Healthy YOU at Bryant U takes aim at more than just the ‘Freshman 15’

By Jenna Morris  
Staff Writer

Are you worried about gaining the dreaded “Freshman 15”? What about getting enough sleep? Getting proper nutrition? Leading a stress free life? At Healthy YOU at Bryant U, faculty and staff encourage students to look beyond just healthy eating and exercise to lead to a healthier life. Healthy YOU at Bryant U was established in October of 2007 because Bryant wanted to embrace a community wide approach to improve the lives of everyone on campus. They wanted to enhance the notion of health promotion and inform students that health is not based merely on fitness. It is important for students to “look at all areas of their life and how they impact one another,” says Jen Diprete, Health and Wellness Coordinator at Bryant University.

There are many ways for students to get involved in the Healthy YOU at Bryant U program. Students should be on the lookout for promotional materials and can also contact the Healthy Campus Coalition at jdiprete@bryant.edu. Healthy You is also hosting an event with Morgan Spurlock from “Super Size Me” on Tuesday, September 16th at 7 in Janikies, the same day that a new nutritional program is being unveiled at Salmonson. Sodexo, the food provider for Salmonson has a new program called the “Balanced Way” that exists at 30 universities, including Bryant. When you go to Salmonson on Tuesday, you will be asked if you would like your meal the “balanced way” meaning you will receive the proper portion sizes of carbohydrates, vegetables, proteins, etc.

Besides eating food in balanced portions, there are many other ways students can keep off the “Freshman 15.” Students should always take their time in the cafeteria and not choose what is easiest, such as pizza or a hamburger. Students should eat plenty of vegetables and whole grains, which is the body’s best source of energy. Students should also eat through the day so as not to go to the cafeteria starving and overeat. As always, one should listen to his body and eat only when hungry.

Healthy YOU at Bryant U makes an effort to address health issues on all points of the spectrum. One could easily say that some of the biggest health issues among college students are high risk drinking, lack of sleep, or lack of proper nutrition, but “when you get to the root of it, it all relates to self images,” says Diprete. It is important for students to look at decisions they make in their daily lives and how each one reflects who they are. And most importantly “it all comes down to balancing demands,” says Diprete. It is essential for students to educate themselves about their health now, so they will already be on the right track after graduation. According to Jen Diprete, students should be aware of how choices ultimately impact their lives, and wake up every day and say to themselves: “I’m going to make a decision to be healthy.”

Make the most of your cans

By Marisa Bono  
Staff Writer

Have you ever thought about doing it in the dark? No, really. Have you? Well it is one of the many ways that we as the Bryant Community can conserve a little bit of energy. Welcome to the brand new Going Green at Bryant column! Each week you will receive the proper portion sizes of carbohydrates, vegetables, proteins, etc. However, we can put those bags of recycled materials. They are usually cheaper, too. At the end of the semester you have about 80 extra pages in your notebooks that are not written on, don’t throw the whole notebook away. Use it again next semester or recycle it. And by recycle I don’t mean sell it to someone else. Put it in the bin! “But Marisa, I love falling asleep to the sounds of late night television! How can I conserve energy if I can’t sleep?” Most televisions have sleep timers. If you can’t sleep? Most televisions have sleep timers. If

If we all do our part, little by little the Bryant campus will seem a little greener

By Jenna Morris  
Staff Writer

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Did you know that you can put those bags of recyclables (paper, plastic, aluminum, glass) in the same dumpster you put your trash in? It is all sorted by Facilities. Doesn’t get much easier than that! When you are buying school supplies, look for ones made with 100% recycled materials. They are usually cheaper, too. At the end of the semester you have about 80 extra pages in your notebooks that are not written on, don’t throw the whole notebook away. Use it again next semester or recycle it. And by recycle I don’t mean sell it to someone else. Put it in the bin! “But Marisa, I love falling asleep to the sounds of late night television! How can I conserve energy if I can’t sleep?” Most televisions have sleep timers. If you can’t sleep? Most televisions have sleep timers. If...
Kathy Clarkin joins Amica Center for Career Education

By Paige Lacasse
Staff Writer

Kathy Clarkin joins the Bryant community as manager of recruiting for the Amica Center for Career Education. She comes to Bryant with a Masters Degree in Counseling and Higher Education from the University of Rhode Island and years of experience working as the director of career planning and internship services at Providence College in Providence, RI. Clarkin says she was attracted to Bryant for its outstanding reputation, dedicated staff, expanding liberal arts program, and overall sense of community. She seeks to further expose Bryant to the professional world, expand partnerships and build on the well-respected program already in place.

Clarkin works primarily with senior students, aiding in the job search or graduate school process. Working with her colleagues in the Amica Center, Clarkin oversees programs such as the Corporate Recruiting Program Orientation for Seniors, Managing Job Offers, and Mock Interview Day. Clarkin is also responsible for Bryant’s annual career fair. All students regardless of class status can benefit from the fair, which brings between 200 and 250 employers to campus to recruit for opportunities ranging from summer internships to full-time positions.

Clarkin is looking forward to “connecting talent with opportunity and opportunity with talent.” Her favorite part of the position is working with the students and being their partner in the career education process. Her advice to students is to “become engaged and take advantage of the corporate recruiting program to the fullest”.

A little taste of France in Smithfield, RI

By Alison Duncan
Campus News Editor

Each week the French culture is brought to Bryant by Mary LaMarca, French Lecturer at Bryant. Alter-

ning between Mondays and Wednesdays the French Coffee Hour takes place in the Rotunda Magazine. These coffee hours allow students with an interest in French to join together to “practice their language skills outside the classroom, and it gives them the opportunity to get to know my students better and likewise,” said LaMarca.

By Mary LaMarca

LaMarca. At these gatherings, a variety of topics are discussed, everything from “films to campus events, classes, music and tattoos,” said LaMarca.

Anyone is welcome to gather together at the coffee hour. “I invite my students (and anyone else with an interest in French), to come and chat in an informal setting,” said LaMarca.

LaMarca also is interested in starting a French Club at Bryant in order to encourage the use of the new language and to gain a better understanding of the culture.

If you are interested in attending, the next upcoming coffee hour is Monday, September 22 from 3:30 to 4:30 pm. Also, look for the French Language Days on October 30-31, which will include a film, a visit from the French Consulate, as well as music and food,” said LaMarca.

DECA, my experience

By Alicia Townsend
Contributing Writer

Delta Epsilon Chi, some of you may know it as DECA, is a fast growing organization that is slowly taking over the nation’s collegiate campuses. This organization of Delta Epsilon Chi is an international organization for those preparing for a variety of careers, especially those in marketing, management, and entrepreneurship, however any major or minor can be applied to the various activities and events put on by the organization. With the basis of the DECA diamond, which each point represents vocational understanding, civic consciousness, leadership development, and social intelligence, members are able to benefit from various opportunities such as community service, career and professional development, travel opportunities and so much more.

This year, our Bryant University chapter is nationally represented by one of our own as she is part of the national Delta Epsilon Chi officer team. Samantha Desjarlais, a junior Marketing major here at Bryant University, was voted into the position of North Atlantic Region Vice President at the 2008 International Career Development Conference in Atlanta, GA. I had the chance to sit down with Samantha to talk a bit more about Delta Epsilon Chi and what exactly she does as a national officer.

Alicia Townsend (AT): How would you describe the organization of Delta Epsilon Chi and what you do for the organization?

Samantha Desjarlais (SD): I would describe Delta Epsilon Chi as an organization that is dedicated to serving its members needs and allowing them every opportunity to excel in their chosen fields. I would consider myself a liaison from the national mission to the local chapters who have their own missions and I meld them together to serve the members and the base of the organization.

AT: What made you decide to become a national officer for this upcoming organization?

SD: As I saw all the energy in the members’ eyes during one of our national conferences, International Career Development Conference, I knew I wanted to help and inspire more of this energy. I love seeing people at the exact moment when they realize that they are amazing and in this organization you see that almost every time you talk to someone new about what their chapter is doing, what they won at competition, or what they have done to help their community.

AT: What exactly encompasses the North Atlantic Region? How many chapters are in this region?

SD: The region is not really relevant any longer because of the lack of the national officers this year and because of a bylaw change that eliminates the regions as of next year. I am the designated contact person for the North Atlantic Region (New England, Pennsylvania, the District of Columbia, Ontario, New York and New Jersey) and because we had less than five national vice presidents, I am the contact person for North and South Dakota, Kentucky, and Indiana.

AT: How has being a national officer impacted your life?

SD: This has been such an amazing experience that I could never explain all the benefits that it has brought to my life. One would be the fact that I took a workshop on time management and how it was not just about fitting everything in one day, but choosing what is truly important. I have also made so many new network connections and student connections that are truly priceless.

AT: So far, what has been the best part about being a part of the organization and being an officer?

SD: I believe that the best part of being a part of the organization so far was the week I spent in Reston, Virginia. During this week, I got to meet with senators and representative on Capitol Hill as well as the Under Secretary of Education and talked about the importance of career and technical education and college funding. They each had their own outlook on the current situation and taught us so much. We also had a meeting with Bill Shaw, the COO of Marriott, who taught us the value of treating the employees of an organization like family and how if customer service is in line, everything else will fall into place as well.

Alicia Townsend, left, with members of DECA from the International Career Development Conference in Atlanta, GA.

See “Deca” on page 4
The Archway hits the airwaves

By Stephen Demers
Public Relations Manager

Readers of The Archway will soon get an opportunity to preview the upcoming issue before it hits newsstands.

Starting September 24, The Archway is teaming up with WJMF to present a new weekly radio show, The Archway On-air. The hour-long program will highlight the major stories appearing in the upcoming issue, as well as give listeners the opportunity to hear from the editors and writers who worked the stories.

The Archway On-air will also provide the Bryant community an opportunity to offer their opinion on the major news and sports stories affecting Bryant University. Listeners are encouraged to call-in throughout the show and discuss the hot-button issues with The Archway’s team of editors and writers.

“This is a great opportunity for us to work with our fellow media organization and introduce our writers and editors to the campus,” said John Crisafulli, editor-in-chief of The Archway.

Hosted by The Archway’s Stephen Demers and Kaleigh Durkin, the innovative radio program will air every Wednesday night from 9-10 PM on 88.7 FM and www.wjmf.com.

Be sure to tune in!

New Registrar site makes life easier

By Jessica Miles
Assistant Campus News Editor

The Registrar and the Office of Academic Records and Registration make up the administrative core of the Registrar’s office, and have recently expanded their reach with a brand new web site.

The website was completed over the summer by Laura Hayward, the Assistant Director of Academic Records, with help from Webmaster, Scott Bates. Their efforts have created an in-depth Academic Records, with help from Webmaster, Christel Shaw, the Assistant Director of Registration, and Laura Hayward, the Assistant Director of Records and Registration make up the administrative core of the Registrar’s office, and have recently expanded their reach with a brand new web site.

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The site’s “online forms” page, which contains direct links to printable versions of graduation forms, transcript request forms, and the ever so popular, add/drop form. This system will make a number of processes much more accessible and efficient for students and the administrative offices.

“With the new online forms system, students can print it off the Internet,” says Hayward.

For the Registrar website to be effective, students must do their part as well by looking into where they stand at Bryant. Laura Hayward recognizes that the most important aspects that students should be aware of are registration dates, their classification, and the pre-requisites needed to move on to the next course.

“We hope students will take time to sit down and plan,” says Hayward.

Furthermore, Laura Hayward and Susan McLacken, the Bryant Registrar, want to remind students that the Banner system is web-based. This means that students can find the same connection speed throughout campus whether they are on the library computers or using their laptops.

They also want to encourage students to declare their major and minor sooner than later, especially juniors and seniors. Also, keeping communication open and clear with faculty and department chairs, as well as contacting an academic advisor well before registration will contribute to a smooth registration process for students and can be done at any time.

So where can you find the Registrar Office and the Office of Academic Records and Registration? The Office of Academic Records and Registration is conveniently located in the Unistructure in room MRC 202 and the Registrar’s Office is right across the hall in MRC 206.

Anyone with questions and/or feedback is welcome to e-mail the office at arecord@bryant.edu. Don’t forget to check the site on a regular basis for updates, including class registration dates for winter sessions and the spring 2009 semester at www.bryant.edu/registrar.

Check out exclusive content! “Who to know on campus” only at www.bryantarchway.com
ACE appoints new Assistant Director

By Jessica Miles
Assistant Campus News Editor

The Academic Center for Excellence has recently added a new member to their office. Peter Rutledge is the new Assistant Director and sees great potential regarding ACE's impact on the Bryant community. He traveled to Bryant from the University of Southern Florida in Petersburg where he held a similar position.

At ACE, Rutledge's main focus is overseeing the initial and ongoing training of the ACE tutors, as well as supervising the learning labs, which include accounting, finance, economics, and mathematics. He is also in charge of the new tracking system at ACE, which provides information based on the students that come into ACE, the number of students who attend, coverage in each lab, and if there is need for extended hours.

While Peter Rutledge has only been at Bryant for a short period of time, the students have provided him with great expectations and a positive outlook for the tutoring program.

"We have good leadership within the tutors," Rutledge said. "The students here are interested in learning and are not as concerned with 'get me the grade' and 'get me through this class.'"

Rutledge finds the sense of community at Bryant and the refreshing attitude of the students to be "invigorating," and recognizes the students' knowledge of the subjects and their "ability and willingness to help others."

"Everyone knows everyone and takes care of everyone," he stated.

The reputation of ACE has been upheld by its various strengths that can be attributed to the students. Rutledge acknowledges the tutors' leadership skills and how passionate they are about providing the most valuable and resourceful services to their fellow students.

"Everyone knows this is a place they can come for assistance."

As for his goal as Assistant Director, Peter Rutledge wants to maintain ACE's comfortable and welcoming atmosphere where students want to come in. Furthermore, he wants to create a culture where students encourage each other to visit ACE and in the long run generate a greater demand for ACE's services.

For any students who are skeptical or hesitant to visit ACE, Rutledge encourages them to take advantage of the program. Students can set up a tour and check out the labs, which are open to all students for studying, but also have a tutor on hand for any questions the students might have.

Finally, any students interested in becoming ACE tutors will have the opportunity to have an interview with Peter Rutledge toward the end of the semester, as tutors will be leaving for the Sophomore International Experience. Students must have a strong academic background and be open to helping other students. Prior tutoring experience is necessary.

Students can find Peter Rutledge, along with the peer tutors and writing center staff at the Academic Center for Excellence, located in the Unistructure Rotunda next to Janacek Auditorium online and at web.bryant.edu/ace.

"They amaze me and all of the hard working advisors every day with what they are accomplishing..."

From Motor Vehicle SEP 9 2008-Tuesday at 11:47 Location: UNISTRUCTURE Summary: A report of a disorderly person.

From Motor Vehicle SEP 10 2008-Wednesday at 09:00 Location: COMMUTER PARKING LOT Summary: A student advises that her car was broken into.

From Motor Vehicle SEP 11 2008-Thursday at 11:52 Location: HALL 15 LOT Summary: A student advises that his vehicle was broken into.

Medical Services Rendered SEP 12 2008-Friday at 05:21 Location: RESIDENCE HALL Summary: A report of a student that fell. EMS was activated.

Medical Services Rendered SEP 12 2008-Friday at 12:57 Location: HALL 15 LOT Summary: A student advises that a radio was taken from his vehicle.

EMT CALL Medical Services Rendered SEP 12 2008-Friday at 19:27 Location: RESIDENCE HALL Summary: A report of an intoxicated person. EMS was activated.

Looking to fill the squad, new wrestlers welcome!
Thomas Belleauiau '09

Class of: 2009

Concentration: Marketing

Minor: Finance

Internship Site: Pitch PR

Location: London, England through the EUSA Program

How did you locate your internship?

I had been interested in study abroad and was planning on participating in that so when Barbara Gregory let me know about London internships through the EUSA program I thought I'd kill two birds with one stone with study abroad and getting a professional internship. It was only for ten weeks so I thought it was a good chunk of time to do an internship - not the whole summer but a decent amount. They show you a bunch of opportunities that they can place you in and you select a few you're interested in then EUSA interviews you to see if you're qualified. Once I passed that they emailed me back with a couple of opportunities which I researched, and then picked the one I thought best. We all went over to London and during the first week we each met with the company we picked. My interview was with three people - I think I made a good impression - they sent me an email the next day saying to start the following week. It was all pretty smooth.

What were your major responsibilities?

Pitch PR is Europe's largest sports public relations firm. Some of the clients that my team worked with were NBA Europe which wants to develop a presence overseas, the British Olympic Sailing Team, and world class sailing client ICA Leopard. I was involved with press coverage for the NBA when it was connected to events and brainstorming sessions to come up with event ideas for promoting clients. The British Sailing Team is one of the best in the world; they are very highly regarded, so it was important to come up with things that would generate press coverage for them. Having a relationship with London newspapers is critical to understanding the different terminology. The most challenging thing was talking to the sports editors because you only have a minute or two to catch their attention, but that was our job - to create press coverage for our clients and the newspapers. Being in London in general made it easier - there is so much there with sports with the Olympics heading there. I was surprised though that it was a somewhat relaxed atmosphere in the office, maybe because it's sports; everyone there had a passion for sports. There was a pool table and football table in the middle of the area and a nap room if you wanted to take a nap; I guess it's a new trend that works because you can produce more if they get some breaks. There is no 9 - 5 schedule - you leave when you feel your work is done. There were times I was there from 8am – 5pm on a Friday, one time till 9:30 on a Friday night. It's hard work with no complaining - you don't leave until the job is done.

What did you find most challenging about your internship?

Not getting paid was a challenge but it's part of the sacrifice you make. At the beginning it was difficult to understand the accents and the different terminology. The most challenging thing was talking to the sports editors because you only have a minute or two to catch their interest - you don't have a lot of time, especially when talking about the NBA – basketball is not exactly respected over there. The NBA in Europe generated much interest yet - they don't care much about America sports in that regard so it is difficult to get an editor's attention, but that was our job - to create press coverage for the NBA.

What did you find most rewarding about your internship?

It was awesome for me because I love sports and I want to combine my knowledge of finance and business with sports in a career so it was a perfect fit. It is nice to go to work in a major city like London. I worked in Piccadilly Circus which is the Times Square of London. It was rewarding to call the London Times and make a sports pitch and have the editor respond really well and then the next day see that he put in a huge article about the NBA. I also helped set up a conference call with Larry Bird and Magic Johnson to speak with the press about the meaning of their rivalry – papers from all over the world were on the call!

I'd definitely recommend the EUSA Program to students. I think if you're looking to study abroad and you want an internship it's a great way to do both. There are plenty of opportunities through it – a lot of students do study abroad but I think it's a better idea to combine the two. You should keep your options open when looking for internships; don't just limit yourself to cities that are close to home - take a chance and go overseas if you can and if you do travel a lot. It was quite an expense but I looked at it as an investment. Go into any internship with an open mind, do your research, talk to people, find out how they feel, but also be successful. I was able to adapt to everything. I'd definitely recommend the EUSA Program to students. I think if you’re looking to study abroad and you want an internship it’s a great way to do both. There are plenty of opportunities through it – a lot of students do study abroad but I think it’s a better idea to combine the two. You should keep your options open when looking for internships; don’t just limit yourself to cities that are close to home - take a chance and go overseas if you can and if you do travel a lot. It was quite an expense but I looked at it as an investment. Go into any internship with an open mind, do your research, talk to people, find out how they feel, but also be successful. I was able to adapt to everything.

What did you learn about the profession?

The sports industry in general is very competitive, there are a lot of hours and it's ships with sports editors and major writers; you can't get your story in the paper. You have to build relationships and especially in London where it is so difficult to get an editor's attention, but that was our job - to create press coverage for our clients and the newspapers. Being in London in general made it easier - there is so much there with sports with the Olympics heading there. I was surprised though that it was a somewhat relaxed atmosphere in the office, maybe because it's sports; everyone there had a passion for sports. There was a pool table and football table in the middle of the area and a nap room if you wanted to take a nap; I guess it's a new trend that works because you can produce more if they get some breaks. There is no 9 - 5 schedule - you leave when you feel your work is done. There were times I was there from 8am – 5pm on a Friday, one time till 9:30 on a Friday night. It's hard work with no complaining - you don't leave until the job is done.

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What did you learn about yourself?

That I have the ability to go overseas and work in a different environment and adapt to those situations and be successful. I was able to adapt to everything.

Study Abroad Fall Events

Register Today www.bryantarchway.com

Photo courtesy of ????
Housing woes: That was then, this is now

By Kara McGuire
MCT Campus

With all of the negative news surrounding the housing market, first-time home buyers suddenly had to get real. Tiffany, didn't know exactly what to expect. But they were sick of paying rent and listening to their noisy upstairs neighbors, so they started the house hunt.

What they found was a market with almost too much choice and lots of room for negotiation. Plus interest rates that are still low. At least something hasn't changed.

What has? Falling, not rising home prices. Several houses on the market for every buyer, not the other way around. Stricter mortgage standards that mean lenders are (gasp) verifying borrowers' financial information. The difference between the March 2008 housing market and the March 2006 market is like night and day.

Here's a before-the-boom-and-after look at the housing market.

Then: No down payment? No problem. Now: Show me the money.

It's like we stepped in a time machine and went back to the mortgage standards of a decade ago. Minnesota Mortgage Association President Tim Bendel said 100 percent financing has all but disappeared. He advises borrowers with good credit scores seeking a conventional loan to come to the table with a 5 percent down payment. Borrowers with credit scores below 700 may need a down payment in two figures. The more you can afford, the better. Eligible down payment is a benefit in a sour market.

Then: Poor credit score? That's OK. Now: Weak credit score? Try a Federal Housing Administration loan, the original subprime loan.

Once subprime lending exploded, buyers with low credit scores could find someone to lend them money. Not anymore. House-hunters with a score below 700 will pay a higher interest rate. People with scores below 620 might not qualify. Bendel did find a lender that would originate a mortgage for a consumer with a 520 credit score, but it required a 30 percent down payment. "I don't know how many people have that (much) money in the bank," said Bendel. "We're going to want it to see it." Then: Stretch to buy a house. Now: Be conservative. Get smart.

O'Neil tells her clients are being more realistic about what they can afford after seeing some of their friends who bought during the boom stuck in unaffordable homes or adjustable loans. "Payment is a big hot button for people... they say, 'This is what fits into our budget.'"

Prospective buyers also are taking the time to learn about the home-buying process, said Edina Realty Realtor Kelly O'Neil. And with some good price data for the neighborhood, buyers can successfully offer less than the seller's asking price.

During the boom, some buyers pounced on houses during the first showing, skipping home inspections and building up the price to get in. But now, "home buyers can definitely be patient," says Edina Realty Realtor Kelly O'Neil. And with some good price data for the neighborhood, buyers can successfully offer less than the seller's asking price.

Some companies were putting borrowers in home loans without verifying income sources and lending money to people with debt payments that ate up half of their before-tax pay. Today, borrowers should try to reduce what they owe so their debt-to-income ratio is no higher than 40 percent.

Then: Lots of debt, little income? That's OK. Now: We won't check anyway.

Today, borrowers should try to reduce what they owe so their debt-to-income ratio is no higher than 40 percent. And don't even think about fudging your finances. "You can't tell us you've got $50,000 in the bank," said Bendel. "We're going to want to see it." Then: Be conservative. Get smart.

Prospective buyers also are taking the time to learn about the home-buying process, said Edina Realty Realtor Kelly O'Neil. And with some good price data for the neighborhood, buyers can successfully offer less than the seller's asking price.

Credit Craze

Credit Craze is a project sponsored by Bryant SIFE that aims at informing the Bryant Community of financial and business issues that could be of particular interest to us as Bryant students. We will be discussing with you all various aspects of the business world in which you will have concrete applications, such as personal finances, the world economy or other interesting and anxiety-provoking issues to us as students. This semester, I simply want to introduce you to our project and to make sure that you all keep your eyes on the look out for our articles in the personal finance section. To try and whet your appetite, here are a couple of quick questions that you might like the SIFE Credit Craze staff to research and return in the Archway. Please contact me, the project manager at apalmer+bryant.edu. Happy reading!

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The Archway Is Online. Register today!

bryantarchway.com

As a result of the credit crunch, many homes are unable to sell due to difficulties with obtaining mortgages.
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Seven plays later, Lindsey Gamble plunged in from a yard out to make it 10-0 and Jerell Smith, coming off a career best 221 yards against Southern Connecticut, added a 20 yard score of his own to give the Bulldogs a 17-0 lead heading into the half.

Smith finished the day with 130 yards, joining Gamble on the 1,000 career rushing list, just the 7th player to hit the milestone. Bryant quarterback Jay Graber had another most impressive play was that of the Bryant secondary, who collectively held last years all NE-10 wide receiver Chris Laham to just 49 yards and the lone score for Merrimack. Andre Whyte added two interceptions of his own, one in the end zone intended for Laham, to keep the Bulldogs in the lead late in the game. Don Smith added a big sack and a forced fumble that ended any hopes of a Merrimack victory.

The second half belonged to the Bulldog defense, a unit that forced 7 turnovers and held Merrimack’s high scoring offense to just one touchdown and 278 yards of offense. Probably the most impressive play was that of the Bryant secondary, who collectively held last years all NE-10 wide receiver Chris Laham to just 49 yards and the lone score for Merrimack. Andre Whyte added two interceptions of his own, one in the end zone intended for Laham, to keep the Bulldogs in the lead late in the game. Don Smith added a big sack and a forced fumble that ended any hopes of a Merrimack victory.

Women’s Tennis records first Division I win

The Bryant University women’s tennis squad opened their Division I debut season with a 4-3 victory over Providence College last Saturday afternoon at the Bryant Tennis Complex. Emma Czarnecki and Chelsea Downing provided the Bulldog offense drove 55 yards (41 of which came on Smith runs) on 7 plays. Lindsey Gamble capped the drive off with a 1 yard touchdown run, stretching the Bulldog lead to 10-0.

The significance: The Hawks of Monmouth will be the Bulldogs’ first Division I opponent of the 2008 season.

By Casey Mulare Assistant Sports Editor

Defense carries Bulldogs to Homecoming win

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By David Niles

Replacing a legendary quarterback

A fourth-year NFL quarterback took an important step in replacing one of the greatest players of all time. No I'm not talking about Matt Barkley, I mean speaking of Green Bay's Aaron Rodgers. That's right: Aaron Rodgers. If there is one individual player I am rooting for in the NFL more than anyone else, it's Aaron Rodgers. Rodgers has been playing the waiting game ever since draft day in 2005 when he fell to the Packers with the 24th pick after being projected to be taken in the top ten and possibly first overall (how's Alex Smith working San Francisco?). Rodgers was taken to be the heir apparent to the Packers beloved Brett Favre, who was supposed to be on the precipice of retirement. However, we all now know what happened next. Favre decides to keep playing for a few more years and Rodgers greatest accomplishments over the past three seasons involved holding a clipboard and growing his beard. Then this past offseason, when Favre finally was thought to have retired and Rodgers would finally get a chance to take over the reins, Favre decided he was undecided. Favre retired, and then decided he wanted to come back, before deciding maybe he liked retirement, but then again, maybe he still did have the passion to play. And all the while, Favre was left sitting in limbo, being psychoanalyzed by sports writers and television personalities who had never met him. He was bombarded with the same questions in the locker-room everyday after practice, but handled the situation with class and maturity. He was boosed by his own team's fans in training camp for throwing an interception. In training camp! Packer fans couldn't believe their team may be considering playing this unproven young kid over the greatest player in NFL history (at least in their biased opinion). Fortunately for Rodgers and Packer fans, the Green Bay front office made the difficult and unpopular choice. They waved goodbye to Favre and his retirement games and turned the team over to the unproven Clay Matthews III. Rodgers crumbled under the pressure, anything but the most famous and popular player at that position in football history. Not to mention that game, which Rogers lost by a point, now in New York, and it is perceived that he was pushed out the door to make way for you. Has Rodgers crumbled under the pressure of the media, Packers fans, teammates, coaches and history? Not in the least. He has thrived. The Packers are 2-0 and Rodgers has been remarkable, averaging over 350 yards per game with a complete percentage, four touchdowns, and no interceptions. With the feat being remembered of Favre (and who can blame them?) who won those years with Chad Pennington and his 3 yard dump passes, he hasn't been nearly as impressive and just put together a game to the New England Patriots, who will now host them in their own fourth quarter back lack- ing game experience (and that may be the understatement of the century).

I realize we are only two games into the season and the chances Rodgers' career is anywhere near as impressive as Favre's is highly unlikely. I am sure Favre is a great guy but I won't mind seeing him be outplayed by Rodgers this season. After all Rodgers had been benched and through to the precipice of retirement at a young age, I have to root for him. The only way he isn't lambasted by his own fans is if he is better than Favre this season. So, while you may not be a Packer fan, there is no reason why you can't secretly be a Rodgers fan club. The club wasn't very big a few weeks ago, but there is a rumor out there that they just sent out another order for membership cards to the printer.

The Bryant University University golf team finished with a score of six over par, seven shots behind the leaders, as they came in fourth place at the Rutgers Invitational Tournament over the weekend. The tournament featured 24 teams, with the Bulldogs finishing 14th, tied with the University of Binghamton, in Bryant's first Division I tournament. Head Coach Condon (Foxboro, Mass.) had the lowest score for Bryant shooting a 68 and a 69 over the two days, good for one-under par and tied him for seventh place on an individual level. Jason Troughton (Weston, Mass.) was one-over, shooting a 143. Eric Tashan (Worcester, Mass.) shot a four-over 144, Mike Pyne (Foxboro, Mass.) was six-over 148 and Alex Daley (Dracut, Mass.) rounded out the four with a ten-over 154. The Bulldogs will hit the links next weekend at the Dartmouth Invitational on Saturday and Sunday.

Opinionated about Sports?

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Come to a meeting this Monday at 4:30 in the Bryant Center, room 2B.

No experience necessary.
By Anthony Ianello  
Staff Writer

The Brady Effect: It's not just the Patriots who will miss Tom Brady in 2008

He has a torn anterior cruciate ligament (ACL) and injury at the hands of Kansas City Chiefs safety Will Smith. Brady, who suffered a sea-son ending injury. In this case, the NFL is faced with the harsh reality that Tom Brady will not be a part of its 2008 season. If Brady is not the sole reason that the NFL has reached the popularity level that it has, but I'm sure when Roger Goodell, the Com-missioner, announced that Tom Brady would miss the entire season his stomach dropped. Along with his predicted revenue for the 2008 season, Patriots fans of other teams love to hate the Patriots, they are still intrigued by the star power they have and the exciting football they play. Last year during their historic run to the Super Bowl and the dream of a perfect season. Now Brady is a Miami Dolphins fan.

By Mike Cronin Jr.  
Staff Writer

Brady, not Pats, done for year

Brady suffered a sea-son ending left knee injury at the hands of Kansas City Chiefs safety Bernard Pollard during week one of the NFL season. He has a torn anterior cruciate ligament (ACL) and will miss the remainder of the season. If Gisele Bundchen (Brady's supermodel girlfriend) could just kiss his injury better, but Brady is going to miss surgery. With Tom Brady out, it is pretty good. In relief of Brady, Matt Cassel will be leading the offense. We don't know if he is capable of successfully directing the Patriots juggernaut of an offense? Will the climate of the NFL normally experience a 50% turnover in playoff teams from year to year, the Patriots and Brady have been a constant. A new team should rise to the top in the AFC and that will make for an intru-sive season.

The NFL Economically: Most fans tend to forget that the NFL is not just a business as much as it is entertainment. Now Brady is not the sole reason that the NFL has reached the popularity level that it has, but I'm sure when Roger Goodell, the Commissioner, announced that Tom Brady would miss the entire season his stomach dropped. Along with his predicted revenue for the 2008 season, Patriots fans of other teams love to hate the Patriots, they are still intrigued by the star power they have and the exciting football they play. Last year during their historic run to the Super Bowl and the dream of a perfect season. Now Brady is a Miami Dolphins fan.
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CAPE COD WIRELESS
Don't raise the driving age

By: Michael Adams
Opinion Editor

The Insurance Institute for Highway Safety is pressuring states to increase the driving age to seventeen years old, or maybe even eighteen. This means that teens will not be able to get their licenses until then. The institute knows this is a "tough sell". Really? Thanks, Captain Obvious. Their main reason for the increase is that the number one killer for teens is auto accidents. I think they better look at something else: the slow demise of said teen's social life. I got my license when I was sixteen years old. Finally I did not have to beg my parents to drive me over to a friend’s house, and then pick me up a few hours later in our oh-so-stylish teal green Ford Windstar. I had no problem navigating the roads by myself – even during the night hours. I negotiated turns well, could parallel park downtown, and correctly drive in a rotary (yeah – it’s a feat of unparalleled proportions when you have three other idiots trying to drive around the rotary, too!).

Now, why would the Institute for Highway Safety (IHS) want to increase the driving age? According to the CNN article, "institute researchers have compiled decades worth of data from New Jersey, the only state that issues licenses at 17. Various studies have shown that the overall rate of teens killed in crashes in New Jersey has been consistently lower than in some nearby states." Well, that is dandy. Are they trying to tell me that one state is going to change the other forty-nine? One thing that is not pointed out in the article is that of the over 5,000 teenage auto accidents, sixty percent are not wearing seatbelts (NHTSA). Unin, what? There’s a major source of the problem. While seatbelts will not save everyone’s life, they will certainly save a bunch of them. When my twin sisters and I were little, if we did not have our seat belts on before the car left the garage, we would cry until we had them on. Job well done, Mom and Dad. If we could just educate teens about the importance of wearing their seatbelts, I am sure the IHS could sleep at night. All it took for me to wear my seatbelt (besides the fact that my parents enforced it into my skull) was being killed in a car accident after a sporting event in high school. She was not wearing her seatbelt.

Another program that I advocate for, instead of increasing the driving age, is the graduated license program. It varies from state to state, but the program is a way to let teens get used to driving before they have family and friends with them. While it may not be the most socially accep-ting program that the state has come up with, it does save lives and makes teens pay attention.

In the end, I think it’s a stupid idea to increase the driving age. There are so many factors that could be addressed before the age is raised. Additionally, why would you raise the driving age, when others are thinking about lowering the drinking age to eighteen? That is a whole other opinion article, however, for this article, it is an independent disaster. There seems to be an increasing trend in younger people driving, like the nine year old that stole his grandmother’s car and ran it into a shopping center sign. Kids want to drive earlier. They just need to make the right choices in how, when, and where they drive. They shouldn’t have to depend on their parents until they move into their college dorm September 1st. As soon as you turn sixteen, making your own decisions is something you should be able to do, and learning from your mistakes is key. With that, please put your seat belt on every time you get in the car.

The question remains: is there a God?

By Brandon Dobro
Staff Writer

I promise the goal of this column is not to offend, but rather to encourage some public discussion on something that I think should be kept anything but private. Since if any of the Abrahamic religions – Christianity, Judaism, and Islam – will not be going to be tortured for eternity (and this column doesn’t help). I really appreciate responses. You can mail me at bdobro@bryant.edu, write the editor, or comment on bryantarchway.com.

If you spend even 10 minutes navigating the “List of Religions” page on Wikipedia, you would likely be amazed at all of the religions that the people who have walked this earth have followed. There are literally thousands. As far back as the pen goes, we know that people have been making up stories about the world in order to make sense of their surroundings. Most of these stories are now in the graveyard of religion that we call mythology. We are all “athiests” in regards to the gods that these religions invented. I just go one further than most.

It seems pretty clear that we prefer to know things rather than admit that it’s not yet understood. This innate desire worries me when I try to deter-mine what is actually true about the world. Specifically, since as science tells us more and more about the reality of the world around us, more and more religions are reclassified as myths. There is no denying that almost everyone that has ever lived has held deep convictions about the world that were completely false. And yet, I look at the religions of today and see nothing different than what someone must have seen five thousand years ago. I see no more evi-dence for the Abrahamic god than I do for Apollo, Poseidon, and Zeus. Just like these gods, the Abra-hamic god is a claim – a claim made by mortal men who, when it comes to knowledge about the Uni-verse, were literally no smarter than a 5th grader today. As with any claim, there needs evidence. This is the only way to avoid the mistakes of our predecessors. Since it lacks this evidence, the only logical reaction is rejection.

The truth is that there are tens of thousands of people who claimed to have been relatives of, or in direct communication with, the creator of the Uni-verse. All of these people are difficult to believe, since none of these people have ever come away from their contact with the creator with any ad- vancement that benefited society, aside from a few suggestions of morality that existed long before the miraculous conversation(s) occurred.

If I am wrong and there actually is an all-power-ful creator, one thing is for certain: he doesn’t love us.

Check out our website: www.bryantarchway.com
Words of Wellness

Be Aware......Clean Up!

The start of a new academic year brings with it the excitement of the unknown and the anticipation of new opportunities, new classes, new friends and the beginnings of the fall semester. It is a time for a clean slate, but most importantly it's a time to be aware of all that is happening around us.

One thing we can be aware of is the amount of alcohol that is present in that new social life we are experiencing. Knowing it, the amount of alcohol that is consumed in that environment poorly and expecting someone to make decisions for you which you may regret or not even remember would not help a situation.

In the past few weeks I have seen students take advantage of that second part of the new school year—a Friday night out. However, it is not an excuse for treating your environment in that way. It's also human nature to want to socialize and spend time with friends (along with making new friends) and they can get out of hand.

My other problem with the attendance policies is that they are to be enforced. If I show up to every class or if I don't, the school is paying to be enrolled in. Either way—whether or not they should go to class—whether or not they should go to class.

Opinion

Letter to the Editor

Dear Editor,

For the past few weeks I have been working at the tennis courts, as it's a shorter walk than parking out by the tennis courts and walking to the Bryant Center. I enjoy the walk up from the townhouses—being able to see some seniors I don't often see in class, and conversing with them in the morning. The one thing, however, that I have been both disappointed and appalled by is the amount of trash that constantly litters the townhouse landscape. Last Monday I was surprised by the amount of trash littering the yards of the townhouse campus, and the next time I came back to campus, it probably wouldn't be that bad again. I was then surprised as I parked down there a few more times that week and saw that there were still bottles and cups littering the grass—the even in the middle of the week. This morning I was the most bothered by what I saw in the townhouses. I got to campus around 8:30am and was astounded not only by the empty cans, cups, and bottles littering the lawns, but also by the fact that there were two men working for facilities picking up all of the garbage. The two facilities trucks were piled with cans and bottles of all types—probably 30 or 40 bags in each truck—and there was still so much garbage yet to be picked up.

Without lecturing too much or sounding like a mom, I'm writing to implore the seniors—and any other members of the Bryant community who may be visiting the townhouses on the weekend—to think it through and actually learn something that we care about the place you live, learn, and work. Clean up after yourselves on the weekends and take pride in your living area campus.

Meagan Sage, Assistant Director of Student Involvement
By Drew Green
Staff Writer

Do you any guy out there really know exactly what women want? I mean is there a single guy who thinks he has all the answers to all of women’s issues and fears? Well, it turns out that there are apparently two. Not only that, but it just so happens that they are both running for president. What a coincidence! Over the past few weeks, especially since John McCain announced that Alaskan Governor Sarah Palin would be his running mate, women have become the focal point of this election. There is good reason for it too, women typically vote at a higher clip than men do. Ever since the Primaries this election has been a beacon for female empowerment and equality between Hillary Clinton and Sarah Palin. Just as a rule of thumb, if you are attending an opening sketch on Saturday Night Live, you probably have some topical importance.

For as much as Hillary Clinton and Sarah Palin have done to solidify the female electorate it’s Obama and McCain who are pushing the idea that they have what it takes to represent the female cause. The other. Obama has been doing it through all of his ties to Oprah and the massive female base that she draws. McCain has countered this by buying more time slots during Oprah’s show than Obama has. While Senator Obama has tried to focus most of his attention on those he wishes to see women gain, like pay equity and abortion rights, Senator McCain has pitched around Governor Palin as the archetypal candidate to support women’s issues, because well she’s a woman. McCain’s approach is shallower, as he leaves a lot to be wanted when it comes to women’s rights. It does not say much for female empowerment when a possible Vice President is being touted around like a Barbie Doll with the purpose to look good and not saying anything of value. It actually is this shallow campaign which has led to McCain seeing a resurgence since Palin was announced as his running mate. Palin has acted as a conservative punching bag absorbing all the blows that the liberal media can muster, whether it is about her experience, or McCain’s voting records against abortion, expanding health insurance, and pay equity. McCain’s response has essentially gone like this, “What, you do not think that I care about women’s rights?” “Well in that case I would like you to meet my running mate, she is a woman, so she knows what is right for them”.

The fact that Palin is a woman is nothing short of a willow way of countering her political inexperience. By saying that she has experienced as mother of five and a governor of a state, she is trying to associate with all working mothers to describe how she can be of political importance to women of all political identities. Then the question that must be asked (particularly by women) is whether being a woman means that Palin represents women? With all the buzz surrounding Palin it seems to be a resounding yes. At least from a conservative standpoint she has solidified the female vote, and is trying to steal votes from the political base because of his policies. Whether it is the Statement of Parliament supporters or who is still crying out for the Hillary Clinton supporters who are still crying out for the democratic nomination and turned their Presidential hopes into just another Obama supporter. I think the fact that Palin is a woman will play into this election in a big way, but that does not mean that she has done enough yet to steal votes from the former Clinton base. Additionally claim Obama is just as inexperienced as Palin, he has been a part of this campaign for the Presidency for a lot longer than Palin’s two weeks. He has developed a female support base because of his policies and views towards women’s rights. Palin’s policies and views have been slow to surface, and until they do we will not know just who will start to take the majority of the female demographic. What is assured to happen is that both candidates (McCain through Palin) will continue to do the same with the false true representative of women across America.

By Katie Sojkowski
Contributing Writer

Greetings from England! I hope this column gives you a taste of the abroad experience—this is a brief taste of the perspectives of Parliamentarians from the UK as members on American politics. I had the opportunity of meeting these astute and prominent figures who gave their views on the upcoming elections.

You know, the UK’s political structure and policies differ from ours, and made for an interesting discussion of whom these politicians feel would run country best. Their opinions reflected the party they stand for, Labour, Conservative, or Liberal Democrats. Lord Taverne, representative of the Liberal Democrats, discussed his support toward Barack Obama in, what is his opinion, one of the most exciting elections he has ever witnessed. He noted Obama’s speech before the Iraq war where he proclaimed, before others, that it was that would be the dumbest war because there is no plan for the aftermath. Lord Taverne is a member of the UK sepa- rates religion from politics, as he is deeply dis- appointed by McCain’s choice of running mate, for one, because of her choice in gun support, and secondly, her inability to distin- guish between faith and science in regard to her believes.

Gun support was a big issue for these politicians because it is almost impossible to own a gun in the UK- the main ingredient for their low levels of crime related deaths. Diane Abbott, Labour member at the Labour party (the largest in the UK) is also an Obama supporter, relating the idea of a similar triumph being that she is the first black female Member of Parliament. She agrees with Lord Taverne in he somewhat that McCain’s running mate as she toyed that Sarah Palin’s need to hold the polar bears and teach abstinence in school are just a few issues that ruin her the wrong way.

The Third Member of Parliament represent- ing the conservatives, Julian Brazler, also disagreed with McCain on the education issue, however, he points out she has run a state for two years in addition to fighting, and successfully public spending and passionately believing in security of energy supply.

Here in the US, Tony Blair, the Prime Minister supports McCain mainly in part due to the reform he has initiated, including limits of campaign spending which are present in the UK. Indeed all of these issues are critical toward our fu- tures, seeing as how both parties in Parliament members was a unique opportunity. Discussing American politics is popular here, and aside from football, is often the main topic of conversation at the local pub; perhaps our generation will catch wind and become eager to vote. Until next time, cheers!

Tips for freshmen...and upper-classmen too

By Ashley McNamara
Assistant Photo Editor

You have a free membership to the gym... use it. Just because it's your room doesn't mean it's your food... or shampoo.

Don't forget your room keys! It's embarrassing to go down stairs in a towel.

Don't dig yourself into a hole the first semester... stay on top of your work.

FACT: DPS hides near the alumni house by the residential road... don't do anything dumb.

Join clubs – you meet so many new people.

Keep the music down.

Your roommate doesn't have to be your best friend... go out and meet people!

Don't feel like you're stuck with the people you meet your first week.

Don't judge people! The same kids that you might not like at first could end up being your best friends.

BBQ chicken pizza may seem like the best thing in the world as 1am on a Saturday but after a couple months it won't look so great.

People lie about jungle juice. Although it may taste like fruit punch, it obviously has alcohol in it... why else would it be served?

Don't leave leftover food in your room for too long... you might have to buy new dinner ware.

.flush.

Out of courtesy of others, make sure your music doesn’t go to a toilet... you’ll make more friends.

Drunk Dialing... not a good idea.

This one is called “Man Law,” and I feel everyone should know it. If it’s 9pm and your last second because the person hung up... DO NOT call back.

It’s Beirut... not beer pong.

Two Tylenol and a bottle of water.

Be yourself!
Celebrity Round-Up

By Carlos Ramos

Welcome to a new semester of Celebrity Roundup, where you can get your weekly dose of what is happening in the world of entertainment, all in one section.

A look at the celebrity gossip is that R&B Grammy winner Kanya West and his bodyguard were arrested last Thursday morning at an LAX terminal after an altercation with a paparazzo. The photographer claims he got into this predicament after West smashed his $10,000 camera into the floor. Kanye should just have his own private jet so no one can bother the man.

This predicament after West smashed his $10,000 camera into the floor. The photographer claims he got into this predicament after West smashed his $10,000 camera into the floor. Kanye should just have his own private jet so no one can bother the man, instead of flying on American Airlines.

You think you know the most popular song in history? According to Billboard’s Hot 100, Buddy Holly’s “The Twist,” which came out in the early 1960s, is the number one popular song in the past 50 years of Billboard history. In second is Carlos Santana’s “Smooth,” followed by Bobby Darin’s “Mack the Knife.”

There has been much talk about the late Heath Ledger getting Oscar buzz for his portrayal of the Joker in The Dark Knight. This was further enhanced with talk from studio executive to re-release the movie sometime in January to garner some Oscar buzz during next season. The Dark Knight is currently the second highest grossing movie of all time behind none other than, Titanic, which grossed over a billion dollars worldwide.

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Celebrity Round-Up

By Marcus T. Tucker

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A look at the celebrity gossip is that R&B Grammy winner Kanya West and his bodyguard were arrested last Thursday morning at an LAX terminal after an altercation with a paparazzo. The photographer claims he got into this predicament after West smashed his $10,000 camera into the floor. Kanye should just have his own private jet so no one can bother the man, instead of flying on American Airlines.

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Horoscopes

**Funding is available now for something you want for your home. Be strict with yourself, however. Don't borrow more than you can afford. It's not free money.**

**Your true friends will always steer you in the right direction. That means the solid, realistic ones, not the crazy goofballs. Make your choice and take action.**

**Tell friends you'll check with them later, but you're busy now. Meanwhile, do your routine to the best of your ability. Get in line for the big bucks.**

**Stick to your opinion. It's OK to have a point of view, even if others disagree. In this case, you're right anyway. Be patient with them.**

**Something in your garage or attic is exactly what you need to make your home more comfortable. Dig it out of the clutter and bring it into the light.**

**You and your friends are working out the answers as you go along. You bring out the best in each other. This ought to be fun.**

**Assume more responsibility. You'll love it. All you have to do is make sure the job gets done and you'll rake in the dough. Piece of cake.**

**Rearrange your life to make it more comfortable. You'll see lots of doable ways, all well within your budget. Move onto Easy Street.**

**A little fixing up is required. The results will exceed expectations. It's up to you to find the thing and turn it into what you want. It'll be fun.**

**You like to be in control, but you don't actually have to do everything. Delegate a lot of the more difficult stuff to experts. And hire the best.**

**Continue on your path and assume more authority. Get this routine down pat and making the big bucks will be easy. Step boldly forward.**

**Do it now, whatever it is that you've been thinking about. Ask that special person for a date. Buy a raffle ticket and a bingo card at church. This is a lucky day.**

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**Ronzo Appetizers**

- Mozzarella Sticks $5.99 (6 pc) $10.99 (12 pc)
- Boneless Chicken Tenders $5.99 (small) $11.79 (large)
  
  (Buffalo style with Blue Cheese or plain with BBQ Sauce or Honey Mustard)

- Chicken Wings $6.29 $12.49
  
  (Buffalo style with Blue Cheese, BBQ, Teriyaki or Hot & Spicy)

- French Fries $2.29
- with Nacho Cheese & Bacon $3.29

- Onion Rings $3.29
- Cheesy Nachos $5.49
- Cheesy Bread $4.75
- Garlic Twists $4.29
- Cinnamon Sticks $4.29

**Ronzo Pizzas**

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<th>Slice</th>
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**Ronzo Favorites**

- Create Your Own Calzone

- Cheese & 3 Toppings $5.69
- Each Additional Topping $0.50
Feed your future

See how many ways there are to create your own path at PwC.

Begin at www.pwc.tv