. EMS was activated. Patient was transported to Fatima Hospital by Smithfield Rescue 3.	stating severe abdominal pain in the lower right side. EMS was activated. Patient was transported to Fatima Hospital by Smithfield Rescue 3.	Apr 10, 2015 Friday at 02:42 Location: RESIDENCE HALL Summary: DPS and Smithfield Fire Department responded to a malicious fire alarm caused by an activated pull station.
THEFT (STOLEN PROPERTY) Apr 06, 2015 Monday at 16:24 Location: RESIDENCE HALL Summary: A student came into Dispatch to report that his PlayStation 4 had been stolen from the common room of his suite.	BURGLARY (RESIDENCE) Apr 08, 2015 Wednesday at 14:48 Location: RESIDENCE HALL Summary: Students reported that PS4 games and a controller were stolen from their suite.	VANDALISM Apr 11, 2015 Saturday at 08:33 Location: RESIDENCE HALL Summary: DPS received a report of a vandalized restroom in a Residence Hall.
THEFT (STOLEN PROPERTY) Apr 06, 2015 Monday at 20:18 Location: RESIDENCE HALL Summary: A student reports that his I pad and headphones were taken from his room.	EMT CALL / MEDICAL SERVICES RENDERED Apr 08, 2015 Wednesday at 18:05 Location: CHASE ATHLETIC CENTER Summary: DPS received a call for a female with general weakness. EMS was activated. Patient was treated on scene by EMT's but refused transport to the hospital.	ASSAULT AND/OR BATTERY Apr 11, 2015 Saturday at 10:48 Location: TOWNHOUSE Summary: DPS received a report of a student with a head injury from an assault that took place in the townhouse area.
EMT CALL / MEDICAL SERVICES RENDERED Apr 08, 2015 Wednesday at 07:22 Location: RESIDENCE HALL Summary: DPS received a 911 call from a student	DRUG (POSSESSION OF DRUG PARAPHERNALIA) Apr 09, 2015 Thursday at 23:25 Location: RESIDENCE HALL Summary: An RA called DPS to report he had two students on the 1st floor of a Residence Hall with a Marijuana Joint.	EMT CALL / MEDICAL SERVICES RENDERED Apr 12, 2015 Sunday at 00:15 Location: TOWNHOUSE Summary: DPS received a call reporting an intoxicated male. EMS was activated. Patient was transported to Fatima Hospital by Smithfield Rescue 3.
	FIRE (BUILDING)	

The Archway goes to the stands midday on
Thursday!
We hope you pick one up then!

Tsarnaev found guilty on 30 counts

By **Stephanie Johnson**
Staff Writer

Victims of the Boston Marathon bombing and Bostonians all around breathed a somber sigh of relief this week. Dzhokhar Tsarnaev was pronounced guilty on all 30 accounts against him on April 8th. The Boston Marathon bombing trial jury announced that Tsarnaev is responsible under the court of law for murdering four individuals, using weapons of mass destruction, and bombing a public area, among others charges.

The two year anniversary of the Boston Marathon bombing came this week. On April 15, 2013 shortly before 3 pm, two bombs exploded on Boylston Street, right before the finish line. Hundreds were injured by the impact, sending a wave of panic across the city and then the nation as the fact set in that this is the greatest terrorist attack on American soil since 9/11.

Over the next two days, three victims were identified. It took just three days for the FBI to release photographs of the Tsarnaev brothers as the alleged bombers—then the man-hunt began. As the brothers tried to flee the Boston area, they took down an MIT police officer, bringing the death toll to four.

The struggle by officials to track down the suspects continued until the night of April 19th. After putting the city on lockdown and taking part in a car chase and shoot out that left Tamerlan Tsarnaev (the older brother, 26) dead, Dzhokhar Tsarnaev was taken into custody after being surrounded while hiding in a parked boat in a Watertown driveway. Tsarnaev, only 19 then (21 now), has since awaited his fate until his trial began on March 4th of this year.

According to CNN, the jury serving on the case was comprised of eight men and 10 women, and choosing an impartial jury in Boston was harder than anticipated. The trial began with a twist as according to CNN. The defense attorney stated “It was him” in reference to Tsarnaev being guilty of the 30 charges brought against him, even



though he had pled not guilty by all counts. The remainder of the days spent in court was dedicated to discussing the influence of Tsarnaev’s deceased brother, whether he felt guilty, and many emotional witness testimonies. Tsarnaev’s beliefs concerning radical Islam and his desire to punish western culture in the United States as a statement were also brought into question according to sources in court. His remorse is called into question as a timeline of Tsarnaev’s seemingly normal activities following the bombings. The jury deliberated for 11.5 hours before reaching the

verdict of guilty on all accounts. Over half could result in the death penalty. For this reason, Tsarnaev has hired attorney Judy Clarke, who is known for keeping clients off death row. The penalty phase of the trial will begin on April 21st, where Tsarnaev faces the death penalty on 17 of the 30 counts. As Boston continues to look forward, they hope that some closure can be found with the rulings. This year’s marathon will be held on April 20th. Widespread participation and support is expected for the event as usual.

Credibility Continued from page 1

and apologizing to all who it affected, the magazine enlisted the investigative help of The Columbia University Graduate School of Journalism. The investigation published by the Rolling Stone formally discusses all of the problems in depth to examine what went wrong; it was “intended as a work of journalism about a failure of journalism.” In addition to citing what mistakes were made, this detailed account also provides tips for future reporting. For the future, the report claims that detrimental mistakes can likely be avoided by banning pseudonyms and fact checking with the victim and people with connections to the victim. This horrible incident most distinctly stems from a fabricated story, but casts a very unflattering light on all of the parties involved. Rolling Stone has done a commendable job of taking responsibility and taking all precautions to avoid similar problems in the future. Although an unfortunate story, it will hopefully bring attention to the importance of honesty and thoroughness in journalism. As Sexual Assault Awareness month, April is an important time to bring attention to the dangers of sexual violence, and hopefully this spotlight on the topic will soon turn to the importance of education and prevention programs.

Welch Continued from page 1

10-10-10 which is a complete, and simple, method to solve decision-making quandaries. The methodology is based on asking three questions when faced with a dilemma, ‘what are the consequences of my decision in 10 minutes? In 10 months? And in 10 years?’ According to this book, this process assists in determining the short and long term effects that we face on a daily basis in the business world. The couple also co-wrote the international bestsellers Winning and Winning: The Answers. The first book has been praised by Warren Buffet as the only management book needed in the business world. The book was written in a style which requires no management degree to understand. Most significantly, Welch lays out eight specific rules of leadership to help drive managers to success. The second book focuses on confronting the seventy-four toughest business questions facing the world today. Some of the questions include topics such as global competition, leadership, management principles and practices, and the pursuit of promotion. The couple’s current book The Real-Life MBA is a straightforward guide for everyone in the business world today. It explores challenges that businesspeople face such as creating effective strategies, leading others, and building a sustainable career. On Monday April 13th, the Welches came to Bryant to discuss this new book and Jack’s accomplishments at GE, but let’s not forget the success Suzy has exhibited in her professional career.

Yoga guru denies sexual assault

By **Rachel Smith**
Contributing Writer

As of April 7th, 2015, six women have come forward with accusations of sexual assault against Bikram Choudhury, the 69-year old pioneer of “hot yoga.” The six women have filed civil lawsuits claiming sexual misconduct against Choudhury and four are also accusing him of rape. Choudhury is denying all allegations against him and defending his yoga empire. Bikram Choudhury is the founder Bikram’s Yoga College of India and Bikram yoga, a style of yoga practiced in a 105 degree Fahrenheit, 40% humidity “torture chamber,” as Choudhury himself calls it. Choudhury’s yoga empire has made him one the richest and most successful yoga gurus in the world. Although it may seem that Choudhury has it all, for the past two years he has been subject to many accusations regarding inappropriate relations with female students. In an ABC News Nightline interview, the first victim, Sarah Baughn, explained, “He is a sick man.” Baughn was assaulted at one of Choudhury’s teacher training courses, a nine-week program that costs more than 10 thousand of dollars to attend. At the time, Baughn states Choudhury made multiple unwanted sexual advances, each of which she denied. After the training, she went on to compete in a 2008 yoga competition run by USA Yoga. She explains that her coach instructed her to visit Choudhury at his home for feedback regarding her routine. At this time, Baughn alleges that Choudhury pinned her to the ground, tried to fondle her, and told her the only way she would win was if she had sex with him. Baughn fought herself away, and before leaving said, “I will never have sex with you. I don’t need you to win. I am going to do it on my own.” She placed second in the competition. Two years ago, Baughn filed a civil lawsuit against Choudhury and the Yoga College of India. This action motivated five other women to come forward with their accusations of sexual misconduct against Choudhury. In an interview with The New York Times, Mary Shea Hagebols, the lawyer representing the six women suing Choudhury, states “The cases are moving very quickly...and we’re moving full steam ahead.” As described by Sarah Baughn in The New York Times, these lawsuits hit the Bikram yoga community like an earthquake. Some people are removing the Bikram name from their studios so they are no longer associated with the brand, however, there are still many devoted Bikram yoga students who hold Choudhury in high regard. Choudhury denies all wrongdoings. According to statements issued by Choudhury’s lawyers, “Their claims are false and dishonor Bikram yoga and the health and spiritual benefits it has brought to the lives of millions of practitioners throughout the world. After thorough investigations, the Los Angeles County District attorney declines to file any sexual assault charges against Mr. Choudhury or the college for lack of evidence.” According to Choudhury, the allegations are tearing apart his marriage and family. In a previous interview for ABC’s Nightline” Choudhury said “How can I share my heart, my spirit? Twenty-four houses a day, I work harder than any other human being. And this is my reward? I’m a rapist? Shame on our culture, Western culture. Shame, shame. Your job (is) to go and tell the world the truth.” Baughn’s trial date is set for this August.

D.Y.D.

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The secret to Welch’s wealth

By Nicholas Calabro
Staff Writer



In America it is possible for anybody to do anything. This can be proven through the story of Jack Welch, the former CEO of General Electric (GE), who made it the most valuable company in the world at a time when large corporations were tumbling. According to Businessweek magazine, the market value of General Electric moved up from \$12 billion to \$280 billion. In fact, this was done so well that many people on Wall Street believed that Jack Welch would have created more shareholder wealth than anybody ever, but given the stumbling of large corporations at the time, one needs to wonder how Jack Welch and General Electric had done so well.

The first thing to understand is that the success of General Electric was not caused exclusively by Jack Welch. For example, Gary C. Wendt led GE Capital Corporation to new heights, and Robert C. Wright brought about a huge turnaround of NBC. However, his magic was successful all across the company.

According to Businessweek magazine, the appliance operation had seen earnings fall 39 percent. In accomplishing the significant rise of GE, Jack Welch had

turned what was once an American industrial giant into a competitive global growth engine and reshaped the company with more than 600 acquisitions.

One would think that it would be difficult to manage what had become the most far-flung organization in the world. Businessweek magazine has said that Jack Welch did it with his personality, passion for winning the game, attention to details that others overlook, encouraging near-brutal candor at meetings, and as a believer in the power of his people.

Speaking of his people, he knows them better than CEOs at any other company do. Bloomberg reports that Jack Welch liked to consider General Electric like a grocery store and that allowed him to know every employee. Jack Welch has said that the same things that are important in a grocery store are also what matter for engines and medical systems. It also helps that Jack Welch does not get hung up on formalities; everyone can call him Jack and expect him to surprise with an unexpected bonus.

Also worthy of note, is Jack Welch’s actions with certain corporate events. He made them become meaningful levers of leadership, according to Businessweek. He was therefore able to challenge and tests the strategies of the company and the people. Related to this, was Jack Welch’s habit of having weekly surprise meetings with people. Through these he could lead, guide, and influence the behavior of his organization, again according to Businessweek.

The marketing manager of industrial products, Brian Nailor, has said that Jack Welch makes people give more effort based on who he is and how well he knows the people. Welch had learned themes that would become part of his thinking as CEO from Reuben Gutoff, who

was only a layer above him. They were about giving people a small company environment that had big company resources, according to Businessweek.

In terms of quality programs, Jack Welch thought, that the popular ones from the 1980s put too much emphasis on slogans and too little on results. Jack Welch believed that there were no bounds to human creativity, which allowed him to endorse the most demanding quality standard known in the business world, Six Sigma (3.4 defects per million). Doing this would require a lot of investment to “train employees in a disciplined methodology heavily laden with statistics,” according to Businessweek.

Still for other businesses, this proved to lower costs and increase productivity, therefore turning more profits from operations. Every year since launching the initiative in 1995, it has required more projects and training, but despite this the standard would bring more than double the productivity gains that Welch had for an initial goal. Jack Welch also knew that you need to talk to more people than the few hundred at the top; you need to repeat the key messages at every opportunity.

Jack Welch and General Electric have really been exceptions to the rules of business. Often, a company that engages in unrelated diversification (engaging with different types of industries) does not do as well as ones that are more focused. In other words, it is very difficult for unrelated diversifiers to make the whole be worth more than the sum of its parts. This means that unrelated diversified firms have business units that would be worth more apart than they are all together, because there is often a lack of synergy between them, and they do not work well.

Why people are tweeting #TIDALforALL

By: Olivia Smith
Contributing Writer

“Water is free. Music is \$6, but no one wants to pay for music. You should drink free water from the tap - it’s a beautiful thing. And if you want to hear the most beautiful song, then support the artist.”

This is a quote from one of the most financially successful hip-hop artists and entrepreneurs in America. He has sold more than one hundred million records, and received 19 Grammy Awards for his music. He is also known as one of the greatest rappers of all time, and has a net worth of nearly 520 million dollars. His name is Shawn Carter, also known as Jay Z.

Just recently, Jay Z announced his new business venture- Tidal. Similar to Spotify and Pandora, Tidal is a music streaming service. It provides millions of songs, and thousands of high definition music videos that are available in 31 different countries. It was originally started in Scandinavia in 2009, and it was known as WiMP. It wasn’t until 2014 that WiMP was rebranded to Tidal, and it was launched by a technology firm called Aspiro. With 500,000 already paying subscribers, just last month, Jay Z decided to buy the company for 56 million dollars.

His vision for Tidal is to restore the value of music in the eyes of the listeners. In an interview for Billboard Magazine, he said, “people are not respecting the music, and [are] devaluing it and devaluing what it really means. People really feel like music is free, but will pay \$6 for water”.

He believes that it is inequitable for people to be able to listen to artists’ music for free. Therefore, in order to enjoy the perks of Tidal, a subscription of \$9.99 a month must be paid. With this subscription, there is unlimited listening time, and no advertisements. There is also an optional premium subscription of \$19.99 a month. The premium subscription comes with, lossless high-fidelity sound quality, high definition music videos, and expertly curated editorial.

Jay Z is not the only artist that feels this way. Last fall, Taylor Swift withdrew her music from Spotify because she does not think music should be listened to for free. She argued in a Business Insider article that, “Music is art, and art is important and rare. Important, rare things are valuable. Valuable things should be paid for. It’s my opinion that music should not be free”.

Other Major artists such as: Arcade Fire, Beyoncé, Calvin Harris, Coldplay,

J Cole, Kanye West, Madonna, Nicki Minaj, Rihanna, Usher, and others artists are all backing Jay Z’s plan. Not only are they full supporters of Tidal, they also all have equity in this new business venture as well. The company is pitching itself as “the first artist owned global music and entertainment platform”.

As a way of promoting Tidal, these artists have changed their profile pictures on Instagram and Twitter to the color blue, and using the hashtag, TIDALforALL. Beyoncé and Rihanna have each released new exclusive songs that can only be heard on the Tidal website. Stay tuned, maybe Taylor Swift will be the next artist tweeting #TIDALforALL.

There has been an ongoing battle about streaming music for free in the music industry. Artists’ arguments are that everyone else in the working field gets compensated for their work, so they should have this luxury as well. With Tidal, each artist will receive a royalty payment every time their music is played.

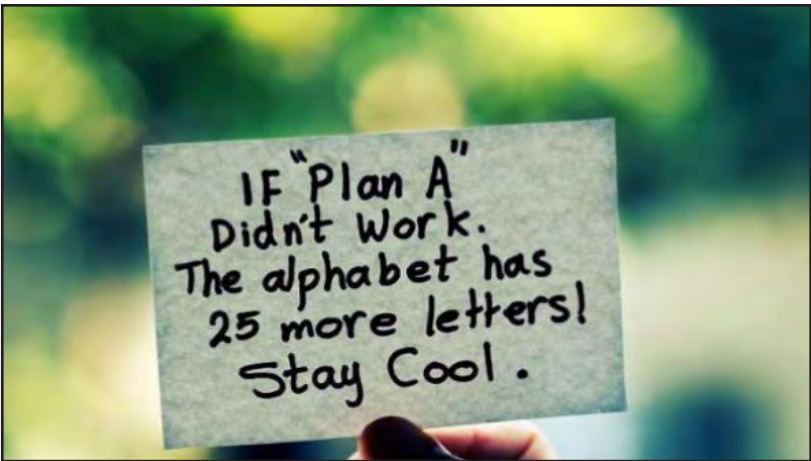
Spotify will probably be Tidal’s biggest competition for a few different reasons. The first reason is because it provides almost all of the same options that Tidal offers, but for free. Listeners can get Spotify Premium for \$9.99 a month, but



it is just an option not a requirement like Tidal. Another reason is because Spotify already has 45 million free users, and 15 million paying users.

However, Jay Z says that he is not concerned about the competition as long as he is able to put forth the services he envisioned. “I just want to be an alternative,” Jay Z posted on the Tidal website. “They don’t have to lose in order me for to win”.

While there are many people that are excited for Tidal, there are also a lot of others that don’t see the point in paying 10-20 dollars a month just to listen to music. Many people are interested to see if Jay Z and the other Tidal supporters are going to be able to put Tidal on the map.



Early Apple Watch reviews are mixed

By **Andrea Chang**
MCT Campus

The best wearable gadget available, but it still has a long way to go. That’s the gist of early reviews for the Apple Watch, which goes on sale April 24. Here’s a roundup of what tech writers are saying so far:

CNET: “The Apple Watch is the most ambitious, well-constructed smartwatch ever seen, but first-gen shortfalls make it feel more like a fashionable toy than a necessary tool.” Among the gripes: a short battery life, slow recharge, confusing interface and slow performance. 3.5 stars out of 5.

BloombergBusiness: “The notification scheme is a little maddening at first. Apple sends a push notification every time you get a corporate e-mail, personal e-mail, direct message on Twitter, message on Facebook, and for interactions in countless other services. Each of these notifications pings the watch. For every message, there is a sound, a vibration, or both. (You can mute them.) If you’re a busy person who communicates constantly on your phone, this gets overwhelming fast. I found myself turning off notifications from entire apps, which seems to defeat the purpose of the watch in the first place.”

Re/Code: “Of the half-dozen smartwatches I’ve tested in recent years, I’ve had the best experience with Apple Watch. If you’re an iPhone power user and you’re intrigued by the promises of wearable technology, you’ll like it, too. But that doesn’t mean Apple Watch is for everyone. Not everyone has an iPhone 5 or later, which is required for the watch to work. Not everyone wants her wrist pulsing with notifications, finds animated emojis thrilling or needs to control an Apple TV with her wrist. Smartwatches can sometimes feel like a solution in search of a problem.”

The Verge: “Let’s just get this out of the way: the Apple Watch, as I reviewed it for the past week and a half, is kind of slow. There’s no getting around it, no way to talk about all of its interface ideas and obvious potential and hints of genius without noting that sometimes it stutters loading notifications. Sometimes pulling location information and data from your iPhone over Bluetooth and Wi-Fi takes a long time. Sometimes apps take forever to load, and sometimes third-party apps never really load at all. Sometimes it’s just unresponsive for a few seconds while it thinks and then it comes back.”

New York Times: “It took three days three long, often confusing and frustrating days for me to fall for the Apple Watch. But once I fell, I fell hard. It was only on

Day 4 that I began appreciating the ways in which the elegant \$650 computer on my wrist was more than just another screen. By notifying me of digital events as soon as they happened, and letting me act on them instantly, without having to fumble for my phone, the Watch became something like a natural extension of my body a direct link, in a way that I’ve never felt before, from the digital world to my brain.”

Mashable: “I started this review process as a serious skeptic, but not a denier. I wear a smartwatch (the Pebble Steel) almost every day. When I started testing the Apple Watch almost a week ago, I insisted on wearing the Pebble on my left wrist while wearing the new device on my right to compare. However, a few days in, I realized I was no longer glancing at the Pebble. I finally left the Pebble behind, and I don’t miss it. That’s because the Apple Watch is an excellent, elegant, stylish, smart and fundamentally sound device.”

Wall Street Journal: “After over a week of living with Apple’s latest gadget on my wrist, I realized the company isn’t just selling some wrist-worn computer, it’s selling good looks and coolness, with some bonus computer features. Too many features that are too hard to find, if you ask me.”



Digital Savant: 10 effective ways to be a better (and happier) person online

By **Omar L. Gallaga**
MCT Campus

Are you a good person? Before you answer, let me add a word to that: Are you a good person online?

You may be the exact same person in email correspondence, while sending texts and in posting to social media networks who you are “IRL” (in real life). That would make you a very genuine virtual person, but it would also make you a little unusual. For many people, myself included, the Internet is a place to exaggerate the better parts of yourself, to hide unsightly flaws, to say the thing you’d have never thought to say in a face-to-face conversation from behind a keyboard (often much later).

But that schism, the widening space between what we are in person and who we are online, is creating problems, I believe. Increasingly, I see people push their online personas to their limits, alienating friends and family, bullying complete strangers or just being oblivious to what their digital keystrokes convey to others.

So what? Virtual spaces aren’t real, right? Well, things we say online can come back to haunt us, as a series of tweets recently did for newly named “Daily Show” host Trevor Noah. Some people get fired over misguided Facebook posts. Others start vicious fights in comment threads that bleed over into their offline lives.

But I think the real consequence to negativity, bad behavior and over-investment in our online personas is a lot simpler: It makes us unhappy. In the many years I’ve been watching people behave badly online, I can tell you that those most prone to short tempers and aggression online carry that tension offline. They may say they’re just blowing off steam virtually, but that steam has a way of building up and blowing out.

With all that in mind, I have some suggestions. These aren’t commandments; they’re not even etiquette tips. They’re just 10 things I think could make you a better person online (and a happier person offline). Five of them are things you should do more of. The other five? Things you should stop doing immediately.

1. Be more helpful. Whatever job or hobbies you may have, you probably have some expertise. When

people ask for help online, whether it’s a group email from a coworker or a desperate Facebook post from an acquaintance, think about whether you might be able to help, or at least point that person in the right direction. Sometimes, someone in distress hasn’t even thought to do a Google search to research his or her problem. That might be all the help necessary. Be helpful when you can, and stop worrying that helping will waste your time and just lead to more questions. It’s better to be a respected expert people ask for help than to ignore calls for help.

2. My friend Dwight Silverman, who deals in social media and writes about technology at the Houston Chronicle, gave one of the best, simplest answers to my call for suggestions for this column: “Care.” Care about others, care about how you present yourself to the online world, care about the greater good.

3. Double-check shaky facts and potentially phony stories. Take it from a journalist (please, I beg you): Quit posting too-good-to-be-true scandals, conspiracy theories and fake celebrity deaths all over social media without making sure they’re real. A Google search or a peek at excellent hoax-busting websites snopes.com or PolitiFact Texas will likely reveal that Southwest Airlines is not really giving away thousands of free tickets on Facebook.

4. Ask questions and be curious. Whether it’s in email or in a video chat, being more engaged in what others have to say than what comes out of your own mouth (or typing fingers) is a good way to be a better listener, a better friend, a better online citizen and a better conversation starter. Got a question that won’t leave your brain? Put it out there and be prepared to be surprised. And don’t get discouraged if you don’t get an answer right away. Some people haven’t read Item No. 1 on this list yet.

5. Treat people online like people, not screen names. That means playing nice, being respectful, responding to people’s messages instead of ignoring them, and never antagonizing people in ways you could never imagine yourself acting to someone’s face. If you make a mistake and offend someone, be quick with a sincere apology. And watch your tone. What sounds fine in your head may come across much differently as text.

And here are five things you should avoid:

1. Stop complaining so much, and keep your outrage in check. Last year, I wrote about the “Internet outrage factory,” an increasingly common tendency for Internet mobs to overreact to news stories and minor scandals. The problem is, many of these items turn out to be hoaxes or misunderstandings when all the facts come to light. Stop jumping on those angry bandwagons and, while you’re at it, stop trying to publicly shame businesses that make an honest mistake or that you aren’t dazzled by. Sharing information about a scam or

nightmare customer service experience is one thing, but using social media as a bully pulpit to get something you want is shady at best. Accept that sometimes people and businesses make mistakes and they can be resolved without getting the public at large involved. Being a continually swirling vortex of hostile negativity doesn’t make you edgy and interesting, it makes you whiny and exhausting.

2. Don’t send messages between midnight and 6 a.m. If you work a night shift, that’s different, but in most cases, sending long, rambling emails or a string of texts in the wee hours is a bad idea. You’re probably not at your most lucid, and the people who see your message will wonder if you stayed up all night, bleary-eyed and sleep-deprived, working on your screed. It’s not a good look.

3. Don’t start none, won’t be none. We all know people online who instigate battles in comment sections and can never shut up whenever a controversial topic comes up. That’s called trolling. Don’t be that person. Before you engage with trolls, political loud mouths and agitators, ask yourself beforehand if it’s worth the time and potential trouble. And don’t create problems where they don’t need to exist: Ask people permission before you post images of them online (especially if kids are in photos or videos), and please don’t assume that everybody wants to be live-streamed via new online video apps. Never post or forward private messages unless you’re a whistleblower taking down an evil empire. Be respectful of the privacy of those around you.

4. Silence all jerks. Speaking of trolls and loud mouths, if someone is stressing you out and it’s edging toward harassment, don’t take it. Either block and report that person, or, if it’s someone you have to deal with in real life (say a relative or coworker), try to mute them on social media channels or filter their messages so you don’t have to see them. You’ll have less stress in your life.

5. Resist the urge to be an instant responder. Technology gives us the tools to be in constant, frequent contact. But you don’t owe anybody an instant response in any nonemergency situation. If somebody sends you a message that makes you angry, take an hour before you respond. In general, never post anything online in a state of anger, especially anger directed at an individual.

There are lots more, such as, “Stop giving everyone parenting advice they never asked for,” and, “Don’t engage with vague, passive-aggressive, attention-seeking posts,” but we’ve run out of space, and this to-do/to-don’t list is long enough. Let’s be better out there.

Looking over this list, I see that a lot of these lessons are ones my kids were taught in daycare and kindergarten. In the vast digital playgrounds of our online spaces, it can be easy to forget that we’re supposed to be acting like grown-ups.



Spring 2015: baseball is back!

By Zane Smith
Contributing Writer



Last season the San Francisco Giants won the World Series, outlasting the Kansas City Royals (CBS sports)

The smell of the popcorn, the crack of the bat, the beloved first pitch of the season, the day in which many true baseball fans say that “this is our year.” These are some of the sights and sounds of opening day, the day which baseball fans have been waiting all winter for. Opening day is bigger than just the game itself, it is a time when an entire city comes together to share their love for the historic game of baseball.

Last season, the San Francisco Giants won the World Series as they outlasted the Kansas City Royals in a thrilling seven game series. The Giants have been crowned

the World Series champions three times since 2010. The Giants are looking to repeat as champions in 2015 with the help of both Buster Posey and the reigning 2014 World Series MVP Madison Bumgarner.

However, to open the 2015 Major League Baseball season, the Giants are not favored to repeat as champions. The Washington Nationals are favored at 6 to 1 to be this year’s best team in baseball. During the offseason the Nationals picked up pitching standout Max Scherzer. Scherzer has won an astounding 39 games in two seasons for the Detroit Tigers.

Scherzer is not the only big name in baseball that has found a new home for the 2015 season. Twenty-nine year old slugger Yoenis Cespedes was traded to the Detroit Tigers during this past offseason. The local favorite Boston Red Sox have acquired two major names that have the ability to help lead the Sox into the post season this year in the likes of Hanley Ramirez and Pablo Sandoval. Pablo Sandoval is fresh off of a World Series victory with the Giants this past season.

The young talent Matt Harvey was unable to pitch in 2014 for the New York Mets due to injury. Late in the 2013 season, Matt Harvey tore his ulnar collateral ligament (UCL) in his pitching elbow. The Mets and Harvey made a very smart choice and decided to have Harvey undergo Tommy John surgery to repair the torn ligament.

Masahiro Tanaka was another highly touted pitcher who was going to use the 2014 season to prove his ability in the Major Leagues but was plagued due to injury. Tanaka was 24-0 in 2013 with the Tohoku Rakuten Golden Eagles in Japan. However, Masahiro missed the last ten starts of the season because of a partial tear in his UCL. Tanaka aims to stay healthy and become one of the top pitchers in the New York Yankees starting rotation in 2015.

The 2015 major league baseball season has the potential to be one of the most competitive baseball seasons yet. Joe DiMaggio once said, “You look forward to it like a birthday party when you’re a kid. You think something wonderful is going to happen.” Opening day is a day unlike any other; it gives fans a new sense of hope for the upcoming season and also gives players a fresh start on a potential all-star season that they have always dreamed of.

It’s hard to argue with the Coach K Way

By David Whitley
MCT Campus

If you’ve ever worn an “I Hate Duke” T-shirt, the introduction Mike Krzyzewski got Monday was enough to make you want to drink a bottle of prune wine.

“An American treasure,” he was called.

Krzyzewski was the keynote speaker at the Wine & Spirits Wholesalers of America convention. With more than 2,000 attendees, there were undoubtedly at least a few Duke teetotalers in the audience.

Loathing the Blue Devils is almost as big an industry as selling booze. So what was the man who unleashed Christian Laettner on America doing in Orlando?

Krzyzewski was preaching the Coach K Way of doing things. He’s always fancied himself a leader who just happens to be a basketball coach.

Some consider that pretty darned accurate. Others consider it more of the smugness that oozes from Krzyzewski’s kingdom.

All I know is whatever he is selling, it’s worth hearing the pitch.

Krzyzewski awoke last Monday in Indianapolis too nervous to eat. About 15 hours later, he’d won his fifth national championship. Since then, “I’ve been on this constant surge to find wine,” he said.

The man knows how to work a crowd. He stalked the stage for almost an hour, talking about basic principles that can lead to success in any business.

When it comes to unrivaled success, the speaking business could be Exhibit B for Krzyzewski. His fee is confidential, though the Washington Speakers Bureau lists it at “\$40,000 and up.”

Think up. Not Hillary Clinton up, but still good money for a morning’s work. If you don’t have that in the budget for your next Kiwanis meeting, allow me to give you the bullet points:

Treat everybody right.

Example: Before each season, Krzyzewski introduces his team to the crew that cleans Duke’s basketball facilities.

“You need to treat these people like they’re your family,” he says.

Give your team ownership.

The U.S. Olympic team was a spoiled-brat mess when Krzyzewski took over in 2005. Before the first practice, he told players there would be no team rules, but he wanted them to come up with “standards.”

Players were given responsibility. They’ve responded by winning gold medals in 2008 and 2012.



When it comes to taking care of business, nobody does it like Coach K (eson)

Adapt.

Krzyzewski won his first title 24 years ago, when players often stuck around four years. This year’s Duke team will probably have three one-and-dones. Rent-a-player goes against Duke’s brainy image, but clinging to the old way was a permanent ticket to the NIT.

“You have to be in a constant state of trying to learn,” Krzyzewski said.

There is no totem pole.

When players are treated equally, they gain confidence. Case in point: Grayson Allen.

He was the relative runt of Duke’s freshman litter. But when the Blue Devils trailed Wisconsin by nine points with 13 minutes left, Allen slapped the ball away on defense, scrambled after it and dived to save it from going out of bounds.

“It was one of the greatest plays in the history of our program,” Krzyzewski said.

Allen didn’t get up and beat his chest. He looked at the Duke bench as he yelled, “Let’s go! Let’s go!”

Duke rallied to win 68-63 in Indianapolis. The emotion in Krzyzewski’s voice was still crackling in Orlando.

You could almost feel 2,000 guys in business suits want to jump up and yell, “Let’s go sell wine and spirits!”

Well, there was one attendee wearing a Duke T-shirt. “It was inspiring,” Josh Berdon said.

The 11-year-old crashed the keynote address with the help of his father, Peter, an industry executive from Norwalk, Conn.

“It was fantastic,” Peter said.

He’s a Duke grad, so his review wasn’t surprising. But even the Duke haters in the crowd had to admit:

When it comes to taking care of business, nobody does it like Coach K.

Sox week one recap

By Pat Curran
Staff Writer

The Red Sox have won their first two series of the season. This is a very good sign for this team, as the fans and front office’s patience were at an all-time low since the team has finished in last place two out of the last three seasons.

The Sox relied on effective starting pitching and timely hitting to win four out of their first six games. Clay Buchholz pitched a gem on opening day against the lowly Phillies and was backed by five home runs as the Sox cruised to an 8-0 victory. Dustin Pedroia and newcomer Hanley Ramirez both blasted two homeruns to power the Sox.



The next game was a tough one, as they dropped a 4-2 decision to the Phillies. Rick Porcello was largely average in his Red Sox debut, throwing six innings and letting up three earned runs. He kept the team in the game, but he is going to need to be better if he wants to live up to his recently signed four year 82 million dollar contract.

A positive in this game was that the Sox never gave up. They were down four to nothing in the seventh inning but scored two in the eighth and were threatening in the ninth. This team has plenty of hitting and is always a threat to put an eight spot. This team also seems to be very patient at the plate, which was a theme of the Red Sox 2013 World Series Champion team.

In the rubber match of the Phillies

series Justin Masterson shined and led the team to a 6-2 win. Masterson threw six innings of two run ball, and he even managed to drive in a run with an RBI single. Xander Bogaerts had a bases clearing triple in the effort. This hit seemed to propel him to better things as he tore up the Yankees in the next series.

The Red Sox were also able to take two from the Yankees in their series in New York. Game One featured a 19 inning affair that ended around 2:30 a.m. EST. The Sox came out on top 7-6. Bogaerts had four hits after the ninth inning which is a truly remarkable feat. Mookie Betts drove in the winning run with a sacrifice fly to center. Steven Wright somehow escaped with a victory, even though at times his knuckleball looked like a beach ball to Yankee hitters.

Game two of the series was the Joe Kelly Show as the Sox were able to win 8-4. Kelly pitched seven innings and let up only one run. He also hit 99 MPH on the radar gun on Saturday. Brock Holt provided a much needed spark for a tired team, going four for five and driving in three runs. Holt is the energizer bunny of this team and can really add a lot of life and value.

Game three of this series was a national Sunday Night ESPN baseball game and is one many Red Sox fans will want to forget as the Sox dropped the contest 14-4. Clay Buchholz proved once again that he just does not have the mental toughness to be an ace. Not only did he get smacked around, but he did not hustle to back up any bases after the ball was hit. This shows laziness and arrogance, two things the Red Sox do not need. Clay needs to learn from these mistakes, although if history repeats itself there is a good chance he won’t.

The Sox won their Fenway opener on Monday April 13, 2015 against a strong Nationals team. They will be home until Patriots Day.

Exercise regimen stands the test of time

By Barry Saunders
MCT Campus



Oops. I almost missed my interview with Bobby Gersten twice Wednesday. The first time was when we had to reschedule around his afternoon tennis match.

The second was when I walked right past him.

Gersten is 94, and I was looking for a 94-year-old man to dodder into the Friday Center. The trim dude who bounded through the doors, voice booming as he joked with the receptionist, looked and sounded decades younger.

He, thank goodness, recognized me.

Gersten, the oldest living former UNC Tar Heel basketball player, has been committed to physical fitness his entire life and it shows. His handshake is firm, and when you pat him on the back, it’s like patting a tree.

Man, I thought wistfully, I hope I’m in shape as good as that when I turn 94. Of course, that was before sadly acknowledging that I’m not in shape as good as that now.

Gersten said, “I’ve spent my whole life in physical education, in college, in the Air Force, coaching. When I was a boy, my mother used to say ‘Don’t ask anyone for a ride,’ so I walked everywhere.”

Starting at noon Saturday, Gersten will walk from UNC’s campus to the Finley golf course to promote physical fitness as part of the UNC Walk for Health.

If you’ve got a pair of sneakers, you can join him at the Jackson Hall tennis courts. The event will have musical entertainment featuring beach music and Motown, so you can shag, frug and Charleston after you finish the walk. The Orange County Jammers, a senior citizen cheerleading team, will be there to cheer you on.

You don’t have to pay a thing to participate, but your body may pay you back with 90 plus years of good health if you do.

William Thorpe, hired by Gersten’s family to drive him to his daily tennis or golf matches, said Gersten’s only concession to old age is a hearing aid. “He reads the newspaper every day and doesn’t even wear glasses, Thorpe said.

When Thorpe first signed up for the job of driving the then-93-year-old to play tennis and golf, he said, “I figured it would be for a couple of weeks and that would be that.”

That was almost two years ago, and Gersten rarely misses a day playing one or the other. “If the weather’s bad, he’ll go to a movie. He’s doing something every day,” Thorpe said. “I’ve never heard of anything remotely like that.”

Gersten and his wife, Libbie whom he met while both were students at UNC celebrated their 70th wedding anniversary in November. She is 92.

Gersten’s affiliation with and contributions to UNC continue today: he is a senior mentor to UNC medical school students in a program designed to acquaint them with healthy older adults and their health-care needs.

For someone who walked everywhere and was committed to physical fitness, his most important contributions to UNC occurred in a car and over the telephone.

Gersten, a former high school basketball coach in New York, said he drove two of his former players to UNC’s campus to play ball there. One of those players was Hall of Fame coach Larry Brown.

What about the rumor that he was the person who recommended that Frank McGuire hire Dean Smith as his assistant?

“I absolutely was the guy,” Gersten said. “Here’s how that happened. Frank and I were good friends from way back. ... I was going to Florida, and I stopped by Chapel Hill to see him. He said ‘You’ve got to help me.’ “

McGuire was preparing to fire his assistant coach yes, there was a time when head coaches had only one assistant and he enlisted Gersten’s help.

“First he said ‘Would you like the job?’ I said, ‘I can’t do it,’ “ Gersten recalled. “He said ‘Do me a favor, then. Go through this package of applicants.’ There were about 50 assistant coaches who wanted to come to Carolina.”

After studying the stack of candidates, Gersten said, he told McGuire to call the head coach at the Air Force Academy. “I said, ‘Why don’t you ask him about his assistant? He sounds great to me.’ “

“It didn’t turn out great initially,” he said, laughing heartily and recalling how Smith struggled in his first couple of years at UNC. “They hung him in effigy and tried to get rid of him.”

Was being a college jock in addition to basketball, he also was a baseball player and is the oldest living one of those, too a big deal in the 1930s and 1940s? I asked.

“Almost as big a deal as it is now, but not quite,” he said.

You might think that a former Tar Heel hoopster such as Gersten would be like most UNC fans in mourning over Duke’s national championship win Monday.

One would think wrong.

“I was delighted,” he said. “Almost went to Duke. I played against them 18 times, 10 in baseball, eight in basketball. I like Duke.”

Oh well. Nobody’s perfect, even if he is in perfect shape for 94.

Week’s Best Sports Tweets

- “Thank you Coach Mike Pressler Loyal is a character value that is seldom seen today and often forgotten by too many Americans” @ BryantUprez
- “Another great win today at home. Sunny and 65 here in RI!! We were thankful! Off to PA next week” @ BryantWLax
- “Bryant wins game two 8-0 behind a complete game shutout from James Karinchak” @_BryantBaseball
- “16 = 1. 16 girls, 1 team. GO BULLDOGS!!!” @bchillz
- “Sophomore attack Emily Columbus earns second NEC Player of the Week accolade of season” @ BryantWLax



American Heart Association is partnering with Mended Little Hearts of Rhode Island to spread awareness by providing red hats for all babies born at participating Southern New England hospitals.

We are raising awareness about heart disease, the No. 1 killer of Americans, and congenital heart defects, the most common birth defect in the U.S.

We Need You!

We are looking for volunteers to **help knit or crochet** over 500 baby hats. If you would be interested in helping, please knit or crochet newborn-sized baby hats using soft, red, cotton or acrylic yarn.

Hats must be received by April 24th (so we can deliver by May 10th).

For more information and for sizing or patterns:

www.riheartgroup.com or www.heart.org/littlehatsbighearts

Mail or deliver completed hats to:

American Heart Association

One State Street, Suite 200, Providence, RI 02908



Bryant goes MADD for mocktail competition

Bryant University Greek Life participates in mocktail competition

By Shannon Foglia and Haley Jones
Contributing Writers

Mothers Against Drunk Driving (MADD) partnered with Bryant University's Greek life committee Greeks Advocating for the Mature Management of Alcohol (GAMMA) to promote positive decisions this evening. They held a Mocktail Competition with the Greek Organizations on campus in order to encourage awareness of the dangers of drinking and driving. The winning group was Tau Kappa Epsilon.

Judges Jay Gibbs, sergeant in the Rhode Island State Police, Sue Zarnowski, Bryant Greek Life director, Renee Weidele, MADD youth program coordinator, and Stephen Bannon, Bryant DPS director. All seven teams created a responsibility themed non-alcoholic drink. The members of each group attended the event to make the drink, present it to the judges, and give a taste test. "You are ambassadors for your generation," said Sergeant Jay Gibbs. "Life is short. Life is what you make it. Cheers to you."

The groups created mocktails with names like "The Designated Dawg," "See the Next Sunrise," and "The Safety First Sangria." Tau Kappa Epsilon won the competition with their "Designated Driver," made with kiwi, pears, lime juice, simple syrup, and soda water.

"It is no secret that Greek life organizations across the country have abused alcohol which often leads to dire consequences," said Elena Freedman, president of Gamma. "At Bryant, we do everything we can to prevent this abuse from happening."

Before the winning team was announced, the four judges discussed the dangers of drinking and driving and how to continue promoting safe decisions.

"We are so proud of you all for coming here during your Greek Week," said Renee Weidele, a MADD representative. "What you're doing as an organization is so admirable."

The mocktail event served as a kickoff event to Greek Week to remind Greek life members to be responsible.



Tau Kappa Epsilon takes home a win with their 'Designated Driver' mocktail! (Haley Jones)



Congratulations Lauren Manfredi!



Lauren is the 2015 winner of the Commencement Award for Excellence in Applied Psychology.

We are so proud of your achievements!
The Department of Applied Psychology

For schoolchildren, eating well is learning well

By Urban School Food Alliance
MCT Campus



Serving food to students is what we do. As the Urban School Food Alliance, we represent six of the largest school districts in the nation (New York City, Los Angeles, Chicago, Miami, Dallas and Orlando), feeding more than 3 million elementary, middle school and high school students every school day.

Our mission is more than just supplying healthy meals for our children. We believe that school breakfast and lunch are integral to a student's education. This is why we believe that meals need to be healthy and tasty, why we believe meals need to be accessible to all students and why we believe that mealtime needs to be viewed as part of the educational day.

The USFA strongly supports the vision of the first lady and backs the larger goals of the 2010 Healthy, Hunger-Free Kids Act. The recent and ongoing debate in Washington on whether school food standards should be rolled back misses what we believe is

the whole point of important nutritional standards: to bring healthier food onto our students' plates and into their lives. And yes, we need to get them to eat it too.

Our districts have had success in exposing students to and having them eat meals under these new standards. Our districts have developed creative menus and innovative ways of providing lean proteins, whole wheat, low-fat dairy, and fresh fruits and vegetables. We can and should demonstrate actionable leadership in this debate.

These healthy and delicious meals need to be accessible to all students. And we need to get away from the attitude that school meals are only for the kids who can't afford to bring lunch from home. The new approach to serving American children should mean offering free lunches to all students regardless of a family's financial need. This would not only directly benefit the children and their families, but it would also cut through the current bureaucracy and enable American companies to sell more of their healthy products to our cafeterias. We need to acknowledge that this would benefit American workers in American companies providing food to American children in American schools. It is money invested in us.

To that end, there should also be more funding allotted to the commodity food program. Doing so will allow districts to make their food-purchasing dollars go further and to remain focused on bringing healthier food into our cafeterias. The USFA can and should lead the way in setting standards and recipes that all districts, even the smaller ones, can use.

Eating is part of the educational day and mealtime needs to be treated as such. Students should be given enough time to eat so that they are not rushed or forced to skip meals altogether because of dwindling meal periods. Just like math and science, food and eating should be thought of as part of, and not an intrusion upon, the educational day. Eating well is learning well.

This is also why the debate arising from the issue of plate waste and of "healthy trash cans full of fruit" misses the point. Exposure to healthy and wholesome food takes time and has long-term value. Children should grow up knowing that fruits and vegetables are indeed part of their meal experience.

We challenge our teachers, our administrators, and our state and government officials to look at the school breakfast and lunch not just as a meal program but also as what they were originally intended to be: enrichment programs. School meals enrich students' developmental growth. They enrich healthy eating habits for life. More importantly, they enrich student success in school.

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<http://www.meetup.com/The-RI-Microsoft-BIUG/>




Bryant Said What?!

Compiled by Bryant Students

- "Let's just all say a quick thank you that I don't ever have to be in a talent show ever again."
- "Didn't lose anything at Effins last night so I guess this is what growing up feels like."
- "In other news I sat on a table today and broke it so happy hump day."



Profit and Loss

-  60 degrees and climbing! Happy spring!
-  We hope everyone made it out alive from the Spring Concert ticket sale line!
-  Since when does South not have blue powerade?

Community colleges commit to more overseas students

By Bonnie Miller Rubin

MCT Campus

Despite the fact that they don't play football, basketball or soccer, Sergio da Silva and Armindo Goncalves were hotly recruited by Joliet Junior College.

The two young men arrived on campus in January, leaving behind their island home in the South Pacific a leap of faith, considering they are the first members of their respective families to ever board an airplane, much less pursue higher education.

"Right away, we learned that we should have brought socks," said da Silva, 20, who is studying agri-business.

The duo represent a new push by community colleges nationwide to attract students from not just around the block, but from around the world. No longer content to be known as sleepy commuter schools, these two-year institutions are hiring international coordinators, attending overseas college fairs and setting lofty enrollment goals in places far beyond their surrounding ZIP codes.

A culturally diverse student body is an essential component for success in an era of increased globalization, experts said. But there's another payoff as well: Foreign students pay three to four times as much in tuition as their district peers.

"Most countries don't have a community college system, so they are sending students here for training," said Karen Hunter Anderson, executive director of the Illinois Community College Board. "It helps globalize our campuses, but it's also an extra revenue source. It's a win-win for everybody."

While foreign students have flocked to four-year U.S. colleges more than 886,052 international students were enrolled in 2013-2014, up 40 percent over the past decade, according to the Institute of International Education (IIE) community colleges are just beginning to catch up.

There were almost 88,000 foreign students nationwide at community colleges on student visas last year, about an 8 percent increase over the past decade, with almost 20 schools hosting 1,000 or more international students, according to IIE.

None of the top destinations are in Illinois, but Anderson said that should change, as more people become familiar with the third largest community college system in the U.S.

"People are discovering what we have here," said Anderson, who just returned from a trip to Cuba to help raise the profile of the state's 48 community colleges.

Still, evidence of an impending boom is everywhere. A few years ago, Joliet Junior College had two students from overseas. This semester, 14 are on campus — a number projected to double by next year, according to Dayna Crabb, the school's international student services coordinator.

Crabb, who was hired in 2013, attributes the growth to an emerging middle class and a lack of capacity in their own countries. She went on a recruiting trip to Vietnam, Thailand and New Zealand last fall and considers Southeast Asia "the next hot market."

Other factors that make community colleges an increasingly popular option include small class size, skills-oriented curriculum and affordability the same reason that has attracted American students.

The story is much the same at the College of Lake County in Grayslake, which reports 119 students from 46 countries. At Harper College, 123 foreign students are enrolled at the Palatine campus.

"There's no question that recruiting has exploded," said Jill Izumikawa, Harper's coordinator of international student services.

At College of Lake County, a center for international education was established five years ago. But even more



Sergio Da Silva leads a pig back to her pen while Armindo Goncalves watches during class Wednesday, April 1, 2015 at Weitendorf Agricultural Education Center in Joliet, Ill. Goncalves and Da Silva are foreign students from Timor-Leste, a tiny country in the South Pacific, studying agriculture at Joliet Junior College.

(Brian Cassella/Chicago Tribune/TNS)

telling is the school received a U.S. State Department grant to open an American Culture Center in Xi'an, China in 2012, explained Tammy Mireles, CLC's international student recruitment coordinator.

"Diversity and global engagement are written into our strategic goals," Mireles said. "It's an area that is extremely important to us."

Popular areas of study include business administration, computer science, engineering and allied health fields. Many students use it as launching pad to four-year institutions, but others like da Silva and Goncalves — plan on returning to their home countries with a two-year associate degree.

The students are from Timor-Leste, a small nation between Australia and Indonesia, which was liberated in 2002 after decades under Indonesian rule. They belong to a new generation focused on jump-starting economic development at home, where their farming families work much the same way as they have for decades.

Their tuition and living expenses are covered by the Timor-Leste Hillary Clinton Scholarship Program, a USAID-funded scholarship to expand opportunities and nurture future leaders. They chose Joliet because it was the first community college in the U.S., they said.

"We also liked that it was quiet here, so we could focus," said Goncalves, 26, and the quieter of the two.

They praised Americans for being friendly, even helping them navigate their way from O'Hare to Joliet. They marvel at the size of their apartment near campus, the ease of public transportation and the sheer size of American supermarkets.

Said Crabb: "Everyone else's shopping carts are filled with processed foods ... and then there's Sergio and Armindo, with their produce and rice."

Of course, adjusting to American life can be an education in itself. Language and money issues can hobble success (under U.S. law, foreign students are not permitted

to work off campus). Homesickness can also be a factor. For four months, Goncalves was unable to establish any Internet connection with his family.

Even something as simple as classroom culture can be perplexing. In Timor-Leste, students never question a teacher, which can be a problem when your grade is based on class participation.

"You're not allowed to speak unless spoken to," said da Silva. "I like the American way much better. It has helped change my personality."

Of course, nothing is as astonishing as snow, especially since the temperature in Timor-Leste rarely dips below 65 degrees and their wardrobe was mostly limited to T-shirts and hoodies. As they recounted their first experience, Crabb made a note to include "what to pack" in future orientations.

That she concerns herself with their food and wardrobe needs is typical for international student coordinators, who consider it their job not just to recruit students, but to look after them once they arrive, so they can thrive academically and socially.

Most schools have implemented some kind of support system to assist with the transition. Last fall, Crabb started the International Friendship and Mentoring Program. Faculty and staff volunteers have stepped up, from hosting Thanksgiving dinner to sightseeing to helping the newcomers find where to get their hair cut.

"While the initial reason was to benefit our international students, it is equally beneficial for the mentors and their families, who have shared how rewarding they've found the experience," Crabb said. "They are thrilled to have the opportunity to invite someone from another country into their home ... and to establish that sense of family."

Do you have a passion for writing? Contact archway@bryant.edu to be added to our email blast!

Accolades for Furious 7

By AJ Beltis
Staff Writer

Never in a million years would I expect to see myself calling a Fast and Furious movie the best of its year so far. Yet, here we are. You could attribute this to the lack of good movies that have come out in these past three months, or you could attribute it to its unmatched sense of fun. I choose both. For the record, this is my first Fast and Furious movie, and to be honest, it's made me want to go out of my way to see more movies in the franchise.

Furious 7 pits a ruthless British criminal, Deckard Shaw (Jason Statham), against a team of professional street racers with experience forking for the government. The group consists of Dom (Vin Diesel), Brian (Paul Walker), Letty (Michelle Rodriguez), Roman (Tyrese Gibson), Tej (Ludacris), and Agent Hobbs (The Rock). Deckard wants to avenge the death of his brother following the events of the previous film, and teams up with Mose (Djimon Hounsou) to steal an incredibly powerful tracking program from a hacker (Nathalie Emmanuel). The good guys team up for one last ride to save their lives, their families, and put a stop to Shaw.

‘Never in a million years would I expect to see myself calling a Fast and Furious movie the best of its year so far’

The movie knows how to let its viewers have fun in the theater, even though it sometimes crosses the fine line of ridiculous fun and unbelievably absurd impossibility. If you thought dropping a half dozen cars out of an airplane onto a windy mountain road in another continent, landing them, and then driving them along said mountain in an insane chase scene to the point where Paul Walker ends up climbing out of a bus as it is falling off a cliff, then running up that bus to grab onto Michelle Rodriguez's bumper as she drifts along the edge of the cliff couldn't be made into a prolonged, irrevocably



entertaining, 20-minute action scene, then you'd be completely wrong.

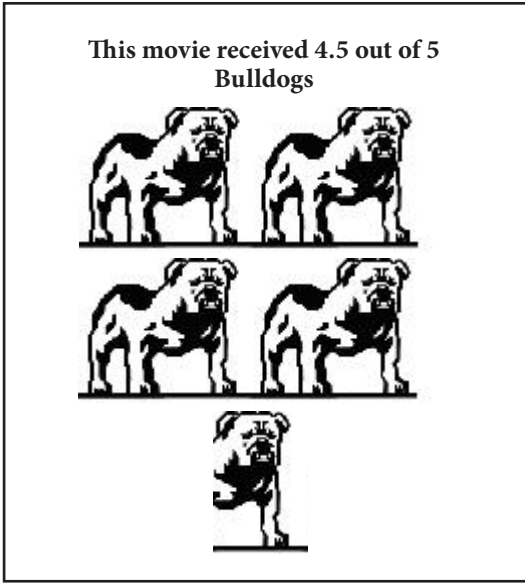
Yet sometimes, these scenes aren't as fun, entertaining, or feasible. Specifically, when Vin Diesel survives falling off both a cliff and a dilapidated parking garage through the power of love, when The Rock is blown out of a glass window by a grenade, falls four stories, and concaves a car unscathed, or when Jason Statham is slammed in the face by The Rock's Texas-sized elbow and shakes it off like it was a tree branch, I found it a chore not to mutter "bull\$#!t" under my breath.

Yet despite these moments of absurdity and a final chase scene that seemed to lose itself towards the end, Furious 7 is 2015's best movie so far, and among the most fun movies I've seen in theaters in a long time. It's emotional, action-packed, and contains enough context so that Fast and Furious first timers can enjoy themselves as well.

While Vin Diesel's prediction that Furious 7 will win Best Picture at the Oscars is a bit bold, it doesn't mean that we shouldn't be supporting these kinds of movies. It'd be stupid to say there aren't better action movies as this, because there definitely are, but when action movies work as well or better than Furious 7, they're the shining examples of why we go to the movies in the first place. It has its imperfections, but Furious 7's full-throttle levels of testosterone that seem to exude from the screen to the

audience are enough reasons to go see the movie. The substance is what's worth staying for.

A quick side note: My radio show co-hosts both gave this a 4.5/5, and they're fans of the series. So there's a good chance that if you liked the previous Fast and Furious movies, you'll love this.



The Town captures essences of Boston

By Tucker Smith
Contributing Writer

In 2010 The Town, an action thriller movie about a group of bank robbers in the Charlestown section of Boston was released. The movie starred some big names, such as Ben Affleck, Jeremy Renner, and Rebecca Hall. Ben Affleck, a Boston native, directed and produced the movie, and in my opinion he did an excellent job in capturing the small details helping to make the movie seem very authentic.

The movie is about a group of friends born and raised

in Charlestown who make their living through what seems to be the neighborhood business, robbing banks and armored cars. Doug MacRay, played by Ben Affleck, grew up in Charlestown and was a very talented hockey player in his early years. So talented in fact he made it to the NHL, but was cut from teams multiple times for starting fights with his own team members.

At a very young age James Coughlin, played by Jeremy Renner, became almost a brother to Doug, as his family brought him in and took care of him when Doug lost his mother, and his dad went to jail when he was very young. After Doug got kicked out of professional hockey he began to get involved in drugs and the "family business" of robbing banks. Doug and James work for the local Irish gangster, the owner of a flower shop.

Together Doug, James and their other two crew members pull off multiple high risk bank robberies around the city of Boston while being tailed closely by the FBI. An interesting theme within the movie is that the lead investigator of the FBI, Adam Frawley, knows that Doug and his crew are committing all of these crimes but cannot come up with sufficient evidence to prove them guilty.

Overall I would rate this movie a 4 out of 5 bulldogs. I think that there are a lot of excellent action scenes spread throughout the movie to keep the viewers on the edge of their seats. However there are a lot of internal struggles between characters as well, which makes the viewer have to think and draw connections with themselves throughout the movie.

‘I have seen many movies filmed in Boston or based on characters from Boston, but I would have to say that The Town portrays the characters’ accents, actions, and attitudes the most authentically’

Since I am from Massachusetts, I have seen many movies filmed in Boston or based on characters from Boston, but I would have to say that The Town portrays the characters' accents, actions, and attitudes the most authentically. If you like very intense, realistic action movies, "The Town" is an absolute must see.



Spieth ties all-time record at the masters

By Will Montero
Contributing Writer

Like most soap operas and dramatic movies filmed in Hollywood, there was a live event in Augusta, Georgia on Sunday, April 12 that held the attention of millions of viewers. The Masters, golf’s holy event, was created by Bobby Jones, who is the greatest golfer to ever live. The green jacket, symbolizing victory, was almost as green as the grass on all 18 beautiful holes, and then there are the players. There was to be a heavy weight battle with a number of star golfers in the hunt going into the final round. Jordan Spieth, the Texas college dropout who pursued a profession of golf instead of an education at the age of 20, is now 21 and holds the largest lead in the history of the Masters. In the other corner you have Tiger Woods, arguably one of the three greatest players ever coming back to golf after a leave of absence for his abysmal play the past two years. Another plot twist to the story is the fact that the last person to have a score similar to Spieth and the record holder for being the youngest Masters winner is Tiger Woods. In 1997, Tiger Woods at the age of 21 shot an 18 under par through four rounds of golf at the Masters. Jordan, on Sunday, was 15 under par with one more round to play.



score as Tiger and is paired to play with Tiger during the final round of the Masters. It is quite ironic to believe the old face of Nike golf will be going against the new face of Nike and golf in general. The rivalry match up could be an epic one. Now to tell you how this all ended. Spoiler alert, Tiger’s performance on Sunday was lack-luster, and his play died out as he finished six under par, but could this comeback be just the beginning for him? Rory fought hard moving up and down all day on the leader board, but ended up short finishing 12 under par and in 4th place. Phil did exactly as predicted and gave the young Jordan Spieth a run for his money in the home stretch. Lefty (nickname) couldn’t pull off the come from behind win as he finished 2nd with a 15 under par score. Jordan Spieth created a real life Cinderella story on Sunday in Augusta, as his play created what one would call a masterpiece. Not only did he set a course record with his 18 under par finish, but he also became the second youngest Masters winner, right behind Tiger Woods. This was a real life movie with all the drama one could hope for on this beautiful Masters Sunday.

‘Jordan Spieth created a real life Cinderella story on Sunday in Augusta, as his play created what one would call a masterpiece’

Yet another side story is of one of the Masters greats Phil Mickelson who hung around for three rounds of golf and was only three behind the leader. Phil Mickelson has won multiple green jackets and has always been a crowd favorite for his attitude towards golf and his ability to seem like the average Joe. But Phil is no average Joe, and he has put himself as he did so many times with Tiger, right in the hunt for the jacket, and you can guarantee he will be chasing down Jordan in the final round. The final heavy weight contender is Rory McIlroy, whose amazing play has put him in the spotlight of golf that was once so dedicated to Tiger Woods. Rory is at the same

May’s planet parade for the astronomy enthusiast

By David Huestis
Faculty Writer

The significant snow cover that blanketed our local region this past winter is now just a bad memory (though it is highly likely some snow piles may still remain). Seagrave and Ladd observatories were closed for months, and even those astronomers who had their own telescopes and/or observatories seldom ventured out. When it wasn’t snowing or cloudy, many nights saw sub-zero temperatures. As the weather now continues to moderate, let’s hope the skies will finally permit astronomers of all levels to train their instruments on the heavens to reveal once again the beauty of the universe. And four planets will help to kick off what promises to be a productive observing season.

During the first few weeks of May you can catch a naked-eye view of Mercury. On May 1, if you have an unobstructed view towards the west-northwest, you will find our solar system’s closest planet to the Sun about ten degrees (a fist held at arm’s length provides this measurement) above the horizon after sunset. It will be just less than two degrees to the left of the Pleiades star cluster (Subaru symbol), and just about ten degrees to the right of the V-shaped Hyades cluster that forms the face of Taurus the Bull.

Each night Mercury will be found higher above the horizon, reaching its highest point on the 7th. Thereafter it will begin to sink towards the horizon. On the 19th a waxing crescent Moon will be above and to the left of Mercury. Throughout this favorable apparition try using a telescope if you have one to watch Mercury’s quickly changing phases.

Also during the first week of May, on the morning of the 6th, we can view a meteor shower of particles shed by Halley’s Comet long ago. Unfortunately this shooting star display is best seen from the southern hemisphere. Locally we can usually expect no more than 10-15 swift and yellow Eta Aquarids per hour as they hit our upper atmosphere head-on at 41 miles per second. However, with a bright waning gibbous Moon (two days after full) prominent in the sky, those numbers will be significantly reduced.

Furthermore, Aquarius, the constellation from where the meteors appear to emanate, is not very prominent. For many casual stargazers it can be a little difficult to recognize even without bright moonlight. Aquarius will be about 12 degrees above the east-southeast horizon at the 4:00 a.m. hour. The shower’s radiant point is in the Water Urn asterism (looks like a Y-shaped group of stars). The best time to scan the sky for meteors will be between 2:00 a.m. and dawn’s early light.

Even non-astronomers must have noticed a bright

celestial beacon high in the western sky after sunset. It’s our closest planetary neighbor Venus. Each night Venus will increase its height above the horizon. During the last week in May it will attain its highest elevation for this apparition. From the 20th through the 22nd a waxing crescent Moon will join Venus for a beautiful sky scene.

Venus goes through phases like Mercury, but the phase change occurs over a much longer period of time. During May, a telescope will show this cloud-enshrouded planet’s phase appearing like a first quarter moon. As the months progress, the phase will decrease until it looks like a thin crescent at the end of July. All the while, due to our respective orbits, the Earth and Venus will be moving closer together. So as the phase decreases, the apparent size of Venus will increase. Even a small telescope will reveal these changes over time. Every few weeks monitor Venus to see if you can follow the phase progression. Consider rendering what you observe with pad and pencil. What a novel idea!

Shifting your gaze up and to the east (left) of Venus one can find the largest planet in our solar system—Jupiter. This giant world is exciting to observe through any sized telescope. The primary bands and zones are easy to see, though the centuries old Great Red Spot is no longer very great nor as red as it once was. Jupiter’s four Galilean moons parade around the planet, providing many interesting events to observe. You might see a moon disappear into Jupiter’s shadow, or reappear from behind it. It’s also possible to observe the shadow of one of these moons as it transits (moves across) Jupiter’s cloud tops.

In fact, on Wednesday, May 20, from approximately 8:06 to 8:35 p.m. EDT, a telescope will reveal the shadows of both Io and Callisto. A week later, on Wednesday, May 27, between approximately 10:00 p.m. and 12:18 a.m., the shadows of Io and Ganymede will be seen. At around 11:45 p.m., with Jupiter just ten degrees above the western horizon, these two shadows will appear to merge.

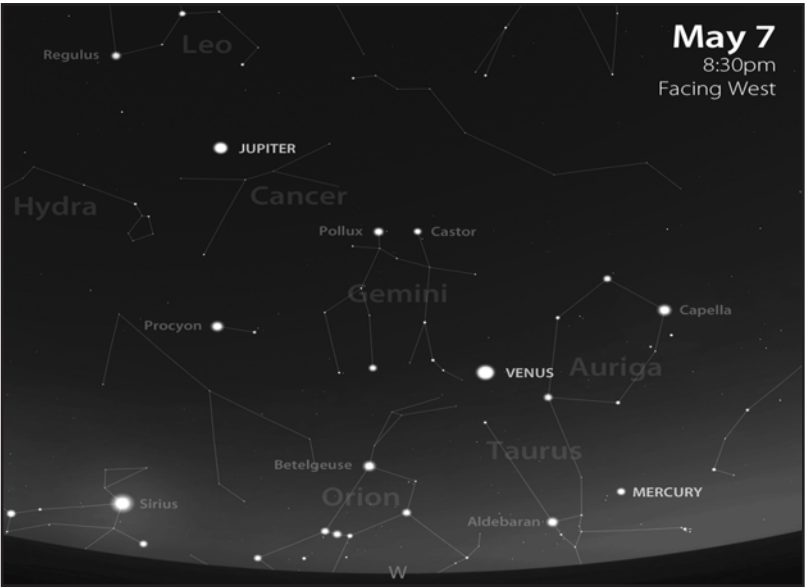
The most beautiful planet in our solar system is Saturn. It is noted for its exquisite system of rings. Without the rings this sixth planet from the Sun would be fairly boring, for its cloud bands are not as prominent as those of Jupiter. Saturn rises around 9:20 p.m. on May 1, but you should wait until it rises higher into the sky before observing it with a telescope. Saturn is closest to the Earth on May 22 when it will be approximately 833,500,000 miles away.

Saturn is quite bright right now (though not as bright as Jupiter) because its rings are tilted towards us at an angle

of about 24 degrees, therefore reflecting more sunlight. They will reach a maximum tilt of just over 25 degrees in 2017. While the rings are most striking, try to locate a few of Saturn’s brightest satellites. Titan, its largest, is even larger than the planet Mercury. Four to five additional moons of Saturn can also be seen with small telescopes.

Don’t pass up an opportunity to view any of the planets highlighted in this article. While the instruments at all the local observatories provide spectacular images of these distant worlds, if you have your own telescope I strongly recommend dragging them out and putting them to good use. It should be collecting light, not dust. Or simply step outside to enjoy the beauty of the night sky with just your naked eye. And by all means, please introduce your children to the heavens.

Throughout the year astronomers are available at Rhode Island’s fine observatories to share views of the cosmos during free public open nights. Seagrave Memorial Observatory (<http://www.theskyscrapers.org>) in North Scituate is open to the public every clear Saturday night. Also, Ladd Observatory (<http://www.brown.edu/Departments/Physics/Ladd/>) in Providence is open every clear Tuesday night. Frosty Drew Observatory (<http://www.frosty drew.org/>) in Charlestown is open every clear Friday night year-round. And don’t forget the Margaret M. Jacoby Observatory at the CCRI Knight Campus in Warwick (<http://www.cc ri.edu/physics/observatory.htm>) is open every clear Wednesday night. Be sure to check all the websites for the public night schedules and opening times before visiting these facilities.



Top 4 mystery books this year

By Salem Macknee
MCT Campus

“The Stranger” by Harlan Coben; Dutton (400 pages, \$27.95)
Harlan Coben is a master of “the hook,” the art of grabbing you on the first page. In this case he manages it in the first sentence: “The stranger didn’t shatter Adam’s world all at once.”

See? How can you not read on? Impossible.
The stranger rocks Adam Price’s world with the staggering news that his wife faked a pregnancy and miscarriage. Adam’s wife then goes missing, and when he tries to find the bearer of bad tidings, he discovers a pattern of startling disclosures all connected somehow with unsavory websites and a related pattern of deaths.

Coben is a great storyteller who never disappoints.
“Where They Found Her” by Kimberly McCreight; HarperCollins (336 pages, \$26.99)

A small-town reporter struggles to keep her objectivity when covering her first big news story, about the discovery of the body of an infant girl in woods near a university campus. Because Molly Sanderson is just climbing out of a depression caused by a miscarriage, her husband and others keep urging her to hand the story off to another reporter, but she feels driven to prove she can handle it.

This is one seriously twisted college town. McCreight runs through a whole range of dysfunctional families and sexual predators, but manages to keep us guessing right to the end about exactly which of them took their dysfunction over the edge into murder.

“The Bone Tree” by Greg Iles; William Morrow (816 pages, \$27.99)

The Bone Tree picks up the action where Greg Iles’ “Natchez Burning” left off, with Natchez Mayor Penn Cage chasing conspiracies across the Deep South with his newspaper-publisher girlfriend and an FBI agent.

There’s a prologue to catch you up on the plot, and then we are in the midst again as remnants of the deadly Double Eagle group try to finish off Cage and the others before they can deliver evidence of involvement in pretty much every assassination of any magnitude in the past century.

Meanwhile, Penn’s elderly father is on the run from law enforcement officials who are in the pockets of the conspirators. It’s 816 pages of blood, pain, pursuit and narrow escapes against a backdrop of Mississippi and Louisiana scenery.

“House of Echoes” by Brendan Duffy; Ballantine (400 pages, \$26)

Who can resist a “family moves to a spooky house in the woods” opening?
This spooky house in upstate New York has 65 decaying rooms and a basement full of rotting debris. The family is also a little shaky and escaping the New York City rat race to renovate an old manse into an inn may not have been the best way to deal with their issues.

Dad Ben has roots in the small village nearby, and in flashback diary entries we learn why his ancestors are among what’s called the Winter Families. He also is interested in the statistically suspicious incidence of fires around the old estate, including a fatal fire in the 1980s that was deliberately set.



The College Scoop

SEE WHAT STUDENTS AT OTHER COLLEGES ARE READING ABOUT

The Stanford Daily Stanford College

Former Stanford student-athletes Kelley O’Hara ’10 and Christen Press ’11 will represent the United States at the 2015 FIFA Women’s World Cup, National Team head coach Jill Ellis announced on Tuesday.

The Miscellany News Vassar College

On Thursday, Apr. 2, Vassar hosted New York Times Op-ed columnist Charles Blow for a lecture entitled “Civil Rights Today,” which sought to critically examine the relationship between minority communities and law enforcement.

The University Star Texas State University

Members of the Texas State Athletic Department hosted the second annual Got Your Back 5K on April 12 in memory of David Gish, former head athletic trainer. Carla Heffner, event director and senior lecturer in the Department of Health and Human Performance, said Gish worked at Texas State for over 25 years before losing his battle with cancer in 2014. Heffner said the 5K began after Gish received the diagnosis and was continued as a way to celebrate his memory.

The Heights Boston College

Boston College students were not leading the pack this time, as protesters called out the BC administration on policies regarding free speech and the University’s investment in fossil fuel companies. Over 100 protesters—from both the general public and Boston schools like Brandeis and the Massachusetts Institute of Technology—marched through BC’s campus on Sunday afternoon and gathered in the O’Neill Library plaza.

THE POETRY CORNER

Well Water By Florence Widner

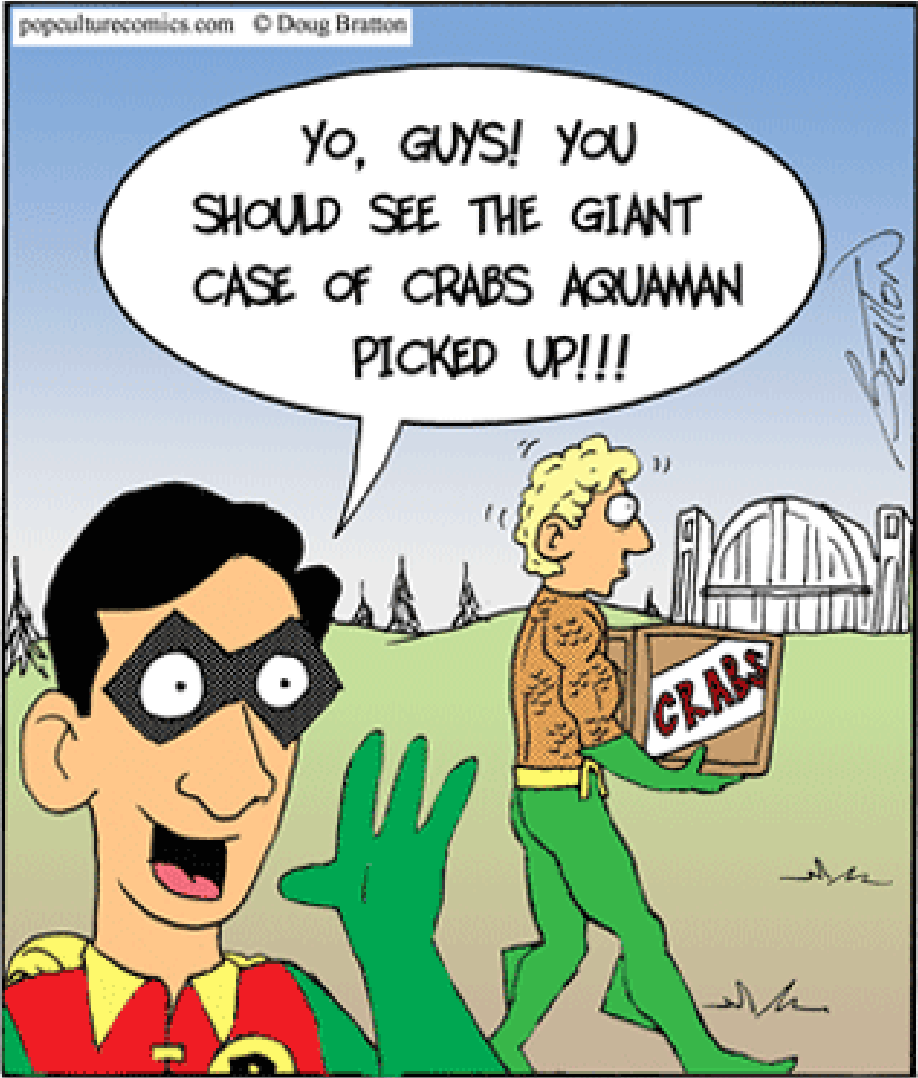
On a hot summer’s day
Rushed into the house
A drink of water

My mother picked me up
Sat me on a stool
Reached for the aluminum ladle
Filled at the kitchen sink

Sip-sip from the ladle, cara mia,
As did I from the well in Sicily
Sharing her experiences as a child

On occasion, as did my mother
I took sip-sip from the ladle, slowly, slowly
Savoring the sweetest, most satisfying
quencher of my thirst.

Comic of the Week



No Justice League member ever brought seafood to the annual superhero picnic again.

Pet of the Week



Breed: Sphynx

HEIGHT: 8-10 INCHES
WEIGHT: 10-12 POUNDS
LIFESPAN: 10-15 YEARS
PHYSIQUE: LEAN, OVERSIZED EARS
BEST SUITED FOR: ACTIVE HOUSEHOLDS WITH CHILDREN OR OTHER PETS
TEMPERAMENT: CURIOUS, PLAYFUL, MISCHIEVOUS, AND INTELLIGENT
COMPARABLE BREEDS: ORIENTAL, YORK CHOCOLATE, HIGHLANDER

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