CEO partners with BUNECC Entrepreneurship Conference

By Harris Roberts
Staff Writer

The nationally ranking Bryant University Collegiate Entrepreneurs Club is bringing a free for all Bryant students. The conference will be held on February 21st in the Bello Grand Hall. The conference brings together industry leaders and passionate students to create an intersection of ideas. The conference will feature keynote David Alwan who was featured on the hit ABC television show Shark Tank. Tickets are free for all Bryant students.

Dave Alwan will be the first keynote on Friday night speaking about his success after Shark Tank. Dave’s company Echo Valley Meats specializes in “old fashion butcher shop” quality meats. Alwan is a passionate and engaging speaker who has an amazing story of just keep flapping

The Silk Road: online blackmarket

By Dmytro Bashchynskyy
Staff Writer

Over the past decade the internet has become a crucial part of the world. It is so deeply integrated into people’s personal lives as well as the global economy that it is almost impossible to imagine life in 21st century without it. The web is used by private citizens, businesses, governments, and even criminals. Over the past 10 years crime has moved its operations to the web, becoming a bigger problem than ever before. Internet criminal activities are out of control, more so than you could ever imagine.

A very opening example of crime on the web is the Silk Road. It is not a reference to a historical trade route that you can read about in books, but rather an electronic marketplace for illegal drugs, counterfeit items, and more. It launched in February 2011 and operated until October 2013 when it was finally shut down by the FBI.

The website primarily focused on the sale of illegal drugs like, heroin, crystal meth, cocaine, LSD and cannabis. Drug sales attributed to 70% of its trade volume. The other 30% of sales were split between fake currencies, other counterfeit items, and pornography. People have nicknamed this website the Amazon or eBay of drugs.

It had a fully functioning and very detailed vendor review system resembling that of online giants. Clients would purchase drugs, try them, test them in the lab for purity, and then post reviews and rate vendors for their products. There was also a conflict resolution system in place that helped clients dispute with vendors over problem with sales. Items that were forbidden to be sold on the website were those used to harm or defraud, like assassinations, stolen credit card information, child pornography and weapons of mass destruction.

To put things in perspective as to how big Silk Road was, based on the seized server data, the FBI has estimated over 1.2 million transactions were completed on the website during its existence. It generated over 1.2 billion dollars in revenue and hosted over 140 thousand buyers and four thousand vendors.

Without a shadow of a doubt, Silk Road was a big and very efficient business. One of the first questions that comes to mind when learning about Silk Road, is how can something like this exist, without being immediately punished and put to heel by law enforcement, which in light of
MyPath Gives Exploratory Students Opportunity to Discover Academic Areas of Study

By Harris Roberts
Staff Writer

The MyPath Showcase will give students looking to choose a major, concentration, or minor an opportunity to learn more about select areas of study. The MyPath Showcase will start in Janikies Theater on Wednesday, February 12th from 2:00-5:30 pm. During this time students will be able to listen to two brief presentations by departments of their choosing. The event will be kicked off by keynote Patrick Combs who will talk about “Majoring in Success!” The showcase offers primarily first and second year students the ability to explore multiple academic paths. Additionally students who attend will be eligible for drawings including a grand prize spring break trip.

The MyPath Showcase will give students a chance to talk with faculty from up to two different departments in a small, comfortable setting. Each department will have 30 minutes to present and answer questions. In addition to faculty, each room will have an upper class student who is concentrating in that academic field of study. Students can expect engaging presentations that will clarify the academic curriculum, internship, and post graduation opportunities.

The keynote speaker Patrick Combs has appeared on national television and has spoken for more than 600,000 students. He often speaks on topics including overcoming obstacles, personal growth, fearless living, and working smart. Patrick will kick off the event at 2:00 p.m. in Janikies Theater.

Academic sessions will occur in classrooms and students will receive a raffle ticket for each event they attend. The MyPath program is a collaboration between Academic Advising and The Amica Center for Career Education. For more information on the event contact either of the departments or find more information on their social media accounts. Registration is not necessary but seats are available on a first come basis.

The following areas of study will be represented at the showcase: Accounting, Biology/Environmental Science, Economics, Global Studies, Human Resource Management, Marketing, Actuarial Math/ Applied Math and Statistics, Computer Information Systems/Information Technology, Entrepreneurship, Global Supply Chain Management, Literary and Cultural Studies, Political Science, and Applied Psychology.

For more information on the MyPath Showcase, please contact the departments listed below:

Business Communications:
- Business Managers: Paige Rovnak, Jillian Bonafede
- Contact: The Amica Center for Career Education, Office of Career Services

Communication:
- News Editor: Ashley Esper
- Contact: The Amica Center for Career Education, Office of Career Services

English:
- Associate Editor-in-Chief: Lauren Kordalski
- Contact: The Amica Center for Career Education, Office of Career Services

History:
- Contact: The Amica Center for Career Education, Office of Career Services

Management:
- Business Manager: Haley Jones
- Contact: The Amica Center for Career Education, Office of Career Services

Psychology:
- Contact: The Amica Center for Career Education, Office of Career Services

Applied Psychology:
- Contact: The Amica Center for Career Education, Office of Career Services

Political Science:
- Contact: The Amica Center for Career Education, Office of Career Services

Sociology:
- Contact: The Amica Center for Career Education, Office of Career Services

Advertise for FREE through the news feed or calendar.
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Advertise for FREE through the news feed or calendar.
because of bitcoint.
Bitcoins are a digital, demand-driven currency that appeared in 2009. No one knows where it came from or who created it. That doesn’t change the fact that a single bitcoin is worth over $700 and currently rising. It has become very popular in recent years as a digital online sales and marketing tool.

Silk Road used bitcoins for all transactions, enabling its owner, who was receiving a commission-based income from each transaction, and all of its users, to hide behind a double wall of not only online but also financial anonymity, making them desperately hard to track.

On October 2, 2013, the FBI tracked down and arrested Ross Ulbricht, also known as “Dread Pirate Roberts,” who was the founder and owner of Silk Road. Shortly after the website was shut down, Ulbricht was not the only person arrested in connection with illegal drug trade and Silk Road. Over the years a number of drug dealers and counterfeit producers have been arrested as well. However, the total arrest count is not that high because the lower double digits who was the total amount of registered website users was in the hundreds of thousands.

Even though Silk Road was eventually taken down, it existed long enough to become world famous. No matter how unlawful and wrong this website may seem, it is nothing compared to the many other drug trading, child pornography distributing, assassination selling, and terrorist recruiting websites that exist on the web. Hiding behind the walls of TOR and Bitcoin, to add insult to injury, Silk Road was reopened on November 6, 2013, and is now once again, the internet’s biggest illegal marketplace.

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**News**

**IT Tips & Updates**

By Dan Minor

**Contributing Writer**

**IT Tips & Updates**

Interested in Information Technology? Have any questions or concerns that are IT related? You’ve come to the right place. Representatives from the student body meet with members from the IT department and Laptop Central to discuss and resolve any issues and answer any questions students are having that are technology related. This semester we are aiming to inform students of all the technologies that are available to us that we may not be taking full advantage of. Our goal over the course of this semester is to provide students with a series of instructional YouTube videos demonstrating these technologies.

One such video has already been made which can be found by visiting the “Bryant University Student Senate” Facebook page. As a student, I thought I was utilizing Google as best as I could, however, I learned there was so much more we can do. This demonstration taught me that you can back up your files to Google Drive automatically of this semester is to provide students with a series of instructional YouTube videos demonstrating these technologies.

Keep your eyes open for more IT Updates and demonstrational videos! Also, be sure to attend the Information Services and Technology Fair that has been rescheduled to Thursday February 20th from 9:30am-12:30pm in the rotunda. Representatives will be there to answer questions and showcase technologies they are working with. In the meantime, feel free to contact a Student Senator with any issues and we will get to work on it!

Follow Student Senate on Twitter @BryantSenate

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**Forensic Science**

By May Vickers

**Staff Writer**

Popular television shows like Crime Scene Investigation (CSI) have catapulted forensic science into a sensational field by highlighting the tremendous advances made in the field of forensic science. Forensic Science represents an exciting field filled with countless opportunities for the dedicated student. If you would like to pursue a career involving police and medical investigations of crime scenes and criminal acts, Bryant University’s twenty-one credit forensic science concentration is the correct place for you.

According to the Bureau of Labor Statistics, employment of forensic science technicians is expected to grow six percent from 2012 to 2022. As of 2012, the United States had 12,900 employed forensic scientists. In addition, the use of forensic evidence in criminal proceedings is expected to substantially expand partly because of the media exposure to forensic science which has created expectations that forensic evidence should contribute to court cases and trials.

Typical job duties of forensic scientists include analyzing crime scenes to determine what evidence to collect, photographing crime scenes and evidence, sketching crime scenes, conducting observations and findings, cataloging and preserving evidence for transfer to crime laboratories, and using scientific analyses to determine potential links between suspects and criminal activities. Forensic science technicians have the opportunity to specialize in natural sciences or engineering depending on their preference.

Bryant University’s Forensic Science Concentration was established by the Department of Science and Technology in the College of Arts and Sciences, using guidelines from the Council of Forensic Science Educators (COFSE) and was designed to match certification requirements from the American Academy of Forensic Science (AAFS).

This professional concentration will prepare you to navigate through more advanced studies such as post-graduate education in areas including trauma assessment, forensic photography, ballistic, medical entomology, soil and chemical analysis, biochemistry, geographical information systems (GIS), mapping, bioimaging, DNA analysis, pharmaceutical science and/or medical studies.

Due to Bryant University’s culture and the small size of the program, students in this concentration have the unique opportunity to specialize in their area of interest by collaborating and working with dedicated faculty. In addition, the small size of the program and technical expertise of the faculty, students are expected to gain firsthand opportunities to gain practical work experience and can participate in additional special skills training courses.

Students with a concentration in Forensic Science can further gain a competitive advantage before entering the job market by pairing their concentration with existing majors and minors in the Department of Science and Technology. Examples of majors and minors include Biology, Environmental Science and Biotechnology. In this curriculum, students can attend special guest speakers from many different organizations including law enforcement, health management, genetic analysis, medical assessment and DNA testing.

To complete the twenty-one credit concentration, students are required to choose a capstone course. Examples include Physical Evidence, Industrial Analysis for Environmental Life Sciences, Environmental Toxicology and Risk Assessment. As a directed study either conducting research or working at an internship, students can request further information from the department. Students are well prepared to dive into post-graduate studies or an entry-level position upon graduation. For further information please contact Professor Smith, rmsmith15@bryant.edu or Professor Langbou, langbou@bryant.edu.

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**Student Senate survey results are in!**

By Conor Haraden

**Contributing Writer**

Last semester, shortly before break, the Student Senate sent out a survey in order to gather student input for the semester. The survey asked students questions ranging from their common area to the issue of heating and ventilation of their rooms. The main purpose of said survey was to compile data regarding common issues and complaints that residents on campus have with their halls. We also see areas of the halls that can be improved upon by the senate or the general student body.

Some main issues listed here as well as any other concerns the students have regarding their halls are:

- Hall 14, 9, 7, and 5. Hall 1 residents expressed an interest to have better heat control and more washing and drying machines. Hall 9 residents expressed concern for the bathrooms, specifically the state of disrepair that the current shower curtains and floors are

- Hall 16 occupants expressed an interest in a more game tables and a way to meet more residents. Hall 4 residents polled in with a high concern for noise in their hall. Hall 7 residents expressed the need for a more efficient program for allowing students to choose a capstone course.

For further information please contact Professor Smith, rmsmith15@bryant.edu or Professor Langbou, langbou@bryant.edu.

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Tupper’s Top 5 ways to show Bulldog love!

By Iron Clad Tupper I

After a win, I like to absorb the positive energy from the court so I can bring it to the next game... (Christina Tupper)
In Memoriam: Philip Seymour Hoffman

By Nicholas Calabro
Staff Writer

On February 2, 2014, Hollywood mourned. They mourned the loss of the critically acclaimed actor Philip Seymour Hoffman, who was found dead in his apartment, a death believed to be caused by a heroin overdose. In fact, the needle often associated with this drug was still in his left forearm when he was discovered.

The death was not the first time that the actor used heroin, he had been struggling with substance abuse in the past, though at one point he had racked up twenty-three years of sobriety. According to the New York Post, at 11:15 he was found by his friend David Bar Katz and personal assistant Isabella Wing-Davey. When CPR did not work, they called 911, and at 11:15 he was found by his friend David Bar Katz and personal assistant Isabella Wing-Davey.

Philip Seymour Hoffman was an accomplished stage actor, but his film career began with his performance in 1997 with “Boogie Nights.” However, it was his performance as the title character in 2005’s “Capote,” that catapulted him to the Hollywood spotlight. His memorably portrayed character of Oscar the Oscar for Best Actor. In addition, he also received nominations for his performances in “Double,” “Charlie Wilson’s War,” and “The Manchurian Candidate.” According to the New York Post. So, what made Philip Seymour Hoffman one of the greats?

Entertainment Weekly writer Owen Gleiberman says that it all started, again, with 1997’s “Boogie Nights.” While Philip Seymour Hoffman was, as homosexual Scotty, is rejected in possibly the worst way, he lets the emotion out in his car. Gleiberman writes: “Hoffman held up the mirror to something that actors, even great ones, almost never have the chance to play: the profundity of an ordinary person.” And he would continue to show the humanity in his characters for the rest of his career. And if you thought he could only portray characters like Scotty I, then you were very far from the truth.

The National Wildlife Federation is an organization dedicated to protecting wildlife and habitats through conservation. The National Wildlife Federation strongly encourages and inspires America’s youth to take action regarding the protection of all living things on Earth. The success of this program has generated green/sustainable actions to over one thousand campuses annually in the United States of America.

Without the support of the National Wildlife Federation and the Campus Ecology program, I would have found it more difficult to discover resources for net-zero energy efforts and renewable energy at Bryant University. This program has provided me with funding to analyze how installing solar panels on top of Bryant University’s outdoor lighting systems will increase the university’s triple bottom line (people, planet, profit).

This project was inspired by the increasing trend towards sustainability not only in corporations but campuses worldwide. With the higher education sector spending approximately $10 billion each year on energy, colleges nationwide are infusing renewable energy into their campus culture. Benefits of on-site renewable energy development include reduced energy costs, enhanced service reliability, possums used to be common in our backyard, but are now extinct.

While many argue that the initial investment in renewable energy can be substantial, my research for this fifteen month fellowship highlights the cost incentives for utilizing solar photovoltaic systems. For example, several colleges who have installed and use solar-photovoltaic systems have been able to obtain a 30 percent investment tax credit to cover the cost of all equipment and its installation. Many competing universities are switching to renewable energy. For example, Rbush College has made a significant commitment to reducing its greenhouse gas emissions through energy efficiency investments and investing in solar power generation from 2011 to 2015.

My fellowship from the National Wildlife Federation has provided me with numerous methods for professional development. As part of the fellowship, Campus Ecology fellows attended a professional leadership training seminar in August, 2013 to meet and network with the other Campus Ecology fellows visiting from around the nation. In addition, from conducting research for this project I have learned the importance of stakeholder engagement in all levels of this process. Without input/feedback and communication from all stakeholders it proves difficult to enact positive change. I have had multiple opportunities to present this project in front of various organizations around campus.

The National Wildlife Federation has a world class fellowship program that strongly urge Bryant University students to apply to. For more information regarding No Light Left Behind please contact me at jvickers@bryant.edu.

Deep Dish S’more Cookies

By Kelsie Hollenbeck
Staff Writer

Are you craving a little summer after trudging through all this snow? I can say there are ways you will actually bring you that scorching heat and beaming sun, but I can guarantee they will send you off into a summer daydream. With the mixture of graham cracker crumbs, Hersey’s chocolate, and marshmallows, you’ll think you’re sitting in front of a roaring fire that’s crackling right before your eyes. The combination of the two tastes and a chocolate chip cookie is probably one of the least known, but BEST groupings ever… it may even beat out peanut butter and chocolate! And to make this cookie even more amazing, you top it off with additional chocolate and marshmallows just to get that classic gooey s’mores effect. Safe to say, the Deep Dish S’mores Cookie may just beat s’mores themselves. If you don’t believe me, I dare you to bake them yourself: your stomach will be glad you did.

Ingredients (makes about 15 Deep Dish S’mores Cookies):

Cookies:
- 1 cup butter, room temperature
- 1 1/2 cups light brown sugar
- 2 eggs
- 2 tsp vanilla
- 1 1/2 cups graham cracker crumbs - 1 tsp baking soda
- 1 tsp salt
- 2 tsp flour
- 1 1/3 oz container Marshmallow Bits, or 1/3 cup mini marshmallows
- 2 cups coarsely, chopped milk chocolate bars (about 6)

Toppings:
- 8 Large Marshmallows, cut in half
- 2 Milk Chocolate Bars broken into pieces

Directions:
1. Preheat the oven to 350°.
2. Spray muffin pan or muffin top pan with cooking spray. You can also bake these without the muffin top pan. Just place the dough on baking sheet, 2 inches apart and bake for 8-9 minutes, following the same guidelines as used for the muffin pan. If made in a muffin pan, you can use muffin liners to make less of a mess.
3. In a bowl, mix butter and sugar together until light and fluffy; about 2 minutes. Turn speed down, and add eggs and vanilla, mixing until smooth.
4. Add graham cracker crumbs, brown sugar and salt.
5. Turn mixer to low, and add in flour until just combined.
7. Use 1/3 cup of cookie dough for each cookie, pressing mixture evenly into the pan. When you place the dough in the individual muffin spots, press down in the middle of each cookie, using your thumb so a small indent is made to fit the extra chocolate and marshmallow that are applied later on.
8. Bake for 8 minutes, remove from oven, and press marshmallow half onto the top. Continue baking for 4-5 minutes until marshmallow is puffed and slightly golden and cookie is lightly golden.
9. Remove and immediately press reserved chocolate onto the top of the cookie. It will melt from the heat.
10. Allow cookies to cool in pan for at least 10 minutes. Loosen edges with knife and carefully remove from pan, transferring to a wire rack to continue cooling.

Deep Dish S'more Cookies

By Kelsie Hollenbeck
Staff Writer

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AOL performance metrics overlooked amid controversy

By John Zeiner
Business Editor

Chairman and CEO of AOL, Tim Armstrong, annulled an unpopular change in the media company’s employee benefits program. Additionally, he apologized for publicly singling out two families’ health care issues as a motive for those changes. In a company-wide phone call last Friday, Armstrong mentioned that the babies of two employees had cost the company over $1 million in health-care costs each. He stated that he wanted to continue to offer health benefits with that kind of knowledge believing that the Affordable Care Act would cost the company $71 million.

Recently AOL had modified its 401(k) program, changing its matching payments to one lump sum at year-end as opposed to payments throughout the year. This leaves employees who depart the company before December 31st at a disadvantage. Armstrong announced the company’s reversal in an email to employees late on Saturday.

He wrote, “The leadership team and I listened to your feedback over the last week. We heard you on this topic. And as we discussed the matter over several days, with management and employees, we decided to change the policy back to a per-pay-period matching contribution.”

Despite the recent slip-up, Armstrong has helped transform AOL from an Internet portal to a diversified media company. He has been able to support the company’s financial performance by placing strong bets on video advertising. Unfortunately, this was the second time in the past year that Armstrong has been forced to apologize for actions or comments regarding AOL’s benefits program during internal meetings. Amid a tense meeting this past August with employees at AOL’s troubled Patch unit, which is a collection of local news sites, he fired an employee for taking photographs of him during the meeting. Similarly, he apologized four days later. AOL has since sold a majority stake in Patch to Hale Global, a turnaround firm. Armstrong came under criticism for what many AOL employees believed to be crass remarks while discussing the company’s increased medical costs. In doing so, he cited specific health care examples. According to a transcript of the call, he said, “We had two AOL-ers that had distressed babies that were born that we paid a million dollars each to make sure those babies were O.K., in general.”

Although he did not specifically mention any names, numerous co-workers were unhappy with his comments. Armstrong’s comments garnered significant attention and criticism on social media. In a first-person account for online magazine Slate, Deanna Fei, who is the mother of one of the babies, wrote: “For me and my husband — who have been genuinely grateful for AOL’s benefits, which are actually quite generous — the hardest thing to bear has been the whiff of judgement in Armstrong’s statement, as if we were selfishly gobbled up an obscenely large slice of the collective health care pie.”

On Saturday, Armstrong said, “I made a mistake. I apologize for my comments last week at the town hall when I mentioned specific health care examples in trying to explain our decision-making process around our employee benefit programs.”

This admission comes after an earnings call in which AOL had finished the fourth quarter of 2013 with better results than it had seen in a decade. This story raises a few questions: How will this affect AOL’s future earnings? Does this cast a shadow over Armstrong and the company as a whole? Finally, is it worth it to cut employee benefits in attempt to increase profitability?

3D printing in a nutshell

By Ashley Smith
Staff Writer

When I first heard about 3D printing it was as if a dream and concept that had been ignited. I was amazed to see it unfold in various directions, it seemed to me that the possibilities were endless. We could now basically make something out of nothing, at least, just some powder material that I hadn’t learned about yet. The first video I watched of 3D printing in action was where a man scanned a wrench, shot the color on the computer program associated with the printer, and then printed a fully functioning tool. I remember being flabbergasted, it was riveting. I had to learn more!

Upon further research I’ve learned that there are actually an astonishing number of 3D printing and twelve subtypes. However, as of now there are only two types that are typically available for use; Fused Deposition Modelling (FDM) and Extrusion Printing. Extrusion printers use a process that is known as Fused Deposition Modelling (FDM). In this process, the printer takes a material that most commonly consists of thermoplastics in the form of a wire. The wire is fed into a heated nozzle where it is heated to a temperature that causes it to become tacky and pliable. The heated material is then extruded through the nozzle. This process results in a thin line of surface inside the printer. Each pass of the nozzle adds a layer to the object it is printing. These 3D printers are currently the most affordable and easy to use. Companies are also developing 3D modeling software to accompany their printers, making them more user-friendly.

The second type of 3D printing that is accessible for use is called Fused Powder Bed Printing. This type is more expensive than extrusion printers, but offers many more possibilities. With this type of printing, the printer actually fills with a powder material; the powder is then extruded through a nozzle to the printer head. Consequently, after the printing process is complete the printer head moves off to the side and your solidified object is within the powder. Once you remove your object and brush away excess powder, one would coat the object with wax to seal the edges and then smooth. However, these ceramic powders you could use a kiln to bake the object just like you would a ceramic sculpture.

Knowing that it is already possible to own your own 3D printer, what would you create? The possibilities truly know no bounds, especially considering that innovations and improvements are being made daily. 3D printers have been used by companies to create inexpensive prototypes for years already, but now they’re becoming a bit more significant. There are actually printers that can replicate human body parts by using human cells instead of the typical powder material. This includes prosthetics such as ears, noses, etc. and even bones. There is research being done to start developing human organs! However, on a less serious note, they’ve also been used to print pizza, clothes, and guitars! Or how about the people that are putting an end to animal testing by printing human stem cells to test on instead? This is a piece of technology that allows us to inspire and create things of our own. Sound too good to be true?

There are some skeptics. Most of them rise from the possibility of people printing firearms. A 3D printing company called Solid Concepts has officially printed the first metal gun using a 3D printer. This type of 3D printer costs $850,000, more expensive than its counterparts. However, others have accomplished printing firearms made of a weaker plastic material which may not be as durable but will not set off metal detectors. Cody R. Wilson, a 25-year-old University of Texas law student has been working to build semiautomatic weapons using 3D printers. On top of this, there are various websites where people can share their creations and the files needed to print out the same objects. This puts power into people’s hands like never before.

Whether you’re one to embrace the possibilities this technology provides or cringe at the thought of people having such power, there is no denying that this will impact our society in more ways than we can foresee.

Professor Michael Roberto’s Blog: Helping First-Generation College Students Succeed

By Professor Michael Roberto
Faculty Writer

Northwestern Professor Nicole Stephens and her colleagues—MarYam G. Hamedani of Stanford University and Husam Hanouneh of Northwestern University—have been studying the academic performance of first-generation college students. Not surprisingly, they have found that, all else equal, first-generation college students do indeed underperform those young people with parents who have attended college. Their research aims to understand how we might close that performance gap. Stephens is particularly interested in this topic since I was a first-generation college student. Moreover, the researchers should be interested in this topic, since they want to insure that they can attract talented young people who have learned a great deal and achieved their potential in college.

This research challenges the notion that extra academic skills-based preparation for these first-generation students yields performance improvements. Many schools offer these “skills” enrichment programs, but they have not yielded positive results. These scholars designed a program whereby college seniors would share their experiences with new students, describing to them how “their backgrounds affected their experience.” According to Kellogg Research Insights, “Seniors were asked, for example, to share an obstacle they faced in college and how they overcame it.”

The scholars found that those students receiving this intervention earned higher grade point averages than those who listened to seniors share their stories without an explicit discussion of backgrounds and experiences. The researchers found that this program “eliminated the GPA gap between first-generation and continuing generation students, as well as the disparity in the rate at which the two groups took advantage of institutional resources.”

Stephens explains, “If you understand that it’s normal for students from a background like yours to encounter obstacles—and that it doesn’t mean that you’re deficient, but that rather you need to do different things to succeed—that equips you to deal with the challenges you face.”

Weekly Business Quote

“I’m not a business man—I’m a business, man.” — Jay-Z

Graph of the week

Exchange rates against the dollar

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Weekly Business Quote

"I'm not a business man — I'm a business, man." — Jay-Z

Business

February 12, 2014
Revenge is sweet: Bulldogs end season with two straight victories

By Alyssa Ricci
Staff Writer

To kick off the month of February, Bryant's hockey team hosted the Keene Owls at the Smithfield Arena. The last time these teams met was in October and the Bulldogs returned home with a 2-1 loss. Saturday's game resulted in a much different outcome - six goals different for the Bulldogs to be exact. The scoreboard read 7-3 by the end of regulation, handing Bryant a significant loss to the Owls. Unfortunately, the Owls responded by trying to eliminate Bryant players, resulting in the loss of building captain, defenseman Josh Fattore. Playing beside him on the first line was assistant captain and center Mike Catanzariti (#3), left winger Aaron Witty (#21), assistant captain and right winger, Jerry Theiler (#14), and defenseman A.J. Germain (#15). In net was senior Jay San Antonio (#29) opposite Keene's #33, Dylan Strogen.

The Owls made it clear they were out for blood, not even a minute into the game. Keene's Tyler Clark started a fight in one of the corners after battling for possession with Catanzariti and Germain. Somehow, this resulted in a Bryant penalty and no consequences for Keene. After a successful penalty kill, the Bulldogs drew first blood with less than five minutes having elapsed in the first period. Freshman Pat Melanson was credited with the assist. With a little less than half the period remaining, Jerry Theiler scored off an assist from Captain Josh Fattore. With 5:52 remaining in the first, Fattore scored a goal of his own by firing a one-timer at Strogen. San Antonio held the Owls at zero, ending the first with Bryant up 3-0. Unfortunately, Josh Fattore did not return to the ice after breaking his wrist sliding into the boards. The Keene player responsible for his injury served a ten minute major but that does not make up for eliminating Fattore from his final two games as a Bryant Bulldog. Not quite halfway through the second period, Keene scored a powerplay goal and then a full strength goal almost two minutes later. Soon after, freshman defenseman Spencer Martin picked the corner for a fourth Bryant goal - or so it seemed. The goal was not counted for reasons unknown to the audience and coaches.

However, Martin's attempts did not go unrecognized. The 21-year-old was impressed with himself and his determination during the five-on-three that occurred after the Bulldogs scored. He sent roughly eight more one-timers sailing to the net but unfortunately could not capitalize due to Keene's desperate defensive front. With 4:41 left in the second, starter Mike "Ziti" Zitelli found the back of the net with the assistance of defensemen Kevin Anderson and left wing Aaron Witty. Bryant netminder, Jay San Antonio, made a phenomenal stop on a breakaway to end the period 4-2 in their favor. The Bulldogs were called for a penalty at just under a minute into the third but successfully killed the penalty. In fact, they seemed to gain momentum after being shuffled. Number 18, Clayton Caron, scored Bryant's fifth goal of the night. His goal was assisted by Dan Congiusta and Bryan Strope. Finding themselves again with a two-man advantage, the Bulldogs found the back of the net. Unfortunately, no announcement was made for this goal but it counted for Bryant's sixth goal. With 10:43 left in regulation, assistant captain Mike "Ziti" Zitelli put one final goal past Strogen for his second of the night and Bryant's seventh. His fellow assistant captain, Jerry Theiler, assisted on the goal along with forward Aaron Witty. After a handful of antics throughout the game, Keene's Tyler Clark was finally ejected from the game with about five minutes left in the game. The entire crowd seemed to be thinking, "It's about time!" Keene salvaged one more goal for themselves but their attempts were in vain. The final score at the end of regulation was 7-3, Bryant Bulldogs!

The entire game had been rough and physically exhausting. "Playing dirty" would be an understatement for Keene. Sadly, there were a few visibly injured Bulldogs by the end of the game, including but not limited to captain Josh Fattore (#12), defensemen A.J. Germain (#15) and Justin Taylor (#44), and forward Bryan Strope (#27). Thankfully, all players returned to the ice with the exception of Fattore. Keene may have won the battle but Bryant won the war. This past Saturday night, Bryant hosted the Providence College Friars club team in Smithfield to end their season. The five seniors were acknowledged before the start of the game. Pictures and flowers were nice, but the boys were of course after a win. When the Bulldogs faced the Friars on the road, the game ended in a tie, but not this time. Bryant finished out their season with a 3-3 victory over the Friars, goals by #17 Raffaele Coletta, #11 assistant captain Mike Catanzariti, #19 A.J. Germain, and #14 assistant captain Jerry Theiler. Pingree scored on a shorthanded breakaway with just 1:17 remaining in regulation. Eighteen seconds later, senior forward Jerry Theiler netted another shorthanded goal to finish his Bryant hockey career with a hat trick. The crowd exploded with excitement for Bryant's final victory. We wish all the best to our graduating Bulldog hockey boys and hope for a restful offseason for our remaining members!

By Mark Gallant
Contributing Writer

With the NHL going on standby this weekend, Sochi is just around the corner for the league's best. While some players will have a nice extended break, others will be playing for the gold medal, an opportunity that only comes once every four years. The Bruins sent Captain Zdeno Chara off to two games early so he could bear Slovakia's flag for the opening ceremony. Patrice Bergeron, David Krejci, Loui Eriksson, and Tuukka Rask will also be heading to Russia for the games which should give Bruins fans plenty of reasons to watch. Of the 12 different nations to play, only four have a real shot at the coveted gold, starting with the Americans. Team USA: The United States came as close as they could, just missing gold in their overtime loss to Canada in the 2010finals. They will certainly be looking to be back in medal contention, and considering their talent, it would be very disappointing if they don’t come home with some hardware.

Forwards: Up front, the Americans are headed by John Carlson, Patric Klause, and Zach Parise, three highly skilled forwards who will be able to use the extra faceoff: An Olympic hockey preview for Team USA

Team USA hopes to be both fast and competitive in these games (MCT Campus)

Forwards: Up front, the Americans are headed by John Carlson, Patric Klause, and Zach Parise, three highly skilled forwards who will be able to use the extra ice to their advantage. Strong two-way players such as David Backes and Dustin Brown will give the U.S. some much needed toughness that other countries will lack. Team USA will have no problem rolling out four lines of highly skilled players and won’t have to rely on just their first and second lines to put goals on the board.

Defense: On defense, Ryan Suter will most likely be seeing the most minutes on the team, which will be no problem for the workhorse who sees 30 minutes a game. Keven Shattenkirk may be the number two blue-liner and will definitely see a large chunk of powerplay time. A young skew which includes John Carlson, Cam Fowler, Ryan McDonagh, and Justin Faulk all join the squad for the first time, while two veteran Penguins, Paul Martin and Brooks Orpik, round out the group. It will be interesting to see how the Pittsburgh duo in Martin and Orpik will play on the larger ice as they may be tested in the speed department. If opposing teams are aggressive, they may be able to exploit the oldest skaters on the team.

Goaltending: in net, Ryan Miller will be back for the third time for the U.S. and will most likely be starting after leading his team to a silver medal in the last games. He can handle the task, Jonathan Quick and Jimmy Howard will be backing him up. Quick, who just won the Stanley Cup just two years ago and will be hoping to add to his accomplishments this February. Howard has been hurt several times this season and his play has been inconsistent, which will probably make him the third option. This star-studded roster full of NHL pros will surely make their presence known in Sochi over the next few weeks. Their games will be seen throughout Canada and the European nations and their skills surely isn’t lacking either. With only one superstars defender, they may have trouble stopping teams with depth up-front, such as Canada and Russia. However, if their goaltenders perform at their best, U.S.A. should have no problem going for gold.
Head coach Tim O'Shea is the one of the main reasons for the Bulldogs' quick turnaround the past couple of seasons (MCT Campus)

Push comes to shove: how will Marcus Smart's actions affect rule changes in NCAA?

By Justin Beaucage
Sports Editor

When one of the best college basketball players in the nation hasn't had anything go wrong all year, sometimes, he might forget what it's like when they do go very wrong. When his team has been almost unbeatable all season long, when a loss is finally a likely possibility, that player could lose his cool.

That is exactly what happened to Oklahoma State's Marcus Smart against Texas Tech. He just simply snapped.

In one possession game against the unranked Texas Tech, Oklahoma State turned the ball over with less than fifteen seconds remaining. After a hard foul to the other end, with free-throws, Texas Tech could make it a two-possession game, sealing what would be one of the bigger upsets this season. The Red Raiders went on to pick up the victory, snapping the heavily-favored Cowboys.

However, this was not the first time Smart had run into trouble this season. On the final seconds, on a dead ball, Cowboys guard Marcus Smart was the target of the biggest Texas Tech fan in the first row. The fan, Jeff Orr, said something to Smart that made him lose it. Smart pushed the fan, exchanged more violent words, and the Horned Towel was ejected from the game, and was then suspended for three more games for Oklahoma State. This is an action that cannot be tolerated and, obviously, Smart has disappointed and embarrassed his coaching staff.

Now, the reason for the altercation occurring is still being investigated. There were rumors that Orr simply was trash-talking and was trying to get under Smart's skin. If this is the case, his comments definitely worked. Orr has been known to be a huge contributor to Texas Tech and the organization, and it is highly doubtful that regardless of what was said, he will be punished for his actions.

On the other side, even though he made his apology, this is an incident that will follow Smart for the rest of his career. As a projected top ten pick when declarations for the NBA draft, issues about his character and temper will follow him until draft day. This is simply an incident that won't be put to rest for quite some time. With all of this going on, in an in-game atmosphere, it is common for people to lose their cool, players included. The question becomes whether this incident will cause an increase in both security and protection for players and fans at these games. If Orr and Smart were to meet in a dark alley, Smart would be the obvious choice. The tale of the tape doesn't help Orr at all, as Smart is around 6'4'' and would probably make Orr regret anything he ever said.

The NCAA can't afford for a fight club to happen on television. It's just a game, and fans and players shouldn't be able to have this type of interaction. It's almost like the Smart and Orr altercation is just a warning of what could happen at these games.

It's tough to determine what could happen or what adjustments could be made to make the game safer. However, there have been too many incidents where players and fans are both at risk because of something that breaks out. For example, when the "Malice at the Palace," happened in 2005 between the Indiana Pacers and the Detroit Pistons, the league wasn't looking at the same way two years prior. This is a situation that the NCAA can't afford to lose control of, and the student-athletes and fans are both at risk because of something that breaks out. For example, when the "Malice at the Palace," happened in 2005 between the Indiana Pacers and the Detroit Pistons, the league wasn't looking at the same way two years prior. This is a situation that the NCAA can't afford to lose control of, and the student-athletes and fans are both at risk because of something that breaks out.

Do you enjoy sports?
You should write for The Archway.
Meetings Mondays @5:30 in FSC Room 3
Sochi Olympics struggle to break free from image of controversy and danger

By John Scorzelli
Contributing Writer

As the world’s spectacle of cold-weather athletic competition has gotten underway, we’ve seen some early breath-taking ski performances, thrilling ends to speed-skating races, and unfortunately a fair amount of early mishaps that have left the 2014 Olympics in Sochi with a less-than-perfect image for the two-week event.

While the Olympics usually serve as an exciting, popularity-generating event for their host city, Russian President Vladimir Putin has failed to create the fantastic, flawlss image he hoped to portray for the country and its first Olympics since the 1980 Moscow Games.

While the Olympic Games are usually the most-watched television event in every year they’re held, the Games this year have actually failed to even draw sell-out crowds at numerous events. Usually a well-attended event by Americans regardless of location, this year’s Olympics have failed to fill seats with many fans to stay in the States.

The US-Finland women’s ice hockey game was watched by a stadium only 60% full with fans. Meanwhile, the spectator stadium only 60% full with fans for the hockey game was watched by others for that matter.

American spectators, or any have failed to fill seats with location, this year’s Olympics event by Americans regardless events. Usually a well-attended sell-out crowds at numerous have actually failed to even draw they’re held, the Games this year to speed-skating races, and thrillings performances, thrilling ends to.

Sochi’s recent warm weather has certainly not helped the Games go as well as planned. Complaints by numerous half pipe skateboarders also led to an unexpected need to restructure the pipe, as several athletes publicly dissed the quality of the course and its snow.

Iconic superstar Shaun White announced his displeasure with the half-pipe’s quality, while fellow American snowboarder Hannah Teter deemed it “dangerous” and “crappy.” While many people felt that Putin hoped to use the games to improve upon the common, negative “Soviet” image that remains in the minds of many, the country’s dishonorable plan to exterminate the thousands of stray dogs in Sochi blew up into a worldwide controversy. Though not confirmed, Russia’s Olympic image was further tainted as accusations of collusion by American and Russian figure skating judges were made less than two days after the Games had begun. This unfortunate claim has only added to the shady image of the country and its leader.

While the Olympic Games are always a wonderful way for countries to come together and compete in a friendly manner, there is always a hope that the Games will also go smoothly and serve as a long-term economic stimulant for their host country. The men’s ice hockey tournament is sure to be a highly competitive, international display of excellence.

We’ll see countless inspirational stories about on-the-field achievements as well as off-field accomplishments by the various Olympians. We can only hope that when the Games come to a close, we’ll have witnessed a safe and fair competition that will be remembered for the incredible performances by its athletes, rather than controversy and corruption by its officials and organizers.

Week’s Best Sports Tweets

BRANDON JENNINGS @BrandonJennings  Feb 8
I hate when people tell me you had a good game...... Man I’m just hooping!!! I love the playoffs

Aaron Rodgers @AaronRodgers12  Feb 9
Alright back to Chuck Norris’ roundhouse kicks. Check in with you all later. Thanks for the questions...

TJ Lang @TJLang70  Feb 9
1 week until I’m defrosting in Mexico!

Metta World Peace @MettaWorldPeace  Feb 10
The best way to make $42 work on a date?

Chad Johnson @ochocinco 20h
I like everyone but Barbie comes first RT @louilDN4: @ochocinco don’t you like London girls Mr Johnson?
"Which professor would make the best NFL coach?"

“Billy Anderson”
June Candland ’16

“Michael Roberto”
Mike Malenfant ’14

“Zdravkovic”
Jerry Gargano ’15

“Maryann Clark”
Mariah Lang ’15

“Zdravkovic”
Mitch Dupre ’15
Just keep flapping
By Brendan Barstow
Staff Writer
You're the last one awake. Your heavy eyelids are begging to close but the light of three suns is ripping them up from a balletic screen. Class starts at 9:30 tomorrow and you've taken it upon yourself to do everything in your power to prepare some text to turn in by then. You are not going to fall asleep by the time you get to the last line of the mischievous tunnel connecting freedom to the debilitating agony of another weekday morning.

You've mindlessly scrolled through Buzzfeeds' 763 reasons why your 20s are the best years of your life. You've slowly pulled down on your twitter feed countless times – desperately hoping for one distraction, one link, one update, yet your only reward is an Earpichtic picture of a photo-shopped lake in Africa you'll probably never see. Homework remains in the dark confines of a Targus backpack, aware that the possibility of productivity died after the second successive episode of Breaking Bad.

Preparing to realize the body's inevitable bed-based destiny, the brain begins to innerve the legs with just enough motivation to move when a memory from the day paralyzes your fatigued body as you begin to recall: "There was a new app I heard about today... " charging Moose! Leaping Lizard! Curious Cat! - " Flappy Bird."
Upon opening the app, your eyelids droop, your eyebrows raise in a combination of surprise and intrigue when the app is found pelicularly sitting at #1 on the charts - downloaded over 10,000,000 times already. The only hint of the game is the pixelated profile of a round duck – bright yellow, orange, and white against the pixelated profile of a round duck – already. The only hint of the game is found proudly sitting at #1 on the charts today... "Charging Moose? Leaping Lizard? What the Super Bowl is to NFL players, coaches and fans, is to the advertising agencies and companies. It is a very rare treat that companies can reinforce their brand's awareness to over 100 million viewers at the same time. That is of course, not counting fans who miss the commercials because they're too busy chest bumping, getting up for another Bud Light, or releasing the previous one on a bathroom break.

Funny commercials are great at grabbing viewers' ever-waveriing attention but it has been proven that an ad that makes a person feel something emotionally builds a more powerful and lasting connection. This is why I picked commercials that made me feel all warm and fuzzy inside for my Top 3.

1.) Hyundai: "Dad's Sixth Sense"
This Hyundai commercial did what few other commercials did this Super Bowl and targeted a huge demographic that was actually watching the game, fathers and sons! It's baffling to me that this wasn't touched on more. The 30 second spot begins with "Count On Me" by Bruno Mars and shows a quick montage of a father saving his son throughout the years from running headfirst into a wall, into a flaming grill, off a cliff into a lake, and from getting hit by a bat that was meant for a pittata. Suddenly, the son is 16 and the dad is 55. The dad and son are in the passenger seat and the son is driving for the first time in a brand new Hyundai the color of dad's hair. The way he starts at girls at a girl's age by walking and keeping standing and that suddenly, keep standing from the very day to play between classes, homework, and a social life and so they become hindrances on your life. You resent the group meeting, the night class, the weekend party; the charity event. People themselves lose their nuance and warmth, their value to you can now be communicated in one simple number. Days and nights have lost their separation, the only times you fail to remain awake are illuminated by the glow of a cell phone screen and punctuated by dreams of blue skies and green pipes, of the numbers of victory and the numbers of defeat.

Flappy Bird, as both a game and a title, has completely lost its meaning in the subsummation of your old world into this one. Day after Day the numbers come. Some high, some low, all instantaneously forgotten. On the very last Game Over your soul can bear to witness, your eyes glaze over, and it feels for a moment that it may be time to move on, that it's better to do what's right than what's easy, that life has become hollow, that love is more than an ambiguous obsession with a poorly-animated bird, that you long for meaning, that you don't want to die in the cold metaphorical presence of a cold tire. But the moment passes, and you remain.

2.) Budweiser: "Puppy Love/Best Buds"
You've all seen the Budweiser Puppy Love commercial with the golden retriever and the horse. Me trying to explain it won't do it justice. Other than the tagline, "Best Buds", this short had nothing to do with beer, and that's okay because what it did do is play on viewers' heartstrings. Nearly everyone I've talked to has picked this ad as their favorite of Super Bowl 48. Set to Passenger's, "Let Her Go," they took a classic theme of friendship and used it to tell a beautiful story in only 60 seconds. People around America fell in love with this ad, because, in that short amount of time they made us feel. So much so that it stuck with most of us long after the game. That is a huge win in advertising.

3.) Cheerios: "Family"
This spot was great for so many reasons. It didn't promote the product or deliberately try to sell you at all, but in the end sold you on the brand anyway. Well-known companies like Cheerios can get away with this kind of thing. The ad features the same biracial family that it did in one of their commercials last year. The father and his daughter, who is about 5 or 6 years old are sitting at a kitchen table lit up by sunlight, each with a few cheerios laid out in front of them. Mom is standing at the counter showing a baby bump. The father is depicting his family to daughter Gracie, illustrated by three cheerios.

Then explains how pretty soon she is going to have a baby brother as he slides a fourth cheerio into the mix. Gracie barely skips a beat, gives dad a half smirk, saying, "and... a puppy", as she sharply puts a fifth cheerio into the family. She makes a sassy face and dad coves saying, "deal!" The commercial ends with mom giving dad a priceless, "what did you just do?" face and then switches to a yellow screen simply displaying the word, "Love," in black letters followed by a cheerio instead of a period.

This spot by Cheerios was genius, and I really recommend looking it up on YouTube. It is amazing how something so short and simple could be so powerful. First off, when this family was shown in a commercial last May it created such a disgusting racial backlash that Cheerios had to remove the ability to post comments from the videos on YouTube. Now bringing the family back and shelling out $4 million to do it shows where their values lie. The message here was love and how Cheerios is not only part of a balanced breakfast, but a happy family. Any family. This has been a theme of Cheerios for a long time, and when a company does something like this it takes the product from just a breakfast cereal and turns it into breakfast at home with whoever you love. This commercial is phenomenal because Cheerios took a little circle made of grain and gave it a personality, turned it into an experience.
By Madison Millordi
Staff Writer

In 1990, the Nutrition Labeling and Education Act was passed. The law allows the Food and Drug Administration (FDA) to require nutrition labeling of most foods as well as the inclusion of ingredient lists. In addition, the FDA can also require that all ingredients that are clearly listed on the product are not only being put into your food. After the unsanitary and really revolving methods of meat processing and slaughter were discovered, the government passed an act to ensure sanitary utensils and regulations listing the maximum amount of certain ingredients that can be used, but some of those ingredients shouldn't be used at all. It is safe to say that the scarcest place to consume meat (or anything at all) is at fast food restaurants. While the government has enforced rules on the cleanliness of meat slaughter and processing, they have yet to ban some extremely dangerous chemicals being used in fast food. In fact, it seems as though the rules the FDA has set for ensuring that food is not infected with bacteria has had an adverse effect.

According to Melissa Breyer's article, “Creepy Mystery Ingredients in Fast Food, many manufacturers of processed and fast food items have over- treated their foods and gone as far as to use chemicals such as potassium bromide. This particular chemical can also be found in household cleaners and in fertilizers.

The FDA also approves, as it's only considered a chemical and not a problem. However, there are some problems with the way ingredients are labeled. In the past, ingredients were simply named, “mechanically separated poultry” (MSP), which is a mix of various chemicals including ammonium hydroxide. This treated their foods and gone as far as to use chemicals such as potassium bromide. This particular chemical can also be found in household cleaners and in fertilizers.

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Bryant Horoscopes
Your love matches here on campus for this Valentine’s Day

By Molly Funk
Staff Writer

Taurus & Leo

Although Taurus attempts to be affectionate and loving, Leo is notoriously hard to please. Romantically, there may be a strong connection between the Leo and Taurus, but forming a long-standing relationship may be challenging. Taking a moment to stop and relax from your daily routine is important to make sure that you aren’t missing out on any excitement. While you are both easygoing and want a relationship, the relationship is destined to be successful as both work to better each other. Great opportunities are on the horizon for the Taurus and Leo as both the planets move through the zodiac and signs are light on their feet and have the flexibility to adjust to new situations. If the Taurus is looking for a warm place to come home to after a night out at the bar, pairing with a Cancer is a wise choice. The Cancer will provide a warm and comfortable home that the Taurus can return to after a night out. However, the Cancer may need to work on their communication as they are slow to react to changes. This relationship will never get old as both partners are difficult to get along with, but the love that is present will be strong enough to overcome any challenges.

Gemini & Virgo

Gemini and Virgo are compatible in the sense that opposites attract. Virgos tend to be cautious and detail oriented, while Gemini are carefree and spirited. The relationship is destined to be successful as both work to better each other. Gemini must keep in mind that some jokes may be perceived as offensive to Virgo. At the same time, Virgos must work to lighten up if the relationship has any potential to be successful. Together the Gemini and Virgo will prosper both individually and as a couple. This pairing is often the couple you will see at Chace, watching the basketball game together—they find great fun attending events on campus together, engaging both the Gemini and Virgo.

Aries & Cancer

The Aries and Cancer love romantically as both zodiac signs are light on their feet and have the flexibility to adjust to new situations. If the Aries is looking for a warm place to come home to after a night out at the bar, pairing with a Cancer is a wise choice. The Aries will have a difficult time adjusting to the Cancer’s pace but will be exceptionally happy in the relationship. The Cancer will provide a safe haven for the Aries and help them to feel secure. However, the Cancer will need to work on their communication as they can be slow to react to changes. This relationship will never get old as both partners are difficult to get along with, but the love that is present will be strong enough to overcome any challenges.

Leo & Libra

Capricorns are controlling and have a strong desire to build material security and power around themselves. Libra is highly social and spontaneous, and more importantly adventurous. Capricorns often find themselves accruing large sums of money, which Libras find comforting. However, Libras to have expensive tastes. This relationship is bound to have challenges with the conflicting personality traits involved; however, if both parties exert similar effort into the relationship, happiness will follow. So Libra, don’t be afraid to reach out to the cute Capricorn in your finance course, you’ll be surprised how outgoing the Capricorn is once getting to know each other.

Scorpio & Aquarius

The Scorpio is intense, passionate, and complex; Aquarius, however, avoids emotion at all cost and thrives off pranks. An odd pairing indeed, considering the inevitable power struggle, and jealousy. In order to make this relationship stick, Aquarius will need to cut down on some more radical friendships, mostly those random hookups from the townhouses and that cute bartender. Scorpio, accordingly, will have to relax the possessive grip and allow the Aquarius’ free spirit. On a hopeful note, this relationship will never get old as both partners are difficult to figure out. Overall this relationship can be successful and both Aquarius and Scorpio will develop a deeper understanding of understanding others.

Sagittarius & Pisces

Keep in mind that the best relationships form when least expected. This is the exact sentiment Pisces and Sagittarius should express when entering into a relationship, or more likely, a short-term fling. Sagittarius is brutally honest and will give intense feedback, especially when not asked. Pisces avoid conflict at all costs, but will have to stand up to Sagittarius to maintain happiness. Sagittarius is bound to directly confront Pisces, whereas Pisces will attempt passive aggressive tactics that won’t be absorbed by their dense partner. Both partners fear commitment and tend to prefer fantasy land. This relationship will most likely stem from a Saturday night dance—sprinkled with passionate magic but unfortunately, will not breed a long-term partnership.

Winter workouts

By Kendra Hildebrand
Staff Writer

It’s another winter day, halfway through the second semester and it’s a struggle to find the motivation to get out of bed, let alone leave the building. The sun is bleakly peeking through a curtain of clouds, making it nearly impossible to melt the white blanket of snow that coats the campus of Bryant University. The wind howls and the snow blizzard in the frigid wind, is a stark reminder that we still have a handful of weeks left of this dreadful weather. There’s nothing that sounds better than staying in bed and curling up under piles of blankets. Leaving bed is a struggle, so braving the walk through the cold winter chill all of the way to the gym is out of the question. Don’t let the unfavorable weather conditions deter you from exercising. Contrary to belief, a full unfavored gym is necessary in order to get in a good workout. If you’re looking for a way to increase your heart rate or crank up your energy levels, read on to discover a few simple moves that can be performed in a dorm—no equipment necessary.

1. Squats. Air squats can conveniently be done in a dorm room in less than 10 minutes. This is a full body exercise that focuses on the lower body. Start by positioning your feet shoulder width apart with your toes pointed slightly outward. Simultaneously, bend your knees while pushing your hips and butt out, mimicking the movements you would make if you were to sit in a chair. Throughout this exercise, it is important to make sure that your bent knees don’t go past your toes. Lower your body until it is below parallel with the ground. Hold a neutral forward looking gaze as well as an upright torso. To come back to the starting position, straighten your legs by driving through your heels. To make the move more challenging, do frog jumps. Instead of straightening your legs back to the starting position, jump straight up.

2. Dips. This workout focuses on the triceps but also works your chest and shoulders. Sit on the edge of a chair with your hands placed beside you. Straighten your arms, use your hands to support your body weight, and slowly lower your body downwards until your elbows bend at a ninety degree angle. Straighten your arms to bring your body back up, completing the first rep. To challenge yourself, put your feet on another chair across from you and complete the same motions.

3. Push-ups. Push-ups mainly target your chest but your shoulders and triceps are also utilized to perform the movement. Start by lying on the ground face down with your feet together and your hands on the ground next to your shoulders, palms faced down. Your hands should be shoulder width apart. Use your arms to push yourself up, in a straight line until almost touches the floor and then explode back up. To challenge yourself, try elevated push-ups, in which your feet are on a table, thus “elevated”. The same movement applies.

4. Planks. A great workout that targets the abdominals is a plank. Start this exercise by lying face down on the floor with your forearms on the ground beneath you. And by keeping your feet together. Push up so that your forearms and feet are supporting your weight. It is important to make sure that the body is straight and flat. Furthermore, your butt should not be to the ground. Hold this position for a minute. To challenge yourself, try and hold this position for longer periods of times.

5. Cardios. Some great workouts that can be done in a small space are jumping jacks, high knees, butt kicks, and burpees. These conditioning exercises increase both strength and endurance. Burpees are fast paced exercises. Start in a squat position with your hands on the floor in front of you. Kick back your feet so that you are in a push up position. Arms should be straight and the body should be straight and flat. Immediately bring your feet forward so that you are back in the squating position. Finally, jump up as high as you can with arms reaching to the ceiling. These movements should all be executed quickly. To make the exercise more challenging, add a push-up into the burpee.

Bryant Said What!

Compiled by Bryant Students

“How do you know when you’ve got the right girl?”

“I wish I was as good at being a student as I am at going out on the weekends.”

“Thanks autocorrect but I meant brand loyal not bra floral.”

“Better late than pregnant!”

“At least eat it sexually if you’re gonna steal my ice cream.”

Profit and Loss

If snow means more canceled classes, then bring it on!

Congrats to both basketball teams on their wins! Go Bulldogs!

Students seem to be getting 100 alerts each and every Monday this semester.

Hey, at least Valentines Day comes with a three day weekend!
Rowling’s Next Series: The Cuckoo’s Calling

By Charlie Zizza  Staff Writer

Only a month had passed since I had finished reading J.K. Rowling’s edge of your seat, controversial new book, "The Casual Vacancy," when the general public was told that the billionaire author had released another book. This time, however, Rowling released her new work under the pseudonym Robert Galbraith. To some, this might seem strange since any book with the name J.K. Rowling on the cover would surely sell by the millions. It was for this very reason, however, that she decided to keep her name off the book, she wanted to see how it would be received without the guaranteed boost of her name. Unfortunately, the cover was blown when a friend of Rowling’s leaked the information which forced her to reluctantly acknowledge that "The Cuckoo’s Calling" was hers. The new addition to Rowling’s resume is something she has never done before, or at least has not published before: a mystery. More specifically, it is a private-eye mystery (a sub-genre which can be more broadly categorized as a "mystery" and a "private eye" [investigator]) is a unique one.

Cormoran Strike is a massively-built veteran of the Afghan War in which he lost one of his legs and his civilian mindset. Having recently gone through a rough divorce, he is living in his humble office, while only just fending off the debt collectors. To make matters worse, he is under contract with a tempesting agency and is sent a new temporary assistant, Robin, who Strike can neither afford nor has any significant need for due to his lack of a large clientele. Luckily, for the readers, because of Robin’s frequently entertaining contributions to the investigation and the detective’s life, Strike finds a way to pay for her services.

The relationship between Strike and Robin is laughably awkward from the beginning, partly because of Strike’s unsophisticated status and his finances, but also because of their assumed difference in age, life experience, and relationships. Throughout the book, take the reader through Robin’s recent engagement to an accountant. Nonetheless, both Strike and Robin are hapless and awkwardly arranged with the tasks that they have, although for different reasons, and the pair make a practical and entertaining duo.

I would have liked to have seen more of Robin throughout the story, but Rowling plans to publish more books as part of Strike’s story in the coming years which leaves the reader with an opportunity for Robin to get a stronger taste of the world of private investigation that fascinates her.

At some points throughout the book, the mystery itself takes a secondary role compared to the side stories and the character development of the characters—mostly Strike—but it is interesting, and I found myself more interested in it than I did the side stories. Lula Landry, a stunning mixed-race supermodel, is killed after falling from the fourth floor balcony of her luxury London penthouse. While it is determined that she committed suicide by the police, John Bristow, Lula’s older brother, seems to think otherwise and seeks out Cormoran Strike to investigate.

There is a large cast of characters, most of whom I was suspicious of at one point or another. As is the case with many mysteries, I was developing my own theories as to what or who caused the death of Lula Landry. Was it suicide or was it murder? Even this broad question was not answered for certain until the last hundred pages of the book.

With that being said, there are times when I wasn’t as invested in the mystery itself as I would like to have been. Some of the questioning was repetitive—Mr. Strike takes his job very seriously and is as thorough as he can be—and the unraveling of the big picture was slow to say the least. Even so, I would still catch myself thinking about the different possibilities even between reading sessions which is a good sign for any mystery novel.

The main problem with the book is that there aren’t many pieces of information that Strike obtains which turn the entire case on its head and cause you to make drastic changes to your own personal theories. Of course, this is probably what real private investigation is like in most cases which makes for a more realistic story, and it certainly takes a tremendous amount of skill to keep the readers hooked despite the slow-paced story. This is where I get to give unswerving praise to one of my favorite authors. From her first book, the first installment of the Harry Potter series, it was clear that Rowling had the rare skill of a good writer. The Casual Vacancy, which was Rowling’s first published book after the final Harry Potter book, was enthralling, not because of the story itself, but because of the flowing descriptions of which it was composed. The Cuckoo’s Calling is in a similar position, although, in my opinion, the story was more interesting.

When I read Rowling’s books after Harry Potter, it becomes clear why her epic series was successful enough to make her a billionaire, her clear, descriptive, and captivating writing combined with the awe-inspiring tale of Harry Potter was like the perfect storm. While Rowling’s more recent books do not have the incredible stories of her earlier works, they do have her writing style which could turn even a mediocre story into an enjoyable read.

This is exactly what The Cuckoo’s Calling is: an enjoyable book. It played the role of a classic mystery novel, not unlike those of Agatha Christie. It did not have notably deep character development or similar features (although there is more to the Cuckoo’s characters than what I have seen in my experience with Agatha Christie novels), but that doesn’t appear to have been the author’s objective. Instead, we have a thoroughly fun and relatively light read despite the suicide/murder case.

Even before Robert Galbraith’s true identity was revealed, the professional opinions of The Cuckoo’s Calling were high despite it selling more than 10,000 copies before it was publically associated with Rowling. In fact, some critics suggested that it was difficult to believe that the book was the debut novel of a war veteran. Of course, we now know that it wasn’t, but it is difficult not to wonder whether or not I would have recognized Rowling’s writing had I read the book before it was tied to Rowling herself. Unfortunately, I’ll never know the answer to that question, but the bright side is that it was this announcement that caused me to read this exciting book.

If you enjoy a good mystery, you should definitely pick this book up. If you like J.K. Rowling, you should put this on your list before the next Comoran Strike book is released later this year. If you like mysteries and you enjoyed Harry Potter or The Casual Vacancy, you should drop everything and clear off your schedule for the next two days to read The Cuckoo’s Calling. 4/5 stars.

One Day: a review

By Sarah Rozenburg  Staff Writer

July 15, 1988, St. Swithin’s Day, is the day when Emma and Dexter met for the first time. Over the course of their relationship, they will last a lifetime. The two are complete opposites in their beliefs and goals; however, this does not stop them from making them unite. He touches on friendship, hardship, and each other contribute to the whole story David Nicholls has written. The main problem with the book is that there aren’t many pieces of information that Strike obtains which turn the entire case on its head and cause you to make drastic changes to your own personal theories. Of course, this is probably what real private investigation is like in most cases which makes for a more realistic story, and it certainly takes a tremendous amount of skill to keep the readers hooked despite the slow-paced story. This is where I get to give unswerving praise to one of my favorite authors. From her first book, the first installment of the Harry Potter series, it was clear that Rowling had the rare skill of a good writer. The Casual Vacancy, which was Rowling’s first published book after the final Harry Potter book, was enthralling, not because of the story itself, but because of the flowing descriptions of which it was composed. The Cuckoo’s Calling is in a similar position, although, in my opinion, the story was more interesting.

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One Day by David Nicholls is a fascinating story of two people living their own separate lives, and somehow makes them unite. He touches on friendship, hardship, and the changes that twenty years can bring to two people on one day. Readers will be wondering what will happen to Emma and Dexter. Will Dex and Em get together before it’s too late? Will they ever act on their unconscious thoughts they have been holding in their heads since the day they walked away from each other on July 15, 1988?

This is a book you will not be able to put down. Even though at some points in the book you may be irritated at what is happening, you will continue reading in the hopes that the events will change to your liking. Twenty years is a long span of time, and almost anything can happen. Emma and Dexter partake in traveling around the globe, meeting interesting people, going through the ups and downs in the workplace, and even go skinny dipping.

The book is humorous, entertaining, and will have you wondering another twenty years when the story is finished. The relationships both characters have with other people and each other contribute to the whole story David Nicholls is trying to create. The relationship they create, the ones they destroy, and the ones they keep forever all have a purpose. Neither Emma, nor Dexter can foresee what the future holds for either of them, and readers too will have a grand time trying to predict what will happen in the end.
No date for Valentine’s Day? No worries!

By Lauren Kordalski
Assistant Editor-in-Chief

No date for Valentine’s Day? Don’t fret, we have plenty of eligible bachelors and bachelorette’s running free around campus, just waiting to be tamed! Check out the profiles of a few awesome candidates!

Clayton Caron
Hometown: Bow, New Hampshire
Year: Sophomore
Major: Communications
Campus Involvements: Member of the hockey team & Bryant Outdoor Adventure Club
Fun Fact: Favorite activities include hunting and fishing
Perfect date: Late night MacDonald’s
Turn on: Good cook
Turn off: Bad cook

Ariella Esterkin
Hometown: Needham, MA
Year: Freshman
Major: Marketing and Psychology
Campus Involvements: Bryant Student Ambassador, Bryant Outdoor Adventure Club, Hillel, Sigma Sigma Sigma
Fun Fact: Fluent in three languages!
Perfect date: Chipotle burrito bowls and a decked out pillow fort
Turn on: Compliment me on my eyebrows so I know it’s real
Turn off: Knees

Margaret Markowski
Hometown: Rutland, VT
Year: Junior
Major: Accounting & CIS
Campus Involvements: Bryant Outdoor Adventure Club, Bowling Club, Big Brothers, Big Sisters of Bryant University, Accounting Association
Fun Fact: Check out Marge in the made for YouTube short film “A Day in the Life of Marge!”
Perfect date: Chicken patties and the Dark Night trilogy
Turn on: Chocolate milk
Turn off: “Exercise”

Todd Nigro
Hometown: Randolph, NJ
Year: Junior
Major: Marketing
Campus Involvements: Rugby team & Bryant Outdoor Adventure Club
Fun Fact: Has a one-year old nephew
Perfect date: Late night diner
Turn on: Intelligence
Turn off: People who are self-centered

Nick McAfee
Hometown: Lunenburg, MA
Year: Senior
Major: Management
Campus Involvements: Pi Sigma Epsilon, Zeta Rho, Intramurals, Bryant Outdoor Adventure Club
Fun Fact: Search “Sinking into a Bog” (First video) on Youtube. Nick is also graduating Bryant in just three years!
Perfect date: Dinner and a Celtics game in Boston
Turn on: Sense of humor
Turn off: Bad cook

Stephanie Barrett
Hometown: Marion, MA
Year: Junior
Major: Finance & Psychology
Campus Involvements: Bryant Outdoor Adventure Club, Bowling Club, Student Experiences Abroad, The Archway
Fun Fact: Has 33 first cousins
Perfect date: Thai food and chess
Turn on: Puns
Turn off: for what?

Don’t have a valentine this year? Don’t fret, we have plenty of eligible bachelors and bachelorette’s running free around campus, just waiting to be tamed! Check out the profiles of a few awesome candidates!
Wednesday February 5th, Bettye LaVette performed in Janikyes as part of President Machtley's Cultural Series. The soul-sensation captivated her audience with her entrancing vocals and spunky dance moves. Bettye was a true performer interacting with the audience in and out of her musical selections. She explained her life’s journey throughout her song choice, emphasizing her personal growth during her fifty years in the music business. Bettye spoke to the audience of perseverance, as she is just now, in her 50th year as a performer, maintaining a strong following. Her spunky attitude was prevalent throughout the entire show, as well as her humor—she expressed her thanks to “the sexy” President Machtley for hosting her performance that evening, getting a laugh out of the student-filled audience. Bettye LaVette was a true musical inspiration to watch perform as she acknowledged hard work was the major key to her success.

Bettye LaVette was born Betty Haskins on January 29th, 1946 in Muckegon, Michigan, later raised in Detroit. Uniquely, Bettye began singing R&B and country-western music in her parents’ living room, rather than the church. At age sixteen, LaVette recorded her first single “My Man—He’s a Lovin’ Man” with Johhnie Mae Matthews, a local record producer. This hit led to a rhythm and blues tour with Clyde McPhatter, Ben E. King, Barbara Lynn, and Otis Redding. In 1982, Bettye was signed with the label Motown and recorded her first published album titled Tell Me A Lie, produced by Steve Buckingham. The first single “Right in the Middle” was on the R&B Top 40 list. She then took a break from recording to appear in the Broadway sensation “Bubbling Brown Sugar” for six years.

In 2000 Let Me Down Easy—Live in Concert was issued by Dutch Munich label. At the same time A Woman Like Me was produced by Dennis Walker. The combination of both these hit album releases renewed the interest in LaVette’s music. As a result in 2004 A Woman Like Me was released. The album won 2004 W.C. Handy Award for ‘Comeback Blues Album of the Year’. The album shares the same title as her 2012 autobiography.

LaVette’s 2007 album, The Scene of the Crime, was nominated for a Grammy Award under the category “Best Contemporary Blues Album”. Then in 2008, Bettye LaVette was awarded a Blues Music Award for “Best Contemporary Female Blues Singer”. Also in that year she performed a memorable rendition of Love, Reign o’er Me in tribute to Roger Daltrey and Pete Townshend of The Who.

In 2009, LaVette shared the stage with Jon Bon Jovi performing A Change Is Gonna Come at the Obama Inaugural Celebration at the Lincoln Memorial. Soon after in 2010, she released Interpretations: The British Rock Songbook, an album including unique performances of songs by artists such as The Beatles, The Rolling Stones, The Animals, and Pink Floyd. This CD was also nominated for a Grammy Award for Best Contemporary Blues Album. Currently, LaVette is on her 50th Anniversary Tour, scheduled to perform February 12th in Sacramento, CA, and March 21st at Carnegie Hall.