

The Archway

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Held Hostage fundraiser returns to WJMF Radio after 5-year hiatus

Michael Oppedisano
Sports Editor

Bryant University got reacquainted with an old tradition on Saturday April 6th 2019, as WJMF Radio brought back the Held Hostage fundraiser after a 5-year hiatus.

The event lasted 24 hours, where members of the WJMF board were "held hostage" inside the station during that time period, hosting radio segments and playing music.

All this was done to support the Asperger/Autism Network (AANE), based out of Watertown, Massachusetts.

AANE offers programs to both adults on the autism spectrum as well as parents and families with children on the spectrum.

"Because April is Autism Awareness Month, we thought it was a no-brainer to raise money for this cause", said Bryant senior and WJMF Event Director Nick Paparazzo, "we were thinking of what charity we wanted to support, and we chose AANE because they have done great work with some of our board members' families and we also liked how they were a local organization."

The event began at 10 AM on Saturday, with board members acting as DJs playing music for the entire campus.

There were also activities on the Koffler Lawn for people to enjoy while they listened to the show.

Board members and Bryant students alike came together on the lawn to join in on games like Cornhole and Frisbee.

As the day continued, the board decided to try out new segments to entertain their listeners.

One of those games was "Guess That Song", where two board members competed to see who could guess more songs correctly.

One board member would pick 8 songs to play, and the other board member had to guess the name of the song and the artist.

Contestants were allowed 2 lifelines, one from another board member in the studio and another lifeline was listeners to the show who could call in with support.

Other segments during the event included games such as "Your Song Stinks" and "Movie Quote Trivia" where members of the WJMF board competed against each other.

"Your Song Stinks" was a game where each board member picked a song based on a certain category, and then give a minute-long pitch as to why their song is better than everyone else's.

Categories included "Best One-Hit Wonder" and "Best Song from the Shrek Soundtrack."

The debate caused much discussion, both in-studio and from listeners calling in, as many people had opinions on what song was truly the best one-hit wonder.

"Movie Quote Trivia" put the board members' movie knowledge to the test, as the host would read a line from a popular movie, and the board members had to guess which movie it was and what character said the line.

As the event went on, the conversation



WJMF was in the Koffler Center for 24 hours to raise money for autism and Asperger's (Bryant University)

topics only got weirder as the board members got more exhausted.

During the late night portions of the event, segments included conspiracy theories, as well as debates.

Debates such as "Beyonce vs. Rihanna", "Mount Rushmore of Candy", "McDonald's vs. Salmanson Dining Hall", as well as "Boy Band Debates" were highly contentious and sparked a lot of conversation among board members.

Between debating whether N*SYNC or Backstreet Boys was superior, or whether McDonald's was a better "bang for your buck" than Salmanson Dining Hall, almost everyone had an opinion they wanted to share.

WJMF Marketing Director and Bryant senior Braulio Castillo said, "If we want to keep people listening in to the show, we have to talk about topics that keeps listener's interested and paying attention. We have things that we're passionate about and we felt that made for good radio segments. I am a diehard Beyonce fan, so I knew that I could debate 'Beyonce vs. Rihanna' for a long time."

Which is a true statement, as Castillo and WJMF Treasurer Mike Oppedisano debated for over 45 minutes about which artist was better.

For WJMF, they wanted to ensure that they could get a wide audience.

Despite WJMF being a college radio station operating on the Bryant University campus, they broadcast digitally.

Therefore, anyone with an internet connection was able to tune in and listen to the plethora of segments that WJMF had to offer on Saturday.

"We wanted to host segments that had mass appeal for college students and adults alike" said junior and WJMF General Manager Riley Lynch, "the whole show was not just about raising money, but also to raise awareness about a great charity and about a condition that is misunderstood by a lot of people."

In the United States, more than 3.5

million Americans live with autism spectrum disorder.

Since 2000, the prevalence of autism in US children has increased by 119.4% (up to 2010).

That makes it the fastest-growing developmental disability in America.

Increases in diagnoses can be attributed to the changes in how the autism spectrum is defined and what criteria classifies someone as being on the spectrum.

These increases in the prevalence of autism have also coincided with increases in the cost of services for people on the spectrum.

In the United States, autism services cost US citizens about \$236-262 billion annually.

The majority of these costs are for adult services, as adult services comprise \$175-196 billion of that total, compared to \$61-66 billion for child services.

As autism cases rise along with the costs for the services, there is a growing need for organizations who are able to assist people on the spectrum.

One such organization is AANE. AANE offers programs for both adults on the spectrum and parents who have children on the spectrum.

They offer services such as webinars, seminars and parent groups for families.

For adults on the spectrum, they offer programs where people can learn music, as well as attend speaker sessions, support groups and pizza parties.

They also have specialized programs such as LifeMap and LifeNet.

LifeMap offers adults coaching on things such as college, jobs and relationships, helping them navigate certain aspects of life they may be unfamiliar with.

Another service is LifeNet, where adults on the spectrum who live independently can get some extra assistance with things like errands or housekeeping.

If you or someone you know is affected by autism or Asperger's, then you can go to www.AANE.org for more information.

Meet The Archway Staff

Black and Gold and Read All Over



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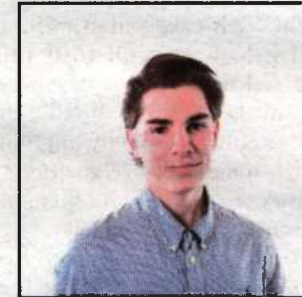
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Department of Public Safety Log

(MVA) MOTOR VEHICLE ACCIDENT Mar 26, 2019-Tuesday at 15:40
Location: GENERAL PARKING C
Summary: DPS received a report of a minor traffic accident in the Visitors area of Lot C. No injuries reported.

(MVA) MOTOR VEHICLE ACCIDENT Mar 28, 2019-Thursday at 15:53
Location: BLC/HANDICAP PARKING LOT G
Summary: DPS received a report of a minor traffic accident in Lot G. No injuries reported.

THEFT/ STOLEN PROPERTY Mar 29, 2019-Friday at 13:01
Location: UPPER CLASS STUDENT PARKING LOT H
Summary: DPS received a report of a stolen registration plate.

THEFT/STOLEN PROPERTY Mar 29, 2019-Friday at 22:36
Location: UPPER CLASS STUDENT PARKING LOT H
Summary: DPS received a report of a stolen registration plate.

EMT CALL EMT CALL / MEDICAL SERVICES RENDERED Mar 30, 2019-Saturday at 17:55

Location: UNISTRUTURE
Summary: DPS received a report of an unconscious female in a bathroom. EMS was activated. Patient was transported by Smithfield Rescue to Fatima Hospital for treatment.

EMT CALL EMT CALL / MEDICAL SERVICES RENDERED Mar 31, 2019-Sunday at 01:59

Location: Jamestown House
Summary: DPS received a request for a medical evaluation on an intoxicated male guest. EMS was activated. Patient was transported by Smithfield Rescue to Fatima Hospital for treatment.

Women's Summit: when inspiration meets courage

Megan Gunnell
Contributing Writer

A lot has happened since my last blog!

I've had a sudden burst of entrepreneurial energy which was inspired by my experience at the Bryant University Women's Summit in Rhode Island a couple weeks ago where I was lucky enough to be a presenter again this year!

For over 20 years, Bryant University has been hosting an annual Women's Summit under the visionary direction of Kati Machtley.

This year the summit sold out in record time to 1100 lucky attendees who had the privilege of hearing some incredible keynotes, including Reshma Saujani Founder of Girls Who Code. She's the author of the new book "Brave, not Perfect" which asks readers:

"Do you run yourself ragged trying to not just do it all, but do it all flawlessly? Do you lose sleep ruminating over small mistakes or worrying that something you said or did might have offended someone? Have you ever passed up a big opportunity - a relationship, job or a personal challenge - for fear you wouldn't nail it right away or look foolish trying? For you, is failure simply not an option?"

Preach!!! Yes! To put it mildly, it really spoke to me!

I had to get my hands on a copy and meet Reshma in person at the book signing tables! I'm always striving to harness courage and bravery, but something magical happened to me this year at the Summit.

It was as if inspiration met courage and set me on fire!

One woman after another kept coming up to me asking "what business are you with?"

What business are you with? I didn't really know how to answer that?

I've spent the past 20 years building a very successful private practice, but I don't really have a company brand.

It's just me. My name. No real identity.

I met a lot of incredibly smart, savvy female entrepreneurs who really got my wheels turning.

They were fascinated to hear more about how I facilitate international retreats and I was fascinated to hear more about their executive coaching and consulting businesses.

That night I could barely sleep.

My mind was full of ideas and possibilities.

I couldn't stop thinking about creating a business and brand identity and kept considering names, ideas and concepts.

What would I offer? What do I really believe in?

What represents the foundation of my work?

How do I help people?

What is broad enough to resonate with most people, but specific enough to be effective?

Finally it hit me.

I've been a therapist for over 20 years. I've worked with thousands of clients, patients and consumers in hospital settings, outpatient therapy, private practice, retreats, workshops and been a speaker at hundreds of conferences.

Their issues span a wide range of needs from life transitions

to depression, anxiety, grief, loss, relationship struggles and adjustment to life stressors.

However the one common denominator they all share is the formula that helps them cope.

I've discovered over the years, no matter where a client begins, they can all benefit from applying what I've coined as "the self-care advantage."

When our basic self-care is in place, our coping and bandwidth increase, our emotional reactivity is in check, our patience and compassion expands and we begin to thrive.

That was it! Thrive!

Everyone deserves to THRIVE!

The foundation of my work helps people learn how to move from surviving to thriving.

I support clients in a multitude of ways.

Using a combination of clinical techniques and best practices, mixed with deep listening, support and compassion.

I teach people how to practice healthy self-care and mindfulness.

I help them shift their mindset and learn to communicate effectively.

I support people through intense pain, major life transitions and inspire them to access their highest potential.

I help them elevate into optimal living.

But at the very core of what I offer is this concept of thriving.

The very next morning after I arrived home from the summit.

I got up at 5am and started brainstorming.

I played with 1,000 name combinations on a huge sheet of paper.

My kids woke up hours later and joined me in the creative pursuit of the perfect company brand.

How about this one? Taken. How about this one? Too weird. Not clear. Too long. Too short. Too hard to say. That makes a strange acronym. How about this? Taken. Grrrrrr. More coffee!

This went on for hours.

Until we finally landed on it. The Thriving Well Institute.

Within a matter of days, I had purchased the domain name, started building the website, set up all the social media channels, hired a creative director and a business manager, created a logo and roughed out the company launch.

The Thriving Well Institute is committed to helping people thrive through knowledge, empowerment, communication, skill-building, mindfulness, self-care and healthy living.

We offer 3 arms of service; coaching, events and speaking.

This will also become my platform for my book which is also dedicated to helping people thrive.

I'm almost ready to share my new website, but for now, please come follow me on FB or Twitter and stay tuned for exciting things to follow.

Sometimes inspiration meets an idea at the perfect moment and suddenly, if you find yourself feeling courageous (or... 'brave, not perfect') then you can create something wonderful!

For now, take really good care of yourselves because you deserve to thrive!

Tweets of the week

"In the richest country in the world, when you are sick, you should be able to see a doctor. If your child needs to go to the hospital, you should not end up in bankruptcy. That is not a radical idea. It is an issue of basic justice."

-Bernie Sanders, 4/10/19 (@BernieSanders)

"Everybody is now acknowledging that, right from the time I announced my run for President, I was 100% correct on the Border. Remember the heat I took? Democrats should now get rid of the loopholes. The Border is being fixed. Mexico will not let people through!"

-Donald Trump, 4/9/19 (@realDonaldTrump)

"Thank you, @DewSteele, for turning @EmergeAmerica into a powerful force to recruit and train Democratic women to run for office. With 690 Emerge alumni in office, you've helped transform our country's representation, and (after a good rest!) I can't wait to see what you do next."

-Hillary Clinton, 4/9/19 (@HillaryClinton)

"MORE: Wa

-Julianne Lima, 4/9/19 (@JulianneLimaTV)

"Boston hospital sues, says its owed \$3.5M by Saudi prince"

-Providence Journal, 4/10/19 (@projo)

"This All-American comeback is being helped along by a set of Republican ideas and policies that are the polar opposite of what our Democratic friends are now calling for."

-Mitch McConnell, 4/10/19 (@senatemajldr)

"Thank you. Thank you. Thank you all. Without your love & support, especially over the past couple months, none of this happens. You helped me achieve my childhood dream & I'm eternally grateful for each & every one of you. Sincerely, Your WWE World Heavyweight Champion, Kofi"

-Kofi Kingston, 4/8/19 (@TrueKofi)

After two crashes in six months, the future of airlines remains uncertain

Andrew Diebus
Contributing Writer

On March 10th, 2019, Ethiopian Airlines flight 302 crashed a few minutes after takeoff, killing everyone on board.

The plane was a Boeing 737 Max 8. This is not the first time that a Boeing 737 Max 8 has crashed recently.

Lion Air Flight 610 plunged into waters on October 29th, 2018, killing all the passengers and crew.

Boeing and the safety of its airplanes, especially the 737 Max 8, is being scrutinized around the world.

Following the Ethiopian Airlines crash, numerous countries grounded all 737 Max 8's until the plane's safety was assured.

Twenty-four countries grounded the Max 8 including China, United States, Singapore, and all of Europe, according to the PBS.

The amount of countries taking the safety initiative is significant from a flyer's standpoint.

Within the United States, only a few domestic airlines fly Max 8's.

United Airlines, Southwest Airlines, and American Airlines carry this fleet of planes.

These airlines continue to ground the Boeing 737 Max 8's and are losing millions of dollars because of it, according to Inc. Magazine.

Southwest Airlines canceled a combined 9,400 flights in March due to a combination of snowstorms and the grounding of 34 max 737's, according to USA Today.

What does this mean for the future of flying?

A new disclosure on April 3rd found that the pilots on Ethiopian Airlines flight 302 followed the specified instructions that Boeing gives out to every pilot in case of an emergency.

This is a significant cause for concern to the general public, as the pilots followed instructions, yet the plane was unable to recover and ultimately crashed a few minutes after takeoff.

According to the Wall Street Journal, the pilots overrode an automated system by flipping a few switches to control the level of the plane.

But, the attempt to raise the nose of the aircraft was unsuccessful.

The instructions that the pilots followed were put into place after Lion Airlines Flight 610 crashed in October, according to the Wall Street Journal.

A person who is afraid of heights or terrified of the potential issues that Boeing planes may present may use different airlines that fly domestically and internationally.

Spirit Airlines has continued its expansion across the United States.

According to the Motley Fool, Spirit is expanding into territories where Southwest and American Airlines dominate.

Some of the locations, specifically Orlando and Las Vegas, are popular destinations.

With Southwest and American Airlines grounding their Boeing 737 Max 8's, an opportunity arises for Spirit to take advantage and continue its expansion.

In conclusion, Boeing is still trying to solve the mystery of the crashes.

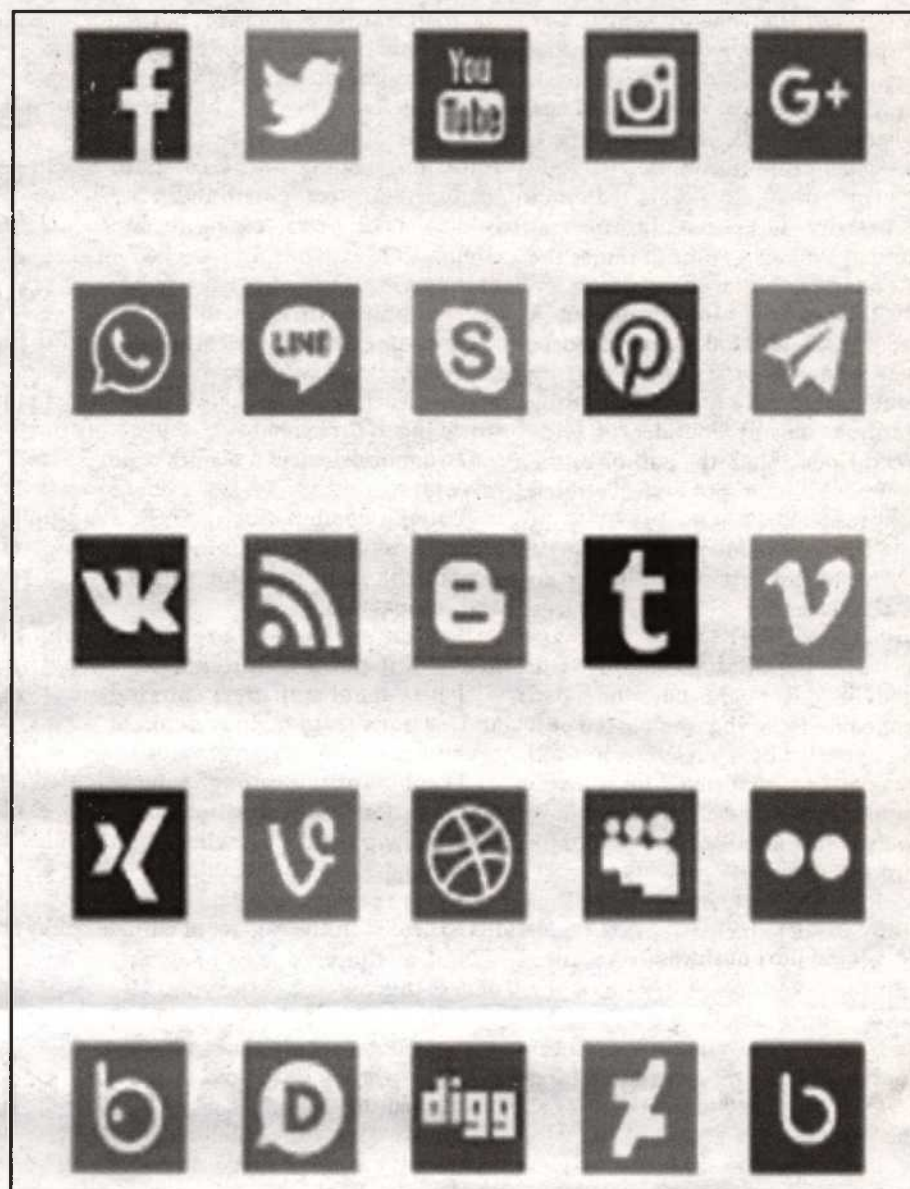
Southwest and American continue to cancel 4-5% of their flights a day, according to Yahoo Finance.

Following two crashes in six months, Boeing's condition is terrible.

The longer it takes for Boeing to figure out its issues with the 737 Max fleet, the longer that airlines have to cancel flights.

Once the situation is resolved, be sure to check to see what type of plane your flight is, especially if you are someone who may not enjoy heights.

The regulations on social media for Australia and the world



Tyler Mattison
Contributing Writer

Social media is a part of almost everyone's life one way or another.

On these sites, such as Snapchat, Twitter, and Facebook, people are able to post violent messages behind a screen.

This past Thursday, Australia passed new legislation in which social media companies are being held accountable for such hateful content on their platforms.

The legislation has implemented heavy fines and even as much as jail time for executives if the hateful content is not removed in the very near future.

Some are saying that this legislation is a bit harsh and puts unfair expectations on the executives.

They also believe this may lead to legitimate speech being censored.

Why is this important? At the touch of a button, you can connect with someone in a foreign country.

What this bill is doing is it is limiting perpetrators usage on online platforms to spread their violent and extreme content.

Australia is the first country to pass a bill like this to such an extent, however, multiple countries are closing in on passing legislation very similar to this.

Social media is showing no signs of slowing down so Australia is trying to get ahead, if that's even possible.

There are people who are against this legislation, mainly representatives of tech companies.

The main argument from them is that this is a highly complex problem that needs to be discussed with media companies and legal experts.

Not passing a bill in five days without meaningful discussion.

They believe with all the content that is uploaded every second of everyday to hundreds of sites, it is going to take a lot of time and hard work to even come close to a solution.

They also believe that this may be a restriction on a person's freedom of expression.

They do recognize the hateful content but keep emphasizing the difficulty in finding every single bit of hateful content on the internet and disposing of it.

Social media is a way to connect everyone to what is happening in the world within minutes, so if you limit those connections, people will start to be less in tune with world events.

This bill could be an inspiration to countries to act sooner rather than later.

Every country deals with its own social media problems and all have to deal with demeaning content.

People can feel isolated if they are called out on social media platforms but they can also feel empowered just as easily.

Officials believe the biggest change needs to come from the users.

What they mean by this is not engaging in hurtful content when they see it on their feed.

If they retweet it, the all of their followers see it, and so on.

Officials want people to be more responsible with their means of social media and how they interact on them.

Officials understand that harmful content will always be part of social media but if they are able to limit a healthy majority of it then they will be satisfied.

That is why they passed this legislation, to help fight the battle against slander on the internet.

Fast News of the Week

- Scientists announced that they have the first ever picture of a world destroying black hole
- Donald Trump revealed that he will not release his tax returns to Congress
- William Barr announced that he does believe that there was spying during Trump's campaign
- WalletHub ranked Massachusetts the best state for millennials
- While problems with China are getting worse, the President of Taiwan welcomed US dignitaries and officials to the state
- According to The Moscow Times, Vladimir Putin said, "The mountain gave birth to a mouse, as they say."
- Wrestlemania was last Sunday and seven of the nine titles on the show changed hands

Levi Strauss: A dance with pants

James Longley
Contributing Writer

The denim pants that were first invented for miners during the California Gold Rush have stayed strong despite increasing competition and the changing retail environment. In fact, 2018 revenue totaling over \$5.6 billion was up 14% from the year before and growth in the sales of women's apparel has pushed revenue to its best growth rate in over two decades.

"Primarily due to increased direct-to-consumer sales", the company's 2018 gross margin expanded 150 basis points from the year prior. Levi Strauss & Co have been constantly trying to not only diversify their portfolio, but deepen the connections they have with their customers.

Initially going public in 1971, Levi Strauss & CO went private in 1985 after being bought out by the Haas family for \$1.6 billion dollars. However, as stocks are rising and with the popularity of denim surging, the 165-year-old company has decided to come out of its shell. Levi Strauss & Co has recognized the sudden revival of 90s styles and has decided to return to the public markets.

Shares of LEVI began trading on Thursday March, 21st and almost instantly increased the company's market capitalization to more than \$8 billion. Shares opened at \$22.22/share, which was around 30% above the company's IPO price. However, the stock didn't stop there. During intraday trading, the stock climbed as much as 36%. Resulting in a market value of \$8.7 billion and a strong investor appetite. Levi is looking like a tempting choice at the moment, yet there are a few things you should know about them before investing.

The dual-class share structure that the company is planning to adopt is something that should be important for any investor interested in purchasing this stock. To explain it a little more clearly; every class A share will have one vote and every class B share will have ten votes, making it difficult to influence corporate matters. In addition, it is important to know that Levi is looking to expand. They are working to target value customers more proficiently, while at the same time bring a greater focus to women's apparel.

Levi also heavily depends on its wholesale partners and losing relationships with their top customers could adversely affect their financial state. The last thing you should know about Levi is that the climate itself is looked at as a real threat. With climate change on the horizon in many of the countries where Levi's operates, governments are now intervening. They are passing regulations to deal with the impact of climate change and this could hurt business.

Increases in energy, transportation costs, production and even raw material costs are all something Levi could possibly experience. Costs of compliance with the new laws and regulations is also something to think about. Levi holds business all around the world and different jurisdictions sometimes means different regulations.

Guided by principles and inspired to innovate, Levi Strauss & Co is on a mission to become as relevant to today's consumers as they were when the blue jean was first invented. As one of the world's major brand-name apparel companies, Levi has continued to make a name for themselves.

Selling products in over 100 countries and being able to maintain a global footprint of nearly 3,000 retail stores, separates them from the pack. This company is interesting and could be worth the investment, yet only time will tell. So, whether you are thinking of investing or not, keep an eye out for the ticker symbol LEVI as they dance with the pants.



Levi Strauss is a well-known brand for pants (USA Today)

Ventures: Empowering women in business

Nicholas Cianfaglione
Contributing Writer

As students hustle and bustle around the Bryant University campus, there is one student that has a much different Hustle than the rest. Melissa Gurzenda, a sophomore at Bryant, is working day and night on building her hustle; "Identified Grace". Identified Grace is more than just another college venture. It is actually a women empowerment movement started under the idea of providing physical products, such as bracelets and wall art, that empowers women in business and beyond to identify with their inner strength and feel confident when they enter the male-dominated world of business.

Originally conceived in 2018, the business started as just an idea, but after working with accelerators through the Bryant Ventures entrepreneurial think tank program, Melissa was able to lock down manufacturers, partners, and even funding through the Goss Grant to get her business up and running in under three months.

Now ready to roll and in full operation, I was able to sit down with Melissa and discuss the future of her company and the things that got her to this point.

The future for this startup is bright and rich with social impact. The vision within Melissa is to use Identified Grace to impact women in business and beyond. Through early research in new marketplaces, she has defined her focus on the idea of "Activate Your Voice" which she has built into a plated bracelet to appeal to audiences such as activists against racism and social injustice to even social impact artists such as spoken word poets. Melissa is also working on building the company into an online platform where individuals can read motivational and challenging blog posts, videos, and other content in addition to shopping for products.

Throughout her Journey, she has learned a lot, about her product and herself. Identified Grace has helped Melissa find purpose in her day-to-day roles as a student and club leader on campus. She has enjoyed the challenge of managing multiple projects at once, using what she learned in the classroom and applying it to her business, vice versa. It has helped her growing maturity and confidence, understanding that she builds her business knowing very little about entrepreneurship.

After she saw its potential, she began evolving her confidence, taking on new risks and trials. One of the biggest contributors to her growth was her participation in Ventures; a student-run entrepreneurial think tank on campus. Ventures assisted Melissa in acknowledging the value of her idea. Before Ventures, funding a business kept her from

having the opportunity to start her own.

As soon as she joined Ventures, she suddenly had dozens of supporters and an idea that holds the beginning of a key to success for women in business. After three months in ventures, she had negotiated with manufacturers, met with graphic designers to understand CAD, prototype materials, and learn how to use Bryant's 3D printer. Over the summer, a Ventures accelerator actually drove Melissa to her manufacturer and met with her to create the 3D bracelet for prototyping purposes. Without Ventures, Melissa's idea would have taken longer to implement due to the resources and funding she lacked prior to joining and earning Goss Prize.

Overall, Melissa and Identified Grace is the perfect example of the innovation and empowerment that is coursing through Bryant's campus every single day. Melissa is continuing to empower herself and other students every day by being a role model of social entrepreneurship and being an example for generations of future students to show that it is possible to change the world, and business, while still attending classes.



For more info check out www.identifiedgrace.com or @identified_grace on Instagram!

Interested in business? Like to write? Send in a business article and get published! Send articles to archway@bryant.edu

The Archway interviews Bryant Ventures

Matthew Carvalho
News Editor

At Bryant University, there are an innumerable array of student-run organizations on campus.

With so many, we are bound not to know all that much about all of them.

With that in mind, a venturesome Nick Cianfaglione, the president of Bryant Ventures, reached out to The Archway a few weeks ago.

He talked to me about the organization and many of the details of it.

I became interested and we agreed that I would come to meet with his members and ask them a few questions in order to introduce their association.

When I met with the bunch, I was informed that Bryant Ventures has existed for over fifteen years.

Cianfaglione described it as a place where people that have innovative ideas, like those in Bryant CEO, come to Bryant Ventures to implement them and create their business.

One member, Garret Hoag, talked about how his company was able to get its start.

Before joining Ventures, Hoag had a coffee-related business that he said was only able to work slightly.

Once he joined the organization, he met with everyone and they told him that he was wasting his time and that his product was a rip-off.

They assisted him in making an entirely new business plan and product.

He was then given a grant by Bryant that was able to help him with marketing and media for his business.

Due to Ventures and Bryant, Hoag's business made a 180 degree turn and is now a successful customizable coffee shipping company.

Another member told me that there are "a lot of supporters to tell you that your idea is a good one if you put passion and effort in. A month later you come out with a product. [It] Doesn't happen unless if you go to Ventures".

Cianfaglione also said that Bryant is one of the only

schools that offer a free accelerator program without commission.

He described Bryant as a school that wants to help their students succeed with their businesses.

Cianfaglione also said that there were many schools that incredibly competitive and are looking more towards the idea of making a profit rather than just helping their students because they are passionate about them and their product.

Every single member that I spoke to praised the accelerators at Bryant.

They told me that the accelerators are willing to above and beyond to make sure that the product works and is fantastic even over the summer break.

They, like the members of Ventures, also care about the

product and will work intensely to see it succeed.

Towards the end of the meeting I had with them, one student told me that it is incredibly important to be at the organization if one desires to make a successful business.

He said that they are pushed to make something unique and are needed to make many sacrifices to be with and succeed with Ventures.

People help him and others to be the absolute best that they can be to innovate and operate a booming business.

He also said that being in the environment he is in makes him not only a better businessman, but a better person.

If you are interested in Ventures, meetings are at five o'clock in Hall 17 and reach out to Nick Cianfaglione at ncianfaglione@bryant.edu.



Bryant Ventures meeting (Bryant Ventures)



Call for submissions

CLASS OF 2019

ARCHWAY COMMENCEMENT ISSUE



Submit a short Senior Spotlight to reflect on your time at Bryant

Nominate Staff and Faculty to be featured

Submit pictures from the past four years

APPLICATIONS NOW OPEN

Access the application here:
<https://tinyurl.com/bryantugrad>

1-on-1 with Providence Bruin Chris Breen

Matthew Carvalho
News Editor

On April 4, I had the privilege and the honor to interview Providence Bruins defenseman and Alternative Captain, Chris Breen. I was able to interview him outside the locker room, as well as, see how amazing the area and entryways look. It was an amazing experience for a hockey fan like myself and I would like to thank Chris Breen, in addition to the public relations office, for making this happen.

Carvalho: "So, my first question for you is regarding last week, coming off a lost against Hershey and then going into a game against Bridgeport. What is the team's strategy for this game in order to win this game tomorrow?"

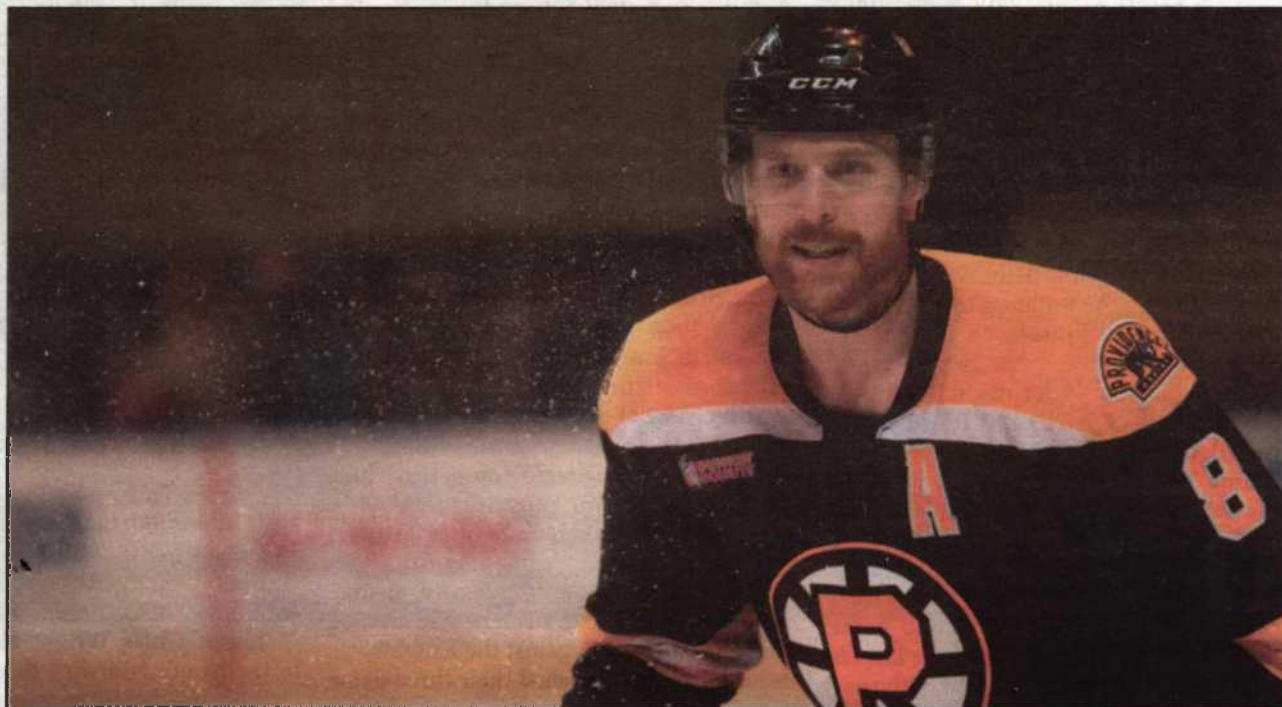
Breen: "I mean Bridgeport [has] got a pretty skilled team, heavy lines too. They look hurt. So, we just got to come out with some energy and kind of focus on our game and play our game and we will be fine."

Carvalho: "Now, you are playing Bridgeport two games in a row, is there any different strategy when you're playing the same team twice in a row? Is there anything different that you guys do, or is it just another day?"

Breen: "No, I mean those games are tough. It is tough to get two wins on back-to-back games to get all four points. So, we are just going to have to make sure that we build some momentum early and try and pull through the weekend. Not have any bug downs or anything like that [sic]."

Carvalho: "Now, with some of the new guys where this is their first season, there is six games left, you guys are three points ahead of the Penguins in order to make the playoffs [sic]. Do they have any extra pressure added on to them? Is it guys like you, veterans, that get them ready for this, or is everyone just calm and ready for these next six games?"

Breen: "Yeah, you know, coaches usually- you know, it's just another game really [sic]. They are important games, obviously this time of year, but they were important early too. So, guys just kind of come in and we make them as relaxed as possible and the coaches prepare them as much as possible and they just have to go out and focus on playing."



Providence Bruin and Alternative Captain Chris Breen (Team Shrad Photography)

Carvalho: "Now, another thing I want to ask you is, your former teammate, Craig Cunningham, just came back on the ice after a heart attack. He has not been on the ice in about two years or so. I just wanted to ask you your thoughts on that and if there's anything you'd like to say about it."

Breen: "Yeah, it is awesome to see. Craig was a fantastic guy. I just saw the clip this morning of him skating around. So, it was good to see. I heard his backward skating did not go quite as well. He is a pretty fantastic guy and I am happy he gets to back around the ice."

Carvalho: "One thing I want to ask you is, so, the publication this is for is a newspaper for Bryant University. Now, a lot of people that go to Bryant, they don't know anything about Providence, The Providence Bruins-[sic]"

Breen: *chuckles*

Carvalho: "Is there anything that you would like to say to try to get new fans to come and enjoy the games of Providence? Anything?"

Breen: "It is great hockey. The American Hockey League is the second-best league you are going to watch in North America. So, it is great hockey. You get to see some young guys with a lot of energy and some other guys like me. We got a good team and playoffs are coming up, so if there is a time to come watch a game, it is definitely right now."

Carvalho: "The last question I just want to ask you is, in about a couple weeks or so, playoffs will be starting in the NHL as well. The [Boston] Bruins are going to be playing [The] Toronto [Maple Leafs]. You got any thoughts on that game this season [sic]?"

Breen: "Yeah, the Bruins have played well against them this year, so far. You know, they have had some success. Toronto has got an obviously very skilled team, especially up front. But I like the Bruins team. You know, the way they are playing, I think they got a great shot at beating Toronto."

Red Sox suffer through embarrassing opening stretch of season games

Michael Jarosz
Staff Writer

You would think that at the worst, the Red Sox would have at won half of their games to start the 2019 baseball season before the home opener. Nope. Instead, Boston is 2-8 from their west coast road trip before opening day at Fenway Park. And one can only wonder, what in the world is happening?

All of Boston's starting pitchers have ERAs greater than or equal to 6.00. None of them have a win credited and are being pounded right out of the gate by the Mariners, Athletics, and Diamondbacks. To be fair, Seattle and Oakland opened up their seasons earlier in March with their exhibition series in Japan. But regardless of circumstances, this should not be happening to the defending champions. It's 2014 all over again. Maybe worse.

That said, people have been telling me to stay optimistic in this time. With Boston's home opener yet to come, there may be some sliver of hope left. But I'm still nervous. I know repeating is basically a pipe dream these days, but I didn't expect the Red Sox to turn into such a mess right after their championship season.

Alex Cora or somebody in that Sox clubhouse needs to step up and tell these guys to get it together. Starting 2-8 is embarrassing for anyone, especially Boston with the remarkable season they had last year. They're becoming defensively embarrassing, too. Aside from the nine errors they've committed together, there have been plenty of misplays that have come back to haunt them.

So Boston, do us all a favor and get your act together. If things turn out horrible for opening day, too, I'm not so sure you'll have a shot at repeating this year. Just get it done.



Red Sox players in the outfield (Red Sox)

Bryant University's baseball on fire: 5-1 in their last 6 games

Jordan Kenney
Contributing Writer

It was a chilly start to the Bryant University baseball team's three-game series versus Fairleigh Dickinson University on Friday, April 5th. It was not until the bottom of the 10th inning that senior Nick Angelini delivered a walk-off single, leading the Bulldogs to a 12-11 win over Fairleigh Dickinson.

Angelini's hit was one for the books, as it was only the 19th time in Bryant's DI program history that an athlete had a career record of 200 hits. Redshirt sophomore Jimmy Titus hit his seventh home run of the season, tying him for the most in the NEC. In just the past 11 games, Titus has 26 RBIs. Another notable moment in Friday's game was junior Gaby Cruz hitting a home run, which makes for his second homer in the last two weeks. Prior to the last two weeks, Cruz had not hit one out of the park since his freshman year in 2017.

Come Saturday, the sun was shining bright in the outfield, and the hill with filled with fans for the second game of the series. The Bulldogs ended with a 13-0 win

over the Knights. For the second-straight day, Bryant scored three runs in the first inning of the game. Sophomore Tyler Mattison pitched seven scoreless innings against the Knights. Mattison matched his career high in innings pitched during the game. He has now thrown 13 scoreless innings during his two career starts versus the Knights.

Redshirt sophomore Ryan Ward led the team in hits, going 4-for-5 with a double, a home run, two RBIs, and two runs scored. Ward had a two-run home run during the fourth inning that placed Bryant 6-0 against the Knights. He had his second four-hit game of the season and the seventh of his collegiate career.

Junior James Ciliento put up three hits, three RBI and two runs scored as well. Following was classmate Bryan Hart who had two hits, a home run, four RBIs, and two runs scored. Saturday's win against FDU is now their 12th straight win, making them 37-4 all-time against the Knights.

The Bulldogs finished their three-game series against Fairleigh Dickinson with yet another win, this time with a score of 16-9, marking the 13th straight win for Bryant over FDU. In the final game of the series sweep, sophomore Shane Kelly posted two



Bryant baseball has been on a tear so far in April (Denis Ipsen Photo)

hits, three RBIs, and three runs scored. Kelly hit his fourth home run of the season and the seventh of his career at Bryant University. Kelly also tied his career high with three runs scored.

Junior Chris Wright also contributed to the team's win with three RBIs. In the eighth inning, senior Tyler Panno hit two doubles helping the Bulldogs to add two more runs to their total. This is Panno's second time hitting multiple doubles in a game this season and just the fourth time

in his career. Junior Vito Morgese earned his first win of the year, walking only two batters and striking out six over five innings. Against the Knights, Bryant is now 38-4 all-time.

The Bulldogs completed their first sweep of the season against Fairleigh Dickinson University with 3 straight wins, scoring double-digit runs each game. This five-game winning streak is the longest since their previous streak in April of last year when they had seven straight wins.

Duke's Season cut short in dramatic Elite 8 loss

Taylor Markey
Contributing Writer

It is no surprise that Duke was the clear favorite to win the 2019 NCAA Tournament. Out of the 17.3 million brackets made through ESPN, 39.2% of them picked Duke to be the champion. According to Las Vegas Sports Betting, the team with the second best odds to win the Tournament was North Carolina, with only 15.7% of the brackets choosing this outcome. This is why Duke's one-point loss against number two-seeded Michigan State in the Elite Eight came as such a shock to college basketball fans. However, throughout the tournament, Duke was not the powerhouse that they had proven to be in the regular season. In the Round of 32, Duke won a nail biting game against UCF, a nine-seed, with a final score of 77-76. In the Sweet 16, once again their fate was decided in an unexpectedly close game. They skinned their way into the Elite 8 by beating the number four seed, Virginia Tech, 75-73.

The shock of the deficit to Michigan State in the Elite 8 was severe. The strong foundation that Duke's team is built upon, from their experienced head coach to their elite players, was not enough to keep their title hopes alive. Duke had been the number one seed for the majority of the season and their preseason projection had them sustaining that seed and going on to win the NCAA Tournament. Since rankings came out in 1979 by the NCAA Division I Men's Basketball Committee, Duke has captured the number one seed 13 times, the third highest, behind North Carolina (16) and Kansas (14). There is an unsaid expectation each year that Duke will go far in the tournament because of their consistency and history of winning.

The head coach of Duke for 38 seasons now, Mike Krzyzewski, more familiarly Coach K, has formed a college basketball dynasty. With a total record of 1,027 wins and 279 losses, Coach K has created an impeccable winning

culture for his program, and sustains an expectation to keep winning. It is clear that his knowledge for the game of basketball is superior to his peers. Leading his team to five NCAA Tournament Championships and twelve appearances in the Final Four, he has created a legendary legacy for himself and the program. Not only has Coach K portrayed his expertise at Duke, he is also the coach for the US Olympic Men's Basketball team. He is the only coach to win a Gold Medal at both the Olympics and at the FIBA World Cup. Under his coaching, the US Men's Basketball team won Olympic gold three consecutive times. He is the only coach in basketball history to achieve this accolade.

Coach K has had the privilege of teaching the game of basketball to some of the most talented young men in the country with the 2018-2019 season being no different. Duke landed two of the top three prospects in the country, Zion Williamson and RJ Barrett. These freshmen came in with Championship aspirations and expectations. Zion Williamson is perceived by many to be, "the next

LeBron James." He will likely not return to Duke for his sophomore year, and declare for the NBA Draft, where he is the consensus number one overall pick. Williamson averaged 22.6 points per game at Duke in 2019. His talented teammate, RJ Barrett, is an extremely hard working forward who averaged 22.6 points and 7.6 rebounds per game this year. The duo made the Associated Press All-American First Team, becoming the second freshman teammates in college basketball history to be selected to the All-American First Team in the same season.

With the overabundance of talent Duke had on their roster for the 2019 season, it is hard to believe that their season ended in the Elite Eight. It is a disappointing ending for the team, who came up far short of their potential. Despite the early exit in the tournament, Duke's expectation going forward is to build a team to compete and ultimately win the 2020 NCAA Basketball Tournament. Winning is the culture and Coach K constantly enforces that to his young and talented players.



Duke's season ended early despite having the most talented team in college basketball (Henry Haggart)

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This Week's Scores

Women's Tennis Games April 5

UConn 7
Bryant 0

April 6

Army West Point 5
Bryant 2

April 7

Fairleigh Dickinson 5
Bryant 2

Women's Lacrosse- Games April 5

Bryant 20
Sacred Heart 8

April 7

Bryant 14
LIU Brooklyn 7

Baseball- Games April 5

Bryant 12
Fairleigh Dickinson 11

April 6

Bryant 13
Fairleigh Dickinson 0

April 7

Bryant 19
Fairleigh Dickinson 6

April 9

UConn 11
Bryant 6

Men's Lacrosse Game April 6

Sacred Heart 11
Bryant 8

Men's Tennis- Games April 6

Bryant 6
Wagner 1

April 7

Bryant 6
Fairleigh Dickinson 1

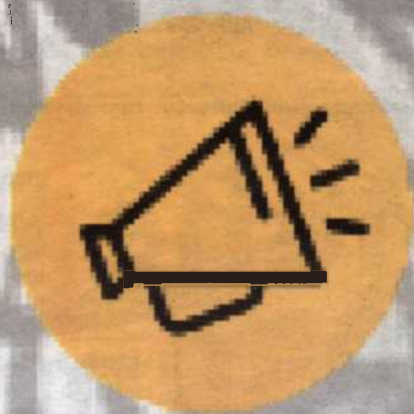
Softball - Games April 3

UMASS Lowell 7
Bryant 6

April 7

Bryant 5
Wagner 0

Bryant 6
Wagner 0



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Letter from the Editor: the incident on Sunday, April 7th

On early Sunday morning, April 7th, two residents of a townhouse within the Townhouse Village were awoken and assaulted in their respective rooms.

Since then, several Bryant students who are suspected to have been involved with the assault have been arrested by the Smithfield Police Department and face numerous criminal charges, including simple assault and conspiracy. In addition to a criminal investigation being conducted by the SPD (which has found no credible evidence thus far that a bias incident took place prior to the assault), a "special Fact Finding Task Force" within the Student Affairs Division of the university is also conducting their own internal review regarding whether or not racial bias played a role in the assault and the future student status of those taken into custody. Several news outlets, including the Providence Journal, Hartford Courant, Arizona Daily Star, Miami Herald, and News Day, as well as various local news stations across the Northeast, have reported said incident.

Over the past few days, the student community at Bryant has grown increasingly tense, with varying opinions and rumors regarding the details of the incident making their way around campus and beyond. We here at The Archway refuse to comment in reference to any and all rumors at this time, as it is not only ethically unsound but also journalistically irresponsible, given that the investigations and reviews are still ongoing. Many of the facts, including eyewitness reports and testimony of the assault victims and those taken into custody, have not been substantiated and, in many cases, are not available for public consumption.

However, speaking apart from my capacity as this paper's Editor-in-Chief and instead in generalities as a member of the Bryant community and an African-American student, I believe that any instance of hate speech is morally obtuse, an intrusion on another's social humanity, and has no place in defining the culture of an institution such as Bryant. And violence is not only illegal, but it is also an intrusion on another's physical humanity and has no place in the adjudication of conflict, regardless of that conflict's nature. Hate speech is not a justification for violence; they go hand-in-hand in continually fueling tensions between those who should interact with nothing but compassion, empathy, and respect.

I empathize with and understand those who feel angry and marginalized by racist acts and sentiments, as I am somebody who has also experienced such marginalization in my own life; however, I have learned over time that there is a time for outrage and a time for patience. And for now the latter time is upon us. It behooves us all, regardless of our position, to rely on truth and certainty to guide our thoughts and actions, and there is still much uncertainty of truth in the wake of what has occurred. Passing judgment upon any of the persons involved before the truth is uncovered leads to the continued dissemination of potential falsities that hinder the credibility and weight that the eventual truth will hold.

In all frankness, Bryant University is teeming with imperfections. But those imperfections are only made perfect if each of us conduct ourselves with a level of mutual decency and discretion among the fellow members of our community. The more we attack each other with both words and actions, the more hate we sew.

Happy reading,

Christopher Groneng, Editor-in-Chief

SHAZAM!: Does DC have a future in solo films?

Michael Jarosz
Staff Writer

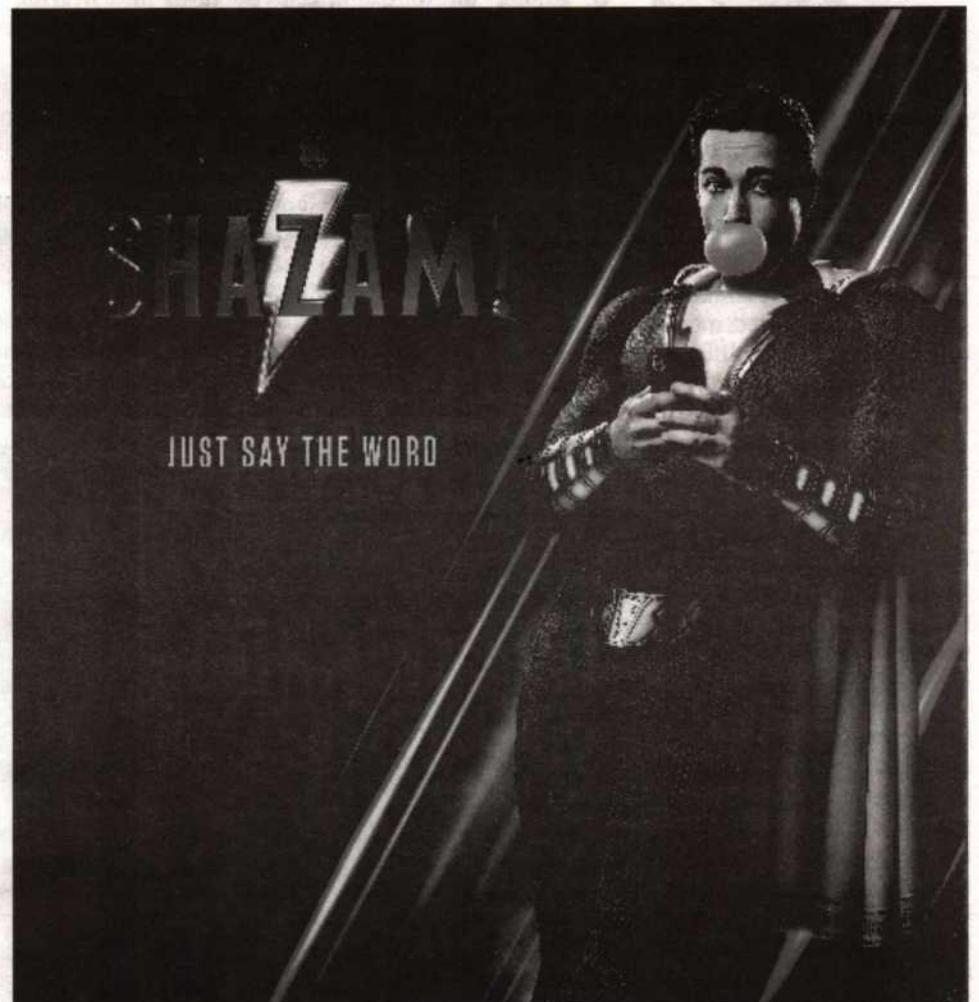
To start this review, I am not going to be comparing and contrasting this film to last month's Captain Marvel. I feel it'd be unjust to put the two together, even though they're both superhero films. I'd like to review this as its own movie. With all that said, Shazam has given DC a big win for the first time in a while.

The film stars Asher Angel playing Billy Batson, a 14-year old foster kid who one day stumbles upon a power granted to him to become a rough and tough superhero. By saying the magic word Shazam, he becomes the hero, played by Zachary Levi. Director David Sandberg really found a way to make Levi's character work, being a 14-year old in the body of an adult superhero. And Levi really sells that he's Angel's character throughout this film.

Also starring in this film is Mark Strong, playing the role of Doctor Thaddeus Sivana, and Jack Dylan Grazer, playing Billy's superhero fanatic friend Freddy. Strong and Grazer's character are extremely fleshed out, and we get to see the notion of what having a family means in this film over being isolated. The theme of family is spread throughout the film, and it culminates in a very surprising twist near the end. No spoilers though!

Now onto the main topic: Does DC have a future with their solo films? Well, this is a tough question to answer. For one, DC had a major flop when Justice League failed to break \$100 million at the domestic box office on its opening weekend. And with actors Henry Cavill and Ben Affleck no longer reprising their roles of Superman and Batman respectively, it may be time for DC to bring about a fresh take and retcon their extended universe. Shazam obviously can be part of that, but there's also Wonder Woman and Aquaman, both of which did very well at the box office and have sequels set in stone.

The question is, should DC continue with trying to make an extended universe? It already feels like they're copying what Marvel Studios is trying to do, but what if they kept the connectedness to a minimum? That way, when the time comes to bring these heroes all together for a battle, then it seems all the more needed in the audience's eyes. That's where Justice League fails and where Shazam rises. The film is well done, well-acted, and nearly perfect. There are a few silly hiccups here and there, but overall, I had a great time at the theater and hope to see more. Shazam earns a 93% from me.



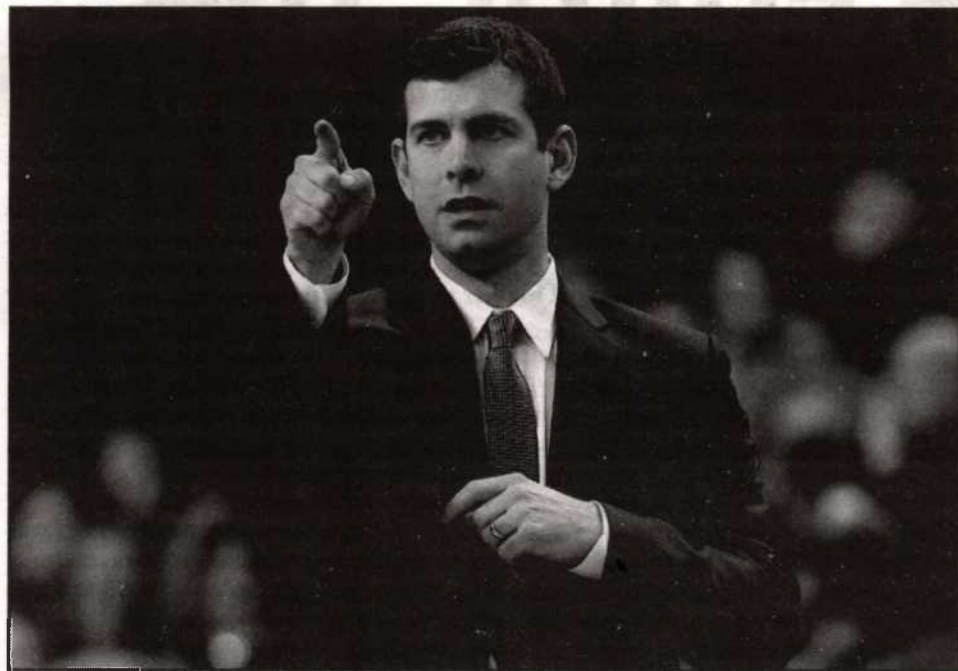
A movie poster for the film (DC)

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The Celtics & the Stevens situation

Cole O'Brien
Contributing Writer



Celtics coach Brad Stevens (CelticsBlog)

The future was bright; one game out from reaching the Finals last year, this Celtics team was claimed by many to be a lock for the NBA Finals. Why should anyone had thought differently? The team punched way above its weight-class. The 2017-2018 Celtics played with grit, fortitude, and most importantly – urgency.

Gordon Hayward went down, Kyrie's knee failed him, and Marcus Smart lost a fist fight with a bathroom door in a Ritz-Carlton lobby. Expert analysts, such as Stephen A.

Smith, wrote the team off. Brad Stevens had faith, however. His system led the NBA in defensive rating, maximized role players, and gave 19-year-old rookies the confidence to dunk on LeBron James in a playoff game.

Flash-forward a year, Kyrie is healthy, and Hayward finally looks like he belongs in the NBA. Jason Tatum and Jaylen Brown are a year older, Marcus Smart is back, and the Celtics regressed by an enormous degree. Basketball on Causeway Street has been sad. Brad Stevens looks like a lost child on the sideline and has the rest of the team limping into the playoffs tied with the Pacers at the 4 seed.

Fans (and ownership) are left wondering “what happened?”

The answer quite simple; this team is unprepared, they show no of urgency, Marcus Morris takes 50-shots a game, and Brad has lost the locker-room. All of these problems fall on the back of one man, a man who seemed to be the heir to Greg Popovich's thrown of the best coach in the NBA. Ownership has added more talent, and money, to the roster. They should have improved. Unfortunately, this is not the case with Brad's squad. He still has no consistency in his rotations, and has handled this team with a pair of ear plugs and blind folds.

One might say that this Celtics team is still fine. They are in good playoff standing and the team will be fine by the time that part of the year rolls around (2-weeks!)

What makes you think that this Celtics team, a team that has folded on the biggest stages this year and has consistently gotten spanked by teams like Milwaukee, Toronto, and Philadelphia will (by some grace of God) piece everything together?

The Celtics have shown flashes of greatness, only to be snuffed out by consistent losing streaks, months where Coach Stevens couldn't control the locker-room, and an identity crisis. The most recent debacle was during the end of March skid when the team lost 5 out there 7 games. During that period, Kyrie came out at spoke about how Stevens' is holding the team back with his poor defensive schemes. Kyrie before the season began, stated that he planned to resign as Celtic but that promise has been jeopardized by a man who has the same levels of charisma to that of a goldfish. Brad Stevens' has been reported by Gary Washburn as having little effect on raising this team's moral, neither win nor loss will motivate this team. Every night it is the same silent clutter in the locker-room, no banter, no emotion, just dreary sour faces all around.

The question of why this Celtics team has stumbled its way into the playoff and not Sherman's marched its way in while riding lucky the leprechaun is simple. Brad Steven's can't coach talent, the egos involved in this locker-room pose too big of an order for Brad and now this projected 67 game winning roster has a better chance of a first round exit than seeing Kyrie spark up a cigar on a duck boat.

When a hate crimes hearing goes very wrong, something's not right in America

Mary C. Curtis
MCT Campus

When people are being threatened, intimidated and murdered, you would think that partisan bickering would take a back seat. But this is the U.S. Congress we're talking about. Instead, what was supposed to be an examination of white nationalism and the rise of hate crimes on Tuesday devolved into what Americans have wearily begun to expect from their elected representatives. The House Judiciary Committee members inhabited different parties and different planets.

When what's at stake is this serious, that's pretty frightening.

The numbers tell the story of the rise in violence targeting people based on religion, race and sexual orientation. The number of incidents involving hate crimes increased for a third straight year in 2017, according to FBI data released last November. Hate crime incidents rose by 17 percent in 2017 compared to 2016. From 2015 to 2016, the FBI reported a 5 percent increase.

Those investigating motives behind three recent church fires in Louisiana, churches with predominantly black congregations, are considering the possibility that white supremacists may be responsible. That's probably wise since church burnings have long been an intimidation tactic, and places of worship in America's past and present have been the site of cold-blooded killings by domestic terrorists with twisted agendas.

Law enforcement agencies have admitted they have fallen short in the fight against far-right militant extremism, and after years of neglect have some catching up to do. The lives of those taken and those

left behind depend on getting this right.

Tuesday's hearing could have been a start. And in case anyone thought otherwise, Rep. Doug Collins of Georgia, the top-ranking Republican in a hearing led by Democrats, was careful to state that “nothing white nationalists claim resonates with any of us here today.”

Certainly, the testimony of Dr. Mohammad Abu-Salha made clear the human costs of such hatred. He lost two daughters and a son-in-law in 2015, executed by the young couple's Chapel Hill, North Carolina, neighbor who had harassed them, they had told Abu-Salha, because of their Muslim dress and demeanor. “We miss our children so much,” he said, grieving family members who had volunteered in their community and beyond. “At times the pain is just as sharp now as when they died. I ask you, I truly plead to you, not to let another American family go through this because our government would not act to protect all Americans.”

Eileen Hershenov, senior vice president of the Anti-Defamation League, listed statistics that showed the rise of murders attributed to white supremacists.

Kristen Clarke, president and executive director of the National Lawyers' Committee for Civil Rights Under Law, spoke of hate groups finding the like-minded on social media. “Instead of hiding under hoods, they now organize at computer screens,” she said, while representatives of social media and internet platforms sat nearby.

Yet all that urgency seems to have missed some GOP members of the committee, whose invited witnesses pushed a narrative at odds with the very purpose of the hearing.

One of them, Candace Owens, a onetime Trump critic turned Trump supporter and conservative icon, made it all about, well, Candace Owens, especially when she aimed indignation not at the hate crimes in question, which she seemed to downplay, but at committee member Ted Lieu of California, who played a brief recording of some of her own words.

After Lieu used a portion of her controversial remarks on how its association with Adolf Hitler had poisoned the concept of “nationalism,” Owens, who is African-American, said, “I think it's pretty apparent that Mr. Lieu believes that black people are stupid and will not pursue the full clip in its entirety,” doubling down on that race card she reliably condemns as a tactic of the left.

Owens also used her time to call the GOP “Southern strategy” a myth, in spite of the apologies of several of its architects, such as former RNC Chair Ken Mehlman and the late Lee Atwater, for stoking racial resentment to win white votes after the Democratic Party became the party of civil rights.

I saw the fallout up close when my mother, an active Republican, became disgusted by the speeches of Ronald Reagan and other GOP leaders, demonizing the “strapping young buck” buying steaks with food stamps and the welfare queens of their imagination, and forgetting the hard-working black folks who had stuck it out with the party of Lincoln.

Instead of the “Blexit” Owens promotes, in which black folks reject Democratic Party affiliation, she might read up on why so many deserted the GOP in the first place.

The reaction of Rep. Ken Buck of Colorado showed he and several other GOP committee members had less interest

in exploring the increase in hate crimes and more in trolling their Democratic colleagues. “I think you've caused my friends on the left to go to their safe spaces,” he said to Owens, and invited her to go shooting with him in his home state.

Casting a shadow on the hearing, as he often does on everything, was the president. Chairman Jerrold Nadler of New York said in his opening remarks: “Unfortunately, in a time when leadership is needed, the president's rhetoric fans the flames with language that, whether intentional or not, may motivate or embolden white supremacist movements.”

Trump's fiery words on immigration, legal and otherwise, loomed over the proceedings, as he cleaned house at the Department of Homeland Security, looking for someone tougher than the leaders who separated parents from children, and railed at judges who have halted his restrictive plans in the court. With hardline adviser Stephen Miller at Trump's side, expect more camera-ready cruelty.

The bizarre yet fitting coda to this week's hearing was the disabling of comments on the live stream of the event — because of a constant stream of racist and hateful invective.

For anyone else, that would seem to prove why the day and the hearing mattered. For Louie Gohmert, it was a chance to spin yet another absurd conspiracy. “Could that be another hate hoax?” the Texas Republican asked. “Just keep an open mind.”

His words, and the entire spectacle, had to be none too comforting for a country grappling with the consequences of what hate has wrought.

The roadblocks to achieving your goals

Thomas Maranian
Variety Editor



See your goal and bring it to fruition (MillionaireSeries)

Goalsetting is mind-numbingly devious. You have heard people tell you to set goals for yourself. You have set those goals for yourself. You probably realize this practice is only as applicable as you make it. It is much easier said than done. Anyone can set goals; anyone can say he or she has a plan. Here is a bit of wisdom for you: plans scarcely play out the way you intend them to. Why is this the case? Because, depending on the degree of goals you set for yourself, you have to go through quite a lot to attain them. You want to be a billionaire? Change a billion lives. You want to run a marathon? Eat, run, sleep, repeat. You want to put an end to violence in the world? Change human nature. You want to cut down to 10% body fat and stay there? Devote 10% of your conscious day to nutrition and exercise, consistently, for the rest of your life. You want to become the CEO of a company? Toil. You want to win the lottery? Buy a ticket. The pathway to your end goals is impeded by many obstacles, namely your family, your friends, the naysayers, societal dissonance, guilt, fear, excuses, lack of consistency, inflation of self-worth, and your mindset and drive to achieve such ambitions. You do not achieve anything in this life unless the work is put in. End of story. What you think you deserve means nothing. What you work to earn is all.

Family. Being with family is a wondrous gift. Family is your origin and sanctuary. Though, when your goals are grandiose enough, family sometimes must go on hold. And because of this, you are tempted into giving up your goals for the sake of your family. Look, if you want to start a business, write a book, or embark on an excursion across the world, you must accept the fact that you will be off the radar for a while. Family is forever. Never forget that. It is not as though they are going to cast you out of their lives if you decide to follow your ambitions. They will still be with you as you go through the process of achieving your goals. This leads to the next point regarding family, and that is that sometimes your family will tell you what they believe is in your best interests. As a child, they told you that you could become anything you wanted to be—anyone you wanted to be. They would tell you that you could go to space, become a doctor, or be the president of the country. Now, in this day and age, if you have not already figured it out, then here is the real truth: you cannot do any of those things unless you are ambitious enough to set aside what you hold most dear and focus on achieving such feats. Now, today, family may tell you your goals cannot be achieved or that you must follow one clear cut path they intend for you. Above all, listen to your own self. Family has had experience, yes, but it is all so important to learn on your own. If you are to fail in your undertakings, then so be it. It is better to learn for yourself than to be told what can and cannot be done. If life were to be this easy, everyone would have a one and twelve zeroes next to their name, in net worth. Take a gander and see for yourself; if you allow others to determine your outcomes, you will never truly succeed. If you allow anyone but you to control your emotions, you have already lost.

Friends. Have you heard the saying, "Show me your friends and I'll show you your future"? Well if you have not, take a moment to think through what that means before reading on. Everyone is two-faced. Everyone has secrets. When you spend time with friends, you put on one mask and hide away another. This never-ending cycle of self-deceit will be your undoing. Who you associate with and know as your friends really will play a huge role in your future. Friends who pressure you into doing things you cannot afford to or will regret will ultimately lead you to a dead end in which you cannot move forward but, instead, back. Those of you who journey through life with the wise will become wise. Those of you who journey through life with the unwise will become unwise. That is not to say you cannot learn from the unwise. As a quick aside, this analysis is not the case for everyone, as knowing that would be impossible, but rather the case

for the general population of people; you never know when someone will surprise you and turnaround for the better. Anyways, humans of the twenty-first century are beings of natural needs for approval. Look at social media. Your road to success is heavily tarnished—one might even venture to say impossible these days—if you become consumed in the online world. This topic comes up again and again and again. It is really unfortunate that it needs to be reiterated, and yet it does, nonetheless. Scrolling through the vicarious world will lead to your undoing. Friends who know your worth, wish to see you succeed, and support you in your endeavors are the ones who you must—not should, but must—keep by your side, in the real world, not the vicarious world, until the very end. Those who are bringing you down and go to extreme measures to make sure you do not succeed are the ones who you must turn away from and let go. Again, no one ever said success was easy. If you are truly set on achieving your goals, you will do this necessary thing to move forward. Forward thinking can translate into success. Notice the word 'can' was used, not 'will'. Also, have you realized that most billionaires have very few friends, or that they are never with friends? Billionaires do not "hang out" as millennials today do. Billionaires do not spend their nights trying to forget the past. Billionaires do not waver in their ambitions. Billionaires spend every waking breathe either working on attaining more wealth or thinking about it in some way or another. Billionaires are focused on how to make income even while asleep. And so, if you think that having the most friends in the world will lead to success, think again. Once you have achieved your success, then yes, having a great many friends may be of use. But first, you must get there. Until you sprout into full form, focus on you, not them.

The naysayers. This ties family and friends together, as well as all those others who negatively impact your determination to succeed. Those who criticize your ambitions are no good for you. Forget about them. Those who oppose your ambitions are no good for you. Surpass them. Those who object your setting out to achieve something are no good for you. Make them see things as you do, and once you achieve your goals, tell them it can be done. This is what you need to do: put up a shield wall around your mind and acknowledge, every day, that nothing can break through the barrier or tap into your mind but you. If you know what it is you yearn for, then no opinion from anyone else matters. Do you think the big-time billionaires gave the time of day to anyone other than themselves and their goals? No, they did not. Do you think those who built the world gave a hoot what anyone other than themselves was saying? No, they did not. Make yourself a priority. Forsee your ambitious reality come to fruition and make it happen. It is most likely that the naysayers are opposing your ambitions because they failed to achieve them themselves, and now they do not want to see anyone else succeed in what they could not. Write the wrongs of those who could not achieve what you will. Once you have conquered your own mind, no one and nothing can infiltrate your will to succeed.

Societal dissonance. The system is plagued. The twenty-first century tells you to go to school for two decades of your life, only to then fill a job that will either make you unhappy or will earn you an unsatisfactory stipend. There are, of course, those who are happy with their work, or claim to be. The thing is, education needs to stop proliferating the idea that a degree is a necessity to succeed and is mandatory to live. Education must begin to be viewed as a privilege, an opportunity to acquire more knowledge of the way of things, and a way to buy time while you work on something that will change countless lives. Time is the most valuable resource in the world, perhaps even more than money. Instead of spending the first fourth or fifth of life in a classroom, you could all be getting experience in the actual world. Yes, you might argue that in order to fill a job, you should get a degree, and that the workplace is getting all so saturated to the point that you need a degree, but the real truth is this: colleges are just another business industry. And so, realize that there is no necessity in life other than sustaining yourself. Education is not necessary to that, though it definitely aids in your endeavors. Some of the most successful people in this world either dropped out of college or decided never to go. Instead of learning in a formal, educative setting, they learned through experience. And experience is what many are lacking today. Experience will always be the greatest asset to your name. Society tells you that you must do things in one particular manner, or all is lost. Society tells you to think inside the box. Society tells you to conform to what everyone else is doing. Society tells you that you must work until you are 65 and then live life off a retirement fund. Forget society. You can retire at any age, 20, 33, 47, etc., assuming you have created a life's worth of wealth for yourself. Your world is what you perceive, in

your mind, on a daily basis. However you see things is how you should live. Success is attainable for anyone, and yet society has a cunning way of working against you. There are no odds but the ones you choose to oppose. If you let the world dictate where you end up, the odds will always be against you, never in your favor.

Guilt. You could be guilty of anything, really—guilty of distancing yourself from those you love or care about, guilty of forgoing another pathway in life, guilty of not taking care of your body. Whatever the case may be, and whatever goal you are setting out to achieve, guilt will tear at your insides and eat at your lungs until there is nothing left of you but guilt itself. Guilt correlates with past happenings that have already occurred. There is nothing you can do about the past! It is done. Stop wallowing in your own self-pity. Life goes on. Time does not discriminate. Move on and make good on your mishaps. If you missed a day in the gym, yesterday, nothing is going to happen to you, unless of course you make a habit of skipping out; go today and move on! If you ate a big meal and feel sick, nothing is going to happen to you aside from paying a visit to the toilet. If you distance yourself from your circle of associates and companions, nothing is going to happen to you except for that you will be missed. If you can get over that feeling, you can move forward with your plan to succeed. If you cannot, you will not succeed. Simple as that. There is only one option, then, thus making this simpler, in a way, for you, though probably not easier. Again, no one said this would be easy! Guilt equals past. Past equals dead. Today equals alive. Today, and tomorrow, but more importantly to comprehend, today, equals success. Think in this way and you will succeed in whatever you yearn to accomplish.

Fear. Fear of what? Why fear? Nothing can harm you but yourself. When you set out to achieve A, B, or C, what matters most is that you keep that shield up, around your mind. If you fear failure, you will never succeed. If you fear what you forgo to achieve one thing over another—opportunity cost—you will never succeed. If you fear what might happen, you will never succeed. The unknown future is not yet in existence, so there is no point in trying to be an oracle for what might happen, unless of course you want to plot out every possible outcome assuming you take one path over another, but even in this case plans are flawed. And so, there is but one option left: fear nothing. Fear not the bug that crawls onto your arm. Fear not the people who tell you otherwise. Fear not the things that keep you up at night. Fear not the days yet to come. Fear not the ultimate fate that binds the human race together. If you fear any of these things, you will either take an eternity—which you do not have—to achieve your goals, or you will be destroyed in the process, rendering you incapable of what you set out to accomplish. Fear nothing. Easier said than done. Was it mentioned that this would not be easy? Like anything else, practice makes near-perfection. There is no perfection. Practice does not make perfect. Nothing is perfect. Everything is always flawed, in some way. You can only ever strive for a "penultimate" perfection. So, you are tasked with meditating on what you currently fear, in order to squash such fears from your life. Never give delay to what is bringing you down. You must always face what gets in your way, or you will never succeed. Procrastination is the thief of time, as well as success. If you put off your fears to tomorrow, they will forever dominate your existence. Mindset is all.

Excuses. If you make excuses for your goals, here is something to keep in mind: there are those who are on the same path as you in what you set out to achieve, and they are not making excuses. There will always be someone out there that has done what you want to do, not two times better but a hundred times better. Always, there will be someone a hundred steps ahead of you. You may eventually surpass them and become the very best, but only if you bury your excuses. Why do you excuse yourself from your goals if not to stay in a content, stasis period? Time and time again is this statement reiterated: never settle in life and never be satisfied. What is keeping you from moving forward? Write it all down, rip up the paper, shred it, and throw the remnants in the trash, not the recycle—apologies go out to those who are eco-friendly. This is merely an analogous case. So, by recycling this bit of paper, it correlates with the idea that you will allow these excuses to be able to come back at some later date for future use. If you catch the meaning of this scenario, then you will see that by throwing them in the trash, they will forever be destroyed. Do not bury them in the ground and do not throw them in the ocean. They will, at some point, rise up or float about for your eventual reuse. Free yourself from the burdens that so easily bring you down and tarnish your ambitions.

Continued on next page!

Continued from previous page!

Lack of consistency. If you worked out for the first three weeks of 2019 because you thought you could have a New Year's resolution and become the person you always set out to be, and then you allowed more excuses to take hold of yourself, causing you to not work out for the remainder 49 weeks of 2019, just like in 2018, you failed, and you will not succeed in getting the body you desire. Guys and gals, listen up: New Year's resolutions are as good as plans. They are flawed! They are ruinous! They are impractical! You do not need to wait for a new year to change something about your life. If you think you do, you will never succeed. "It takes 21 days to make a habit." No! You are being lied to! It takes a lifetime to make a habit! That is because you keep allowing inconsistency to control your life. You will never fall below 10% body fat if you are not consistent in diet and exercise. You will never finish writing a book if you are not consistently writing and thinking about your creation. You will never start a business if you are not consistent in your work ethic and progression. You will never become the person you want to be if you are not consistently making changes to the person you are today. Change is good, if you implement it correctly. Consistency is good, if you actually are consistent. This is not Einsteinian mathematics, people, this is common sense. Be consistent in your approach to success, or you will never turn your failures to successes. Wake up, every day, at the same time in half a century as you do today. Work out, every day and in some form, at the same time of day in half a century as you do today. Read the same number of pages in half

a century as you do today, every day. Consistency wins in life. Inconsistency loses. Plain and simple, but never easy. Inflation of self-worth. Saying and not doing. You cannot call yourself a businessman or businesswoman if you do not have a business. You cannot call yourself a bodybuilder if you do not lift weights. You cannot call yourself a writer if you do not write. You cannot call yourself an Olympic runner if you do not run. If you inflate your life to others and say you are things you are not, and you do things that you really do not, not only are you a hypocrite, but you lie to yourself. You are better than that. Do before you say. Be before you announce. Action before words. Why lie to yourself when you can be truthful by doing what you say you do? Lying to yourself and others, in this case, only hinders your long-term ability to succeed. So, how about this: do, be, and act on what you say you are and do, or do not say at all. Mindset and drive. If you mope around and tell everyone your problems without ever working on them, yourself, you are finished. Stop relying on others. Focus on relying on yourself. Stop trying to impress others. Focus on impressing yourself. Stop worrying about what others are doing with their lives. Focus on your life and your goals. Nothing else matters in achieving your goals but actually working towards them and loving the process. You must love the process. Success comes at many prices, but it also leaves clues. As alluded to earlier, people have already done what you hope to achieve. Therefore, find someone who has done what you hope to, best, and learn from them. Let him or her be your mentor. Learn how he or she got to the point he or she is today and follow the

steps. Emulate them. Surpass them. Life is both a journey and a process, and in the end, it is all about whether you can get to where you want to be or not. Whatever it takes, do it. If you fail, you better bounce back. If you become consumed in your failure, you lost. If you make a mistake, take it easy and relax. No matter the mistake, life goes on and you can find another way. You might not if you give up, but you will if you give it everything you have. Play your cards properly and no matter how good a straight society plays, your flush will always beat it. The pathway to success has never been easy, as stated countless times over in this exploration of the pathway to success. By all means, plan. Plans are helpful, but know that life is going to turn your plan over in the grave. There will forever be roadblocks and yellow lights along the drive. If you allow such things to hinder your ambitions, then you can say goodbye to your dreams, for they will remain nothing but nightmares because you cannot achieve them. If there is a roadblock, go around it. If there is a yellow light on the road, that does not mean you have to stop, it just means to proceed with caution and tread carefully. Ultimately, if you really want something in life, you will find ways to have it. If you only think of doing something in life, you will never have it. Action will forever outplay thought. As much as there are those who would get in the way from your successes, it is on you to overlook them and set your mind to what you truly want. This is your life to live, not anyone else's life. Own it. It is yours. Commit to your life and get to work. And so, the last point is this: there may be people, obstacles, and emotions that get in the way, but really, you are your own rise or downfall.

Sudoku has returned!

6		9	3				1	
5		7			1	8		
		2			4			
		5	1				8	9
	8			2			7	
3	7				9	5		
			6			7		
		4	9			3		2
	5				3	1		6

Answers on next page!

4/12

4/13

4/14

4/15

4/16

Fri

Sat

Sun

Mon

Tue



55° 51°

70° 49°

63° 46°

57° 41°

56° 39°

6	4	9	3	8	5	2	1	7
5	3	7	2	9	1	8	6	4
8	1	2	7	6	4	9	3	5
4	2	5	1	3	7	6	8	9
9	8	1	5	2	6	4	7	3
3	7	6	8	4	9	5	2	1
1	9	3	6	5	2	7	4	8
7	6	4	9	1	8	3	5	2
2	5	8	4	7	3	1	9	6

Answers from previous page!

Stone Age Wordsearch

R N W E G A E N O T S O K Q O J P
O A C Y V C X F W T F M Y D X Q E
H N W S A F Y V J N X N N N S C G
U F H V Y Z Z J I C A V E M A N N
D F E Y Y G Z H T U O M M A M G E
Z F I A I R U K J A H J C Z W F H
U H S R L I U P O R L T T X Y G E
D G L C E D F S G N I T N I A P N
C I R O T S I H E R P B E V D Y O
E U Y I U E V I J B A M H F W M T
S H Q R R A R M B Q X U Y K J Q S
F A E O W W G J M E Q J L L P U O
Y H A N D A X E O G X W G P S R A
D U Q A D H T O O T E R B A S S T
P O Y G S O K M D K P I Y A B P I
W U C E M M K V T N I L F J Z V E
X C L X R L F D X U G C O L M M C

- cavecavemanfireflint
- handaxeibexironagemammoth
- paintingsprehistoricsabretoothstoneage
- stonehenge

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- ☛ Sign up for the Alumni Newsletter
- ☛ Learn about the Senior Class Gift
- ☛ Celebrate your Success

Mandatory 1 hour Information Sessions

Janikies @11am, 2pm, 3:30pm, 4:30pm, & 6pm:

- ☛ Event Details
- ☛ Commencement Tickets
- ☛ Correct Attire
- ☛ Accommodations for Guests with Special Needs
- ☛ Lineup Locations for Commencement morning
- ☛ Reader Cards
- ☛ Procession Route
- ☛ Graduate Seating in the Tent

IMPORTANT:

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